

FRESH. LOCAL. FUN.

PRINCE GEORGE'S COUNTY, MARYLAND

Minutes from Washington, D.C. and centrally located, discover Prince George's County farms, farmers and food.



January 2015

"Sometimes our fate resembles a fruit tree in winter. Who would think that those branches would turn green again and blossom, but we hope it, we know it."

~ Johann Wolfgang von Goethe



LOCAL EVENTS

Professional Herbalism Certificate Course

Smile Herb Shop

Begins January 10

FRESH.

Farmers Markets – December News & Events

Riverdale Park Farmers Market will begin its winter market on January 8 and will convene in the same space on Thursdays, 3 to 7pm. Many of the market's favorites will return including Groff's Content Farm, Eco City Farm, Cat's Paw Organic Farm, Zeke's Coffee, Stone Hearth Bakery, Romano Vineyard & Winery and Peachy Family Dairy.



Are you crafty? The market needs help with decorating the indoor space for the winter market. See their volunteer priority [list](#) for details.

For more information about the market, visit RPFM's [website](#) and Facebook [page](#).

P.A. Bowen Winter Drop-Off

Can't make it to their farm store? Try P.A. Bowen's NEW Winter Drop-off Service! They offer drop-off delivery twice a month on Sundays.

Next drop-off will be Sunday, January 11, from 8:30 - 9:30am at the College Park Farmers Market location, 4500 Knox Road, College Park. Please note

The first year of the Professional Herbalist course runs in 1 weekend a month over a period of 9 months (contained in 3 modules of 3 months each). Students can begin the course at the beginning of any of the modules as they are all self-contained. The First Year encompasses 3 modules -- Earth and Water, Fire and Air.

On September 19 & 20 there will be a separate Medicine Making and Plant ID weekend open to all.

A Foundations of Herbalism Certificate is awarded at the end of the year. Gaining this level of herbal knowledge will give you access to enough herbal knowledge to do self-care and work with friends and family.

Register [here](#).

Cultivate the Chesapeake Foodshed

Jan 15-17, 2015

The conference this year will be

they will only be there for an hour, so make sure you can be there to pick up your order during that time frame. Visit their [website](#) for more information.

Find the full list of county markets [here](#); or [download a printable brochure version](#).

LOCAL.



University of Maryland's 'Terp Farm' Completes First Season

The University of Maryland's new sustainable vegetable farm, known as Terp Farm, has completed its inaugural season. Since breaking ground in May at the Central Maryland Research and Education Facility in Upper Marlboro, the production operation has been implemented to begin providing fresh, locally sourced produce to diners at the University's College Park campus. The farm is designed to produce year-round for the dining program, and more specifically for the Green Tidings Food Truck, which is also managed by Dining Services. The project is

managed within the University by the Department of Dining Services, in collaboration with The College of Agriculture and Natural Resources, and the Office of Sustainability.

Many thanks to Guy Kilpatrick's submission this month. For more information, visit Terp Farm on the [web](#), [Facebook](#) and [Twitter](#).

Eco City Farms: Let's Talk Food!

ECO City Farms is hosting a series of free nutrition education sessions called "Let's Talk Food" in January. These 2 hour sessions cover practical information about food, nutrition, healthy eating, reading labels, affordable healthy options and questions about organic versus conventional produce. The session culminates in a cooking demonstration.



Next sessions:

- January 17, 2-4pm at Berwyn Heights Town Center, 8603 57th Avenue, Berwyn Heights, MD 20740
- January 24, 12-2pm at Magic Johnson Empowerment Center, 6001 Logan Way, #A5, Bladensburg, MD 20710

For more information, please visit their [website](#) or contact [Viviana Lindo](#).

the biggest to date -- 3 full days! It starts with a full day of pre-conference, how-to workshops for farmers and food lovers alike, with workshops on everything from food photography to grafting apple trees. Then, the conference starts: farmer and chef keynoters, 7 different tracks offering 42 sessions, plus breakouts for networking and talking shop!

A must event for farmers and foodies! Visit Future Harvest's [website](#) for details.

SAVE THE DATE! Food Tank Summit Jan 21-22

Food Tank, in partnership with The George Washington (GW) University, is excited to announce the 1st Annual Food Tank Summit at the Jack Morton Auditorium (former home of CNN's Crossfire)! This two-day event will feature more than 75 different speakers from the food and agriculture field. Researchers, farmers, chefs, policy makers, government officials, and students will come together for panels on topics including; food waste, urban agriculture, family farmers, farm workers, and more. Visit their website to [register](#) and to see the speaker list. Note, there is a waitlist.

Beekeeping 101 Jan 24, 2015

Mike Embrey, UME Apiculturist, is offering his beginner beekeeping class again starting January 24, 2015. Each class is held on Saturday at the Wye Research and Education Center.

There will be seven classes total, five in the winter/spring and two in the fall. Call 410.827.8056 x148 or email membrey@umd.edu.

FUN.

Cabin Creek Heritage Farm Store

The Cabin Creek Heritage Farm Store will be open Thursdays 10-4, Fridays 10-4 and Saturdays 10-2. Enjoy a variety of product including:

- woodland raised Berkshire pork
- charcuterie
- pasture-raised soy/corn-free eggs
- grass fed and finished lamb
- pastured chicken
- goat milk soap
- turkey
- home-spun yarn and hand-knit items



Visit their [website](#) and Facebook [page](#) for details.



P. A. Bowen Farmstead Tours

Be sure to visit, Prince George's County dairy, P.A. Bowen Farmstead. Their farm store is open year-round, Thursday, Friday and Saturday, from 10 am - 6 pm or by appointment.

Farm products include Artisan raw milk cheese; pastured dry-aged beef and veal, including organ meats; pastured pork, including nitrate-free sausage and bacon; pastured

chicken, including heads, feet, livers, hearts, and gizzards; pastured chicken eggs and fresh pastured turkey (at Thanksgiving).

They also sell books from *NewTrends Publishing*, crafts by Maryland artists and some local produce. They have a variety of [new items](#) in stock as well!

Visit their [website](#) for more information.

Also, the Maryland Rural Enterprise Development Council is sponsoring a beekeeping [shortcourse](#) on Jan 31.

Colony Collapse Disorder (CCD) threatens the health of honeybees across the nation, the issue exacerbating in 1980s with the increase of new pathogens & pests. Since a great number of agricultural crops we grow in Maryland depend on honeybee pollination, the honeybee decline threatens our food industry.

One local response by the University of Maryland's Department of Entomology is the formation of the [Maryland Honeybee Working Group](#). One of the goals of this group is to address the issue of Colony Collapse Disorder through identifying and coordinating bee research efforts.

SAVE THE DATE!
Alpaca Lane Criations Farm
Valentine's Day Event
Feb 7 & 8

Come pet and learn about alpacas and shop for your "Favorite Valentine" at the farm store. Open House hours on February 7 & 8th are from 9:00 AM to 4:00 PM. Call with any questions: (703) 401-1793.

Location: 15430 Mount Calvert Road, Upper Marlboro, MD

Visit their [website](#) for details.

SAVE THE DATE!
BUMBA Beekeeping Shortcourse
starts Feb 19

BUMBA (Bowie-Upper Marlboro Beekeeping Association) offers a low cost Short Course on Bee Biology and Beekeeping Basics early every year. Students learn how to set up a backyard hive, manage bees, harvest honey and pollen, and learn about basic bee

Romano Vineyard & Winery – Winter Open

Houses

- **Open House**
every Saturday, 12-5pm.
- **Riverdale Park Farmers Market:** Jan 8, 3-7pm
- **Vino & Vinyl** - Jan 30, 7 - 9pm
-

"Vino & Vinyl" is a perfect excuse for a girls' night out! Paint a wine glass while chatting with fun folks, enjoying yummy snacks and sipping wine. Gentleman are invited to join in the fun as well! \$25. Register with Glassy Gurlz [here](#).

For more information, visit their [website](#) and Facebook [page](#).

Visit the calendar on the Prince George's County Farm Fun [website](#) for information about more local farm and food events!



biology and behavior and their importance to the world we live in.

The course runs for six consecutive Thursday evenings beginning in February and ending in March. When the weather gets warmer, they offer a later Saturday "hands on" field day (date TBA). For more information, visit [here](#).

SAVE THE DATE! Centro Ashe 2015 Classes Announced!

Upcoming classes include:

- Herb Camp for Kids
- Grassroots Herbal Apprenticeship Program
- Permaculture Design Certificate Course
- Herbal Encuentro
- Herb Keepers Circle
- Pleasure Medicine Series
- Nature Mediation Series

Visit their [website](#) for details.

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