Tagging for market beef is scheduled for November 22 from 8:00 to 10:00 a.m. at Cessna’s Farm. Breeding beef may also be tagged that day. Registration forms, including County Bred and Bred & Owned forms for market beef are due to our office by Monday, December 1. You may find the livestock registration form and other Allegany County 4-H/FFA livestock information here: http://www.extension.umd.edu/allegany-county/4-h-youth

If you have any questions, email lashby@umd.edu.

ITEMS DUE TO 4-H OFFICE FEBRUARY 1

The following are due to our office by February 1, 2015:

★ 4-H Record Books and Project Records for 2014
★ 4-H Enrollment forms (members and volunteers)
★ Club Secretary Book which includes Public Relations Effort by Clubs Form AA-4H/HE4.
★ Charter forms
★ 2015 Planning Calendar
★ 2015 Club Officer list
★ Shooting Sports Inventory

990-N (e-Postcard) must be filed by November 15, 2014. (Reporting July 1, 2013 to June 30, 2014) You can do so online at: http://epostcard.form990.org. Whether successful or not in filing, 4-H clubs/groups need to save evidence of their success or failure and submit a copy to the 4-H office with their treasurer’s books. Print a copy and keep this in a safe place with the treasurer’s book. Do not worry if your filing fails. There are many reasons that this may happen, but be sure that you have that proof that you attempted to file. Any questions or issues need to be brought to the Allegany County UME Office. Do not contact National 4-H or IRS.
Please Read Carefully

Record Books, Awards, and Fair Eligibility:

♦ To receive a ribbon and certificate/seal: members must complete a record book with at least one completed project record inside.
♦ To receive project pins, projects must be complete and inside a complete record book.
♦ To meet fair eligibility to show livestock, members must complete a project record on each project exhibited at the 2014 fair to show at the 2015 fair. Records must be submitted in a folder with your name and primary club printed on the front.

For a Record Book Guide which gives the order of the record book and what not to put in your record book, email jparrish@umd.edu or visit: https://www.extension.umd.edu/allegany-county/4-h-youth/4-h-forms

Summary Record:
♦ Complete only one Summary Record for your current year in 4-H.
♦ Be sure to sign where indicated as 4-H Member.
♦ Your primary Club Leader needs to sign the summary record after reviewing the completeness and accuracy of the information included.

Project Records:
♦ Each project must go on a separate project record. (Please be sure to use the correct project form such as livestock forms for livestock projects.)
♦ To be classified as complete, each project record must be filled out completely: personal information, goals, communications/exhibits (2 are required), learning experiences (4 are required), financial records, life skills, and reflection.
♦ Records must be signed by the member and the primary club leader after reviewing for completeness and accuracy.
♦ If you choose to use plastic page covers, please do not use them for pages requiring signatures.

Most recent forms are available at the Extension Office or at: http://www.extension.umd.edu/allegany-county/4-h-youth/4-h-forms

Livestock information and forms are available at: http://extension.umd.edu/allegany-county-4-h-livestock-forms

Don’t forget to “like” Allegany County 4-H on facebook to receive the latest news and updates.

The Allegany County Ag Expo and the Allegany County Fairgrounds also have a facebook page, so add them to your “like” list as well.
**NATIONAL 4-H CONGRESS/WEST VIRGINIA CONFERENCE, VIRGINIA CONFERENCE, AND CAMP MINIWANCA**


*Lacie can help you prepare these if you have questions or need assistance.*

- Complete Essay – Essay topic: *Surely there are some times when you did not accomplish what you would have like to. How have these experiences (in which you were not your best) made you a better person?* No more than two pages, double spaced, no less than 1 inch margins, no less than 12 pt font, times new roman font type only
- Complete 4-H Resume – No more than three pages, single spaced, no less than 1 inch margins, no less than 12 pt, Times News Roman font type only; focus on categories of leadership, citizenship, and life skills (examples found at [http://www.extension.umd.edu/sites/default/files/docs/programs/4-H/awards/The4-HResume.pdf](http://www.extension.umd.edu/sites/default/files/docs/programs/4-H/awards/The4-HResume.pdf))
- Complete Interview – interviews dates are on the application form, depending on the trip.

**SANTA LETTERS**

Allegany County 4-H is once again providing “letters from Santa” for **$2.00 each** as a fundraiser for the annual Achievement Night Dinner.

Send $2.00 with the following information for each letter:

- Person’s Name
- Address
- Age
- Boy or Girl

*Include your phone/email in case we need to contact you. Mail to or drop off requests in our mail box at:

Allegany County 4-H  
One Commerce Drive  
Cumberland, MD 21502

All requests must be submitted to the office by December 8.

**NEW VOLUNTEER TRAINING**

All adults interested in volunteering for 4-H are required to complete University of Maryland Extension (UME) Volunteer training. The next face-to-face training for new volunteers is scheduled for **November 10, 6:00 p.m.** at the Allegany County Fairgrounds.

Light refreshments will be provided.

Training is also available online **November 11 and December 11, 6:30 to 8:30 p.m.** Participants will need access to a computer with internet connection as well as a telephone.

To register for any of the trainings, please email jparrish@umd.edu or call our office at 301-724-3320.

---

INTERNATIONAL 4-H VOLUNTEERS  
Make a World of Difference
Information for you and your 4-H families on travel opportunities for summer 2015:
https://extension.umd.edu/4-h/4-h-program-areas/travel

Outbound Application and Due Dates (Application and Deposit by December 10, 2014)
- Japan (4 week and 8 week homestay programs)
- Finland (3 week homestay with 1 additional week at International Nordic Camp)
- Costa Rica (4 week homestay)

Just in time for the 2015 Summer Japanese Inbound Program!! We will be seeking 11 additional families to house Japanese students! Remember, for just 1 family to say yes we need to reach 1,000 families!

https://extension.umd.edu/sites/default/files/_docs/programs/4-H/International-Programs/MD_HF_Recruitment_Poster.pdf during the trip (Also look for their articles in the Maryland 4-H In Action). http://md4hinternationalprograms.blogspot.com/

BE A 4-H REPORTER

The Maryland 4-H in Action supplement to the Delmarva Farmer is back for 2014! This is an opportunity for 4-Hers to showcase Maryland 4-H through their own eyes. The supplement will be written, edited and designed by 4-H youth interested in media and writing under the guidance of Maryland 4-H and Delmarva Farmer staff members. A share of the advertising sales will go toward the Maryland 4-H Foundation, which aids youth in attending national conferences and program trips.

Interested? Contact Amanda Clougherty at akbrown@umd.edu or 301-314-7835.
The signing of the Smith-Lever Act (link is external) by Congress in 1914 officially created the national Cooperative Extension Service, a state-by-state network of educators who extend university-based knowledge directly to the people. To celebrate the 100th anniversary of this significant milestone in our nation’s history and its impact on our state specifically, Allegany County UME recently held an anniversary celebration at the Allegany County Fairgrounds.

A special thank you to the ASTAR robotics club for assisting with the event.
**November:**
- Children of all ages are invited to join the South Cumberland Library Lego Club on Wednesday, November 5 at 6:00pm in the South Cumberland Library Community Room. Bring a camera to take pictures of your creations because the Legos have to stay at the library!
- The George’s Creek Library Arts Connection program will meet in the George’s Creek Library Community Room on Thursday, November 6 at 6:00 pm. This program is free and open to children ages 6 - 17. It offers hand’s on instruction in the visual arts with local artist Julie Shillingburg. Contact the George’s Creek Library at 301-463-2629 for details.

**December:**
- Children of all ages are invited to join the South Cumberland Library Lego Club on Wednesday, December 3 at 6:00pm in the South Cumberland Library Community Room. Bring a camera to take pictures of your creations because the Legos have to stay at the library!
- The George’s Creek Library Arts Connection program will meet in the George’s Creek Library Community Room on Thursday, December 11 at 6:00 pm. This program is free and open to children ages 6 - 17. It offers hand’s on instruction in the visual arts with local artist Julie Shillingburg. Contact the George’s Creek Library at 301-463-2629 for details.

---

**November 24** - The Frostburg Center for Creative Writing is excited to present the 3rd Annual Thanksgiving Food Drive Reading. The event will be at the Center for Creative Writing located at 20 East Main Street in Downtown Frostburg starting at 7:30PM. For more information about the event, call 301-687-4340 or email cwcenter@frostburg.edu.

**November 28** - The Allegany Museum will be holding a Holiday Open House from 7:30 – 9:00PM in the Grand Court Room. The Downtown Tree Lighting will be held along with Special Holiday Exhibits & Decorations. There will also be entertainment and refreshments!

**December 5** - Open house at the Frostburg Museum located on Hill and Oak Street, 5 to 8PM. There will be music, lots of Christmas/Historic items to view and light refreshments. Admission is free to the public. For more information contact the Frostburg Museum at 301-689-1195.

**December 5** - Frostburg will be holding its City Tree Lighting Celebration. Come warm yourself with a cup of hot chocolate and have some delicious cookies. You can gather around an open fire pit and talk with old friends. There will be caroling at the City Tree Lighting. It will be held at St. Michael School Courtyard Main Street. The trolley will be available to transport people from Main Street to the Museum and to all points in-between. Celebrate with us the old fashion way! The event will be from 5:30PM-8PM. For more information call 301-689-6900 or email FrostburgFirst@gmail.com.

**December 11** - The 11th Annual Storybook Holiday will be held this Saturday. Come enjoy the day in the magical world of Frostburg. Bundle up and celebrate the holiday season! Start your day off with a Breakfast with the Elves, watch a magical parade, cheer on your favorite elves during Elf Olympics, be the judge of the Cookie Contest and enjoy a full day of in-store activities and restaurant specials. Then sit back with friends & family and enjoy a classic holiday movie at the Palace Theatre. The event will be from 8AM-5PM. For more information contact Barbara Ornstein at 301-687-4254.

**December 31** - The Allegany Museum will be holding a New Year’s Eve Open House from 9:00 – 11:30PM in the Grand Court Room. Entertainment and refreshments! The Ball Drop with be held at the Town Center at 12:00 Midnight.
CRAFT CORNER

SNOWMAN CRAFT JAR

You will need:
- Peanut butter jar
- Cotton balls
- Black and orange craft foam
- Child’s sock
- Piece of felt (any color)
- Glue & Scissors
- 2 googly eyes
- Pom Pom (any color)

Instructions:
1. Fill the peanut butter jar with cotton balls. Try to squish them into the jar tightly. Put the lid on the jar.
2. Glue on two googly eyes.
3. Cut a small orange triangle out of craft foam and glue it under the eyes as a nose.
4. Cut some small circles out of black craft foam and glue them into a smile on your snowman.
5. Cut a piece of felt that is able to wrap around the jar. Glue it into place towards the bottom of the jar.
6. Roll the bottom of the sock up and fit it over the lid of the jar as a hat. Glue pom pom on end of sock.

http://www.allkidsnetwork.com

SNOW SWABS

You will need:
- Cardboard and plastic wrap for work surface
- 18 cotton swabs
- Tacky glue
- Glitter
- White or clear string

Instructions:
1. To make some, first create a work surface by covering a large piece of cardboard with plastic wrap.
2. For each snowflake, arrange 18 cotton swabs as shown. Squeeze a small amount of tacky glue where the ends of the swabs meet.
3. Sprinkle glitter onto the glue and let the snowflakes dry overnight.
4. Carefully peel each flake from the plastic. Collect and return the excess glitter to its container. Hang up your snowflakes with string.

http://spoonful.com
Holiday Food Safety Tips

- **Wash hands** with warm water and soap for 20 seconds before and after handling any food.

- **Wash** food-contact surfaces (cutting boards, dishes, utensils, countertops) with hot, soapy water after preparing each food item.

- **Do not rinse** raw meat and poultry before cooking in order to avoid spreading bacteria to areas around the sink and countertops.

- Consider using one cutting board only for foods that will be **cooked** (such as raw meat, poultry, and seafood) and another one for those that will not (such as raw fruits and vegetables).

- **Do not** put cooked meat or other food that is ready to eat on an unwashed plate that has held any raw eggs, meat, poultry, seafood, or their juices.

- **Use a food thermometer** to make sure meat, poultry, and fish are cooked to a safe internal temperature. To check a turkey for safety, insert a food thermometer into the innermost part of the thigh and wing and the thickest part of the breast. The turkey is safe when the temperature reaches 165°F. If the turkey is stuffed, the temperature of the stuffing should be 165°F.

- **Cook eggs** until the yolk and white are firm. When making your own eggnog or other recipe calling for raw eggs, use pasteurized shell eggs, liquid or frozen pasteurized egg products, or powdered egg whites.

- **Refrigerate** leftovers and takeout foods—and any type of food that should be refrigerated, including pie—within two hours.

- **Thaw frozen food safely** in the refrigerator, under cold running water, or in the microwave—never at room temperature. Cook food thawed in cold water or in the microwave immediately.

- Don’t taste food that looks or smells questionable. *When in doubt, throw it out.*

- **Leftovers** should be **used within three to four days**, unless frozen.

*KEEP YOUR FAMILY SAFER FROM FOOD POISONING*

Check your steps at FoodSafety.gov
# 2014 4-H Calendar

## January
- **1** — UME Office Closed
- **10** — Resumes for national trips due to LaCie.
- **15** — Resumes for national trips to State 4-H Office.
- **17 to 19** — World Horse Expo
- **20** — UME Office Closed
- **28** — Animal Science Volunteer webinar series, *State Animal Science Program Updates*, 7:00 p.m.
- **TBA** — County Livestock Skillathon Contest

## February
- **1** — Due to 4-H Office: Record Books & Project Records, Enrollment Forms, Secretary Books
- **4, 11, 18 & 25** — Livestock Skillathon Practice, 6:30 p.m.
- **17** — 4-H Day in Annapolis
- **25** — Animal Science volunteer webinar series, *Clovers in 4-H Animal Projects*, 7:00 p.m.

## March
- **4** — Officer Training, 6:30 p.m.
- **7** — Public Speaking Contest, 6:30 p.m.
- **8** — State Livestock Skillathon
- **25** — Animal Science volunteer webinar series, *Liabilities Surrounding Animal Projects & Events*, 7:00 p.m.

## April
- **5 to 10** — National 4-H Conference
- **18** — Easter Egg Hunt, UME Closed
- **26** — Spring livestock tagging, 8 a.m. to 12 p.m.
- **26** — Maryland Day, State Public Speaking
- **27** — Achievement Dinner, 3:00 p.m.
- **29** — New UME Volunteer Training, 6:00 p.m.
- **29** — Animal Science volunteer webinar series, *Club Activities to Support Animal Projects*, 7:00 p.m.
- **30** — County 4-H Scholarships Due

## May
- **1** — All Livestock Registrations, County Bred Entry Cards, Bred & Owned Entry Cards, Horse, Chicken, Rabbit Registrations, Breeding/Performance Leases—for all animals exhibiting at fair—both breeding and market!
- **3** — State 4-H Wildlife Habitat Education Contest
- **3 to 4** — MD Sheep & Wool Festival
- **17** — 4-H/FFA District Livestock Show, Garrett Co.
- **26** — Memorial Day, UME Closed
- **27** — Animal Science volunteer webinar series, *Volunteer Roles in Clubs*, 7:00 p.m.

## June
- **24** — Record Book workshop, 6:30 p.m.
- **28 to 30** — Horse Jamboree and Horse Communications Contest
- **29 to July 3** — 4-H Camp Algawa

## July
- **4** — UME Closed
- **8** — Fair set up & picnic
- **12 to 19** — Allegany County Fair
- **16** — 4-H Presents at Fair
- **19** — 4-H/FFA Livestock Sale at Fair
- **31** — State Fair entries due

## August
- **20 to Sept. 1** — Maryland State Fair
- **23** — State Engineering Contests at State Fair
- **30** — State Judging Contests at State Fair

## September
- **Enrollment for new 4-H year begins.**
- **1** — Labor Day, UME Office Closed
- **2** — Treasurer's Books with your Annual Financial Report and Club Inventory Report for July 1, 2013 to June 30, 2014 are due to this office by September 1, 2014.

## October
- **5 to 11** — National 4-H Week
- **5 to 11** — TSC paper clover sales
- **10** — National Trip applications to LaCie.
- **28** — Record Book Workshop

## November
- **4** — Election Day, UME Office closed
- **10** — New Volunteer Training
- **11** — Veterans’ Day, UME Office closed
- **20 to 23** — Northeast Region 4-H Volunteer Forum, College Park, MD
- **22** — County steer tagging, 8-10 a.m.
- **27 to 28** — UME Office closed for Thanksgiving

## December
- **1** — Market Steer registrations, County Bred Entry Cards, Bred & Owned Entry Cards due to 4-H Office.
- **25 to Jan. 1** — UME Office Closed for winter break

---

*Dates and Times Subject to Change*
4-H Faculty/Staff

Lacie Ashby
Extension Educator
lashby@umd.edu

Jody Parrish
Administrative Assistant
jparrish@umd.edu

One Commerce Drive
Cumberland, MD 21502
301-724-3320

http://extension.umd.edu/allegany-county/4-h-youth

Don’t forget to “like” Allegany County 4-H on facebook to receive the latest news and updates.

To receive your newsletter by email, send a note to: jparrish@umd.edu