



UNIVERSITY OF
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Solutions in Your Community



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July 2018

The Buy Local Celebration is upon us! On Monday, August 30 from 5:30 to 8:30 pm, come to Greenstreet Gardens in Lothian to sample local foods, learn more about agriculture events, taste yummy snacks and offerings, and just have fun!

Sponsored by the Southern Maryland Ag Development Commission, people from all 5 counties in the Southern Maryland area are invited! There will be vendors, samples and products from local farms and wineries, and opportunities to see what's new in Ag! To buy tickets, go to:

<https://www.buylocalchallenge.com/blc-celebration>

Tickets will also be available at the door! Hope to see you there!

Best regards,

Karol

Karol Westelinck Dyson
Capital Area Extension Director

Mark Your Calendar!

Don't Hit That Buzzer!

August 25, 2018, 10:00 AM - 12:00 PM
Odenton Regional Library, Odenton, MD

Honey Bees have a fascinating way of communicating with each other & sharing the location of the best gardens to find nectar. BEE KEEPERS explain how these mighty little flyers find nectar, bring it back to the hive & produce honey. The Bee Keepers bring an enclosed hive so you can watch the action up close but without being worried about getting stung.

Click [here](#) to learn more.



Maryland State Fair

The Maryland State Fair will be held August 23rd through September 3rd in Timonium, Maryland. Come experience the "12 Best Days of Summer"! Enjoy the exhibits, displays and shows as well as rides and great food!



The MARYLAND STATE FAIR

September 3:
Labor Day
Office Closed

September 8:
MG Plant Clinic

Beekeeping
Demonstration

September 9:
Honeybees up Close -
Forgotten Farm Tasks

September 12-16:
Anne Arundel Co. Fair

September 15:
Ask-a-MG Plant Clinic

Flowers in the Garden
from Spring to Fall

September 19:
MG Composting
Demonstration

September 22:
Ask a MG Plant Clinic

September 29:
Ask a MG Plant Clinic

Click [here](#) to learn more.

Your Money, Your Goals

October 17, 2018, 9:00 AM - 4:00 PM
Prince George's County UME, Clinton, MD

Join professionals from all over the state of Maryland for our FREE "Your Money Your Goals" training. This Consumer Financial Protection Bureau program will provide tools and resources that you can use to help clients improve financial management.



Click [here](#) to learn more.

FREE Credit Freezes are Coming Soon!

Priscilla Graves, FCS Extension Educator

Looking for stronger ways to protect your credit? Thanks to a new federal law, soon you can get free credit freezes and year-long fraud alerts. Here's what to look forward to when the law takes effect on September 21, 2018.

Free credit freezes

- **What is it?** A credit freeze restricts access to your credit file, making it harder for identity thieves to open new accounts in your name. Usually you get a PIN to use each time you want to freeze and unfreeze your account to apply for new credit.
- **What's new?** Currently, credit freezes may involve fees, based on state law. Starting this fall, it will be free to freeze and unfreeze your credit file throughout the country.

Free child credit freezes

- **What is it?** A child credit freeze allows you to freeze a child's credit file until the child is old enough to use credit.
- **What's new?** Currently, some state laws allow you to freeze a child's credit file. Starting September 21st, no matter where you live, you'll be able to get a free credit freeze for children under age 16.



Year-long fraud alerts

- **What is it?** A fraud alert will tell any business that runs your credit that they should check with you before opening a new account.
- **What's new?** Currently, fraud alerts last 90 days. Starting this fall, an initial fraud alert will last for one year. It will still be free and identity theft victims can still get an extended fraud alert for seven years.

The new law has a long name - Economic Growth, Regulatory Relief, and Consumer Protection



Act - but the outcome is simple. When the law takes effect in September, [Equifax](#), [Experian](#) and [TransUnion](#) must each set up a webpage for requesting fraud alerts and credit freezes. The FTC will also post links to those webpages on [IdentityTheft.gov](#). And if you're in the military, there's more. Within a year, credit reporting agencies must offer free electronic credit monitoring to all active duty military.

Please contact Ms. Priscilla Graves, Extension Educator via email pgraves@umd.edu or call 301-868-9410 if you have any questions.



Do you have a plant question? Pests in your house? Not happy with your lawn? The University of Maryland Home and Garden Information Center can help. Visit their website: extension.umd.edu/hgic.

Rain Gardens: Slow it Down and Soak it In

A rain garden is a planted depression in the landscape that collects and allows rainwater runoff from hard surfaces to be absorbed. Rain gardens are planted with native plants, and include a soil media and mulch. Rain gardens typically are used to reduce residential rooftop runoff or impervious surfaces on residential property.



Click [here](#) for more information.

Source: extension.umd.edu/hgic

Become an Anne Arundel County Master Gardener

Interested in becoming a Master Gardener? Master Gardeners are a group of gardening enthusiasts who are passionate about gardening, education, and volunteering in their community. The curriculum is presented by University of Maryland Extension faculty and trained Master Gardeners.



Click [here](#) for more information.

Anne Arundel County 4-H ANNUAL COOKOUT & 4-H ACHIEVEMENT AWARDS

Friday, August 10, 2018

A.A. County Fairgrounds
Crownsville, MD

Upper Pavilion by the Fair Office



enter through the Crownsville Road Gate

6:00 p.m. - 8:00 p.m.

Rain date: Sunday, August 12th at 4:00 p.m.



The 4-H Foundation will provide all the meats, rolls, condiments, paper products, water, and a limited variety of sodas

Please bring a dish to pass - side dish, salad, dessert or snacks and drinks of your choice

Please RSVP with the number attending and dish you are bringing to <https://goo.gl/forms/bmKZ0Yw84sPvWeMP2A>

Cookout sponsored by the Anne Arundel County 4-H Foundation, Inc.

Agriculture & Natural Resources

Interested in agriculture? There are many agriculture resources available on our website.

Agriculture Newsletters

<http://extension.umd.edu/anne-arundel-county/agriculture/agnr-newsletters>

Agriculture Bulletins

<http://extension.umd.edu/anne-arundel-county/agriculture/agriculture-bulletins>

Agriculture Slide Series

<https://extension.umd.edu/anne-arundel-county/agriculture/agnr-slide-presentations>

Agriculture Calendar of Events

<https://extension.umd.edu/anne-arundel-county/agriculture/agriculture-calendar-events>

For more information, please contact [Dave Myers](#), Extension Educator, AGNR.

If you are interested in agriculture for YOUTH, please contact our office and speak with a member of the 4-H staff or email [Christa Stibolt](#). 4-H offers plant and animal science programs for youth ages 8-18. See the [4-H website](#) for more details.



Healthy Eating - PBJ Energy Smoothie

2 cups frozen strawberries or other frozen berries
3/4 cup low-fat vanilla yogurt
1/2 cup 100% apple or orange juice
1 Tablespoon honey
2 Tablespoons peanut butter, sunbutter, soy-nut butter, or almond butter

In a blender, combine all ingredients. Puree until smooth. Serve immediately.

Source: eatsmart.umd.edu



Will you be visiting the Anne Arundel County Fair this fall? Did you wonder what in the world 4-H is all about? Do you have children between 8 and 18 or know someone who does? If so, it's easy to learn more! Visit our [website](#) or email Amanda Wahle in the UMD Anne Arundel Extension Office at awahle@umd.edu. "4-H makes the best better!"

Did you know...

Anne County Department of Recreation and Parks offers activities specially designed for children and teens who have a disability and/or special needs.

Click [here](#) to learn more.



Anne Arundel County Extension

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<http://extension.umd.edu/anne-arundel-county>

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Agriculture & Natural Resources

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Nutrient Management

Kayla Griffith, Nutrient Management Advisor
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<http://extension.umd.edu/anne-arundel-county/agriculture/nutrient-management>



Master Gardener Program

Nancy Allred, Interim Master Gardener Coordinator
nallred@umd.edu or 410-222-3906
<http://extension.umd.edu/anne-arundel-county/master-gardener-program>



4-H Youth Development

Amanda Wahle, Agent
awahle@umd.edu or 410-222-3900



<http://extension.umd.edu/anne-arundel-county/4-h-youth-development>

Food Supplement Nutrition Education Program

LaTasha Coleman, Principal Agent Associate

lcolema4@umd.edu or 410-222-3903

<http://extension.umd.edu/anne-arundel-county/food-supplemental-nutrition-education-fsne>



Family and Consumer Sciences

Priscilla Graves, Agent

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<http://extension.umd.edu/anne-arundel-county/personal-finance>

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