Money, Health, and Health Insurance

June 30
Health Insurance for Farmers and Small Business Owners
Know your health insurance options as a farmer or small business owner. (5:00 to 6:00PM)

July 7
Smart Choice Health Insurance Basics
Choosing the right health insurance plan makes you a smart consumer. Increase your understanding of health insurance and learn strategies for selecting a health insurance plan that will meet your health care needs and fit your spending plan. (5:00 to 6:00PM)

July 14
Smart Use Smart Actions
Knowing how to use your health insurance will make you a smart health care consumer. Identify smart actions that will help you become a Smart User of health insurance. (5:00 to 6:00PM)

July 21
Smart Use Understanding and Estimating Healthcare Costs
Taking control of your health care costs makes you a smart health care consumer. Better understand and estimate your health care expenses so you can plan for future health care costs. (5:00 to 6:00PM)

July 28
Smart Use Managing Health Insurance and Resolving Conflicts
Do you know what to do if you are denied coverage for care? What if you think you were billed incorrectly? Learn how to manage the process for handling disputes with your health insurance company and how to avoid them. (5:00 to 6:00PM)

To register for any session, visit: https://go.umd.edu/health_insurance
For more information on the Health Insurance Literacy Initiative, visit https://extension.umd.edu/insure
Category 1 CEUs available for Maryland Social Workers

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