

FRESH. LOCAL. FUN.

PRINCE GEORGE'S COUNTY, MARYLAND

Minutes from Washington, D.C. and centrally located,
discover Prince George's County farms,
farmers and food.



MAY 2014

"Be like a flower and turn your face to the sun." ~Kahlil Gibran

FRESH.

May Farmers Markets

Is that a shout of joy I hear from everyone that farmers markets are opening by the dozens in May? I thought so... The following markets open up this month:

- **Bowie:** 8 am–noon, Sundays, May 18
- **Capital Heights:** 10am–3pm, Saturdays & Wednesdays, May 3
- **Cheverly:** 8 am–noon, every other Saturday, May 31
- **College Park:** 7 am–noon, Saturdays, May 3
- **Glenn Dale:** 9:00am–1:30pm, Saturdays, May 3
- **Greenbelt:** 10 am–2 pm, Sundays, May 11
- **MedStar Southern MD Hospital:** 12 pm–4pm, Wednesdays, May 21
- **Montpelier:** 9 am–1 pm, Saturdays, May 3
- **Southern MD Regional Farmers Market Agriculture Wholesale Auction:** Plants & Flowers: Wednesdays at 2pm, Saturdays at 10am, late-April to mid-June
- **Suitland:** 3pm–7pm, Tuesdays, May 13
- **USDA (Beltsville):** 10 am–2 pm, Thursdays, May 1

Find the full list of markets [here](#).

Miller Farms Pick-Your-Own Strawberries

Although our cold, wet spring has slowed things down on our local farms, one thing that can never be slowed is our insatiable desire for spring–summer strawberries!



Miller Farms will open up for pick-your-own strawberries the weekend of May 24th! Make sure to check their [website](#) or [Facebook page](#) for times and field locations.



LOCAL EVENTS

Urban Farms & Local Butchery Tour May 7th, 4pm-8pm Baltimore

This [Future Harvest–CASA](#) tour takes participants to three impressive local food establishments within 1.5 miles of each other in the heart of Baltimore. It begins at Strength to Love Farm in the Sandtown neighborhood to see their half-acre hoop house operation. Next, Whitelock Farm in Reservoir Hill, another community farm managed by two Future Harvest CASA Beginner Farmer Training Program graduate farmers. Both farms aim to create local food, build community, educate and create jobs and volunteer opportunities.

Finally, Spike Gjerde's new Parts & Labor Restaurant and Butchery Shop to hear about his approach to returning maximum value to small-scale growers.

Light snack and local beer tasting included. \$15 for members and \$30 for non-members. Register

LOCAL.

Branch Avenue in Bloom Farmers Market Featured on NBC-4

See the entire piece [here](#).

Prince George's County Kicks Off First Restaurant Week

"Brittney Drakeford, a self-proclaimed foodie who recently bought a house in Prince George's County, went in search of good food. "Anybody who considers themselves a foodie realizes you have to go out and find good food like this," Drakeford, 26, said as she sampled cuisine during the "Taste of TNI" at [Bladensburg High School](#), which on Friday March 28th staged the kickoff tasting event for Prince George's County's [first countywide restaurant week](#)." Read the full article [here](#).

FUN.

Hard Bargain Spring Farm Festival Saturday, May 3rd, 11am-4pm

Admission: \$5 per car

All are invited as the [Alice Fergsuon Foundation](#) opens their gates to the public on this day. Come enjoy the view, natural areas, and the lively barnyard that teach and inspire thousands of students each year.



- Plant Sale: veggies, herbs, perennials, annuals, native plants and more!
- Live Music
- Arts & Crafts Sale
- Hay Wagon Rides to the Potomac River (nominal fee)
- Barnyard Adventures: Cow Milking, Sheep Shearing, Wool Spinning, Butter Churning, Blacksmithing
- Antique Tools
- Kids' Activities at the Log Cabin
- Food and refreshments will be for sale. Enjoy lunch on top of the hill overlooking the Potomac River toward Washington, DC and Mount Vernon.

Romano Vineyard & Winery in May

You have lots of opportunities to sample, and buy, the [Romano's wines](#) this month. They're everywhere! Their open house dates this month are May 10th & 17th, 12pm-5pm.



They'll also be at the following farmers markets: College Park on May 18th; Southern MD Hospital Center on May 21st; and Riverdale Park on May 22nd.

[here](#).

Composting 101 May 10th, 8am-2pm ECO City Farm, Edmonston

This 6 hour introduction to community composting will: 1) deepen your knowledge and understanding of soil in farming; 2) teach different methods of composting; 3) explore uses and benefits of composting; 4) teach production of nutrient rich vermicompost using worms organic gardening and urban farming.

Don't miss the opportunity to learn from their master compost guru, [Benny Erez](#). \$165, includes materials. [More information and registration here](#).

Modern Homesteading Workshop Series: Planning Ahead: Seasonal Integrated Pest and Weed Management May 25th, 2pm-5:30pm Accokeek Foundation, Accokeek

By combining robust instruction with service projects, the Modern Homesteading Workshop series teaches participants the skills and practices that can contribute to a more sustainable, self-reliant lifestyle. Reconnect with your community and share the lost arts that (not that long ago) used to be a part of everyday life: food foraging, kitchen gardening, composting, bear wrestling (just kidding), canning and preserving, fermentation, seed saving, and season extension.

Each workshop will begin with a one-hour skills workshop, including walking tours of the farm site, and conclude with hands-on work on the farm that makes a valuable contribution to a healthy,

In case you can't get to any of those other dates, you can soak up some culture and history at the the [Marietta House Museum Wine Festival](#), May 31st, 11am–5pm, where they'll be sampling and selling.

**SAVE THE DATE: The 2014 Crop Hop
Saturday, October 25th**

[The CROP HOP](#) (A Cycling Tour of So. Maryland Farms) is a fundraiser bike tour designed to highlight the connection between farms, fresh food and good health, and to help provide fresh farm foods to low-income families in Southern Maryland.



This year's ride will tour the rolling hillside and historic farmland of Southern Prince George's County! Details and registration coming soon...

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locally grown food source for residents of the county.

Participants should wear suitable clothes and shoes for working outdoors, hiking trails, and getting dirty; bring a water bottle and snack! Each workshop will take place once a month, on Sundays throughout the season from 2 – 5:30 pm (unless otherwise noted). Participation free; [registration is required](#).

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