The University of Maryland, Baltimore (UMB) and the University of Maryland Medical Center (UMMC) are teaming up to host a Food Day Fair, and invite you and your friends and family to participate!

**Friday, October 24, 2014**

*10:00 am – 1:30 pm*

**Plaza Park**

(located at the corner of Paca and Baltimore Streets)

500 W. Baltimore Street, Baltimore, MD 21201

- Buy direct from your local farmers
- Eating healthy with your SNAP (EBT) benefits
- Cooking demo from CulinArt
- Ask a dietitian
- Eat local at UMMC Cafeteria
- Sign up to visit the American Heart Association’s Baltimore Kitchen
- Learn about food safety
- Food trucks
- Give-a-ways and more!

*Rain Date: Friday, October 31*

For more information, visit www.foodday.org