



YOU'RE INVITED!!!



TO SUBMIT A DESIGN FOR THE CHILDREN'S MENTAL HEALTH MATTERS ART CONTEST



Design Rules



8.5 inch by 11 inch sheet of paper

Use pencil, pen, markers, or colored pencil (no painting)

The design must relate to the t-shirt contest theme

Design submission deadline: May 19, 2023



Eligibility

Students in a Garrett County 4-H group or a
Garrett County Health Department after school program

Theme

What does happy, calm, and healthy look like?
Examples: ride a bike, when you are sad talk to an adult,
count to 10, draw, sing, think of a happy place

Prizes will be awarded to:

After School 1st and 2nd place for each level Grades K-5 and Grades 6-8

4-H 1st and 2nd place for each level Grades K-5 and Grades 6-12

The grand prize overall winner will have their design printed on a
t-shirt for the 2024 'Go Green' Children's Mental Health Campaign

