

# What Can We Do For You?

*Our mission is to educate Maryland residents about safe, effective and sustainable horticultural practices that build healthy gardens, landscapes and communities. **Most of our services are FREE.***

## Master Gardeners at the Great Frederick Fair Friday, September 15 – Saturday, September 23

Find us in Building 44/ City Streets, Country Roads  
(across from the Animal Birthing Center).



*Talk with Master Gardeners and learn about:*

- Growing Herbs, Flowers, Small Fruits & More in Containers on Display
- Bay-Wise Landscaping for Healthy Waterways and Communities
- Attracting, Sustaining, and Protecting Pollinators

**Friday, September 22, 6:30 pm:**

Bring the children for Story Time. A Master Gardener will read *What Do Roots Do?* by Kathleen Kudlinski.

*Stop by our newly created demonstration perennial garden featuring pollinator plants that are native to our area. It is located beside Building 44.*

**See [bit.ly/FCMGFacebook](https://bit.ly/FCMGFacebook) for more details and updates about this event.**



**Wednesdays, September 6 & October 4**  
*Rain dates are one week later.*

Young children accompanied by a parent or caregiver are invited to our Children's Garden where Master Gardeners will read a short story and lead fun garden-themed activities. Pack a snack and join us! The garden is behind the Extension building. Parking is free.



### Apply Now To Become a Frederick County Master Gardener Volunteer Educator!

Our next in-person training session will run from Feb. 6 to Apr. 25, 2024, noon to 3:30 pm. Both experienced & inexperienced gardeners are welcome. This unique training will utilize & include state videos & modules. We also will have hands-on lessons, projects for you to do, & additional requirements to complete by Dec. 2024. To apply, email Susan Trice at [strice@umd.edu](mailto:strice@umd.edu). You will be sent the package to apply. Class limit is 25. First come, first served.

**FREE SEMINARS! DETAILS ON PAGE 2.**

## Vegetable Gardening Tips & Tasks for Fall

**Late August and September are great times to extend your growing season.** You can plant leaf lettuce, spinach, kale, chard, radishes, cabbage, and collard seedlings now and plant garlic cloves for harvest next spring and summer.

**Mid-Fall is the right time to get your garden ready for next Spring's growing season:**

- Test your soil and add any amendments needed.
- Pull up dead and unproductive plants and add to your compost bin, or shred with a mower and use for mulch.
- Remove diseased or insect-infested plant material to reduce disease and pest problems for next year's garden. Bag it and put in the trash, not the compost pile.
- Prevent soil erosion and offer Winter and early Spring cover for beneficial insects by planting a cover crop – red clover and oats are two options - or covering your garden beds with mower-shredded leaf mulch. The mulch can be worked into the soil next Spring, seedlings can be planted through it, and it will act as a weed inhibitor.
- You might also consider leaving your garden cleanup until the Spring, to provide winter shelter for insects.

Find more Fall gardening information on the UME website:

**Planting calendar** – [extension.umd.edu/resource/vegetable-planting-calendar](https://extension.umd.edu/resource/vegetable-planting-calendar)

**Cover crops** – [extension.umd.edu/resource/cover-crops-gardens](https://extension.umd.edu/resource/cover-crops-gardens)

**Climate resilient gardening** – <https://go.umd.edu/45gM2zk>

## 2023 Late Summer & Fall Master Gardener Seminars

Join us for seminars, suitable for both beginning and advanced gardeners, at the University of Maryland Extension office, 330 Montevue Lane, Frederick. Those listed below are FREE. Registration opens 3 weeks before each seminar. Use the links below or call 301-600-1595. *Seminars focused on growing vegetables and other edibles are marked GIEI (Grow It, Eat It).*

Check for updates at [bit.ly/FCMGSeminars2023](https://bit.ly/FCMGSeminars2023).

**Saturday, September 9, 10 am – noon**

### **Mindfulness in the Garden**

Experience the healing power of the garden and plants. We will start with a discussion of the benefits of plants to your wellbeing and then take a walk in the demonstration garden for mindfulness activities.

► [bit.ly/FCMG23Mindfulness](https://bit.ly/FCMG23Mindfulness)

**Saturday, September 16, 10 am – noon**

### **Advanced Garden Techniques (GIEI)**

Comfortable growing standard vegetables? Ready to grow the more difficult and demanding options? Learn tips and techniques to expand your options and growing seasons.

► [bit.ly/FCMG23AdvGardenTechniques](https://bit.ly/FCMG23AdvGardenTechniques)

**Saturday, September 23, 10 am – noon**

### **Pawpaws: A Little-Known Treasure**

Discover a native gem you can grow right in your own backyard! Find out how and why to grow this large, tasty fruit—and how native plants can help your entire garden thrive. Tour the pawpaw patch in our Demo Garden.

► [bit.ly/FCMG23Pawpaws](https://bit.ly/FCMG23Pawpaws)

**Saturday, September 30, 10 am – noon**

### **Fall Cleanup & Winterizing the Garden (GIEI)**

What's the best way to start the spring season? Fall clean-up! Learn about final harvesting, plant overwintering, soil preparation for next year, and planting onions and garlic for harvest in the spring.

► [bit.ly/FCMG23FallCleanup](https://bit.ly/FCMG23FallCleanup)

**Saturday, October 14, 10 am – noon**

### **The Crucial Role of Oaks**

Over 500 mammals, birds and insects depend on oaks for survival. Explore the special characteristics of oaks and their crucial role in the ecosystem. Learn about the extraordinary diversity of oaks and how to identify some of the varieties native to our area. The presentation and hands-on activities are geared to all ages.

► [bit.ly/RCMG23Oaks](https://bit.ly/RCMG23Oaks)

**Saturday, October 21, 10 am – noon**

### **Fall & Winter Pruning (GIEI)**

Learn what to prune in the fall and how to prune to get the most out of your plants

► [bit.ly/FCMG23FallPruning](https://bit.ly/FCMG23FallPruning)

**Saturday, October 28, 10 am – noon**

### **Honey, I Shrunk the Lawn**

Small changes to our yards can have a big impact on our environment. Learn about the grassroots movement to restore biodiversity by turning turf into native plantings, and become a part of the Homegrown National Park! For more info see [www.homegrownnationalpark.org/](https://www.homegrownnationalpark.org/).

► [bit.ly/FCMG23ShrinkingLawns](https://bit.ly/FCMG23ShrinkingLawns)

**Saturday, November 4, 10 am – noon**

### **Right Plant, Right Place: Design Fundamentals**

Use basic design principles in your flower gardening to add interest and increase impact! Learn about basic landscape design concepts that can be easily applied to any garden—including shape, color, texture, framing, rhythm, focal points, and other considerations.

► [bit.ly/FCMG23RightPlant](https://bit.ly/FCMG23RightPlant)

**Saturday, November 18, 10 am – noon**

### **Indoor Plants and Wellness**

Having indoor plants just makes us feel better. Learn about the therapeutic benefits of houseplants. Identify plants that can make for a healthier indoor environment.

► [bit.ly/FCMG23IndoorPlantsWellness](https://bit.ly/FCMG23IndoorPlantsWellness)

**Saturday, December 2, 10 am – noon**

### **Propagation of Native Plants**

Native perennials are a wonderful addition to any landscape! Find out about the benefits of native perennials and why they're essential for pollinators and wildlife. Join us to learn how to propagate various natives and expand your garden, then take a few plants home. Limited to 15 participants.

► [bit.ly/FCMG23PlantPropagation](https://bit.ly/FCMG23PlantPropagation)



### **Save Seeds from This Year's Plants for Next Spring**

Save some seeds from your vegetables and flowers to get a head start on next year's garden! It's best to save seeds from heirloom varieties that will produce offspring identical to the parent, rather than seeds from hybrid varieties that will not produce genetically true plants the following year.

Some reliable heirloom vegetable varieties include Brandywine or Amish Paste tomatoes (both developed in Pennsylvania), Kentucky Wonder or Blue Lake green beans (both date back to the mid-1800s), Green Arrow peas, and Danvers Half-Long carrots.

Flowers that are good seed-saving candidates include zinnias, marigolds, sunflowers, nasturtiums, and calendula. Be sure to save seeds from only the best plants and let the plants fully mature before collecting and drying the seeds.

Find more seed-saving guidance at these websites:

[extension.psu.edu/saving-seeds-from-your-garden](https://extension.psu.edu/saving-seeds-from-your-garden)

[homesteadandchill.com/seed-save-flowers/](https://homesteadandchill.com/seed-save-flowers/)

[www.almanac.com/how-save-flower-seeds-next-year](https://www.almanac.com/how-save-flower-seeds-next-year)

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