Thank you for agreeing to complete this survey. As you read through the questions and provide answers, please:

- Think about what you and your child usually do.
- Do not count food eaten or activity done during your child's time at school.
- Answer questions in reference to your youngest child in elementary school.
- Choose only one answer for each question.

### What we eat or drink at home:

1. My child eats vegetables (including fresh, frozen, or canned vegetables).
   - Never
   - Rarely
   - Some days
   - Most days
   - Every day

2. My child eats fruit (including fresh, frozen, dried, or canned fruit).
   - Never
   - Rarely
   - Some days
   - Most days
   - Every day

3. My child eats breakfast _____ days a week.
   - 0
   - 1
   - 2
   - 3
   - 4
   - 5
   - 6
   - 7
4. My child eats snack foods like cookies, chips and candy.

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<tr>
<th></th>
<th>Never</th>
<th>Rarely</th>
<th>Some days</th>
<th>Most days</th>
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</thead>
</table>

5. I keep fruit ready for my child to eat.

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<th>Rarely</th>
<th>Some days</th>
<th>Most days</th>
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6. I keep vegetables ready for my child to eat.

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7. My child is picky about the foods he or she eats.

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8. My child eats fruits or vegetables as snacks (such as apples, bananas, carrots, peppers).

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</thead>
</table>
9. My child eats ____ vegetables at his or her main meal.

   - 0
   - 1
   - 2
   - 3 or more

10. My child eats more than one type of vegetable a day.

   - Never
   - Rarely
   - Some days
   - Most days
   - Every day

11. My child drinks soda or sugared drinks.

   - Never
   - Rarely
   - Some days
   - Most days
   - Every day

12. My child drinks water.

   - Never
   - Rarely
   - Some days
   - Most days
   - Every day

13. My child sees me eat vegetables.

   - Never
   - Rarely
   - Some days
   - Most days
   - Every day
14. My child sees me eat fruits.

- Never
- Rarely
- Some days
- Most days
- Every day

15. We eat out ____ times a week.

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8 or more

16. My child plays or is physically active ____ hours a day during the week (Monday through Friday). Include activities like running, jumping, climbing, riding a bike or playing sports.

- 0
- 1
- 2
- 3
- 4
- 5 or more

17. My child plays or is physically active ____ hours a day on the weekend (Saturday and Sunday). Include activities like running, jumping, climbing, riding a bike or playing sports.

- 0
- 1
- 2
- 3
- 4
- 5 or more

18. My child has a TV in his or her bedroom.

- No
- Yes
19. My child plays video or computer games ____ hours a day.

- 0
- 1
- 2
- 3
- 4
- 5 or more

20. My child watches TV while he or she eats a meal.

- Never
- Rarely
- Some days
- Most days
- Every day

21. My child watches TV ____ hours a day.

- 0
- 1
- 2
- 3
- 4
- 5
- 6 or more

22. I talk with my child about the fruits and vegetables he or she eats at school.

- Never
- Rarely
- Sometimes
- Often
- Always

23. I sit and eat a meal with my child.

- Never
- Rarely
- Some days
- Most days
- Every day
### How we shop for food and plan meals:

24. I plan meals ahead of time for my family.

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<th>Rarely</th>
<th>Sometimes</th>
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25. I buy vegetables (including fresh, frozen, or canned vegetables).

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<th>Rarely</th>
<th>Sometimes</th>
<th>Often</th>
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26. I buy fruits (including fresh, frozen, dried, or canned fruits).

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<th>Rarely</th>
<th>Sometimes</th>
<th>Often</th>
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27. I buy chips, candy or cookies for my family.

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<th>Rarely</th>
<th>Sometimes</th>
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28. My child likes to help pick out his or her favorite fruits or vegetables at the grocery store or market.

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<th>Sometimes</th>
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</table>
29. I am responsible for my family’s food and grocery shopping.

Never  Rarely  Sometimes  Often  Always

30. I buy fruits and vegetables for my family at a farmers’ market during the market season.

Never  Rarely  Sometimes  Often  Always

Please tell us more about yourself. This information will be kept private and will not be shared with anyone at your child’s school.

31. How many cell phones do you have? ________

32. What is your cell phone number? (If you have more than one cell phone, write down the number that you use most often.)

________________________________________

33. What is your gender?

☐ Male  ☐ Female

34. How old are you? _____ years

35. What is the highest grade in school you have completed?

☐ Less than high school
☐ High school diploma / 12th grade / GED
☐ Technical school or military training
☐ Some college, no degree earned
☐ Associate’s / 2 year degree
☐ Bachelor’s / 4 year degree
☐ Graduate degree (MS, PhD, JD)
Please tell us more about yourself. This information will be kept private and will not be shared with anyone at your child’s school.

36. What is your race / ethnicity? (Check all that apply.)
   - Black or African American
   - Hispanic or Latino
   - White
   - Asian or Pacific Islander
   - American Indian or Alaska Native
   - Other: _______________________

37. What is your current employment status? (Check all that apply.)
   - Employed, full time
   - Employed, part time
   - Homemaker, not employed outside home
   - Not employed due to disability
   - Unemployed
   - Retired
   - Student

38. What language do you speak at home? (Check all that apply.)
   - English
   - Spanish
   - French
   - Other: ____________

39. Do you participate in the WIC program?
   - Yes
   - No

40. Do you receive SNAP benefits?
   - Yes
   - No
Please tell us more about your child. Remember to answer questions about your youngest child in elementary school. This information will be kept private and will not be shared with anyone at your child’s school.

41. What is your child’s gender? (Answer for your youngest child in school.)
   - Male
   - Female

42. What grade is your child in? _____ grade

43. What is the name of your child’s teacher? _______________________________________

44. Does your child receive a free or reduced price meal at school?
   - Yes, free meal at school
   - Yes, reduced price meal at school
   - No

Thank you for completing this survey!

The information you have provided is very important and will help us to create programs for families like yours.

Please return this survey and your signed consent form in the self-addressed, stamped envelope provided. Once we receive your completed survey, we will add money to your gift card!

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