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UNIVERSITY OF MARYLAND / FEARLESS IDEAS



# UNIVERSITY OF MARYLAND EXTENSION

Prince George's County

January 2020

## Your Monthly News & Updates



@UMEPGC

# Upcoming Events



## Holiday Happenings

[Black History Month 2020 Exhibition](#) (thru March 29)  
Check out "Black Women & Politics: To the Ballot & Beyond" exhibition by the M-NCPPC Black History Program.

[Crafternoon: Happy Valentine's Day](#) (February 14)  
Come join us for an afternoon of holiday crafting. Families welcome!

[Cupcake & Beer Pairing](#) (February 14)

Join us for our second annual Cupcake and Beer Pairing! We have teamed up with Desserts 4 Dequan to bring you the perfect Valentine's Day Celebration or just the perfect reason to eat some cupcakes and drink beer!

[Cupid's Revenge \(Adult Prom\)](#) (February 15)

Friends of Persimmon Lane Photography are getting together to host an event in the name of Charity! We are throwing an adult prom this Valentine's Day Weekend, so forget about your typical cliché plans and join!

[A Lush\(es\) Romance](#) (February 15)

Lush singing for lusher who like to drink mead. Celebrate Valentine's Day with three area opera singers, who will sing romantic hits from Puccini to Gershwin--sure to put you in the mood for love.

[Wine & Pizza Valentine's Weekend](#) (February 15)

Enjoy a day of music, pizza & wine!

[Mardi Gras Celebration @ Robin Hill](#) (February 22)

Join Robin Hill for food, music, wine, and more!

## Wonderful Winter Fun

[Robin Hill Comedy Tour](#) (thru March 28)

Join Robin Hill as they host an array of comedians and enjoy some wine as well!

[Music in the Winery @ Romano's](#) (February)

Join Romano's for wine, food, and music from a variety of artists!

[Jazz Nights @ Maryland Meadworks](#) (February)

We are honored and excited for our second year of incredible Jazz Nights at Maryland Meadworks.

[Elvis @ Robin Hill](#) (February 21)

Enjoy an up close experience with Elvis Impersonator Extraordinaire, John Monforto!

[Design A Sign @ Calvert Brewing Company](#) (February 25)

Come on out and design a sign, pick your own stencil!

[Ballet: Swan Lake](#) (February 29)

Presented by the Ballet Theatre of Maryland. The journey takes us to the lake where compelling drama, dance, passion, athleticism, and romance flow together as BTM presents the great Russian "Classic": Swan Lake. (via Experience Prince George's County)



## Classes, Workshops & More

[Computer Basics for Job Seekers](#) (February)

Learn basic computer skills and get help looking for jobs in an encouraging atmosphere. This class is perfect for beginners and seniors. Limited to 6 students. Times and dates vary by location. (via PGCMLS)

[Great Discussions: India & Pakistan](#) (February 13)

India's Prime Minister Narendra Modi rode a wave of Hindu nationalism to a historic re-election in 2019. His first order of business was to revoke the special status granted to the Kashmir region, inflaming the rivalry between India and Pakistan. (via PGCMLS)

[Career Kickstart: Re-Entry in to the Workforce](#) (February 19)

Discover resources and information to support returning citizens and job seekers with multiple barriers to employment with their transition into the workforce. Learn about the Employ Prince George's Pathways to Success ReEntry Workforce Development Program. (via PGCMLS)

[Teen Talks: Black Youthpreneurs](#) (February 20)

Today, Black History is being made by many young African-Americans who are changing the world through entrepreneurship. Teens, learn about four of today's most inspiring young, black capitalists who

are proving that age is not a barrier to starting your own business. (via PGCMLS)

[CoderChicksMD: Learn the Basics of HTML and CSS](#) (February 22)

Teen girls ages 11-14 can learn how to code in HTML and CSS to build and design their very own website in this 5-week program. No prior experience necessary! Presented in collaboration with CoderChicksMD, which aims to get more young women interested in technology through hands-on learning. Registration is required. (via PGCMLS)

[MidAtlantic Women in Agriculture Webinar: Drones as a Scouting Tool](#) (February 26)

Check out this resource for information on drones and their use to manage nutrients or spray for pests; their most immediate use is for scouting crops. (via University of Maryland Extension)

**Looking for more farm and local food events in Prince George's County? If so check out our Fresh. Local. Fun. PGC [events page](#).**

**Looking for more events in Prince George's County? If so check out [Experience Prince George's County](#), [Prince George's County Government](#), as well as [Prince George's County Library Systems](#).**

**Find the full list of county farmers market s [here](#).**

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## EFNEP Continues Youth & Adult Programing



EFNEP Youth Educator calling on students

For 50 years, the Expand Food Nutrition Education Program (EFNEP) has been providing nutrition education to support underserved families' efforts toward nutritional health and well-being. As we move into year 51, we are continuing this mission and expanding our efforts within Prince George's County.

At the end of 2019, EFNEP teamed up with the District Heights Family and Youth Service Bureau under the direction of Dr. Beverly Sargent to provide

six nutrition education workshops for the Nuts and Cuts program. The District Heights Family and Youth Service Bureau offer community-based, multi-service prevention programs serving youth and their families.

The Nuts and Cuts Program is a collection of workshops to help 40 families and youth make healthier food choices. Thus far, Imani Allison (youth educator) and Carmenletta Fletcher (adult educator) have delivered four nutrition workshops and have reached up to 30 families and youth. EFNEP nutrition workshops include cooking demonstrations, family-friendly physical activities, and culturally sensitive nutrition information. This program is designed to support the Governors' Office for Children's Initiatives to Reduce Childhood Hunger. The Nuts and Cuts program is every fourth Saturday of the month between September 2019, and March 2020 at 10 am at District Heights Family and Youth Service Bureau in District Heights, Maryland.



EFNEP Adult Educator leading group discussion

If you would like to know more about how to start a new partnership with EFNEP, please contact Dr. Kavitha Sankavaram at 301-314-2177 or [kavitha@umd.edu](mailto:kavitha@umd.edu).

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## 4-H & FCS Partner for Grant Programming



During the fall of 2019, 4-H partnered with Family and Consumer Sciences to begin offering a job skills training program titled Passport to Success. The program is sponsored by a grant from McDonalds and the International Youth Foundation. The program offers a variety of on-the-job success skills such as:

- Dealing with tough customers
- Responding to criticism
- Problem solving
- Being a good team player

As part of the program, McDonald's offers periodic hiring fairs. Local franchise owners know that participants in the Passport to Success program are especially good hires because of the skills they learn in the program. In our most recent hiring fair, close to 50% of participants received on-the-spot offers to begin job training at a local McDonalds franchise.

In addition to the job skills training and hiring opportunities, participants are also connected to the University of Maryland's Institute of Applied Agriculture. Many youth in the program's targeted population may not be looking to obtain a 4-year degree, but rather to enter the workforce as quickly as possible. IAA can help them do this in the fields of agriculture and landscape management.

So far, the program has taken place at Northwestern High School, Evening High School, Fairmont Heights High School, and at the Prince George's County Evening Reporting Center administered by the Department of Juvenile Services. Eligible participants are age 16-24 and ideally live inside or near the Beltway in Prince George's County. To schedule an implementation of this program, or if you would like to be trained to implement this program for youth in your community, please contact Alex Chan at alexchan@umd.edu.

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### Did You Know

Did you know...



**Did you know...To prevent credit card fraud, keep a close watch on the activity in your account.** Make sure that each transaction was made by you. If you notice suspicious activity, report it to your credit card issuer immediately.

**Did you know...4-H has 9 active clubs in Prince George's County ?** This is almost a 300% increase since late 2016. It is now more likely than ever that there is a club near you. Check out our interactive map to see where clubs are located and to get leaders' contact info.





# Fresh. Local. Fun.

Prince George's County, Maryland

Visit [Fresh. Local. Fun. PGC](#) for more information about farms, food events, and farmers markets in gorgeous Prince George's! Minutes from the Nation's Capitol, Prince George's County offers a variety of [food and farming events](#) every month!



## UNIVERSITY OF MARYLAND EXTENSION

This newsletter is brought to you by University of Maryland Extension, Prince George's County. University of Maryland Extension (UME) is a statewide non-formal education system funded by federal, state, and local governments within the University of Maryland - College Park and the University of Maryland - Eastern Shore. Our mission is to support Maryland's agricultural industry; protect its valuable natural resources; enhance the well-being of families and individuals, both young and old; and foster the development of strong, stable communities. The Prince George's County office, partially supported by the Maryland-National Capital Park and Planning Commission, serves the community from two locations including the main Extension office in Clinton and the Center for Educational Partnership in Riverdale.

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