2014 Grow It, Eat It, Preserve It workshops are sponsored by University of Maryland Extension - Howard County. Handouts, fruits/vegetables, lids, jars, and use of canning equipment are all supplied with your registration fee. Also, included in your registration fee is the book Complete Guide to Home Canning which includes tested recipes, in-depth information on water bath and pressure canning, as well as freezing and drying. This resource is designed for both the new and experienced food preserver.

Friday, September 19
10:00 am to 12:00 pm
What to do with all those Tomatoes
Tomatoes especially salsa, are one of the most popular and most frequently canned foods. In this session, we will be discussing the types of tomato products that can be preserved at home, the ingredients needed, the necessary equipment and supplies, and the basic steps of water bath canning.
Registration Deadline: 9/17/2014

Wednesday, October 8
10:00 a.m. to 12:00 p.m.
Freezing
In this session, we will be learning the principles and techniques of successful freezing. Learn which produce freezes better than others.
Registration Deadline: 10/6/2014

Monday, October 13
10:00 a.m. to 12:00 p.m.
The Bounty of Fall Produce
In this session, we will be learning about the proper techniques to use for produce and some new ideas on what to do with fall produce.
Registration Deadline: 10/10/2014

REGISTRATION FORM

Name: ________________________________
Address: ____________________________________________________________
___________________________________________________________
Zip: __________ Phone: __________________
Email: ________________________________

I would like to register for the following 2014 Grow It, Eat It, Preserve It Workshops:
[ ] Sept 19 Tomatoes
[ ] Oct 8 Freezing
[ ] Oct 13 Bounty of Fall
[ ] Please register me for the entire series.

Registration cost is $25.00, for the first workshop, and $15.00 for each additional workshop. All classes are limited to 12 participants. No refunds will be given after registration deadline.

Register by mail or in person at the Extension office at the address below. Payment must accompany registration. Check payable to: Howard County EAC

Mail to:
Grow It, Eat It, Preserve It Workshop
Yes You Can!

Get Help With:
The Basics of Food Preservation
Proper Equipment & Ingredients
Frequently Asked Questions
Remedies for Problems

Grow It, Eat It, Preserve It
Workshops
Preserving Your Garden's Bounty

September to October 2014

University of Maryland
Howard County
3300 N. Ridge Road
Suite 240
Ellicott City, MD 21043

University of MD Extension programs are open to any person and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, national origin, marital status, genetic information, political affiliation and gender identity or expression.