

UNIVERSITY OF
MARYLAND
EXTENSION
Solutions in your community

Prince George's County

September 2017

Your Monthly News & Updates



Dear Friend of UM Extension,

As we welcome fall, I would like to extend an invitation to each of you to consider becoming involved in our **Extension Advisory Council!** Every Extension program seeks advice from stakeholders, community groups, volunteers, and program participants at quarterly meetings. EAC members are called upon to help identify emerging needs, occasionally speak at public hearings or write letters of

support, and help us make contacts with new partners and audiences. If you think you would like to get involved, please send me an email at kdyson1@umd.edu with your contact info and a short description of what your interests are regarding Extension.

I look forward to hearing from you.

Happy Fall!



Karol Dyson
Capital Area Extension Director
University of MD Extension

Upcoming Events

Burgers & Brews for the Bay

Join us **October 1st**, from 12:00 pm - 4:00 pm, for a day of **food and family fun** at **Clagett Farm**, Chesapeake Bay Foundation's 285-acre working farm.

Enjoy delicious food made from **local, pasture-raised meats, dairy and local vegetables**, paired with regional craft beers, and prepared by top **local chefs**. Live **music** will be provided in the main tent by a bluegrass band and **hayrides and other activities** will be provided all day long. **Seven different food stations** will be scattered within easy walking distance around the farm. Get your "passport" stamped at each and you'll be entered into a drawing to **win fabulous prizes**.

For more information and to purchase tickets, [click here](#).



Robin Hill Farm & Vineyard Opening

The **Robin Hill Farm and Vineyards** family invites you to the **opening of their new winery and tasting room**. The Grand Opening Celebration will occur on **Saturday October 7th, 2017**, from 12:00 pm to 6:00 pm, in the farm's

Grand Opening!



historic tobacco barn's newly renovated tasting room, located at 15800 Croom Road, Brandywine, MD.

"We take great pride in growing quality fruit and making premium wines. After many years of planning and preparing, we're excited to take this next step by opening our tasting room doors to the public," said Susan Watson-White, farm owner.

The celebration will begin with a **ribbon cutting ceremony** at noon, and continue throughout the day with **live music, food trucks, wine tastings, and sales** by the glass or bottle, until festivities come to a close at 6:00 pm. Robin Hill Farm and Vineyards will host **regular tasting room hours on Saturdays** from 11:00 am - 5:00 pm, **beginning October 14th** .

Robin Hill Farm and Vineyards is a small **handcrafted farm winery** with approximately 1,000 cases produced yearly. The vineyard is currently comprised of **6 different varieties** with over 3,000 vines in the ground, and the **wines are produced and bottled on the property**. The tasting room is decorated to reflect the farms history, and has an expansive wrap around porch that overlooks the dramatic views of the vineyard. The public is invited to visit, sip, and relax while enjoying the picturesque view.

For more information please visit our [website](#).

Montpelier Farms Fall Festival

Are you looking for something **fun to do with the family**? Come out and celebrate fall with **Montpelier Farms**, every weekend from now until November 5th. Enjoy **hayrides, corn maze, pumpkin patch, food, and more!**

Located in **Upper Marlboro**, Montpelier Farms offers a **variety of activities, attractions, and events**. There so much to choose from, you're bound to find something for everyone to enjoy.

Join us Friday's 5:00 pm-11:00 pm (October only), Saturday's from 10:00 am-11:00 pm, and Sunday's from 11:00 am-7:00 pm. **Tickets are available up until one hour before closing**. General admission is \$12 and children 2 and under are free! You can also purchase **season passes!** For more information or to purchase tickets please visit our [website](#). We look forward to celebrating Autumn with you!



2nd Annual Fall Festival @ Romano Winery



Romano's Vineyard and Winery would like to invite you to the **2nd Annual Fall Festival, October 15th** from 1:00 pm - 5:00 pm. Join us for **music, wine, and food from local vendors** as we celebrate the crisp air and new fall colors.

John Luskey will be entertaining live in the vineyard from 1:30 pm - 4:30 pm. We will also have local vendors -- [P.A. Bowen Farmstead](#) and [Tasha's Cookies and Treats](#). For up-to date information about this event please visit our [website](#).

Looking for more farm and local food events in Prince George's County? If so check out our Fresh. Local. Fun. PGC [events page](#).

Find the full list of county farmers markets here. Download and print our [2017 Farmers Market Guide](#). You can also pick one up at your local farmers market or community center.

4-H Livestock Returns to Prince George's County

What comes to mind when you ask most people about 4-H? Animals, of course! After a long absence, **livestock projects will once again be available to the youth of Prince George's County**. Animal projects are one of the best ways to teach youth responsibility, record keeping, and even professionalism (through participating in shows).

"Great, but our neighborhood doesn't allow large animals."

Don't worry. Through a welcomed partnership with the **Accokeek Foundation at the Piscataway National Park**, the **animals** with which youth will be working will **stay on the farm**. Youth will have the opportunity to lease an animal, which means that the Foundation will retain



Save the Date!

NOVEMBER 9, 2017
6 PM

4-H LIVESTOCK
CLUB

INFORMATIONAL MEETING

ACCOKEEK FOUNDATION
3400 BRYAN POINT RD
ACCOKEEK, MD

INFO: ALEX CHAN, 4-H EDUCATOR
ALEXCHAN@UMD.EDU // (301) 868 - 9636

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ownership of the animal. Youth will have the **opportunity to raise the animals and show them at the Fair the next year**. And yes - youth will keep the premiums they earn through showing their animals. The club will also participate in livestock knowledge events sponsored by University of Maryland Extension. A 2005 study in the Journal of Extension found that **youth who participated in livestock knowledge events** reported that their participation helped them **improve communication, decision-making, problem solving, and teamwork** - all marketable, job-readiness skills.

If you are interested in learning more, there will be an informational meeting held at the Accokeek Foundation on November 9, 2017 at 6 PM in their Education Building. Please email alexchan@umd.edu or call (301) 868-9636 for more information on how to sign up.

Did You Know



Did you know...That we have **revamped our Fresh. Local. Fun. PGC website?** We would love to know your thoughts on the changes. For more information click [here](#) and visit our new and improved [website](#).

Did you know...That **Food For Profit has an upcoming workshop?** It's time to kick it into gear with this [workshop](#) that is designed to help you work through the maze of **local and state regulations, food safety issues, and business management** concepts that all must be considered in setting up a commercial food business. For more information click [here](#). For registration please click [here](#).

Did you know...That **41% of millennials** are "**chronically stressed** about money matters such as **student debt, retirement, and reliable financial help**"?

Did you know...That the **University of Maryland Extension** website offers **resources for disasters and emergencies?** These resources can **help you prepare for a disaster or emergency**, as well as help after an incident has taken place. If you're looking for information about being prepared for an emergency, what to do if the power goes out, or other important information please click [here](#).

Did you know...That **Food Day** is just around the corner? Every **October 24th**, thousands of events are held across the country to **celebrate and enjoy food** and to push for **improved food policies**. How can you get involved? Use the momentum around Food Day to introduce healthier foods into your diet. For more ways to get involved check out <http://www.foodday.org>.



Did you know...It's time for **producers** to begin their **Nutrient Management Plans?** Plans will **need to be completed before submitting your nutrient applications**. Be sure to **check that soil test results are current** (tests must be done every 3 years). If you are **planning on liming** this fall, please be sure to **take samples beforehand** in order to get an accurate pH result (it take 6-12 months for lime to react and raise the pH). Please be sure to **update maps** as needed. Once you have current soil tests, maps, and crops selected for the

2018 growing season, call **Chris Dowell** at (301) 868-8783 (he is in the Prince George's County office on Mondays and Tuesdays).



Did you know... That it's **not too late to visit a Farmer's Market?** Many of our markets are still open and can't wait to see you! Visit one today and select from **fresh produce, eggs, baked goods, plants and much more!** View our latest [Farmers Market Guide](#) for more information.

Did you know... That your kids are counting down the days until October 31st? Are you ready? If not, here are a few great **tips to have a fun and healthy Halloween.** One, fill up first! Having a healthy meal before trick-or-treating can reduce the temptation to snack while walking or to overindulge later. Second, get rid of it! Keep enough candy for one piece a day for one or two weeks, then throw away, donate or share the rest. For more tips on how to have a Heart-Healthy Halloween visit <http://www.heart.org/HEARTORG/>



Fresh. Local. Fun.

Prince George's County, Maryland

Visit [Fresh. Local. Fun. PGC](#) for more information about farms, food events, and farmers markets in gorgeous Prince George's! Minutes from the Nation's Capitol, Prince George's County offers a variety of [food and farming events](#) every month!

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This newsletter is brought to you by University of Maryland Extension, Prince George's County. University of Maryland Extension (UME) is a statewide non-formal education system funded by federal, state, and local governments within the University of Maryland - College Park and the University of Maryland - Eastern Shore. Our mission is to support Maryland's agricultural industry; protect its valuable natural resources; enhance the well-being of families and individuals, both young and old; and foster the development of strong, stable communities. The Prince George's County office, partially supported by the Maryland-National Capital Park and Planning Commission, serves the community from two locations including the main Extension office in Clinton and the Center for Educational Partnership in Riverdale.

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