



Maryland 4-H Appreciation

THANK YOU FOR HELPING TO “MAKE THE BEST BETTER!”

Maryland 4-H Congress Chaperones

Thank you to the FABULOUS volunteers that served as chaperones for the 2017 Maryland 4-H Congress held at the University of Maryland-College Park campus June 20-24. If you know ANY of these individuals, please be sure to thank them for their time, energy and support. We hope to see you at the NEXT Maryland 4-H Congress!



Michele Goldie— Cecil County

Andrew Grosko— Howard County

Valerie Mason—Washington County

Chenira Smith— State Office

Stephanie Stamper—Washington County

Jennifer Hiscock—Carroll County

Nicole Skorobatsch—Somerset County

Michelle Harman— Garrett County

Lenora Harper—Prince George’s County

Marilyn Tolliver— Prince George’s County

Glynnis Ross— Prince George’s County

Dawn Graney—Kent County

Andrew Skorobatsch—Somerset County

Janet Sefton—Calvert County

Barbara Zellers—Montgomery County



Maryland 4-H Aerospace Challenge

On Sunday, July 23rd, 18 4-H youth built and launched rockets as a part of the 2017 Maryland 4-H Aerospace Challenge. This program would not get off the ground without the Maryland 4-H Volunteer Aerospace Team, which is comprised of:

Cathy Dobos, Andrew Dobos, Joe Schepis, Rich Limpecki and Andrew Driesman

Thank you for your hard work, dedication and sharing your expertise with the youth!

A special thank you to ***John Schepis, Kai Huang and Patrick O’Hanlon***, former National Aerospace Challenge Team Members from Maryland, that shared their experience and knowledge with the youth at the event.



The event would not have been a BLAST without all of the assistance from parents and other volunteers who deserve a big THANK YOU as well, including:

***Martha O’Hanlon Leslie Jenkins
Jamie Jones
Henna and Imran Syed***

How YOU can show YOUR appreciation

Appreciation is regular acts of expressing affirmation to an individual. Research shows that people want to be appreciated and valued and when they are they are able to reach their potential and relationships are improved and satisfaction is increased. Appreciation can be as easy as:

Verbal Compliment

Sending someone an email

Spending time with someone

Doing an activity together

Share a task with someone

Asking if you can help

Buying someone coffee

Giving someone a magazine

Giving a High Five/Fist Bump

Giving a pat on the back

Appreciation be genuine, come from the heart and mean something to both the giver and the receiver. Anyone can show their appreciation for someone else. 4-H programs are FULL of people who give of their time, energy and expertise. Youth, parents, volunteers and 4-H faculty and staff. It is never too late to start showing your appreciation to the people in your life that make a difference and help you grow. Take the 4-H Appreciation Challenge and make someone's day a little brighter!

Appreciation Challenge– Find a funny, cute or thoughtful postcard or notecard. Think of someone in 4-H that was the last person to make you smile. Write them a quick note about why they made you smile. Send it or hand it to them and see what happens!



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Public praise and affirmation is one way to show your appreciation and make sure that everyone else knows. If you want to publicize your 4-H Appreciation to someone in a future edition of this flyer, simply write a letter and send it as an email attachment to <https://go.umd.edu/volunteerappreciation>. Feel free to send a picture too, with their permission of course.

Thank you to Megan Owens, 2017 State Council Coordinator and Maryland 4-H Specialist. We are sorry you are no longer with us and wish you the best of luck in Illinois, but thank you for all your time, energy and guidance this year.

-Maryland State Council

