

# Climate and Sustainability Webinars, 2020



**Dr. Sara Via, Professor & Climate Extension Specialist**  
**University of Maryland, College Park**  
Every other Wednesday, June 17 – Aug. 26, 3:30pm

UNIVERSITY OF  
**MARYLAND**  
EXTENSION

**June 17, 2020**    **Healthy soil: What is it and why is it the basis of regenerative agriculture, gardening and landscaping?**

Conventional methods for agriculture and landscaping have seriously degraded our soil, causing massive erosion and damage to the soil ecosystem. Reversing this trend requires rebuilding the complex web of life in the soil. What is healthy soil, how can we get it back and why is soil health a key climate resilience strategy?

**July 1, 2020**    **Regenerative gardening:  
Successful and sustainable climate victory gardens**

How can you grow your own food successfully? What strategies will help you adapt to changes already occurring from climate change, and how can your gardening methods help to reduce future climate change?

**July 15, 2020**    **Regenerative landscaping**

How can we produce beautiful residential, commercial and municipal landscapes that will reduce carbon emissions, improve soil health, help manage stormwater and even save money?

**July 29, 2020**    **What can the pandemic teach us about being (un)prepared for climate change and other global disasters?**

The similarities between the failed US responses to COVID-19 and climate change are remarkable, right down to the role of politics. How can we use lessons learned during this pandemic to motivate people to take climate change seriously, to recognize the importance of early action, to focus on science-based solutions and to see the need to advance social equity?

**Aug. 12, 2020**    **The power of individual choice: what can individuals do to combat climate change and how much difference will it make?**

Individuals CAN make a difference as we work for policy changes. Key actions include reducing food waste, moving toward a plant-based diet and reducing the climate impact of our personal transportation needs.

**Aug. 26, 2020**    **Climate change is bad for your health**

Increasing summer heat (and winter cold in some areas), more severe flooding from storms and more frequent tidal flooding are health hazards. Learn how to protect yourself and your family and how the social determinants of health make the health burden of climate change unequal among communities.

Register one time [here](#) for all the webinars (no charge). Questions? [svia@umd.edu](mailto:svia@umd.edu)



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