



# Solutions in Your Community



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Starting

**March 13:**  
Field Crops & Pasture

## December 2017

We here at University of Maryland Extension wish to send you our very best wishes for a joyous and peaceful holiday season. We look forward to seeing you in the New Year at some of the many educational programs we have planned for 2018!

Karol Westelinck Dyson  
Capital Area Extension Director

## FSNE (SNAP-Ed) School Earned an Award for Wellness!

LaTasha Coleman, Principal Agent Associate  
Food Supplement Nutrition Education

On November 30, 2017 it was announced that Anne Arundel County Public School's (AACPS) Deputy Superintendent Monique Jackson, surprised 6 county school principals with the 2017 AACPS Wellness School of Distinction award. Ferndale Early Education Center, a two year FSNE (SNAP-Ed) partner, was included in that list of schools. For more information please see this AACPS news release:

<http://www.aacpsnews.org/pressr/?p=4019>.

FSNE has brought a number of Policy, System, and Environmental changes to the Ferndale EEC school community. FSNE has made a lasting impact on students by providing staff training, direct education, and nutrition education and gardening resources. Ferndale students are receiving FSNE nutrition education in their classroom and in the cafeteria. Ferndale EEC was one of the first schools in the state to become a Smarter Lunchroom site in FY17. Parents are receiving direct education during parent events and indirect education via parent newsletters and by participating in the FSNE Text4HealthyTots program. To learn more about FSNE initiatives and how they include the individual, their family and their community visit our website:

<https://extension.umd.edu/fsne/fsne-initiatives>.



**March 30:**  
Good Friday  
Office Closed

**April 6:**  
Online Nutrient  
Application Voucher  
Recertification

**April 13:**  
Online Private  
Pesticide Applicator  
Recertification

**May 28:**  
Memorial Day  
Office Closed

**July 4:**  
Independence Day  
Office Closed



## Annie's Project!

Annie's Project Farm Management courses for Women have been announced for 2018! Annie's Project is a discussion-based workshop bringing women together to learn from experts in production, financial management, human resources, marketing and the legal field. These classes provide a relaxed, fun, and dynamic way to learn, grow and meet other women in agriculture. The target audience is women with a passion for agriculture, business and understanding their involvement in farm operations.



**ANNIE'S PROJECT**  
EMPOWERING WOMEN IN AGRICULTURE

Annie's Project will be held at the following Maryland locations: Central Maryland in Westminster, Caroline County in Denton, **Southern Maryland in Upper**

**Marlboro** and Washington County in Boonsboro. Classes start in January.

Click [here](#) for more information.

### Eastern Shore Grain Marketing Workshop

January 18, 2018

8:00 AM - 11:30 AM

Chesapeake College, Wye Mills, MD

This breakfast meeting will include speakers on various topics in grain marketing. Come have breakfast and discuss this year's strategies for marketing your grain. Speakers include marketing specialists, traders and more. Topics include local and national grain outlook for 2016, tax considerations, crop insurance and the new Farm Bill. Contact [sdill@umd.edu](mailto:sdill@umd.edu) or call 410-822-1244 for more information. Cost: \$10 per person and includes breakfast and materials.

### Mid Atlantic Women in Agriculture Conference

February 9, 2018

Dover Downs Hotel & Casino, Dover, DE

Women across the region will be coming together to EDUCATE, ENGAGE, EMPOWER. February 9, 2018 will mark our 17th Annual Mid Atlantic Women In Agriculture Regional Conference. The conference goals are to provide an opportunity to come together to learn about current issues and topics so women can make informed decisions concerning their agribusinesses and family lives. Sessions will cover topics in the areas of marketing, finance, production, and legal issues.

Click [here](#) for more information.

**Have you Thought of Buying a Fresh, Locally-Grown Christmas Tree?**

The Maryland Department of Agriculture is encouraging residents to support Maryland farmers and buy fresh cut, locally-grown Christmas trees, rather than using artificial trees or those grown out of state. To showcase its support, the department is displaying a 27-foot Maryland-grown Norway Spruce Christmas tree at its headquarters in Annapolis.



Click [here](#) for more information.

## Chill Out at 4-H Residential Winter STEM Camp!



January 12-15, 2018 at  
Frederick County 4-H Camp



[Click here for more information.](#)

**Mark your calendars!**

### Seed Swap Saturday

January 27, 2018  
10:00 AM - 1:00 PM  
Odenton Regional Library

Come to the Annual Seed Swap at Odenton Regional Library - with or without seeds to share. There will be a short presentation and then the swapping begins. Everyone will go home with seeds. It's a fun morning to hear and share garden stories. Master Gardeners will be available to answer questions.



Click [here](#) to learn more.

### Private Pesticide Applicator Certification Training & Exam

If you have allowed your Private Pesticide Applicator Certification to expire or are a new applicant, you are invited to attend the Private Pesticide Applicator Certification Training and Examination.

It is a two-step process:

Step 1: Attend the Private Applicator Certification Training to be conducted at the Anne Arundel County Extension Office from 6:00 to 8:00 p.m. on January 9, 2018.

Step 2: Take the Private Pesticide Applicator Exam being given at the Anne Arundel Extension Office from 6:00 to 8:00 p.m. on January 23, 2018.





Did you visit the Anne Arundel County Fair this fall? Did you wonder what in the world **4-H** is all about? Do you have children between 8 and 18 or know someone who does? If so, it's easy to learn more! Visit our [website](#) or email Amanda Wahle in the UMD Anne Arundel Extension Office at [awahle@umd.edu](mailto:awahle@umd.edu). **"4-H makes the best better!"**

## Healthy Eating - Apple Cinnamon Granola Bars

1 cup flour  
1/4 teaspoon salt  
1/2 teaspoon baking soda  
1/2 teaspoon cinnamon  
1/2 cup brown sugar  
1 cup quick cooking or old fashion oats (uncooked)  
1/2 cup vegetable shortening, margarine or butter  
4 apples, washed (or 16 ounce jar of applesauce)



Preheat the oven to 350 degrees. Put the flour, salt, baking soda, cinnamon, brown sugar, and oats in the mixing bowl. Stir together. Add the shortening to the bowl. Use 2 table knives to mix the ingredients and cut them into crumbs. Lightly grease the bottom and sides of a 8" X 8" baking dish with a little bit of shortening. Spread half the crumb mixture in the greased baking dish. Remove the core from the apples and slice them. Put the apple slices into the baking dish (or if using apple sauce, spread it over the crumb mixture.) Top the apples (or applesauce) with the rest of the crumb mixture. Bake in the oven for 40 - 45 minutes. Cut into 24 equal squares when cool. Wrap individual bars in plastic wrap.



Do you have a plant question? Pests in your house? Not happy with your lawn? The **University of Maryland Home and Garden Information Center** can help. Visit their website: [extension.umd.edu/hgic](http://extension.umd.edu/hgic).

## Agriculture & Natural Resources

Interested in agriculture? There are many agriculture resources available on our website.

Agriculture Newsletters

<http://extension.umd.edu/anne-arundel-county/agriculture/agnr-newsletters>

Agriculture Bulletins

<http://extension.umd.edu/anne-arundel-county/agriculture/agriculture-bulletins>

Agriculture Web Modules

<http://extension.umd.edu/anne-arundel-county/agriculture/web-module>

Agriculture Calendar of Events

<https://extension.umd.edu/anne-arundel-county/agriculture/agriculture-calendar-events>

For more information, please contact [Dave Myers](#), Extension Educator, AGNR.

If you are interested in agriculture for YOUTH, please contact our office and speak with a



member of the 4-H staff or email [Christa Stibolt](mailto:Christa.Stibolt). 4-H offers plant and animal science programs for youth ages 8-18. See the [4-H website](#) for more details.

## Did you know...

Anne Arundel County, in conjunction with the City of Annapolis, has an Emergency Mass Notification System capable of contacting residents and businesses quickly in case of an emergency. Click [here](#) to learn more.



### Anne Arundel County Extension

97 Dairy Lane  
Gambrills, MD 21054  
410-222-3900

<http://extension.umd.edu/anne-arundel-county>

### Area Extension Director

Karl Dyson, AED  
[kdyson1@umd.edu](mailto:kdyson1@umd.edu) or 410-222-3900  
<http://extension.umd.edu/anne-arundel-county>

### Agriculture & Natural Resources

Dave Myers, Principal Agent  
[myersrd@umd.edu](mailto:myersrd@umd.edu) or 410-222-3906  
<http://extension.umd.edu/anne-arundel-county/agriculture-natural-resources>



### Nutrient Management

Emileigh Lucas, Nutrient Management Advisor  
[erosso@umd.edu](mailto:erosso@umd.edu) or 410-222-3906  
<http://extension.umd.edu/anne-arundel-county/agriculture/nutrient-management>



### Master Gardener Program

Mike Ensor, Master Gardener Coordinator  
[mentor@umd.edu](mailto:mentor@umd.edu) or 410-222-3906  
<http://extension.umd.edu/anne-arundel-county/master-gardener-program>



### 4-H Youth Development

Amanda Wahle, Agent  
[awahle@umd.edu](mailto:awahle@umd.edu) or 410-222-3900  
<http://extension.umd.edu/anne-arundel-county/4-h-youth-development>



### Finance Education

Vanessa Bright, Agent  
[vbright@umd.edu](mailto:vbright@umd.edu) or 410-222-3903  
<http://extension.umd.edu/anne-arundel-county/family-consumer-sciences>



### Food Supplement Nutrient Education Program

LaTasha Coleman, Agent Associate  
[lcolema4@umd.edu](mailto:lcolema4@umd.edu) or 410-222-3903  
<http://extension.umd.edu/anne-arundel-county/food-supplemental-nutrition-education-fsne>

