

UNIVERSITY OF
MARYLAND
EXTENSION
Solutions in your community

Prince George's County

August 2017

Your Monthly News & Updates



UME taking part in National Night Out 2017!!

Dear Friend of UM Extension,

Our Extension educators take pride in supporting community events as shown above at the National Night Out event hosted by the District V Police Station. Front row: **Alex Chan**, 4-H Youth Development Educator and **Esther Mitchell**, Master Gardener Coordinator. Back row: **Kim Rush-Lynch**, Ag Marketing Specialist and **Tricia Maynard**, Finance Educator.

The week before, some of our educators were at the Riverdale Park Farmers Market with County Council Member **Danielle Glaros** and Secretary of Agriculture, **Joseph Bartenfelder**. Next week we will have multiple Extension faculty at the Prince George's County Fair. Extension faculty and staff are tireless in their efforts to educate and support community efforts. 4-H often says that they are "Making the Best Better"! I think this applies to our entire staff in all that they do! For more information on UME programs, check out our FB page or call the office.

Happy Fall!



Karol Dyson
Capital Area Extension Director
University of MD Extension

Upcoming Events

Prince George's County Fair

The Prince George's County Fair is an annual community based event focusing on local youth, 4-H groups, local crafts, and businesses. There are many activities including livestock events with multiple age groups and classes. There is plenty of **FREE** parking provided at the Fair.



The County Fair is scheduled for **September 7-10**, 2017 at the **The Show Place Arena- Prince George's Equestrian Center**, 14900 Pennsylvania Ave. in Upper Marlboro, MD.

- **Thursday, Sept. 7:** Fair Opening Day- 4-H Information Table 5:00 pm - 9:00 pm
- **Friday, Sept. 8:** 4-H Information Table 5:00 pm- 9:00 pm
- **Saturday, Sept. 9:** 4-H Activities/Contests and Information Table 9:00 am- 8:30 pm.

For more information about the County Fair, please click [here](#). You may also click [here](#) if you would like to sign-up to volunteer.



Hyattsville Arts & Ales Festival

The Brewers Association of Maryland and the Hyattsville Community Development Corporation (CDC), would like to invite you to join them, as they come together, to celebrate the 10th Anniversary of the Hyattsville Arts & Ales Festival on **September 23, 2017**.

Enjoy **over 100 exhibiting artists and artisans**, tons of **LOCAL breweries & craft producers**, **food trucks, vendors** and **live entertainment**, block by block in downtown Hyattsville. Visitors can also browse downtown Hyattsville's restaurant district, retail shops, and participating Gateway Arts District art facilities.

In its 10th year, the festival will feature a fantastic **new venue** -- the addition of an assortment of LOCAL

breweries & craft producers, more artists and entertainment, and increased parking..

This event is free to the public. Purchasing a tasting pass will get you samples from all participating craft beer vendors! Those with tasting passes will also be able to purchase pints.

For more information please visit <https://marylandbeer.org/event/1617/>.

Out Standing in the Field Dinner

Longview Farm in Accokeek, MD is hosting another "Out Standing in the Field" farm dinner on **Friday, September 29**. This year's **guest chef** will be **James Wozniuk** from [Maketto](#), serving up his signature plates of **Taiwanese and Cambodian cuisine**.

Longview Farm's green-grass fields are bordered by forests with a peek of the Potomac River. Their cows, chickens and pigs are very photogenic and usually happy to pose for a portrait. This is sure to be a **fantastic experience!**

For more information, and to purchase tickets, please click [here](#). We look forward to having you join us!



Looking for more farm and local food events in Prince George's County? If so check out our Fresh. Local. Fun. PGC [events page](#).

Find the full list of county farmers markets here. Download and print our [2017 Farmers Market Guide](#). You can also pick one up at your local farmers market or community center.

Saving on Back-to-School Shopping



The cost to go back to school keeps increasing. The **average family will spend over \$600.00** on back to school shopping.

When we're having summer fun, most of us don't give much thought about going back to school and all of the clothes and supplies that will be needed! However, the **best way to save money is to start planning ahead** so you can take advantage of deals! Be sure to **check sale ads and look for coupons**.

Making Cent\$ of It All...
Patricia Maynard
FCS Educator

Did You Know



Did you know... That the **Prince George's County Health Department**, with a grant from Target, implemented a healthy eating initiative program called **Kidz Healthy Revolution (KHR)**? The program provides **nutrition education, physical fitness activities**, and support services to fourth and fifth graders and their families. Using a community-based, interactive, participatory approach and a social ecologic model, KHR proposes to **increase healthy eating habits and physical activities** that would help to reduce obesity in youth and their families. If you know of any schools that would like to participate, or you would like more information, please contact Trina Frazier at tfrazier@co.pg.md.us or 301-856-9405.

Did you know... That **Prince George's County** offers a **variety of events and activities every day of the week**? If you're looking for some **family fun**, something for **date night**, or something that will

broaden your horizons, look no further. Visit <https://www.visitprincegeorgescounty.com/events/> for more information.

Did you know... That the **City of Bowie** is having a **Health Fair**? Join them **Saturday September 16th**, at the Bowie Health Center Campus. They will offer a variety of information, **screenings and testings, activities, food, and more!** For more information, and to plan your visit, please click [here](#).

Did you know... That **Prince George's County** has passed a **Healthy Vending Legislation**? This legislation will **expand healthy drinks and snacks** offered in county **vending machines** and ensures that at least 50 percent of items in machines will meet American Heart Association-recommended nutrition standards. To read more about this new legislation please click [here](#).

Did you know... That **Prince George's Soil Conservation District** has received an **Urban Agriculture Conservation Grant**? The Prince George's Soil Conservation District (PGSCD) was **one of 19 districts in 14 states** awarded a National Association of Conservation District's grant. This grant is to **boost technical assistance capacity for urban agriculture conservation** projects. To learn more about the grant and PGSCD click [here](#).



Fresh. Local. Fun.
Prince George's County, Maryland

Visit [Fresh. Local. Fun. PGC](#) for more information about farms, food events, and farmers markets in gorgeous Prince George's! Minutes from the Nation's Capitol, Prince George's County offers a variety of [food and farming events](#) every month!

UNIVERSITY OF MARYLAND EXTENSION

Solutions in your community

This newsletter is brought to you by University of Maryland Extension, Prince George's County. University of Maryland Extension (UME) is a statewide non-formal education system funded by federal, state, and local governments within the University of Maryland - College Park and the University of Maryland - Eastern Shore. Our mission is to support Maryland's agricultural industry; protect its valuable natural resources; enhance the well-being of families and individuals, both young and old; and foster the development of strong, stable communities. The Prince George's County office, partially supported by the Maryland-National Capital Park and Planning Commission, serves the community from two locations including the main Extension office in Clinton and the Center for Educational Partnership in Riverdale.

University of Maryland Extension programs are open to all citizens without regard to race, color, gender, disability, religion, age, sexual orientation, marital or parental status, or national origin.

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