



January 2025

**SMART CHOICE – SMART USE SCHOLARSHIP  
2024**

**Peer-Reviewed Journal Articles**

**Submitted**

Sorenson, C, McCoy, L., Ketterman, J. & Nuckols, D. (2024). *Diabetics' Self-Reported Challenges in Understanding and Using Their Health Insurance*. (Rejected, Resubmit in March to NEAFCS)

**Accepted**

**Published**

Bartholomae, S., Pippidis, M. (2024). Health and Wealth Connections: Implications for Extension Professionals. *Journal of the National Extension Association of Family and Consumer Sciences*. (19)57-69.

Nuckols, D. (2024). Hypertension Screening in Dental Settings and the Need to Address Dental Insurance Literacy. *The Journal of Extension*, 62(4), Article 11.  
<https://doi.org/10.34068/joe.62.04.11>

Nuckols, D., & Sorenson, C. (2024). When a Health Insurance Provider says “No”: A Health Insurance Claim Navigation Tool. *The Journal of Extension*, 61(4), Article 16.  
<https://doi.org/10.34068/joe.61.04.16>

**Refereed Extension Publications**

Brown, V., Pippidis, M., Nuckols, D., & Sipple, K., (Aug. 2015, updated Oct. 2024). *Saving for Health & Medical Expenses: Health Flexible Spending Accounts and Health Savings Accounts* (FS-1019), University of Maryland Extension. [go.umd.edu/FS-1019](http://go.umd.edu/FS-1019)

Brown, V., Ketterman, J., & Cooke, S., (2015, updated September (2024)). *How do I Choose a Primary Care Provider? Ask the Right Questions* (FS-1022). University of Maryland Extension. [go.umd.edu/FS-1022](http://go.umd.edu/FS-1022)

Ketterman, J., Goeringer, P., Pippidis, M., & Bruce, N. (2024). Health Care Insurance Options for Farm Business Operations (FS-2024-0706). College Park, MD. University of Maryland Extension. Available at <https://extension.umd.edu/programs/family-consumer-sciences/health-insurance-literacy/farmers/>.

Ketterman, J., & Lurtz, M. (2019, Updated 2024). *Paying for Healthcare or DayCare? Flexible Spending Accounts Can Help!* (FS-1083). College Park, MD. University of Maryland Extension. Available at <https://extension.umd.edu/resource/paying-healthcare-or-daycare-flexible-spending-accounts-ca>

Russell, M., Brown, V., Braun, B., Pippidis, M., Sorenson, C., Matava, L. (June 2015, updated October 2024). *Health Insurance Protects and Provides for You and Your Family* (EBR-41). University of Maryland Extension. <https://go.umd.edu/EBR-41>

Sorenson, C., & Matava, L., (2024). *Saving Money on Prescription Drugs* (FS-2024-0712). University of Maryland Extension. [go.umd.edu/FS-2024-0712](https://go.umd.edu/FS-2024-0712)

### **Non-Peer Reviewed and Invited Publications**

**Curricula/Programs** (original work, adapted work)

**Proposals Submitted** (add notation if/when proposal accepted)

### **Peer-Reviewed Presentations**

Sorenson, C. & Ketterman, J. (2024). *Health Insurance Issues in Mental Health Care*. Maryland Community Action Partnership, 2024 Annual Human Services Conference, Ocean City, MD.

Ketterman, J., Sorenson, C., & Nuckols, D. (2024). *What? My broken arm cost how much?* Joint Council of Extension Professionals 2024 Extension Leadership Conference, Tampa, FL. (Accepted)

Ketterman, J., Pippidis, M., Goeringer, P., & Bruce, N. (2024). *Hiring and Retaining Farm Employees - Creating an Employee Handbook*. 2024 Extension Risk Management Education National Conference, Salt Lake City, UT.

Patel, D., Habibi, M., Terhune, C., Henley, S., Sorenson, C., Chan, A., Ketterman, J., & Jackey, B. (2024) *An Interdisciplinary Extension Program: Address Health Needs of Alzheimer's and Related Dementia Caregivers*. NEAFCS 2024 Annual Session.

Sorenson, C., Ketterman, J., Nuckols, D., Sipple, K., Matava, L., McCoy, L., Cooke, S. (2024). *A Successful Team-Based Approach to Extension Education*. NEAFCS 2024 Annual Session

### **Peer-Reviewed Posters**

Sorenson, C., Ketterman, J., & Terhune, C. (2024). *Financial Education for Dementia Caregivers*. Association for Financial Counseling and Planning Education Annual Research & Training Symposium, Columbus, OH.

### **Invited Presentations**

Sorenson, C., Ketterman, J., & Mathuuri, P. (2024). *Understanding Health Insurance Literacy*. DC Health Link Assistor Training. Invited by India Anderson, DC Health Benefit Exchange Authority. (55 Participants)

### **Invited Reviewed Presentations**

### **Referred Conference Proceedings**

### **Teaching (Certified Educators, Other Educators and Consumers)**

#### **Certified Educators -**

#### **Professional Development of Community Partners**

#### **Consumer Workshops**

Sorenson, C. (December, 2024). Smart Use, Smart Actions for Diabetics. Cheryl Bush's Dining with Diabetes group. Grasonville Community Center. (8 Participants)

Chan, A. (October, 2024). Smart Use, Smart Actions for Mental Health. Pyramid Healthcare, Joppatown, MD. (57 Participants)

Sorenson, C. (October, 2024). Smart Use - Resolving Conflicts. MS Support Group - Carroll Hospital. Westminster, MD. (11 Participants)

Ketterman, J. (April, 2024). Smart Use, Smart Actions. Salem Elementary School. Hagerstown, MD. (14 Participants)

Matava, L. & Sipple, K. (March, 2024). Smart Choice Smart Use: Healthcare in your Senior Years. Farm Succession Workshop, Snow Hill, MD. (9 Participants)

Sorenson, C. (March, 2024). Smart Use - Resolving Conflicts. Harford County Department of Social Services. Havre De Grace, MD. (9 Participants).

Sorenson, C. (March, 2024). Smart Use - Resolving Conflicts. Acts Retirement Living Center - Parkinson's Support Group. Sykesville, MD. (9 Participants).

Sorenson, C. (February, 2024). Smart Choice, Health Insurance Basics. Johns Hopkins University Clark Scholars Program. (12 Participants).

Sorenson, C. & Ketterman, J. (January, 2024). Health Insurance Options for Farmers and Small Businesses. University of Maryland Extension, Washington County Extension Office. (2 Participants)

Ketterman, J. (January, 2024). Health Insurance Options for Farmers and Small Businesses. University of Delaware Cooperative Extension, Georgetown Office. (4 Participants)

Matava, L, Cooke, S. (October,2024) *Smart Use Health Insurance Basics*, Tidal Health Open

Enrollment period (2 participants)

Matava, L., Cooke S., (October 2024) *Smart Choice Smart Actions*, Tidal Health Open Enroll period (1 participant)

Matava, L., Sipple K., (October 2024) *Smart Choice Your Health Benefits*, Tidal Health Open Enroll period (1 participant)

Matava, L., Cooke S., (November 2024) *Smart Choice Understanding and Estimating Health Care Costs*, Tidal Health Open Enroll period (1 participant)

### **Webinar Programs**

Ketterman, J. (November, 2024). Smart Use, Smart Actions. Work Experience Program. (3 Participants)

Ketterman, J. (November, 2024). Smart Use, Smart Actions for Mental Health. Chesapeake College. (5 Participants)

Ketterman, J. (October, 2024). Smart Choice Basics. Work Experience Program. (1 Participant)

Ketterman, J. (June, 2024). Smart Use, Smart Actions for Mental Health. Work Experience Program. (6 Participants)

Cooke, S. & Ketterman, J. (October 2024). Health Insurance Literacy. Fall Series. (1 Participant)

Chan, A. (August, 2024). Smart Use, Smart Actions for Mental Health. Garrett County Reflection House. (8 Participants)

Chan, A. (July, 2024). Smart Use, Smart Actions for Mental Health. ROPTA. (3 Participants)

Sorenson, C. (June, 2024). Smart Use, Smart Actions. AHEC Eastern Shore. Webinar. (7 Participants)

Sorenson, C. (June 2024). Smart Use, Smart Actions for Diabetics. Cheryl Bush's Dining with Diabetes group. Presented via webinar. (9 Participants)

Ketterman, J. (May, 2024). Smart Use: Understanding and Estimating Health Care Costs. Work Experience Program (11 participants)

Nuckols, D., Sipple, K., & Ketterman, J. (May, 2024). Basics for College Students. Webinar. (1 participant)

Sorenson, C. (April, 2024). Understanding and Estimating Costs. Bay Atlantic University Webinar (10 Participants)

Ketterman, J. & Pippidis, M. (April, 2024). Smart Choice Smart Use: Health Insurance Options for Farmers and Small Businesses. Hiring and Retaining Farm Employees Webinar Series. (3

Participants).

Ketterman, J. (April, 2024). Smart Use: Smart Actions. Work Experience Program. (7 Participants)

Ketterman, J. (March, 2024). Smart Use: Understanding and Estimating Health Care Costs. Work Experience Program. (3 participants)

Ketterman, J. (January, 2024). *Smart Use Smart Actions*. Work Experience Program. (6 participants)

### **Awards**

College of Agriculture and Natural Resources' Cornerstone Award - One Health Strategic Initiative. Alzheimer's Disease and Related Dementias Caregivers Program.

Sorenson, C., Chan, A., Patel, D., Habibi, M., Jackey, B., Ketterman, J., Terhune, C., & Henley, S. (2024). Alzheimer's Disease and Related Dementia Caregiver Program, Distinguished Team Award, Northeast Region, Epsilon Sigma Phi.

Patel, D., Chan, A., Sorenson, C., Habibi, M., Terhune, C., Henley, S., Jackey, B., & Ketterman, J. (2024). *Alzheimer's Caregiver Education*, Human Development/Family Relationships 3rd Place National, National Extension Association of Family and Consumer Sciences.

Patel, D., Chan, A., Sorenson, C., Habibi, M., Terhune, C., Henley, S., Jackey, B., & Ketterman, J. (2024). *Alzheimer's Caregiver Education*, Human Development/Family Relationships, 2nd Place Eastern Region, National Extension Association of Family and Consumer Sciences.

Patel, D., Chan, A., Sorenson, C., Habibi, M., Terhune, C., Henley, S., Jackey, B., & Ketterman, J. (2024). AGNR Cornerstone Award for Improve Human, Animal, and Environmental Health. University of Maryland.

### **Applied Research**

#### **Grants**

Paul's Grant

#### **Poster Presentations**

Sorenson, C., Ketterman, J., & Terhune, C. (2024) Financial Education for Dementia Caregivers. AFCPE Annual Session.