



Solutions in Your Community



In This Issue

- [Ag Census Response](#)
- [Article Headline](#)
- [MD Frost Dates](#)
- [Healthy Eating](#)

March 30:
Good Friday
Office Closed

April 6:
Online Nutrient
Application Voucher
Recertification

April 9:
4-H Volunteer Training

April 13:
Online Private
Pesticide Applicator
Recertification

April 14:
Ask-A- MG Plant
Clinic

April 22:
MG Pollinator Corner at
Earth Day Expo

Honeybees Up Close
Spring Farm Festival

April 28:
Maryland Day

Ask-A-MG Plant Clinic

May 1:
MG Class -
Urban Gardening

May 5:
MG Composting
Demonstration

Ask-A-MG Plant Clinic

March 2018

Greetings all!

Like me, you are probably still confused by the weather challenges thrown, blown and dropped on us by Mother Nature so far this spring! Be assured that eventually she will be ready to take a rest and allow Maryland's usual lovely spring to "bust out all over"!

In this newsletter there are activities coming up for crafters, gardeners and farmers that will keep you busy while you wait for "real" spring!

Karol Westelinck Dyson
Capital Area Extension Director

Mark your calendars!

Maryland Day at University of Maryland
Saturday, April 28, 2018, 10:00 AM-4:00 PM

Come visit Maryland Day at University of Maryland, College Park on April 28. You'll find all kinds of activities and programs at the University of Maryland's Open House which features family-friendly and interactive events. Come explore our world of Fearless Ideas and see all that we do for our community, the state and the world. Extension exhibits will be in the Courtyard at the Animal Science Building!



Click [here](#) to learn more.

DIY Sign Workshop
Craft Night Fundraiser
hosted by the Patuxent River 4-H Center
Friday, April 6, 2018, 6:30 PM.

May 12:
Ask-A-MG Plant Clinic

MG Beekeeping
Demonstration

May 16:
MG Composting
Demonstration

May 19:
Ask-A-MG Plant Clinic

May 20:
MG Class -
Honeybees Up Close

May 22:
4-H Volunteer Training

May 26:
Ask-A-MG Plant Clinic

May 28:
Memorial Day
Office closed



Come join us for a fun filled night on Friday, April 6th 2018 at 6:30PM. We are hosting a DIY sign workshop to help support summer camping programs at the center.

Choose from one of the designs shown. To register, purchase your design choice. Pick your frame/quote/colors at the event. The possibilities are limitless! Create a sign that is personalized to you!

Food and beverages will be available.

Click [here](#) to learn more.



Z is for Zucchini!

LaTasha Coleman, Extension Educator

FSNE (SNAP-Ed) has preschool students screaming "I LOVE Zucchini!" in 15 pre-k and kindergarten classes at Ferndale Early Education Center, Hilltop Elementary, and Belle Grove Elementary. These preschoolers are currently participating in FSNE's Edible ABC's weekly nutrition education lessons. Trained classroom teachers deliver short 20-30 min lessons that include tasting a new food, learning how it grows, and completing a letter home to their family about the new food. You can find this curriculum and more on our Eat Smart website:

<https://eatsmart.umd.edu/resources/curricula/read-for-health>.



Do you have a plant question? Pests in your house? Not happy with your lawn? The University of Maryland Home and Garden Information Center can help. Visit their website: extension.umd.edu/hgic.

Online Recertifications

If you would like the opportunity to learn from home, yet still be engaged, then be sure to enroll in the one of our Live On-Line Recertification Trainings.

Nutrient Applicator Voucher Recertification
April 6, 2018
4:00-6:00 PM

Private Pesticide Applicator Recertification
April 13, 2018
4:00-6:00 PM

Click [here](#) for more information or to register online.



Vegetable Garden Planning: What Doesn't Start From Seeds

Maryland Grows Blog

As you're planning your vegetable garden for this year, you're probably thinking seeds,

seeds, seeds. But not everything in the garden needs to begin with seeds. In some cases, plants started by someone else are a convenient or even economical choice. And some crops, like potatoes, are grown from last season's tubers rather than from seeds.

Click [here](#) for more.

PETS is Looking for a Few Good Horses

PETS (Progressive Equestrian Therapeutic Services, Inc.) is a nonprofit, tax exempt, 100% volunteer organization which provides a skill-based program of horseback riding and horsemanship to residents of Prince George's County with disabilities and is a PATH International Premier Accredited Riding Center.

The PETS Program is in need of horses. The horses must meet certain criteria and go through a screening process to determine appropriateness for the program.

Click [here](#) for more information.



Agriculture & Natural Resources

Interested in agriculture? There are many agriculture resources available on our website.

Agriculture Newsletters

<http://extension.umd.edu/anne-arundel-county/agriculture/agnr-newsletters>

Agriculture Bulletins

<http://extension.umd.edu/anne-arundel-county/agriculture/agriculture-bulletins>

Agriculture Web Modules

<http://extension.umd.edu/anne-arundel-county/agriculture/web-module>

Agriculture Calendar of Events

<https://extension.umd.edu/anne-arundel-county/agriculture/agriculture-calendar-events>

For more information, please contact [Dave Myers](#), Extension Educator, AGNR.

If you are interested in agriculture for YOUTH, please contact our office and speak with a member of the 4-H staff or email [Christa Stibolt](mailto:Christa.Stibolt). 4-H offers plant and animal science programs for youth ages 8-18. See the [4-H website](#) for more details.



Did you visit the Anne Arundel County Fair this fall? Did you wonder what in the world **4-H** is all about? Do you have children between 8 and 18 or know someone who does? If so, it's easy to learn more! Visit our [website](#) or email Amanda Wahle in the UMD Anne Arundel Extension Office at awahle@umd.edu. **"4-H makes the best better!"**

Healthy Eating - Bread in a Bag

2 cups all-purpose flour

1 package rapid-rise yeast
3 tablespoons sugar
3 tablespoons nonfat dry milk
1 teaspoon salt
1 cup hot water (125 to 130 degrees F)
3 tablespoons vegetable oil
1 cup whole wheat flour
Boiling water



Combine 1 cup all-purpose flour, undissolved yeast, sugar, dry milk, and salt in the 1-gallon heavy duty freezer bag with zipper-lock. Squeeze upper part of bag to force out air. Shake and work bag with fingers to lend ingredients. Add hot water and oil to dry ingredients. Reseal bag. Mix by working bag with fingers. Add whole wheat flour; reseal bag and mix thoroughly. Gradually add enough remaining all-purpose flour to make a stiff dough that pulls away from bag. On floured surface, knead dough 2 to 4 minutes, until smooth and elastic. Cover dough; rest 10 minutes. After 10 minutes, roll dough to 12 x 7-inch rectangle. Roll up from narrow end. Pinch edges and ends to seal. Place in oiled 8 ½ x 4 ½ x 2 ¼-inch glass loaf pan; cover. Place large shallow pan on counter half filled with boiling water. Place baking sheet over shallow pan; let dough rise 20 minutes or until double in size. At this point, bread can be taken home to be baked at 375 degrees F for 25 minutes or until done. Remove from pan and cool on wire rack. Slice with serrated knife to serve.

Did you know...

The Home and Garden Information Center has a blog where you can learn timely tips to manage your lawn, ornamental plants, and food gardens, with advice from University of Maryland experts and certified horticulturists.

Click [here](#) to learn more.



Anne Arundel County Extension

97 Dairy Lane
Gambrills, MD 21054
410-222-3900

<http://extension.umd.edu/anne-arundel-county>

Area Extension Director

Karol Dyson, AED
kdyson1@umd.edu or 410-222-3900
<http://extension.umd.edu/anne-arundel-county>

Agriculture & Natural Resources

Dave Myers, Principal Agent
myersrd@umd.edu or 410-222-3906
<http://extension.umd.edu/anne-arundel-county/agriculture-natural-resources>



Nutrient Management

Nutrient Management Advisor
410-222-3906
<http://extension.umd.edu/anne-arundel-county/agriculture/nutrient-management>



Master Gardener Program

Master Gardener Coordinator

410-222-3906

UNIVERSITY OF
MARYLAND
EXTENSION

MASTER
GARDENER 

<http://extension.umd.edu/anne-arundel-county/master-gardener-program>

4-H Youth Development

Amanda Wahle, Agent

awahle@umd.edu or 410-222-3900

<http://extension.umd.edu/anne-arundel-county/4-h-youth-development>

UNIVERSITY OF
MARYLAND
EXTENSION



Food Supplement Nutrition Education Program

LaTasha Coleman, Agent Associate

lcdema4@umd.edu or 410-222-3903

<http://extension.umd.edu/anne-arundel-county/food-supplemental-nutrition-education-fsne>

