



January 2024

SMART CHOICE – SMART USE SCHOLARSHIP 2023

Peer-Reviewed Journal Articles

Nuckols, D. (in press). *Hypertension Screening in Dental Settings and the Need to Address Dental Insurance Literacy*. Journal of Extension.

Nuckols, D., & Sorenson, C. (in press). *When a Health Insurance Provider says “No”: A Health Insurance Claim Navigation Tool*. Journal of Extension.

Refereed Extension Publications

Douglas, A., Sorenson, C., & Henley, S. (2023). *Does Your Health Insurance Plan Cover Nutrition Counseling?* FS-2023-0677. University of Maryland Extension. Available at <https://extension.umd.edu/resource/does-your-health-insurance-plan-cover-nutrition-counseling-fs-2023-0677>.

Sorenson, C. (2023). *Is Pet Insurance Right for Me?* (FS-2023-0678). University of Maryland Extension. go.umd.edu/FS-2023-0678.

Curricula Developed

Sorenson, C., Ketterman, J., Nuckols, D., McCoy, L., & Pippidis, M. (2023). *Smart Use: Smart Actions for People with Diabetes*.

Peer-Reviewed Presentations

Ketterman, J., Sorenson, C., Nuckols, D., & McCoy, L. (2023). *Using Case Studies to Engage Audience Participation*. 2023 Family Economics and Resource Management Association Virtual Conference.

Nuckols, D., Ketterman, J., Sorenson, C., & McCoy, L. (2023). *Protecting Health and Financial Well-Being in the Agricultural Community: Managing and Resolving Health Insurance Disputes*. 2023 Extension Risk Management Education National Conference, Chicago, IL.

Sorenson, C., McCoy, L., Ketterman, J., & Nuckols, D. (2023) *The Importance of Health Insurance Literacy for People with Diabetes*. National Extension Association of Family & Consumer Sciences Annual Session.

Invited Presentations

Ketterman, J. (2023). *Smart Use Health Insurance™, Smart Actions*, DC Health Link SIP Training.

Teaching (Certified Educators, Other Educators and Consumers)

The HILI team continues to offer webinars both in person and virtually reaching consumers from multiple states. In total there were 37 modules reaching 380 participants. Information about the educational modules we provide is available at <https://extension.umd.edu/insure>.

Certified Educators -

Ketterman, J., Galeano, J., Braun, B., Brown, V., Little, L., McCoy, L, Nuckols, D., Pippidis, M., & Sorenson, C. (2020). *Smart Choice - Smart Use Health Insurance™ Certified Educator Training Course*, eXtension Campus. (9 Completed /13 Started)

Ketterman, J., Nuckols, D., & Sorenson, C. (2023). *Smart Choice - Smart Use Health Insurance™ Certified Educator Training*, DC Health Connect - HealthCare4Childcare. 9 educators certified on 4 modules.

Sorenson, C., Ketterman, J., & Nuckols, D. (2023). *Smart Choice - Smart Use Health Insurance™ Certified Educator Training*, Penn State Extension educators. 12 educators certified on 5 modules.

Professional Development of Community Partners

Ketterman, J., & Sorenson, C. (2023). *DC Health Care Assister Training*. DC Health.

Ketterman, J., & Sorenson, C. (2023). *Smart Use Health Insurance™, Basics, Smart Use Health Insurance™, Smart Actions*. Health Care 4 Child Care in Partnership with DC Health.

Sorenson, C. & Ketterman, J. (2023). *Smart Use Health Insurance™, Your Health Insurance Benefits, Smart Use Health Insurance™, Understanding and Estimating Health Care Costs*. Health Care 4 Child Care in Partnership with DC Health.

Consumer Workshops

Sipple, K. (November, 2023). *Smart Choice Health Insurance™ Basics*. State of Delaware.

Sorenson, C. & Ketterman, J. (October, 2023). *Smart Use Health Insurance™, Smart Actions*. Bay Atlantic University, Washington, DC.

Sorenson, C. (September, 2023). *Smart Use Health Insurance™, Managing Health Insurance and Resolving Conflicts*. Enterprise Residential Housing Carroll County.

Sorenson, C. (July, 2023). *Smart Use Health Insurance™, Health Insurance and Diabetes*. Diabetes Support Group, Carroll County Hospital.

Sorenson, C. (June, 2023). *Smart Choice / Smart Use Health Insurance™, Health Insurance in Your Senior Years*. Alzheimer's Disease and Related Dementias Caregiver Education Program, Frederick County Extension Office.

Sorenson, C. (June, 2023). *Smart Choice / Smart Use Health Insurance™, Health Insurance in Your Senior Years*. Alzheimer's Disease and Related Dementias Caregiver Education Program, MAC Center, Salisbury.

Ketterman, J. (May, 2023). *Smart Choice / Smart Use Health Insurance™, Health Insurance in Your Senior Years*. Alzheimer's Disease and Related Dementias Caregiver Education Program, Kent County Family YMCA.

Ketterman, J. (March, 2023). *Smart Choice / Smart Use™, Health Insurance in Your Senior Years*. St. Paul's Methodist Church, Oakland, MD.

Sorenson, C. (March, 2023). *Smart Choice Health Insurance™, Basics*. Johns Hopkins University. Baltimore, MD.

Webinar Programs

Ketterman, J. (November, 2023). *Smart Use Health Insurance™, Smart Actions*. Work Experience Program.

Ketterman, J., Matava, L., Sipple, K., & Cooke, S. (November, 2023). *Smart Choice Health Insurance™, Health Insurance in Your Senior Years*. Fall Virtual Series.

McCoy, L., Cooke, S., & Sipple, K. (October, 2023). *Smart Choice Health Insurance™, Basics*. Fall Virtual Series.

Nuckols, D. & Cooke, S. (October, 2023). *Smart Use Health Insurance™, Managing Health Insurance and Resolving Conflicts*, Maryland Financial Day.

Nuckols, D, Matava, L., & Sipple, K. (October, 2023). *Smart Use Health Insurance™, Your Health Insurance Benefits*. Fall Virtual Series.

Sorenson, C., Sipple, K., Matava, L., & Cooke, S. (October, 2023). *Smart Use Health Insurance™, Managing Health Insurance and Resolving Conflicts*. Fall Virtual Series.

Ketterman, J. (September, 2023). *Smart Use Health Insurance™, Your Health Insurance Benefits*. Work Experience Program.

Ketterman, J. (August, 2023). *Smart Use Health Insurance™, Smart Actions for Mental Health*. Mid-Atlantic Women in Ag Lunch and Learn Series.

Ketterman, J. (August, 2023). *Smart Use Health Insurance™, Smart Actions for Mental Health*. Work

Experience Program.

Ketterman, J. (July, 2023). *Smart Use Health Insurance*,TM *Smart Actions*. Work Experience Program.

Sorenson, C. (June, 2023). *Smart Choice Health Insurance*TM, *Basics*.

Sorenson, C. & Ketterman, J. (June, 2023). *Smart Choice / Smart Use Health Insurance*TM, *Health Insurance in Your Senior Years*. Alzheimer's Disease and Related Dementias Caregiver Education Program, Virtual.

Sorenson, C. & Ketterman, J. (May, 2023). *Smart Choice / Smart Use*TM, *Health Insurance in Your Senior Years*. Alzheimer's Disease and Related Dementias Caregiver Education Program, Virtual.

Chan, A. (May, 2023). *Smart Use Health Insurance*TM, *Smart Actions for Mental Health*. Farm Stress Management Series.

Ketterman, J. (April, 2023). *Smart Use Health Insurance*TM, *Smart Actions*. Work Experience Program.

Ketterman, J. & Cooke, S. (March, 2023). *Smart Use Health Insurance*TM, *Understanding and Estimating Health Care Costs*. Spring Virtual Series.

Nuckols, D., McCoy, L., and Sorenson, C. (March, 2023). *Smart Use Health Insurance*TM, *Managing Health Insurance and Resolving Conflicts*. Spring Virtual Series.

Sorenson, C. (January, 2023). *Smart Use: Smart Actions for People with Diabetes*. Virtual in Partnership with Dhruvi Patel.

Awards

Nuckols, D., Ketterman, J., Pippidis, M., Sorenson, C. (2023) *Excellence in Research Award*. Second place winner, Eastern Region, NEAFCS.

Grants

Understanding Legal Risks in Agricultural Labor in the MidAtlantic, Northeast Center for Risk Management Education, \$27,821.

ADRD Caregiver Outreach and Education, STMD-Maryland Department of Health, \$123,560.