



## MOUNTAIN FRESH FARMER'S MARKET

mountainfresh.org 301-334-6960

Summer: June-October

Mt. Fresh Pavillion

S. 1st St. Oakland, MD 21550

Wednesdays & Saturdays 10 am-1 pm

Winter: November-May

Check Website for dates and times



SNAP Match



## DEEP CREEK FARMER'S MARKET

deepcreekfarmersmarket.com

Summer: Friday Before Memorial Day thru  
Mid October

Garrett College Parking Lot A

687 Mosser Rd McHenry, MD 21541

Friday Evening 3 pm - 6 pm

Check Website for dates and times



## GARRETT COUNTY HEALTH DEPARTMENT

301-334-7777 or 301-895-3111

garretthealth.org

- Adult & Geriatric Services
- Behavioral Health
- Environmental Health
- Health Education & Outreach
- Health Families/Early Care Programs
- Home Health
- Medical Assistance
- Transportation
- Personal Health
- WIC
- And More!



## Little Free Pantries of Garrett County

- Oakland City Hall: 15 South Third St. Oakland, MD
- Crellin Elementary School: 115 Kendall Dr. Oakland, MD
- Ruth Enlow Library - Friendsville: 315 Chestnut St. Friendsville, MD
- Deep Creek Lion's Club Park: 1249 Bumble Bee Rd. McHenry, MD
- Garrett County Health Dept.: Behavioral Health 1025 Memorial Dr. Oakland, MD



MARYLAND  
FOOD BANK

## Helping Hungry Marylanders

mdfoodbank.org

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Brochure compiled by:



www.appalachianfarmandfood.com/

# HUNGRY?



# GUIDE TO FOOD ACCESS



# GARRETT COUNTY MARYLAND

# Food Pantries

## Food Connect.....(240) 321-5919

- Registration is Required, No Income Guidelines, Northern & Southern Sites Available

## House of Hope.....(301) 334-2357

- Schedule an appointment at one of the two locations call Monday-Friday 8:30am - 4:30pm
- St. John's Episcopal: Deer Park, MD Appointment Only. Pre-boxed amount dependent on size of family. Also offer gift certificates for Stop & Save for fresh food items.
- St. Paul's Methodist: Grantsville, MD Appointment Only Site. Also offering gift certificate to Grantsville Dollar General for fresh food items.

## Garrett Comm. Action.....(301) 334-9431

- 104 East Center Street Oakland, MD  
[www.garrettcac.org](http://www.garrettcac.org)  
Call to set up appointment time

### Senior Nutrition Services

- Friendsville Senior Nutrition Site:  
947 Community Drive, Friendsville, MD  
(Monday & Wednesday, 10:00 am - 2:00 pm)
- Kitzmiller Senior Nutrition Site:  
288 West Main Street, Kitzmiller, MD  
(Wednesday & Thursday, 10:00 am - 2:00 pm)
- Swanton Senior Nutrition Site:  
3335 Swanton Road, Swanton, MD  
(Monday & Tuesday, 10:00 am - 2:00 pm)
- Other Services: Includes home-delivered meals for homebound residents and monthly food boxes

## Maryland Food Bank/Western MD Food Bank Partners

- Oak Park Church of the Brethren:  
Oakland, MD 301-334-2243  
Monday, Tuesday, Wednesday 9 am - 12 pm
- Calvary Tabernacle: Accident, MD  
2<sup>nd</sup> Thursday 2-4 pm (Check Facebook for updates)
- St. Ann's Catholic Church: Grantsville, MD  
301-895-3338  
Last Thursday of the Month 9 am - 12 pm  
(Call for Emergency Needs)
- St. Peter the Apostle: Oakland, MD  
301-334-2202  
2<sup>nd</sup> Wednesday of the Month 9 am - 12 pm  
(Call for Emergency Needs)

## Maryland Food Bank Mobile Markets

- Friendsville Community Park.....(301)746-5663  
Call for details; Typically 2<sup>nd</sup> Wednesday
- Grantsville Ruth Enlow Library..... (301)895-5298  
Call for details; Typically 1<sup>st</sup> Tuesday
- Loch Lynn Heights Town Hall..... (301)334-8339  
Call for details; Typically 2nd Tuesday

## S.I.N.G Food Pantry - Garrett College

- .....SING@garrettcollege.edu
- 687 Mosser Rd. McHenry, MD  
Every Thursday 10-4 pm; beginning at midterm  
Open to Garrett College students

## Loch Lynn Church of God.....(301) 334-3221

- 8649 Gorman Rd, Oakland, MD  
Open to the public; Call for appointment

## Mt. Top Food Pantry.....(301) 334-3588

- 447 Old Crellin Rd. Oakland, MD  
For Emergency Situations Only By Appt.

## 360 Access Hub.....(301) 334-9431

- 360 W Liberty Street Oakland, MD  
<https://360accesshub.com/help>  
By Appointment Only

## Highland Thrift Shop.....(301) 895-3156

- Grantsville, MD Monday-Friday 10 am-4 pm,  
Saturday 10 am-2 pm Walk-ins welcome.  
3 items per person per day or boxes of food  
can be prepared via referral.



## Community Dinners

### Divine Hope Church

- 110 Weber Rd, Oakland MD  
3<sup>rd</sup> Tuesday of the Month: 3:30-6:00 pm  
[www.divinehopechurch.org](http://www.divinehopechurch.org)

### St. Peter's Catholic Church

- 208 S. 4<sup>th</sup> Street Oakland, MD  
2<sup>nd</sup> Monday of the month: 4:30-6:30 pm  
Transportation available from designated locations. [www.garrettstpeter.com/joinus](http://www.garrettstpeter.com/joinus)

### St. Matthew's Episcopal Church

- 126 E. Liberty Street Oakland, MD  
Next to last Thursday of the month: 4:30-6:30 pm. Takeaway meals available starting at 5:30 pm

### Bethel United Methodist

- 512 Dave Turney Street Oakland, MD  
Last Friday of the month: 5:00-7:00 pm

## Local Resource Offices:

- Garrett County Dept of Social Services  
(301)533-3000
- Garrett County Health Dept: (301)334-7777
- Garrett County WIC: (301)334-7710
- Garrett County Community Action  
(301)334-9431
- Dove Center: (301)334-6255
- Garrett County Lighthouse: (301)334-9126

