Notes From State 4-H Program Leader

Agri-Science Summit: January 16 - 19

The National Youth Summit Series is proud to present the second annual Agri-Science Summit. The Agri-Science Summit will take place on January 16-19, 2015 at the National 4-H Youth Conference Center. High school age students will spend three days learning from agricultural scientists, researchers, leaders, politicians and advocates. The Summit is a hands-on learning experience through innovative workshops, visiting industry professionals, as well as academic and professional site visits. More information and registration information can be found on the website.

2015 World Horse Expo 4-H Art Contest

The ninth annual Maryland 4-H Horse Art Contest will take place this year during Maryland Horse World Expo to be held January 16-18, 2015 at the Maryland State Fairgrounds in Timonium, MD. The entry form is attached. Entries must be received by no later than Wednesday, January 7, 2015. Entries will be judged before the first day of the expo and will be displayed throughout the expo. Please share the attached entry form with any 4-H member you think might be interested.

2015 World Horse Expo Maryland 4-H Booth Workers Needed

The annual Maryland Horse World Expo is scheduled for January 16-18, 2015. Each year the MD 4-H Horse Program has been fortunate to have a promotional booth at this event. We are in need of volunteers to staff the booth. We have had terrific participation from 4-H Horse volunteers in past years with this important opportunity to promote the Maryland 4-H Horse Program. We will be able to offer 2 one-day passes for each shift at no cost. Please let me know if you are interested in helping us out by responding to Brittany Hoffman at bhoffma@umd.edu with names of booth volunteers and their emails and telephone numbers by Friday, December 19, 2014. Shifts will be filled in the order that responses are received.

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And Still More News for Horse Clubs

- **Horse Bowl**- March 14, College Park
  Questions due to Chris Johnston by Feb. 1
  Registration due Feb 27 can have 1-2 4-H members participate in a scramble team- they will get paired off.

- **Horse Judging and Hippology**- May 30

- **Horse show at state fair**- Aug 27-30

- **Horse Jamboree - Clagett Center**, date not set yet. $100 per person

It’s Time to Say Goodbye

- After 41 years of service to the University of Maryland Extension, Martha Cannon is retiring. Martha has served as an Administrative Assistant in the Dorchester Office providing support to the 4-H and Family and Consumer Sciences program. She also had many operational responsibilities for the office. Thank you Martha for all of your contributions to the programs provided in Dorchester County. We will miss you!

- Sudeep Mathew, Extension Educator for Agriculture and Natural Resources for Dorchester County, is leaving us for the private sector. Sudeep has worn many hats during his career in Agriculture, Plant Sciences and Natural Resources: Extension Educator, Research, International Development, Editor of a bi-weekly newsletter “Agronomy News” – just to name a few. Good Luck in your new endeavors Sudeep, UMD and your many friends will miss you.

Help Us Promote the Health “H” by Becoming a Healthy Living Ambassador!

- The Maryland 4-H Healthy Living Program is holding two Healthy Living Summits in January to recruit and train Healthy Living Ambassadors. We are asking clubs to designate two 4-Hers to come to one of these summits to become “health officers” for their 4-H clubs and communities.

- These Healthy Living Ambassadors will learn healthy snacks, activities, and exercises to take back to their clubs and counties to promote healthy lifestyles.

- Mark your calendars for January 10th at the Montgomery County 4-H Office or for the summit on January 24th at Thendara 4-H Center in Dorchester County from 10am to 3pm. The summits are open to all 4-Hers ages 8-18!

  Check out our flyer for more info and to register.

4-H CLUB NEWS

Seeds of Change:

- Club members began their Storm Drain Stenciling community service program in October of 2014. We will follow up with two or three more dates throughout the Spring inviting all Dorchester County 4-H Clubs and the general public to participate.

- Club will be assembling their weather stations and instruments over the winter months: barometer, thermometer, rain gauge, windsock, etc.

- To continue with our water-quality testing induction members will be making a Secchi Disk, Plankton Net, and other necessary items.

- Several other ideas are proposed for the Spring and Summer months, such as a forestry hike, guest speakers, photography, fishing field trip, etc.

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Trailblazers:

★ In preparation for the Hurlock Christmas Parade the Trailblazers painted a large 4-H display sign and made a big a white horseshow to adorn their float. Everyone helped to decorate the float. The parade was held on December 13th - Great Work Trailblazers! It’s easy to see you take pride in your horse club.

★ Windy Way Horses in Hurlock, where most of the Trailblazers take riding lessons, held an Open House in December for all to enjoy.

★ Plans for 2015 will keep the Trailblazers up and running - or riding!
  ➤ A veterinarian guest speaker in February
  ➤ Massage demonstration and holistic healing seminar at Windy Way Horses
  ➤ Field Trips include visiting various horse farms to demonstrate brushing and grooming techniques
  ➤ Identifying parts of English as well as Western tack
  ➤ Secret Pride Stables in Hebron will demonstration the English Riding technique as Trailblazers ride Western
  ➤ Preparing for riding competition and new projects for the Dorchester/Caroline County Fair and possibly Talbot County Fair as well
  ➤ Tuckahoe Equestrian Center has an active youth program available to Trailblazers which some attend each month.

Shooting Sports:

★ See attachment

WHAT IS 4-H?

The 4-H emblem:
The H’s on each leaf stand for the words Head, Heart, Hands, and Health.

★ 4-H Colors: Green and White

★ 4-H Slogan: “learn by doing”

★ 4-H Motto: “to Make the Best Better”

★ 4-H pledge: “I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service and my Health to better living, for my club, my community, my country, and my world.”

Annual Participation Fee: $10

Membership Age:

★ 5 to 7 - Clovers
★ 8 to 18 - 4-H

Do you want to learn more about 4-H?
4-H members, parents, and volunteers can find out about Dorchester County 4-H by going online to: https://extension.umd.edu/dorchester-county or; about State Level 4-H programs, policies, and forms by going online to: www.extension.umd.edu/4-h

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WINTERFARE WORKSHOP
Wicomico County 4-H Youth Development Program

When: Saturday, Jan. 31, 2015
9:00am to 3:00pm
Where: Christ United Methodist Church
Salisbury, MD
Event Type: Workshop/Classes
Cost: $25 per child
Deadline to Register: JANUARY 21ST
Lunch: Bring brown bag lunch

NO REFRIGERATION AVAILABLE

Winterfare is an annual event conducted by the Wicomico County 4-H Youth Development Program. Winterfare is a fun fill day event which lets your child choose three different workshop classes to participate in during the day. Experience rockets, candy making, art, science and many other great classes.

★ This event is open to youth ages 8-18.
★ Refunds will only be considered on a case by case situation. Refund considerations must be made no later than 10 days prior to the event.
★ Choose one class from each session A, B, and C.
★ In some classes participants may get messy, please bring an apron or wear old clothes.
★ Participants must bring their own non-perishable lunch for the day. Please label your child's lunch.
★ A coat rack will be provided for lunches and coats.
★ We suggest you bring a tote bag with you to carry your items around with you.

WORKSHOP CLASSES SCHEDULE

Morning Session 1 : 9:30-12:00
A 1 - Wood Working: Make a wood piece for animals as well as something for your home kitchen.
A 2 - Make Tasty, Healthy Choices: Learn how to make healthy foods as well as food choices.
A 3 - Explore your Artsy Side: Explore your artsy side using new art techniques taught by the Eyeful Hummingbird Studios
A 4 - Giddy Up and Go - All about Horses - Learn hands on about the body parts of a horse, what horses eat, and how to keep horses healthy. Make horse related crafts and goodies to take home to make your horse happy!
A 5 - Engineering Extravaganza: How many different ways can you explore Engineering? Have fun as we learn engineering through a few different hands-on activities that will challenge your mind and engage your excitement!
A 6 - Rock With Me!! Join us as we explore the hidden treasures in rocks and minerals. Participate in a rock treasure hunt, rock identification, gem mining, crafts and make your own rock collection to take home with you. Let’s rock the day away, you'll dig it!!
LUNCH 12:00-12:30

Session 2 – 12:30-1:45

B 1 - Fitness and Fun: Learn the importance of fitness and have fun with new fitness activities.
B 3 - ROYGBIV! Exploring Color: Become a CSI (Color Science Investigator) and explore the colors of our world! We will investigate color pigments in our everyday lives including candies and markers. Plus, create a disappearing color wheel and tie-dye!
B 4 - Sweet TREATS Boutique: Have a rolling sweet time learning how to decorate and make fun sweet treats - Get your Creative mind flowing working with icing, chocolate and a variety of techniques for pastry and candy.
B 5 - Fancy Footsteps: Have fun exploring dance! Taught by “Footsteps Dance Studio.”
B 6 - Duct Tape Creations: Come on in and learn how to make some really cool duct tape projects to keep busy all winter long. No experience needed!

Session 3 - 1:45-3:00

C 1 - Nail Care and Design: Learn how to take care of your nails practice different painting styles.
C 2 - Tasty Treats: Learn to make some easy tasty candy recipes.
C 3 - Mask Creations: Create a unique mask using items from nature and feathers.
C 4 - Rockets and Planes Away: Have fun with paper airplanes and rockets!
C 5 - Jewelry Making: Make your own beaded bracelet!

Register by visiting for Winterfare online at: https://4hwf.eventbrite.com (link is external)
2015 registrations will only be accepted online - no more paper versions. If you have questions or concerns please contact Amy Rhodes at 410-749-6141

4-H Winterfare is a great day of fun and learning for youth ages 8-18. Many of the classes fill up quickly. Register immediately to get the classes you really want.

NEW - We will not be serving lunch or refreshments this year. Please bring your own Lunch!! Put Your Name on it. NO REFRIGERATION WILL BE PROVIDED.

Questions can be directed to Amy Rhodes or Barbara Barga at 410-749-6141.

The University of Maryland Extension is an Equal Opportunity Employer with Equal Access Programs
Interested in healthy lifestyles such as eating healthy and exercising, or are you interested in learning more about these topics? Come to a Healthy Living Summit and become a MD 4-H Healthy Living Ambassador!

What does a 4-H Healthy Living Ambassador do?

- It is a Healthy Living Ambassador’s job to take back to counties and 4-H Clubs simple ways that you can stay healthy, whether its organizing a healthy snack for your monthly 4-H Club meeting or attending an event and promoting healthy lifestyles through educational displays and activities.
- Healthy Living Ambassadors are Maryland 4-H’s “H” promoters. We would like each 4-H Club to have at least two Healthy Living Ambassadors.
- Past Healthy Living Ambassadors have also organized activities at Maryland 4-H Centers, Thendara 4-H Center—Baltimore County, and Montgomery County 4-H Office—Western part of the state.
- We have lots of fun activities planned:
  - January 24th from 10am-3pm: Thendara 4-H Center—Baltimore County
  - January 10th from 10am-3pm: Montgomery County 4-H Office—Western part of the state.

How old do I have to be to be a Healthy Living Ambassador?

Any 4-H age from 8-18! We need Healthy Living Ambassadors of all ages!

How do I sign up?

All you have to do is send in your RSVP on the back of this page for one of the two summits to the Maryland 4-H Center, 8020 Greensparrow, College Park, MD 20740 or email Suzannah MacLeod at smacleo1@umd.edu.

Questions? Call Suzannah Macleod at 301-314-7821 or Sandy Corridon at 301-314-7363

University of Maryland Extension programs are open to any person and will not discriminate against anyone because of race, age, sex, color, sexual orientation, religious beliefs, national origin, or handicap.
Maryland Healthy Living Summit RSVP

Name: ____________________________ County: ______________________________

Home Address: ______________________________  City: ________________________________

State: __________________________________________ Zip:  ________________________________

Phone Number: ___________________________________ E-mail: ________________________________

4-H Club:  ______________________________________

I will be attending...

January 10th Summit at the Montgomery County Extension Office

January 24th Summit at the Thendara 4-H Center—Dorchester County

Sponsorships...

I would like to sponsor this event. I am including a check with this form for $_____

Volunteering...

We can use all the help we can get! If you would like to volunteer at one or both of the summits, please let us know. Whether you would like to teach a workshop, or help with a preexisting activity, we would love to have you contact Suzannah Macleod for more info.

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4-H Shooting Sports
Open House Saturday, January 17, 2015

Thendara 4-H Center
6275 Lord’s Crossing Road, Hurlock
Noon to 3 p.m.
Ages 8 to 18 as of January 1st

Rifle and Air Pistol, Shotgun and Archery
At least 3 of the 4 disciplines will be available

Rain Date: Saturday, February 7. Cancellation will be posted on Facebook page
https://www.facebook.com/pages/4-H-Dorchester-Shooting-Sports/731663243581519

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