Balkan Chestnut Festival | Maryland Meadworks Opens | Burgers & Brews for the Bay | - Fresh. Local. Fun. PGC October 2018 Newsletter Having trouble viewing this email? <u>Click here</u>

Hi, just a reminder that you're receiving this email because you have expressed an interest in University of Maryland Extension, Prince George's County. Don't forget to add kdyson1@umd.edu and kimrush@umd.edu to your address book so we'll be sure to land in your inbox!

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Fresh. Local. Fun. PGC

October 2018



Your Guide to Farm Fresh Tours, Markets & More!

Greetings, Kim!

Fall is finally here!

There are so many farm and food events in the county including the grand opening of Maryland Meadworks, the Balkan Chestnut Festival at Wyoming Farm, Burgers & Brews for the Bay at Clagett Farm, and the annual Montpelier Farms Fall Festival. Many of our county's farmers markets are still open so please don't forget to support them by stocking up on locally produced foods. Also, several of our farms have appeared in the media so make sure you check out **The Menu**!

Finally, just a reminder to join our <u>Fresh. Local. Fun. PGC Farms & Food Community</u> on Facebook and follow us on our other other social media accounts to stay up to date on the latest farm and food news and events in Prince George's County throughout the year.

Think FRESH. Eat LOCAL. Have FUN!









P.S. Enjoy a few of our favorite 'Grammable' moments from our local farms and farmers markets sprinkled throughout this newsletter!





Visit Our Website

Fresh Farm & Local Food Events

Weekend Wine Tastings!



Gemeny Winery (Fri, 1-8pm, Sat & Sun, 10am - 6pm)

Janemark Winery (Fri, 1 PM - 6 PM, Sat, 11am - 6pm, Sun, 12-5pm)

Robin Hill Farm (Sat, 11am - 5pm)

Romano Winery (Fri, 1 - 6pm & Sat, 12 - 6pm)

Forested Tours (October - November)

Come out and explore the food forest of Forested Creative Ecology!

Urban Farmer Field Schools (October)

Looking to further develop your agricultural enterprises? Check out this UMD Extension workshop series!

<u>Fall Wine Happy Hour Fridays with Gemeny</u> (October - December)

Kick off the weekend with us every Friday this fall from 1-8pm in our tasting room.

Montpelier Farms Fall Festival (September 15 - November 4)

Join Montpelier Farms for a fall adventure for the whole family including hayrides, pumpkin patch, corn maze, tractor races, petting zoo and more.

Theater in the Woods: Let the Right One In (October)

An evening of theater and nature at the Hard Bargain Farm Amphitheater.

Global Challenges: Building Healthy Food Systems (October 4)

UMD's College of Agriculture and Natural Resources will host a major summit focused on issues related to domestic and international food safety and security.

Alice Ferguson Foundation's Oktoberfest 2018 (October 6)

Enjoy food, music, and more!!

Stories of Our Gardens: A Fall Gardening Symposium & Expo for Home, Community & School Gardeners (October 6)

Looking to network with other gardeners from local communities? Here's a workshop for you!

<u>Harvest & Winery Anniversary Celebration at Robin Hill Farm & Vineyards</u> (October 6)

RHF has so much to celebrate - their one year winery anniversary, the harvest, and the launch of their brand new Wine Club & Bonus Card programs.



Beginner Hands-on Bonsai Class (October 6)

Want to learn more about the Bonsai? Check out this course at Behnke's!

Riverside WineFest at Sotterley (October 6)

Enjoy an weekend of wine, music, food and more!

Paint in the Woods: Wine & Design (October 7)

Enjoy a lovely evening of the great outdoors, wine, and art!



Running Club with Calvert Brewing Company (October 11)

Join us to run or walk 2 - 3 miles starting and ending at Calvert Brewing.

<u>Villa de Alpacas at the USDA Farmer's Market</u> (October) Join us every Friday thru October 12 from 9am to 2pm to shop for

alpaca clothing, products and textiles outside USDA Headquarters.

Halloween Legends, Tales & Movie Night (October 13)

Please join us, if you dare, for a frightful discussion of tales & legends of the Halloween season! Enjoy refreshments and a

Halloween cauldron punch.

Balkan Chestnut Festival at Wyoming Farm (October 13)

Celebrate the chestnut harvest with Balkan music, local wine, and roasted chestnuts!

MD Farmers Market Association Fundraiser (October 18)

Join the MDFMA as they partner with Whole Foods Market. Proceeds for sales made on 10/18 at 4 area stores (Columbia, Harbor East, Annapolis & Mt. Washington) will go to MDFMA's Maryland Market Money Program which will also benefit farmers market shoppers in PGC. Also check out their Feast for Families Fundraiser!

Prince George's Fall Fest 2018 (October 20)

Come out and enjoy the day with friends and family for complimentary wine tastings, food vendors and other exhibitors.

Burgers & Brews for The Bay (October 21)

Enjoy seven different food stations highlighting local, pastureraised meats and dairy and local vegetables. Each of these bite sized food items will be paired with a thirst-quenching regional craft beer.

<u>son</u>

<u>Open Mic in the Woods: Open Mic Night with Alice Ferguson</u> Foundation (October 21)

This event is open to performers and spectators of all ages.

Instrumentalists, singers, dancers, storytellers, poets, jugglers, magicians and others are all welcome.

Dine & Learn Cooking Classes (October 24)

This FREE program consists of four components: a nutrition segment, a physical fitness segment, a biometric health assessment and a cooking demonstration.

Vino 301 Wine & Cheese Tour - Prince George's County (October 27)

Your adventure begins with a cheese and wine pairing, where Romano's finest wines will be paired with P.A. Bowen Farmstead's award-winning raw milk artisan cheeses.

Tails on Trails at National Colonial Farm (October 27)



Tails on Trails will feature special tail trails through the park just for your dog and a Pooch Play Zone with a tennis ball pit, agility course, and cooling pool.



Fall Farm Fun at Robin Hill Farm & Vineyard (October 27)

We'll be celebrating Halloween a few days early with some fun down on the farm! Wear your best cheerful farm themed costume and get some chocolate treats to go with your wine.

<u>Tails on Trails: Howl-o-ween Edition at National Colonial Farm</u> (October 27)

Celebrate Halloween at Piscataway Park with your furry friend! Tails on Trails will feature trail trick-or-treating, dog-friendly

haywagon rides, and a Pooch Play Zone with an agility course and cooling pool.

Maryland Meadworks Grand Opening (October 27)

After a successful month of soft openings, Maryland Meadworks is pleased to announce that it will hold its grand opening including a ribbon cutting ceremony followed by mead sampling and sales.

23rd Annual Jug Bay 10K/ 5K Run for Wildlife and 3K Fun Walk (November 3)

Join the M-NCPPC Park Rangers at Patuxent River Park for the 23rd Annual Jug

Bay 10K/5K Run for Wildlife and 3K Fun Walk. This mostly flat, paved and dirt road course leads runners along the banks of the Patuxent River.

<u>Prince George's County Farm Bureau Annual Meeting</u> (November 8)

The Farm Bureau will hold its annual meeting at the Baden Firehouse. A light meal starts at 6:30 followed by the meeting at 7pm. College scholarships will be awarded at this meeting!



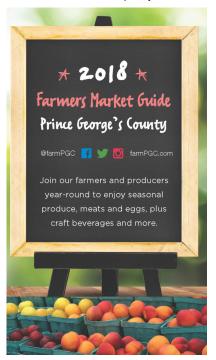
View Local Events

Support Your Local Farmers Markets

<u>Visit our website for details</u> or check out our <u>2018</u> <u>Farmers Market Guide</u>, available for download or at your local community center, Extension office, or farmers market.

Bowie Farmers Market Sundays, May 20 - October 28 Farm Day (Sept 16)

Cheverly Community Market Alternate Saturdays, June 2 - October 28



Story Time at the Market Yoga at the Market

College Park Farmers Market Saturdays, May 5 - November 17

Downtown College Park Farmers Market Sundays, April - November

Glen Dale Farmers Market Saturdays, April 28 -November 17

Greenbelt Farmers Market Sundays, May 13 - November 18

Hollywood Farmers Market Saturdays, April 21 - November 17



Laurel Farmers Market & Bazaar Thursdays, June 7 - October 25

Riverdale Park Farmers Market Thursdays, January - December

The Farmers Market at Maryland Wednesdays, April 4 - November 14

USDA (Beltsville) Farmers Market Thursdays, June 7 - October 18



Visit Our Farmers Markets

What's Fun on the Menu?



Maryland 4-H Issue Forum 2018 at Forested

Maryland 4-H is pleased to share the 4-H Issue Forum video highlighting this premier opportunity for youth to learn about food insecurity, civil dialouge and how to be change agents in their community, country and world! #MD4Hforum18

UMEPGC Master Gardeners and Melwood in the News

Pat Lawson Muse of NBC News 4 visited with Esther Mitchell (UME) and Suse Greenstone (Melwood) in the demonstration garden at the UMEPGC office in Clinton, MD. The news segment, Prince George's Demonstration Garden Offers Training, covers the work

Balkan Chestnut Festival | Maryland Meadworks Opens | Burgers & Brews for the Bay | - Fresh. Local. Fun. PGC October 2018 Newsletter that UME and Melwood are doing in the garden, as well as the trainings that are being offered to participants.

<u>Prince George's County Department of Social Services Receives \$100,000 to Lift Up Local Farms & Families</u>

The Prince George's County Department of Social Services has secured \$100,000 in additional funding to help improve access for needy residents to healthy farmers markets' foods. These funds will be used for the State's Maryland Market Money (MMM) which is a program that removes economic barriers for low-income shoppers by providing a dollar-for-dollar match for purchases made using food assistance benefits (such as SNAP/Electronic Balance Transfer (EBT)) at farmers markets. By incentivizing spending with local family farms, MMM also invests in a sustainable food system and fuels the regional economy.

<u>Prince George's County Students Receive Acceptance to Prestigious Internship & Scholarships</u>

Community newspaper, The Sentinel, recently published an article highlighting the accomplishments of four local students. Two students from Gwynn Park High School for their acceptance into the Borlaug-Ruan International Internship, as well as two students from Fort Washington for receiving the SECU University System of Maryland Scholarship.



ECO City Farms Fall/Winter Apprenticeship

ECO's apprenticeships present an immersive, hands-on opportunity to learn about sustainable urban agriculture by working directly with experienced farm staff. Hands on work is supplemented by readings, lectures, and group discussion in a classroom setting.

Feeding 5,000 Founder, Kevin Alsop, Featured on Food Talk DC

"Hailing from North Philly, my journey with farming began because of health challenges that I face...high blood pressure, high cholesterol, diabetes etc. I did not want to take drugs to control these problems, so I looked for more healthy alternatives like changing my diet and exercising. I began purchasing wheatgrass shots at a local juice shop near my job in an attempt to be healthy...and [then] I bought a kit online and became amazed at how quickly it grew and was immediately hooked on growing wheatgrass and veggies."



National Show Features Prince George's County Farmer

Lancaster Farming recently published an article by Shelby Watson-Hampton highlighting the feature of two Maryland farmers on FarmHer. FarmHer is a national show on the "RFD-TV channel of Direct-TV, a radio show on SiriusXM, weekly podcast, blog, website, and online store - all featuring women who farm."

Prince George's County Winery Featured in Lancaster Farming
Lancaster Farming recently published an article, As Storm Clouds
Gather, Sou

thern Maryland Grape Harvest Begins, that features local winery, Romano Vineyard and Winery. The article discusses how wineries in Southern Maryland were preparing for the start of the Grape Harvest in the midst of Hurricane Florence.

Inside the New Urban Farm in Mount Rainier

The Hyattsville Wire recently published an article that takes a look into New Brooklyn Farms in Mount Rainier which recently launched a "farmer in residence" with Stephanie Freeman to grow produce for Relish Market inside the Savor at Studio 3807

food hall just up the street in Brentwood, slated to open in the coming months.

Expanding Agriculture in Urban Areas, One Farmer At a Time
Urban Farmer Field School is a program sponsored in part by the
University of Maryland Extension. UFFS offers five free courses
over a three-month program. Lancaster Farming's Janice Booth
recently visited the marketing program which was held at ECO City
Farms on September 12.



View Our Blog, The Menu









University of Maryland Extension (UME)

is a statewide non-formal education system funded by federal, state, and local governments within the University of Maryland - College Park and the University of Maryland - Eastern Shore. Our mission is to support Maryland's agricultural industry; protect its valuable natural resources; enhance the well-being of families and all individuals, both young and old; and foster the development of strong, stable communities.

The Prince George's County office, partially supported by the Maryland-National Capital Park and Planning Commission, serves the community from the main office in Clinton and the Center for Educational Partnership in Riverdale. For more information about Extension programming in Prince George's County, visit our website.

<u>Fresh. Local. Fun. PGC</u>, a program of the UMD Extension, Prince George's County, invites you to engage with our diverse farming and local food community. Our mission is to promote agricultural economic development and healthy food access in Prince George's County by connecting residents, agricultural producers, farmers markets, food retailers, restaurateurs, and county agencies.

The University of Maryland is an Equal Opportunity Employer and Offers Equal Access Programs.

UMD Extension, Prince George's County | 301.868.8780 | kimrush@umd.edu | farmPGC.com

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