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Sediments include soil particles and other solid materials that wash from the land. They can cloud water and reduce light penetration. In the Chesapeake Bay, less light in the water contributes to the death of underwater grasses. The grasses provide habitat for aquatic life such as crabs and fish. As sediment accumulates in streambeds and river bottoms, it destroys habitats and hinders recreation.

Eroding soil can carry nutrients, such as nitrogen and phosphorus. Excess levels of these nutrients in water lead to an overabundance of algal growth that blocks sunlight and depletes oxygen.

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**References**


The Chesapeake Bay Trust provided total funding for this publication.
But, first you need to be able to identify the signs of erosion:

- Tree roots, small stones, or rocks becoming exposed.
- Small gullies beginning to show.
- Silt building up in low areas.
- Soil splashed on windows and outside walls.
- Stream channels widening or deepening.

**Susceptibility to erosion**

The main reasons for soil erosion in residential landscapes are

- Lack of sufficient vegetative cover, especially during the fall and winter months; and
- Gardening on steep slopes.

**How erosion occurs**

- **Rainfall.** Raindrops separate soil aggregates and splash soil particles a short distance. The particles are then easily carried along the surface and into waterways.
- **Surface flows.** When rain falls faster than the soil can absorb it, the water runs off of the land and carries soil particles with it.
- **Slopes.** Erosion of a slope increases with the steepness and length of the slope.
- **Poor soil.** Overworked soil and soil that lacks organic matter (decomposed remains of plants and animals) doesn’t resist erosion well and can’t absorb as much water as healthy soil. Because most landscape plants won’t grow well in it, poor soil may lead to more erosion.
- **Wind.** Exposed soil can be carried away by the wind. Topsoil is lost and may be deposited in water.

**How to fix the problem**

**Cover the soil.** Plants and mulch guard the soil from the impact of water droplets from rain or irrigation. Look for bare soil on your property and try to establish plant cover.

- Learn how to choose grasses, perennials, shrubs, and trees that fit your landscape. Contact the Home and Garden Information Center or a local nursery for help with plant selection.
- Use mulch around established plants and spread straw over newly seeded areas. Mulch protects the soil and helps intercept runoff.
- Direct downspouts onto grass or mulched planting beds. Use splash blocks to direct water over a wider area in order to reduce its impact on the ground.

**Improve your soil.** You can improve soil structure by adding organic matter.

- Compost yard wastes and use planting beds as a place to recycle fallen leaves. These materials provide organic matter for your soil and nutrients for your plants.
- Use raised beds with framed solid sides for garden plots. The sides will keep soil in place and help you avoid compacting the soil when working in the garden.

**Plant cover crops in your garden.** Cover crops, also known as green manures, are planted in the fall and tilled under at least 2 weeks prior to spring planting. During the growing season, you can seed cover crops between rows, even before crops are removed. Cover crops provide the following benefits:

- Keep soil covered during fall and winter.
- Increase organic matter content of soil.
- Pick up and hold nutrients that might otherwise leach out of soil.
- Reduce erosion.
- Break up compacted soil.

**Here are a few cover crops you can grow:**

- Winter Rye
- Rapeseed
- Crimson Clover
- Hairy Vetch
- Buckwheat

(use only as a summer cover crop)

- Winter Wheat
- Winter Annual Ryegrass

Legume cover crops, which include hairy vetch and crimson clover, can increase the amount of nitrogen in the soil and reduce fertilizer needs. If soil is very low in nutrients, grow a mixture of legumes and grasses for 6 to 12 months. Mow the crop before seed formation.

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**Table 1. Plants that are good for stabilizing slopes.**

<table>
<thead>
<tr>
<th>Common name</th>
<th>Scientific name</th>
<th>Conditions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coralberry</td>
<td>Symphoricarpos orbiculatus</td>
<td>s, ps</td>
</tr>
<tr>
<td>Cypress spurge</td>
<td>Euphorbia cyparissias</td>
<td>s</td>
</tr>
<tr>
<td>Fetterbush</td>
<td>Leucothoe racemosa</td>
<td>sh</td>
</tr>
<tr>
<td>Little Bluestem</td>
<td>Schizachyrium scoparium</td>
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<td>Red Osier dogwood</td>
<td>Cornus stolonifera</td>
<td>s, ps</td>
</tr>
<tr>
<td>Sweet fern</td>
<td>Comptonia peregrina</td>
<td>s, ps</td>
</tr>
<tr>
<td>Willow</td>
<td>Salix (several varieties)</td>
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s = sun, sh = shade, ps = part sun (3-6 hours)
* good for dry, poor soil; can be invasive if in rich soil
+ aggressive spreader

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