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July 2017

Dear Friend of UM Extension,

One really special feature of summer is the availability of fresh fruits, vegetables, grains and nuts, right here in Anne Arundel County! I hope that you are able to take advantage of the many Farmers' Markets in our county this summer along with so many other outdoor festivals and events. As you read through this newsletter, there are several ideas for how to prepare, cook and serve all those great fresh foods you can buy right now. Its also a perfect time to visit our county wineries and stock up with delicious locally produced beverages.

If you are interested in local farming, we hope to see you at one of the Twilight Tours being held at the UM Research Farm in Upper Marlboro, coming up in August. Events are open and free but registration is required.

Read the first article below for details.

Best wishes for a great outdoor season!

Best regards,

Karol Westelinck Dyson
Capital Area Extension Director

Mark your calendars!

Field Crops Research, Barbecue & Ice Cream Social August 10, 2017

You are invited to attend a **Field Crops Research Twilight Tour, Barbecue and Ice Cream Social** at the **Central Maryland Research & Education Center, 2005 Largo Rd., Upper Marlboro, MD on Thursday, August 10, 2017 from 4:30 to 9 pm**. A barbecue dinner will be served at 4:30 pm followed by homemade ice cream prior to the evening tour. University of Maryland Extension Educators and Specialists will showcase their field crop, vegetable and fruit research plots. Registration by August 7th required.

Click [here](#) to register online.



locations

September 2:
MG Plant Clinic - 3
locations

September 4:
Labor Day - closed

September 6:
MG Composting Demo

September 9:
MG Beekeeping Demo

MG Plant Clinic - 2
locations

September 10:
MG Beekeeping Demo

September 13-17:
A.A. County Fair



Organic Vegetable Twilight Tour

August 17, 2017

This event, also taking place at the **Central Maryland Research and Education Center**, will begin with dinner at 5:00 followed by wagon tours at 6:00. For more information or to register for this event, please send an email to Dr. Jerry Brust at jbrust@umd.edu

These tours are free, but PLEASE register!

Improving Food Safety and Security in Rural Uganda

Dave Myers, Agent, AGNR

The IPAN/IOCC team, consisting of UMD Extension faculty Dave Myers and Chuck Schuster, UMD graduate Abby Myers and the IOCC partners embarked from Entebbe, Uganda at the northwest corner of Lake Victoria to Masaka, briefly stopping in Kampala to meet their host, a delightful patriarch, the Arch Bishop of the Uganda Orthodox Church, Metropolitan Jonah. The next day they traveled to Lwemiyaga, a small town in southwest Uganda in the cattle corridor, a tropical west Texas.



The team, for the next two weeks, engaged at the Lwemiyaga IOCC secondary school with the teachers, students and community farmers to install a trickle irrigation vegetable system. They delivered a mobile soil testing, water testing, and IPM field kit to our engaged learners.

The UMD team taught farmers the importance of fertilizing their crops with readily available cow and goat manure, and how to use soil test kits to determine which crops to plant and what nutrients are necessary at all stages of growth; they also addressed pesticide use and water quality issues. Cell sap meters were used to show farmers how to determine when to add fertilizer and how much is needed, which saves time and resources while preventing over-fertilization. Faculty also installed a 500 liter water tank and drip irrigation system. The farmers were taught how to use water testing kits to test for bacteria and contamination that might cause foodborne or waterborne illnesses. By encouraging hand and produce washing, farmers will be able to reduce these issues in the future.

[Improving Food Safety and Security in Rural Uganda](#)

Learn more about IPAN - agnr.umd.edu/global-impact/ipan

Learn more about IOCC - www.iocc.org

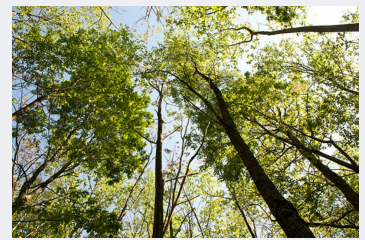
Master Gardener Plant Clinics

The Anne Arundel County Master Gardeners, University of Maryland Extension, will be conducting plant clinics in various locations in the county. Master Gardeners will be available to assist the public with plant identification, insect identification and control, weed identification and control, disease identification and control in an effort to teach sound, sustainable horticultural practices. [Learn more.](#)



The Woods in Your Backyard Online Course

Registration is now open for the Fall session of "The Woods in Your Backyard" online course. Our self-paced, non-credit course runs 12 weeks from August 30th to December 3rd, 2017. The course will help landowners convert lawn to natural areas and enhance stewardship of existing natural areas.



Click [here](#) for more information.

The Fair is Coming to Town!

The Anne Arundel County Fair will take place September 13 through September 17, 2017. Come see the 4-H and Open Class exhibits and demonstrations. 4-H also has many events, including the 4-H Livestock Skill-A-Thon, 4-H Archery Contest, 4-H Ice Cream Social and the 4-H Cake Auction to name a few. In addition to the 4-H activities, you can watch the Antique Tractor Pull, Pie Eating Contest, Pig Races, Cute Kid Contest and much more! We hope to see you at the fair!



For more information on the Anne Arundel County fair visit www.aacountyfair.org.

Maryland State Fair 4-H Entry Deadline

If you are planning on entering in the Maryland State Fair you have until 11:59 on July 31st. Here is the website for entries and information:

<http://www.marylandstatefair.com/exhibitors/4-h>



Become a Master Gardener

The Anne Arundel County Master Gardener Program is now accepting applications for the Fall 2017 training program. Applications must be received by August 1, 2017. The 2017 training will be held from 10:00 AM to 2:00 PM on Tuesdays and Thursdays from September 12-November 2, 2017 at the Anne Arundel County Extension Office. The cost is \$275.



For more information, please contact Mike Ensor, Master Gardener Coordinator at mensor@umd.edu.



Are you between 8 and 18 or know someone who is? If so, have you considered joining 4-H? Visit our [website](#) or email Amanda Wahle in the UMD Anne Arundel Extension Office at awahle@umd.edu.

Master Gardener Project - London Town Plant Identification

The members of the London Town Plant Identification project are the Garden Sleuths of the Master Gardener organization. A spin-off of the London Town Plant Propagation

Project, Master Gardeners began in 2004 to identify and document the cultivars of the collection of trees, shrubs and perennials in the 40-year-old gardens at London Town Public House.

This garden was designed by a University of Maryland student, Tony Dove, as a botanical/pleasure garden to demonstrate woodland cultivars that thrive in the mid-Atlantic region. [See more](#)



Agriculture & Natural Resources

Interested in agriculture? There are many agriculture resources available on our website.

Agriculture Newsletters

<http://extension.umd.edu/anne-arundel-county/agriculture/agnr-newsletters>

Agriculture Bulletins

<http://extension.umd.edu/anne-arundel-county/agriculture/agriculture-bulletins>

Agriculture Web Modules

<http://extension.umd.edu/anne-arundel-county/agriculture/web-module>



For more information, please contact [Dave Myers](#), Extension Educator, AGNR.

If you are interested in agriculture for YOUTH, please contact our office and speak with a member of the 4-H staff or email [Christa Stibolt](#). 4-H offers plant and animal science programs for youth ages 8-18. See the [4-H website](#) for more details.

Healthy Eating - Tomato Cucumber Salad

2 cucumbers, washed and chopped
1 tomato, washed and chopped
¼ onion, finely chopped
cups whole wheat couscous or brown rice
2 teaspoons chopped fresh dill, or ½ teaspoon dried dill
½ cup low-fat Italian salad dressing

Cook couscous or brown rice according to package directions. Toss together the cucumbers, tomato, onion, dill, couscous (or rice), and salad dressing. Chill for 1 hour and serve.

Source: eatsmart.umd.edu



Do you have a plant question? Pests in your house? Not happy with your lawn? The **University of Maryland Home and Garden Information Center** can help. Visit their website: extension.umd.edu/hgic.

Did you know...

There are five archaeology sites in Anne Arundel County! Click [here](#) to learn more.

UNIVERSITY OF
MARYLAND
EXTENSION
Solutions in your community

Anne Arundel County Extension

97 Dairy Lane
Gambrills, MD 21054
410-222-3900

<http://extension.umd.edu/anne-arundel-county>

Area Extension Director

Karol Dyson, AED
kdyson1@umd.edu or 410-222-3900
<http://extension.umd.edu/anne-arundel-county>

Agriculture & Natural Resources

Dave Myers, Principal Agent
myersrd@umd.edu or 410-222-3906
<http://extension.umd.edu/anne-arundel-county/agriculture-natural-resources>



Nutrient Management

Emileigh Lucas, Nutrient Management Advisor
erosso@umd.edu or 410-222-3906
<http://extension.umd.edu/anne-arundel-county/agriculture/nutrient-management>



Master Gardener Program

Mike Ensor, Master Gardener Coordinator
mensor@umd.edu or 410-222-3906
<http://extension.umd.edu/anne-arundel-county/master-gardener-program>



4-H Youth Development

Amanda Wahle, Agent
awahle@umd.edu or 410-222-3900
<http://extension.umd.edu/anne-arundel-county/4-h-youth-development>



Finance Education

Vanessa Bright, Agent
vbright@umd.edu or 410-222-3903
<http://extension.umd.edu/anne-arundel-county/family-consumer-sciences>



Food Supplement Nutrient Education Program

LaTasha Coleman, Agent Associate
lcdema4@umd.edu or 410-222-3903
<http://extension.umd.edu/anne-arundel-county/food-supplemental-nutrition-education-fsne>

