

UNIVERSITY OF MARYLAND EXTENSION

GARRETT COUNTY

APRIL 2023



WELCOME

Our office is open from 8 am to 4:30 pm Monday through Friday. As always, we are here to answer any questions you might have related to agricultural production, nutrient management, home horticulture, food safety, nutrition, financial management, and 4-H youth development.

JOIN OUR COMMUNITY GARDEN



**"LETTUCE"
HELP YOU GARDEN**



New to gardening or just
looking for a place to enjoy
nature?

Join University of Maryland Extension &
McHenry United Methodist Church at
their Community Garden!

Plots are free of charge, water is on site,
and soil will be tilled and ready for your
creativity. Come grow with us in 2023!

Weekly Ask an Expert Sessions,
Demonstrations, & More!
To Sign Up
301-334-6960 abachtel@umd.edu

UNIVERSITY OF MARYLAND EXTENSION MASTER GARDENER

If you need a reasonable accommodation to
participate in any event or activity, please
contact University of Maryland Extension
301-334-6960

This Institution is an equal opportunity provider.

We are excited to start a new community gardening campaign in 2023 to coincide with our Grow It Eat It program! McHenry United Methodist Church at the intersection of Mosser Road and Bumble Bee Road has several plots available and free to anyone that is interested. All levels of experience are appreciated. Master Gardeners will have demonstration areas and be available to answer any questions throughout the growing season. Sign up today!

UPCOMING TOMATO FESTIVAL



1st Annual Tomato Festival

Can you grow the best tomato in Garrett County? Mark your calendar and start planning your garden now! Winners receive prizes and bragging rights!

August 18, 2023
2-6 pm

Location: Deep Creek Farmers Market

Free to Participants

- ✓ Taste testing different tomato varieties
- ✓ Categories Judged : Hybrid, Heirloom, & Cherry
- ✓ Demonstrations and Interactive Displays
- ✓ Celebration of tomatoes!

UNIVERSITY OF
MARYLAND
EXTENSION

MASTER
GARDENER

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Do you enjoy growing tomatoes? Do you think that you can grow the best tomato in Garrett County? If so, mark your calendar now for August 18th and make plans to enter the first annual Garrett County tomato festival. Along with this festival, we will be planning a series of "How to Garden" classes at different library branches and offer a special category for the first-time tomato grower! The festival will include a taste-testing event as well as prizes and bragging rights for the winners of each category!

INVASIVE TREES IN MARYLAND



Invasive Trees in Maryland: Prin...

marylandgrows.umd.edu

Last month, my blog post was an introduction to invasive plants and today I want to share information on three invasive, deciduous trees found in Maryland. Springtime provides a breathtaking display of contrasting flowers in a wide array of colors, shapes, and sizes, which are found in herbaceous plants, as well as woody shrubs and trees.

4-H PUBLIC SPEAKING RESULTS

GARRETT COUNTY 4-H PUBLIC SPEAKING CONTEST RESULTS

Radio Spot



Radio Spot
Junior Champion
Brenton Gnegy

Intermediate Champion
Kylie Bates

Extemporaneous
Intermediate Champion
Dustin DeBerry

Intermediate Reserve
Champion
Kolton Heinrich

Extemporaneous



Visual
Intermediate Champion
Ava Cosner

Intermediate Reserve Champion
Derek Cosner

Demonstration
Intermediate Champion
Derek Cosner

Intermediate Reserve Champion
Ava Cosner

Interpretation


Prepared
Intermediate Champion
Kylie Bates

Senior Champion
Laura Huelskamp

Senior Reserve Champion
Isabelle Hauser


Senior 3rd Place
Elisa Frazee

Interpretation
Junior Champion
James Guingrich



Prepared











The Garrett County Public Speaking Contest was held on Thursday, March 16th at the Extension Office. Presentations by the youth, ages 8 to 18, were provided in six categories which included the following:

- Radio Spot speakers provided a 30-second speech to promote 4-H participation.
- Prepared speakers prepared a speech of 3-6 minutes on any subject and practiced prior to the event.
- Extemporaneous speakers selected a topic at the site, and they then had 15-30 minutes to plan and present their speech.
- Interpretation speakers provided a presentation that was dramatic and humorous.

- Demonstration speakers showed a step-by-step how to do or make something in 3-15 minutes.
- Visual Presentation speakers prepared a 3-6 minute speech using props to illustrate and accentuate the presentation.

The judges for the event were Janet Tichnell and Marvin Beckman.

All 4-H members named as champions are eligible to participate in the State Public Speaking contest that will be held on April 29th at the University of Maryland, College Park.

ONE PAN MEAL IDEAS

Tired of washing so many dinner dishes? One-pan meals make cooking and clean-up fast and simple. Here are some main dish ideas to create a quick, healthy meal on the stovetop, in the oven, or in the slow cooker. Read the below article from the Eat Smart blog post for tips and recipe ideas.



One Pan Meals _ University of Maryland Extension.pdf

[Download](#)
134.0 KB

DRINKING WELL WATER EDUCATION PROGRAMMING FOR MARYLAND FARMS



The University of Maryland will conduct drinking well water educational programming for Maryland farms in 2023. We request your input by completing a short survey to provide Extension Educators with more information about drinking water wells on farms in Maryland and to develop educational programming to assist farmers in ensuring safe, good-quality drinking water. In addition, the project will be providing reduced cost (a \$720 value for only \$25) of well water testing for up to 75 farms that have wells of varied types and are located in varied regions of the state. We appreciate your time and feedback by completing this survey:

<https://www.umd.edu/farmerswellwater>

Your personally identifiable information is strictly confidential.

If you have additional questions, contact Jeff Semler, UME

Washington County Extension Agent, by email at

jsemler@umd.edu or call 301-791-1304.

MENTAL HEALTH RESOURCES



Dr. Ketterman is part of a team of educators in Extension focusing on [The Maryland Reinforcing Overdose Prevention through Training and Advocacy](#) (ROPTA). He is one of several educators certified to provide [Mental Health First Aid](#) training. If your group or organization would like the training offered in Allegany, Garrett, or Washington counties, please contact him at jketterm@umd.edu.



KEEPING CONNECTED

We are here to serve you in person, by phone, email, or by video conferencing. If you have questions, contact one of our experts to provide solutions.

Area Extension Director Western Maryland Cluster	Dr. Jennifer Bentlejewski jthorn@umd.edu	UNIVERSITY OF MARYLAND EXTENSION
4-H Youth & Development	Lacie Ashby Principal Agent lashby@umd.edu	Karen Wood Senior Agent Associate kwood125@umd.edu
Agriculture & Natural Resources	William Lantz Principal Agent wlantz@umd.edu Jill Hauser Nutrient Management Program Coordinator jhauser1@umd.edu	Ashley Bachtel-Bodkins Senior Agent Associate Master Gardener Coordinator abachtel@umd.edu
Family and Consumer Sciences	Lisa McCoy Senior Agent lmccoy@umd.edu	Dr. Jesse Ketterman Senior Agent jketterm@umd.edu
Maryland SNAP Ed	Kristin Spiker Senior Agent Associate kspiker@umd.edu	Hannah Frazee Extension Program Assistant hfrazee@umd.edu
Administrative Assistants	UNIVERSITY OF MARYLAND EXTENSION	Roberta Cvetnick rcvetnic@umd.edu



UME GARRETT COUNTY



1916 Maryland Hwy., Suite A M...

rcvetnic@umd.edu

301-334-6960

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