

# Solutions in Your Community



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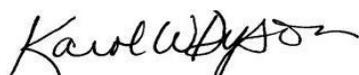
## May 2018

Summer has sprung! I know we usually say that about spring, but this year spring came and went so quickly that it seems Summer is "springing" out right now!

This month we are pleased to welcome Ms. Nancy Allred as our Interim Master Gardener Coordinator for Anne Arundel County. Nancy recently retired from her former position as Director of the Pascal Senior Center and serves as an active Master Gardener. She is busy learning about the many active MG projects in the county and starting to plan for the fall training course for new MGs. Details are below.

Wishing everyone a safe and enjoyable Memorial Day weekend, while we think of the many sacrifices made by our military families through the years. We honor and remember each of you for your dedication and service.

Best to all and wear sunscreen this summer!



Karol Westelinck Dyson  
Capital Area Extension Director

## Mark your calendars!

### 2018 Farmers Field Day at LESREC

June 27, 2018  
9:00 AM-1:00 PM

Calling all Farmers/Growers to the upcoming Field Day at the University of Maryland's Lower Eastern Shore Research and Education Center (LESREC) to be held Wednesday, June 27, from 9:00 a.m. - 1:00 p.m. Click [here](#) for more information.



## Ask-A-Master Gardener Plant Clinics

The Anne Arundel County Master Gardeners, University of Maryland Extension, will be conducting plant clinics around the county throughout the summer. Master Gardener volunteers will be available to answer horticultural questions about vegetables, bedding plants, water quality

**June 23:**  
Ask-A-MG Plant Clinic

**June 24:**  
Honeybees Up Close

**June 30:**  
Ask-A-MG Plant Clinic

**July 4:**  
Independence Day  
Office Closed

**July 7:**  
MG Composting  
Demonstration

Ask-a-MG Plant Clinic

**July 8:**  
Honeybees Up Close  
Ask-a-MG Plant Clinic

**July 11:**  
4-H Volunteer Training

**July 14:**  
Ask-a-MG Plant Clinic

Beekeeping  
Demonstration

**July 18:**  
MG Composting  
Demonstration

**July 21:**  
Ask-a-MG Plant Clinic

**July 28:**  
Ask-a-MG Plant Clinic

**July 29-August 3:**  
Anne Arundel County  
4-H Camp

and other topics to teach sound, sustainable practices.

The plant clinics will be held on Saturdays from April 14 to October 13, 2018 at various locations in the county.

Click [here](#) to learn more.



## Master Gardener Coordinator's Corner

Winter temperatures seemed to last forever this spring, delaying the sowing of some crops. Weeks of cold spring days were interspersed with days of extreme summer-like temperatures. Weeks with minimal rainfall were followed by days with severe storm events and localized heavy rainfall. Anne Arundel County Master Gardeners enthusiastically launched their efforts to support and educate county residents about best practices for the home gardener despite fluky weather conditions.

Master Gardeners provide families with hands-on guided vegetable gardening experiences. They go to schools where students learn about conservation landscaping, native plants and pollinators. Plant clinics disseminate information about sustainable horticultural practices, provide resources and help residents with plant, insect and plant disease identification. Master Gardeners tend low maintenance and demonstration gardens as well as provide composting demonstrations. They consult with homeowners to focus attention on practices that protect the Chesapeake Bay and its watershed. Beekeepers offer demonstrations and talks to schools, garden clubs and other groups. Master Gardener volunteers help residents identify invasive plants and promote native planting to benefit wildlife. They also help Marylanders improve their health and save money by saving seed and growing their own vegetables. The extent of the educational impact in Anne Arundel County is quite impressive.



Recruitment has begun for the 2018 Fall Intern Training. This year the course will be conducted at the Anne Arundel County Extension Office in Gambrills on Tuesday and Thursday evenings from 6:00-9:00 pm beginning September 11 and ending on November 1. The cost is \$275. For information about the Master Gardener Program and to access the online application form visit <http://extension.umd.edu/anne-arundel-county/master-gardeners/become-master-gardener> or contact Nancy Allred, Master Gardener Interim Coordinator at [nallred@umd.edu](mailto:nallred@umd.edu) or call 410-222-3906. The application deadline is August 1. We welcome your participation.



Do you have a plant question? Pests in your house? Not happy with your lawn? The University of Maryland Home and Garden Information Center can help. Visit their website: [extension.umd.edu/hgic](http://extension.umd.edu/hgic).

## Maryland Naturalist Program

Maryland is a state of "wonders" with lots to see, do, learn and enjoy! Certified Maryland Master Naturalists help preserve and share the state's environmental wealth. Click [here](#) to learn more about this extraordinary program and how you can participate.



## Five Ways to Ring in Spring with Cleaner Water

Spring is a time of rejuvenation, getting your hands dirty in the soil, and performing routine maintenance around the exterior of your home. Here are five great ways to spruce up your home while helping clean the water heading to your local stream.



Click [here](#) to learn more.

## Agriculture & Natural Resources

Interested in agriculture? There are many agriculture resources available on our website.

Agriculture Newsletters

<http://extension.umd.edu/anne-arundel-county/agriculture/agnr-newsletters>

Agriculture Bulletins

<http://extension.umd.edu/anne-arundel-county/agriculture/agriculture-bulletins>

Agriculture Web Modules

<http://extension.umd.edu/anne-arundel-county/agriculture/web-module>

Agriculture Calendar of Events

<https://extension.umd.edu/anne-arundel-county/agriculture/agriculture-calendar-events>

For more information, please contact [Dave Myers](#), Extension Educator, AGNR.

If you are interested in agriculture for YOUTH, please contact our office and speak with a member of the 4-H staff or email [Christa Stibolt](#). 4-H offers plant and animal science programs for youth ages 8-18. See the [4-H website](#) for more details.



## Plant for Pollinators: 9 Ways to Attract and Help Pollinators in Your Garden and Yard

Maryland Grows Blog

Pollinators of all types - insects, birds, and bats - are in decline due to habitat loss, pesticide use, and diseases. Insects, including Maryland's 400 species of native bees, provide valuable pollination and are a food source for wildlife. Insect pollination is essential for the production of about one-third of our food crops, and some pollinators, such as butterflies and hummingbirds, are simply a delight to see!



Click [here](#) for more.

## Healthy Eating - Roasted Cauliflower

1 head of cauliflower  
2 Tablespoons vegetable oil  
Salt and pepper  
½ cup Parmesan cheese, shredded

Heat the oven to 450 degrees. Remove outer leaves of cauliflower. Cut florets off the stem, wash and drain. Combine oil, salt and pepper in a large bowl. Toss the cauliflower florets in the oil mixture. Spread cauliflower on a large rimmed baking sheet. Roast in the oven at 450

degrees 15-20 minutes until cauliflower starts to soften and begins to brown. Sprinkle with cheese. Continue to roast for 5-10 minutes.

Source: [eatsmart.umd.edu](http://eatsmart.umd.edu)



Did you visit the Anne Arundel County Fair this fall? Did you wonder what in the world **4-H** is all about? Do you have children between 8 and 18 or know someone who does? If so, it's easy to learn more! Visit our [website](#) or email Amanda Wahle in the UMD Anne Arundel Extension Office at [awahle@umd.edu](mailto:awahle@umd.edu). **"4-H makes the best better!"**

### Did you know...

Anne Arundel County Transportation provides Van Program and Taxi Program for persons fifty-five (55) years of age and older, and older and adult disabled persons 18 years of age and older, throughout Anne Arundel County.

Click [here](#) to learn more.



#### Anne Arundel County Extension

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410-222-3900

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#### Agriculture & Natural Resources

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<http://extension.umd.edu/anne-arundel-county/agriculture-natural-resources>



#### Nutrient Management

Nutrient Management Advisor  
410-222-3906  
<http://extension.umd.edu/anne-arundel-county/agriculture/nutrient-management>



#### Master Gardener Program

Nancy Allred, Interim Master Gardener Coordinator  
410-222-3906  
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#### 4-H Youth Development

Amanda Wahle, Agent  
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<http://extension.umd.edu/anne-arundel-county/4-h-youth-development>

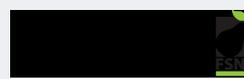


**Food Supplement Nutrition Education Program**

LaTasha Coleman, Principal Agent Associate

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<http://extension.umd.edu/anne-arundel-county/food-supplemental-nutrition-education-fsne>



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