



National 4-H Week October 5 to 11, 2025

120+ Years to Celebrate. A week that will rally, inspire, and connect 6 million 4-H'ers, 3,500 educators, 500,000 volunteers, and 35 million alumni. County and state events celebrate and amplify the 4-H mission: preparing youth to be Beyond Ready for life and career.

- Invite a friend to your next club meeting.
- Wear your 4-H shirt to school or other event.
- Decorate a bulletin board at school or local library.
- Bake cookies as a club and deliver to police, first responders, etc.



Fall Volunteer Training Youth/Adult Partnerships

November 12, 2025, 6:00 p.m.
Allegany County Fairgrounds

Effective partnerships between youth and adults foster growth. It's vital to consider how adults can engage teens and how teens can embrace leadership roles in their communities. The 4-H Thriving Model highlights social competence, connection, personal responsibility, and contribution. Many volunteers struggle to cultivate these outcomes, especially with adolescents navigating self-discovery. Teens also face challenges in recognizing their potential.

This training offers practical strategies for building strong youth/adult partnerships and promoting mutual growth. Join us in creating a thriving environment where youth and adults can succeed together and strengthen these vital relationships.

To register, email jparrish@umd.edu by **November 10**.

Event Calendar

October

- **1** - Maryland Walk Day
- **5 to 11** - National 4-H Week
- **23** - 4-H Open House Carnival

November

- **11** - UME Office Closed
- **12** - Volunteer Training
- **14-16** - 4-H Volunteer/Teen Forum
- **27 & 28** - UME Office Closed



4-H Virtual Pumpkin Contest

Rules:

- Open to Allegany County 4-H Youth (ages 5 to 18 as of Jan. 1, 2025).
- Entries can use the following decorating techniques - Painted, Carved, or Mixed Media (Paper, yarn, glitter, flowers, etc.)
- Create a design on only one side of the pumpkin.
- Submit a photo of one pumpkin. 4-Her should not be in the photo.
- Include your name, 4-H age, and primary 4-H club in the email.
- Entries must be submitted by October 24, 2025, to jparrish@umd.edu.

One winner from each age group will receive a fall-themed prize.
(Clover, Junior, Intermediate, and Senior)

Winners will be announced on October 31 on our
Facebook page and in an email announcement.

If you need a reasonable accommodation to participate in this event, please contact the
University of Maryland Extension Office at 301-724-3320 by October 10, 2025.
This institution is an equal opportunity provider.



4-H Open House Carnival



October 23, 2025 ~ 6 to 8 p.m.

Allegany County Fairgrounds

Open to the public.

Free!



**Join us for an evening of fun!
Learn more about 4-H!
Invite your friends!**



Games!

Prizes!



If you need a reasonable accommodation to participate in any event or activity, please contact the University of Maryland Extension Office.



Saturday, November 8, 2025 Frostburg State University

This is a community celebration of science, technology, engineering, and mathematics for all ages. With hands-on activities, interactive exhibits, and demonstrations from educators and experts, the event is designed to spark curiosity, inspire discovery, and showcase the excitement of STEM.

- 10 to 11 am - Keynote Speaker, Steve Spangler
- 11 am to 2 pm - 15th Annual WMD Stem Festival

For more information, go to
<https://www.frostburg.edu/stemfest/index.php>

Members of BW's elementary 4-H club recently kicked off the start of the school year with tie dye and 9 square in the air. If you would like to borrow our office's 9 square in the air email jmellon2@umd.edu



Allegany County 4-H'ers, along with other community members recently attended a moth night held at the Extension office. 4-Hers were on hand to both help with and enjoy the evening.



The George's Creek's 4-H club held their first meeting of the school year. They started lettuce seeds for their hydroponics tower, tasted some school grown cantaloupe, harvested tomatoes, broccoli, peppers and cucumbers and spotted some camouflaged critters.



Military-connected youth at U.S. Air Force bases in the South Pacific had the opportunity to explore STEM, agriculture, leadership, and animal science this summer through weeklong 4-H day camps. Kelly Bryant, Michelle Harman, and Arnelle Quashie, 4-H Educators from the University of Maryland Extension, visited Yokota Air Force Base in Japan and Osan Air Force Base in Pyeongtaek, South Korea. Partnering with the base's Student Age Centers (SACs), Youth Centers, and Teen Centers, they brought hands-on learning programs to over 100 youth, most of whom were between the ages of 8 and 12. The programs were designed to introduce youth to new knowledge and spark curiosity in areas ranging from agriculture to aerospace.



“Military youth often face unique challenges due to frequent moves and deployments. Through programs like this, we give them the chance to learn new skills, discover their spark, and feel connected no matter where they are stationed.” - Kelly Bryant

Back to School Splash Bash

Thank you to the High Rock 4-H Club for representing 4-H during the Back to School Splash Bash at Dan's Mountain Pool. On August 29, 4-H members shared their goats, lambs, and rabbits.



Maryland 4-H State Council

The 2026 Maryland 4-H State Council application period is now open and will close on November 15. To renew your membership, please log in to your 4-H Online account and register.

If you are interested in applying for the State Council Officer position, please email Michelle at mharman2@umd.edu for more information



4-H Diamond Clover Levels 5 & 6

- Levels 1 to 4 - If you have completed these levels in 2025, they are due at our office by **February 1** (with record books).
- Level 5 - If you have completed Level 5 for 2025, please submit your form to the 4-H office by **November 1**. This will allow time for your name to be submitted for the 2026 4-H Gala.
- Level 6—The Diamond Clover Level 6 Service Learning Project enables a 4-H member to demonstrate life skills, including leadership, planning, and organization, as they complete a major community service project. If you want to start a Level 6 project, email Michelle at mharman2@umd.edu for guidance.

For more information, please visit the Maryland 4-H website.
<https://extension.umd.edu/programs/4-h-youth-development>.



Roasted Pumpkin Seeds



<https://www.allrecipes.com/>

Ingredients:

- 1 ½ cups raw whole pumpkin seeds
- 2 teaspoons butter, melted
- 1 pinch salt

Directions:

1. Preheat oven to 300 degrees F (150 degrees C) and gather ingredients.
2. Toss seeds in a bowl with the melted butter and salt.
3. Spread the seeds in a single layer on a baking sheet and bake for about 45 minutes or until golden brown; stir occasionally.
4. Enjoy!

HAPPY BIRTHDAY!

Adalyn Beal
Peyton Crippen
Ethan Crossland
Kingston Harper
Jaxon Henry
Irene Hoang
Selene Hoang
Colt Kifer

Baylee Korn
Layne McCusker
Lennon Metz
Ruby Rosenzweig
Abigail Still
Sunnie Stonestreet
Malia Strawderman

Dax Symons
Navy Symons
Cooper Tanner
Waylon Vanmeter
Desmon Wagoner
Allison Wilson
Enoch Zheng



Clubs, if you would like to participate in the campaign at the LaVale Store, call (301) 729-8525 to arrange a day/time.

It's Paper Clover Time!

Nov. 28 - Dec. 14, 2025

Funds support scholarships to 4-H camp and leadership activities.



Contact Us ~ 301-724-3320

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