Speak for Yourself

Name ________________________ Age ________________________

Name of 4-H club ________________________ Years in 4-H ________________________

Date project started ________________________ Date project completed ________________________

Learn by doing

The Speak For Yourself project is designed to help you develop your own project based on your needs, interests and abilities. There may be adults in your community who can help you with this project—your parents, teachers, Toastmaster's Club members, etc. Also, your library has many excellent references to help you with this project.

If you carry this project for several years, you can plan new and different experiences and activities each year.

As you plan your public speaking project, consider the following:

In your club:

1. Direct an ask and tell session.
2. Interview someone, then share the information at a club meeting.
3. Present a talk, show and tell or demonstration.
4. Give an extemporaneous speech to your club on a subject assigned by other club members.
5. Review a book or magazine article.
6. Serve as moderator of a panel or master of ceremonies at a special club event such as a parents' night.

In your community:

1. Tell about 4-H at service clubs such as Kiwanis, Rotary, Business and Professional Women.
2. Present a demonstration to adults such as an Extension Homemakers group or a P.T.A.
3. Serve as master of ceremonies at a community activity.
4. Serve on a panel or at a meeting.
5. Give a talk or demonstration to your class.

In your country:

1. Participate in the county public speaking and/or county demonstration contest.
2. Serve as master of ceremonies at a county 4-H event.
3. Serve as panel member at a county event or activity.
4. Report on a state activity in which you have participated.

Other:

1. Tell a story to young children or to young club members.
2. Be interviewed on a television or radio program.
3. Make an idea book; collect materials and thoughts that you feel will be helpful in your project.
4. Take part in a play.
5. Lead a discussion.
Project plan and evaluation

Your project experience can be more enjoyable and meaningful if you plan ahead. This record will help you decide what you want to do and learn in this project. It will also help you evaluate your progress as you carry out your plan.

1. List what you want to learn:

2. List what you want to do:
3. Progress made--Keep a record of what you have done:

Date

4. Progress made--Work with your leaders in reviewing and evaluating your progress:

Date
In your 4-H story, briefly tell what carrying out this project has meant to you:


Do you want to continue this project next year? Yes_______ No_______

If yes, list briefly what you would like to learn and do in the project next year.
If no, tell why not.