Program Record
Cloverbuds
A 4-H DISCOVERY PROGRAM

Name: ___________________________ Birthday: ____________
Address: _________________________
Parents: __________________________
Club: ___________________________ County: _____________
Leader's name: ___________________ Years in 4-H: ___________
(including this year)

Projects for this year:

I went to _____ club meetings. (Were there any special Cloverbud meetings?)

I got to be on a committee for ______

I like being a 4-H Cloverbud because ____________________________

____________________________
____________________________
Draw a picture about you and 4-H!
**This is Me**

When I'm alone I like to ______

________

________

When I grow up I might be a ______

________

________

My favorite sports are ______

________

________

My favorite games to play are ______

________

________

My job at home is ______

________

________

________

I'm a good friend because ______

________

________

At school I'm good at ______

________

________

________

________

At home I'm good at ______

________

________

________

________

One thing I don't like AT ALL is ______

________

________

________

________

Name

**This is a picture I drew of me all dressed up for my career!**
Here we are! ↑ That's our house too! ↑
We live at ________________________

Aren't we a great group!
Someone Special

Put photo here

Some reasons why this person is so special to me:
Meet my pet

Write about your pet. If you have no pet, pretend! Draw or paste a picture of your pet here.

My pet's name is ______________. It is a ______________.
I got my pet from ______________. My pet's birthday is ______________. Its age is ______________.
My pet can do these tricks: ____________________________________________.
I keep my pet neat and tidy by ________________________________________.
I feed my pet ________________________________________________________.
My pet's bed is a ____________________________________________________.
My pet loves to _______________________________________________________.
Livestock Cafe

Each hungry animal is checking its menu for tasty treats. But wait... there's a mixup!! Unscramble the letters and help each animal find its favorite foods.

Sheep
- ahy
- raonti
- argss
- teawr

Horse
- artoin
- toas
- yah
- tewar
- rsasg

Pig
- ronc
- rtoina
- wtreaw

Goat
- tiona
- sisra
-ragss
- tewar

Cattle
- ligase
- ragss
- yha
- toinra
- taerw

Mystery Word: "Ration"
These ground-up grain mixtures are different for each animal. It all depends on what the animal needs for good nutrition and health.

Word Bank
- hay
- silage
- oats
- corn
- water
- grass
- ration

What did every animal need?
# Animals on the move!

How many animals can you list that move each of these ways?
Write their names in the chart.

<table>
<thead>
<tr>
<th>Swim</th>
<th>Jump</th>
<th>Hop</th>
<th>Slither</th>
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<tr>
<th>Run</th>
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Act out the animals you listed.

See if your family can guess them all!
Pick the parents

Look at ears, tails, face shapes and bodies. Draw lines from each puppy to its parents. Tell why you made these choices.
Tune-in

Listen to a tape recording of soft instrumental music. Draw things the music makes you think about.

Compare your picture with other members of your group. Why are the pictures all different?
Kitchen Safety

There are 20 unsafe things in this picture. Circle the things that are wrong. Tell why.

Do you have any of these habits in your kitchen? List the things you will change about your own safety habits.
Pack it Safe!

Safe food starts in the kitchen. Follow these tips and take safe food to school or on picnics. Draw a line to the reason why each tip keeps your food fresh and safe.

Good tips:

1. If you take juice in a carton, freeze it overnight.
2. Wash your lunch box every night with hot soap and water.
3. Avoid sandwich fillings made with mayonnaise.
4. When you have something hot in a thermos, keep the stopper on until ready to eat.

Here's why:

1. This kills germs and keeps them from growing.
2. Frozen foods can help keep your whole lunch cool and safe.
3. Cool air that gets inside can lower the temperature and germs can grow.
4. This is made from eggs. Germs can quickly grow, causing you to get sick.

Turn this over and draw your favorite lunch!
Fun and Fitness!

How do you exercise to stay healthy? (Running, riding a bike, playing sports all count!)

Use this chart to list the ways you exercise for one week.

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Which exercise was the most fun? __________

Tell why.

Count the checks. _______

Add 5 bonus points if you exercised every day. _______

Total: _______

- A score of 10-14 is GOOD!
- Over 15 is SUPER
- Over 20 is OUT OF SIGHT!
Snack Attack!

Does your school invite you to bring a snack to eat at break time? A snack can be good for you. How? ____________

Circle the foods below that you think would be good choices. Tell why.
Which is a better deal?

Circle your answers

- Shirt $5.00
- Shirt and socks $5.00

Why?

- 8¢
- 10¢

Why?

- 75¢
- 85¢

Why?

- Save 10¢
- Buy 8¢

Why?

- 50¢
- $1.29

Why?

- 95¢
- $1.00

Why?

Tell about a time you were a smart shopper!
Clothes Alert!

Color the 15 T-shirts in this room that are in places they don't belong.

Wash the shirts and hang to dry...

After the shirts are clean and dry, what should you do with them? Tell why.
My Suitcase

Draw what you need to put in your suitcase to go to Grandma's for two days in the summer.
Safari Surprise

Color each space with one dot with a yellow marker or crayon. What wild animal is hiding here?

What’s missing on the animal? Color the missing shapes with brown.
Is your family helping the environment? Check your answers below.

- We recycle. [ ] Yes [ ] No
- We walk or bike when we can. [ ] Yes [ ] No
- We turn off unnecessary lights. [ ] Yes [ ] No
- We compost our kitchen scraps. [ ] Yes [ ] No
- We conserve water. [ ] Yes [ ] No
- We feed the birds. [ ] Yes [ ] No
- We keep our heat down. [ ] Yes [ ] No
- We have a litterbag in our car. [ ] Yes [ ] No

What else does your family do for Planet Earth? ____________________
How might you feel if...

Color the faces that show your feelings.

Your cat runs away and you can’t find it.

You win first place at the fair.

Kids are teasing you about your new glasses.

You’re moving to a new house in another town.

You have a new baby brother.

Write your own!

Talk about it:

1. Do you have more than one feeling in each situation? Mark all the faces that show how you feel. Tell a parent or partner all your feelings about each thing.

2. Do other members feel just the same as you do about each thing?