Stevia

*Stevia rebaudiana*

**How do I get started?**

- Root from cuttings
- Purchase a plant

**Where can I grow it?**

**How do I grow it?**

**How long will it live?**

- Evergreen tender perennial—lives outside in warm weather, keep as a houseplant November through April

**How to enjoy**

- Harvest the leaves in the fall for the most sweetness
- Culinary – stevia leaves may be steeped with mint leaves in boiling water to make a tea, or added to beverages or food as a sweet edible garnish. They may be dried to make powdered stevia

**Fun Facts**

- This native plant of South America has been used as a sweetener for hundreds of years

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