



Solutions in Your Community



In This Issue

- [Mark Your Calendar!](#)
- [Money Milestones](#)
- [4-H Turkey Shoot](#)
- [Winter Safety](#)
- [Healthy Eating](#)

- November 22-23:**
Thanksgiving Holiday
Office closed
- December 7:**
4-H Winter Workshop
- December 18:**
Crops Sustainability &
IPM Workshop
- December 25:**
Christmas Day
Office closed
- January 1:**
New Year's Day
Office closed

January 8/22:
Private Pesticide
Applicator Certification
Training/Exam

February 7:
Southern MD
Vegetable & Fruit
Production Meeting

March 12:
Field Crops & Pasture
IPM Workshop

April 5:
Online Nutrient Mgmt
Voucher Recert.

April 6:
Ask-a-MG Plant Clinic

April 12:

November 2018

On behalf of all of our educators and staff, I would like to wish you a very Happy Thanksgiving and best wishes for the coming holiday season. We hope you find some time to take stock and re-charge for the coming new year, and, if you just happen to need some practical advice on food safety, care of holiday plants, keeping your finances under control or many other holiday issues, give us a call!

Many thanks to all of you who responded to my request for possible members for our Anne Arundel County Extension Advisory Council for the coming year. We have had several responses and I am still following up with those who sent a note, so please don't think you are not needed!

If you missed the last note but think you might be interested, please let us know. Individuals and representatives from agencies, faith based groups, community organizations, neighborhood associations, businesses and others are welcome!

Best wishes,

Karol Westelinck Dyson
Capital Area Extension Director

Mark Your Calendar!

Crop Sustainability and IPM Workshop
Tuesday, December 18, 2018, 6:00-9:00 PM
Anne Arundel County UME, Gambrills, MD

Make plans to attend the Crop Sustainability and IPM Workshop, at the Anne Arundel Extension Office on Tuesday, December 18, 2018 from 6:00 p.m. to 9:00 p.m. This workshop will explore advanced crop production practices focusing on sustainability, food security and integrated pest management tactics.

Click [here](#) for more information.



Help Your Teenager Reach Money Milestones

April 13:
Ask-a-MG Plant Clinic

April 20:
Ask-a-MG Plant Clinic

April 27:
Ask-a-MG Plant Clinic



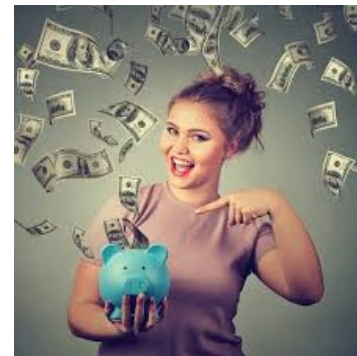
Most people model their money habits and skills after their parents and caregivers. Here is some background on how children develop financially.

Skills and abilities to develop now for financial well-being later

Skills like setting a goal, looking up missing facts, and following through help children (and adults) achieve financial well-being in adulthood. These skills are a foundation for deliberate financial decision-making, like financial planning, research, and intentional decisions.

As your child gets older, s/he can develop these skills:

- Ability to manage money or other resources to reach a goal
- Understanding of money concepts such as long-term savings, taxes, invoices, or bank statements
- Identifying reliable information sources and how to sort through information to get answers



Your child is also working on:

- Critical thinking skills
- Focusing on the future instead of just right now
- Planning ahead and waiting for what she/he wants
- Keeping a positive attitude about saving, being frugal, planning, and self-control
- Building good money habits and good ways to make choices
- Spending and saving based on her/his own goals and values

Tips that can help

Keep in mind that you're teaching about money, on purpose or not

Your children are constantly watching and listening, so they might absorb more than you think. When you shop for a bargain, or splurge on a treat, or plan a special occasion, you're showing your kids how you think about money.

Don't worry too much about things you don't know

Don't feel confident about money matters? You're in good company. Most people don't. And that's okay. Every day, you excel at something your children need to learn-whether it's managing your time between work and home, saving money when you shop, or planning for a future event.



Try this: Think out loud

From your actions, your children often draw their own conclusions-and sometimes they might not be what you intended! When you think out loud, you clarify what you're doing and why. Try getting into the habit of thinking out loud during your day-to-day money and time management, so your kids can follow along.

Contact Ms. Priscilla Graves the Family & Consumer Sciences Extension Educator for additional information at pgraves@umd.edu or 301-868-9410.



Did you visit the Anne Arundel County Fair last month? Did you wonder what in the world **4-H** is all about? Do you have children between 8 and 18 or know someone who does? If so, it's easy to learn more! Visit our [website](#) or email Amanda Wahle in the UMD Anne Arundel Extension Office at awahle@umd.edu. **"4-H makes the best better!"**

Annual 4-H Turkey Shoot!

Despite the wind and the cold, about 50 people showed up for the Annual 4-H Turkey Shoot at Meyer Station Nature Center in Odenton, Maryland. The friendly competition is hosted by the Friendship Outdoor Skills 4-H Club and supported financially by the Anne Arundel County 4-H Foundation. Participants compete in either rifle or archery, with three categories for youth: Juniors, Ages 8-10 years; Intermediates Ages 11-13 years; Seniors Ages 14-18 years and Adults: Men and Adults: Women.



The winners were:

Archery

Juniors - Caitlyn Stafford, Age 11, Baltimore

Intermediates - David Bergman, Age 12, Glen Burnie, Friendship Outdoor Skills 4-H

Seniors - Danielle Heffner, Age 16, Pasadena, Age Kinder Farm Park 4-H

Adult Men - No competitors!

Adult Women Danielle Kahler, Pasadena, Friendship Outdoor Skills 4-H

Riflery

Juniors - Owen Crumb, Age 9, Millersville, Kinder Farm Park 4-H

Intermediates - Lincoln Davis, Age 13, Davidsonville, Friendship Outdoor Skills 4-H

Seniors - Kate Sybert, Age 14, Pasadena, Friendship Outdoor Skills 4-H

Adult Men - C. J. Brendle, Glen Burnie

Adult Women - Wendy Sites, Harmans, Friendship Outdoor Skills 4-H

The 4-H Program is open to all youth ages 5-18 years old. You can support 4-H through a donation to the Anne Arundel County 4-H Foundation. If you would like more information on the 4-H Program, please email Amanda Wahle, 4-H Extension Educator at awahle@umd.edu.

Be Prepared to Stay Safe and Healthy in Winter

Winter storms and cold temperatures can be dangerous. Stay safe and healthy by planning ahead. Prepare your homes and cars. Be ready for power outages and outdoor activity. Check on older adults.

Although winter comes as no surprise, many of us are not ready for its arrival. If you are prepared for the hazards of winter, you will be more likely to stay safe and healthy when temperatures start to fall.

Click [here](#) for more.

Source: Center for Disease Control and Prevention



Do you have a plant question? Pests in your house? Not happy with your lawn? The University of Maryland Home and Garden Information Center can help. Visit their website: extension.umd.edu/hgic.

4- H Bake Sale and Toy Collection

A local 4-H club is collecting new unwrapped toys for Toys 4 Tots at a breakfast event. Come

out Sunday, Dec. 9 from 9:00 to 11:00 am at the [Patuxent River 4-H Center](#) to have breakfast with Santa. Santa will be there for photo opportunities. The Patuxent River 4-H Center is also having a community Holiday Craft Workshop on Friday, November 30. Registrations due by Nov. 26th! Hope to see you there! Call the 4-H office at (410) 222-3900 for more information.



Become an Anne Arundel County Master Gardener

Interested in becoming a Master Gardener? Master Gardeners are a group of gardening enthusiasts who are passionate about gardening, education, and volunteering in their community. The curriculum is presented by University of Maryland Extension faculty and trained Master Gardeners.



Click [here](#) for more information.

Got Food Safety Questions?

The USDA Meat & Poultry Hotline is now open. Call 1-888-MPHotline (674-6854) or chat online at [AskKaren.gov](#). Their services are available Monday-Friday from 10:00 a.m-6:00 p .m.



Click [here](#) for more information.

Healthy Eating - Apple Stuffed Acorn Squash

2 acorn squash (1-2 pounds each)
4-6 apples, washed and chopped
8-10 sprays of low- calorie butter spray
1 teaspoon ginger
 $\frac{1}{8}$ teaspoon cinnamon
 $\frac{1}{8}$ teaspoon nutmeg
1 tablespoon honey
2 tablespoons brown sugar



Wash whole squash. Pierce squash several times with fork. Place on paper towel and cook 6 minutes per pound in microwave on high. Cut squash in half and remove seeds. Cook apples in microwave for 5 minutes. Combine apples and remaining ingredients and mix. Fill each half of squash with apple mixture. Cook 2 minutes more on high power in microwave. Stir apples and cook another 2 minutes on high power.

Source: [eatSMART.umd.edu](#)

Agriculture & Natural Resources

Interested in agriculture? There are many agriculture resources available on our website.

Agriculture Newsletters

Agriculture Bulletins

<http://extension.umd.edu/anne-arundel-county/agriculture/agriculture-bulletins>

Agriculture Slide Series

<https://extension.umd.edu/anne-arundel-county/agriculture/agnr-slide-presentations>

Agriculture Calendar of Events

<https://extension.umd.edu/anne-arundel-county/agriculture/agriculture-calendar-events>

For more information, please contact [Dave Myers](#), Extension Educator, AGNR.

If you are interested in agriculture for YOUTH, please contact our office and speak with a member of the 4-H staff or email [Christa Stibolt](#). 4-H offers plant and animal science programs for youth ages 8-18. See the [4-H website](#) for more details.



Did you know...

Modern Christmas cookies can trace their history to recipes from Medieval European biscuits, when many modern ingredients such as cinnamon, ginger, black pepper, almonds and dried fruit were introduced into the west.

Click [here](#) to learn more.



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Nutrient Management

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Master Gardener Program

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4-H Youth Development

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Food Supplement Nutrition Education Program

LaTasha Coleman, Principal Agent Associate
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<http://extension.umd.edu/anne-arundel-county/food-supplemental-nutrition-education-fsne>

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