

## Vegetable Planting Calendar for Central Maryland

KEY	CODE
Plant seeds in ground (direct sow)	G
Plant seeds indoors to grow seedlings (transplants)	S
Transplant seedlings outside	T
Harvest	H

This calendar is based on a last frost date of May 1 and a first frost date of October 31. Dates may be adjusted by finding the average frost dates in your area. Month numbers refer to the week number (1 is the first week of the month, 2 is the second week, etc.).

Directly sowing seeds in the ground is possible for many vegetables. This is the default method shown for each vegetable which produces well from direct-sown plants.

Plants that have a long period from seed to harvest compared to their preferred growing season must be started indoors and transplanted outside as seedlings. Growing seedlings indoors requires a grow light.

If you do not wish to grow your own seedlings, buy transplants to plant during the dates shown in purple (bars coded with T in the chart).

Plants marked with an asterisk (\*) may also be planted as seedlings for an earlier harvest.

Harvest dates are approximate based on planting on the earliest planting date and extending to latest possible date.

* may be planted as seedlings for an earlier harvest.	February	March	April	May	June	July	August	September	October	November	December	
Week	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	
Crop												
Arugula plant harvest		G							G			
Asparagus plant harvest		T										
Beans, Lima plant harvest				G								
Beans, Snap plant harvest				G								
Beets plant harvest			G									
Bitter melon* plant harvest				G								
Bok choy* plant harvest			G					G				
Broccoli plant harvest		S	T			S	T					
Brussels sprouts plant harvest				S		T						
Cabbage plant harvest	S	T			S	T						



* may be planted as seedlings for an earlier harvest.		February				March				April				May				June				July				August				September				October				November				December																							
Week		1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4																				
<b>Crop</b>																																																																	
<a href="#">Lettuce, Romaine*</a>	plant harvest									G												G																																											
														H																H																																			
<a href="#">Mustards*</a>	plant harvest									G												G																																											
														H																H																																			
<a href="#">Okra*</a>	plant harvest													G																H																																			
		S								T																				H																																			
<a href="#">Onions</a>	plant harvest	S								T																				H																																			
														G																H																																			
<a href="#">Parsnips</a>	plant harvest									G																				H																																			
																		G																H																															
<a href="#">Peas</a>	plant harvest					G																												H																															
																		G																H																															
<a href="#">Peas, Southern</a>	plant harvest																	G																H																															
																																		H																															
<a href="#">Peppers, all varieties</a>	plant harvest					S								T																				H																															
																																						H																											
<a href="#">Potatoes</a>	plant harvest					G																												H																															
																																						H																											
<a href="#">Pumpkins*</a>	plant harvest																	G																				H																											
																																										H																							
<a href="#">Radishes</a>	plant harvest					G																												G																															
																																						H																											
<a href="#">Shallots*</a>	plant harvest									G																												H																											
																																										H																							
<a href="#">Soybeans</a>	plant harvest																	G																								H																							
																																														H																			
<a href="#">Spinach</a>	plant harvest					G																																G																											
																																										H																							
<a href="#">Squash, Summer*</a>	plant harvest													G																												H																							
																																														H																			
<a href="#">Squash, Winter*</a>	plant harvest																	G																												H																			
																																																		H															
<a href="#">Sweet Corn</a>	plant harvest													G																																H																			
																																																		H															
<a href="#">Sweet Potatoes</a>	plant harvest													S (sprout slips)				T																								H (young leaves)																							
																																																		H															

* may be planted as seedlings for an earlier harvest.		February				March				April				May				June				July				August				September				October				November				December																															
Week		1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4																												
Crop																																																																									
Tomatillos	plant harvest									S												T																																																			
<a href="#">Tomatoes</a>	plant harvest									S				T												H																																															
Turnips	plant harvest									G												H				G												H																																			
Waterleaf*	plant harvest																	G												H																																											
<a href="#">Watermelon*</a>	plant harvest																	G												H																																											

Author: Chrissa Carlson, former UME Healthy School Communities Coordinator  
Contributor and Reviewer: Jon Traunfeld, retired UME Extension Specialist  
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