HOW DOES YOUR GARDEN GROW (IN THESE COVID-19 PANDEMIC TIMES)?

We are all facing new stresses since the COVID-19 (coronavirus) pandemic began.

Many people are turning to gardening and other outdoor activities to relieve stress.

Researchers at the University of Maryland and Maryland Master Gardeners want to understand how gardening, outdoor activities, and other stress management techniques might have changed since the pandemic began and what education is needed.

Please fill out our short (~10 minute) voluntary survey to help us learn more!

If you have questions about the survey, please contact Dr. Rachel Rosenberg Goldstein at rerosenb@umd.edu

*This survey is open to all individuals who are at least 18 years old and live in the United States. Please complete the survey only once.