



Just a reminder, this publication is a forum for you, our 4-Hers, Clubs, and Volunteers! We encourage you to submit pictures and articles highlighting your activities, ideas, and outstanding accomplishments! To be included in our next issue, please email all submissions no later than 4/5/23 to Marylisa Schaedel at [mschaede@umd.edu](mailto:mschaede@umd.edu).

## Check out our Awesome 4-Hers in Action!!

Congratulations to our Livestock Skillathon Participants (R)! Special thanks to our coaches, Tracy Brooks and Jodi Troyer! See more pictures on page 16!



Congratulations to all of our Meal Appeal Teams (pictured below)! They all did a great job using the challenge ingredients and mystery tool! Recipes, pictures and results can be found on pages 10-15!

Special thanks to all of our Winter Workshop Instructors including senior 4-Her Christopher Ortt, ( pictured above). Christopher taught our attendees how to make a mousetrap car!



# UPDATES FROM THE 4-H OFFICE



February was a busy month for 4-H! Congratulations to our Meal Appeal participants and Livestock Skillathon participants! Be sure to check out the pictures from their contests. Also, this month's "Try This!" includes every recipe from our Meal Appeal Contest so be sure to try one! ~Marylisa Schaedel



4-H Online is open for Enrollment! Please use this link: <https://v2.4honline.com/> to enroll. **4-H Enrollment must be completed by 5/1 to participate in the Farm Fair or State Fair.** Projects can also be added through 5/1/23 by contacting Lynne DiBastiani [ldibasti@umd.edu](mailto:ldibasti@umd.edu). Questions? Feel free to call the office, 410-638-3255.



Record Books are currently out for judging and will be returned to our 4-Hers on Achievement Day which will be held on May 7, 2023. The ceremony will begin at 2 pm at Deer Creek Overlook. Sweet treats will be served! We look forward to seeing you there!



Diamond Clover Applications are due to our office by April 1st! If you would like more information about the Diamond Clover program, please visit: <https://extension.umd.edu/programs/4-h-youth-development/program-areas/youth-and-adult-leadership/diamond-clover-awards-and-scholarships>



Good luck to our 4-Hers who are currently preparing for Bowls and Skillathons! The Horse Bowl Contest will be held on 3/11/23. The Dairy Skillathon Contest will be held on 3/25 and the Dairy Bowl Contest will take place on 4/22/23!



Mark your Calendars! The Harford County Farm Fair will take place July 22-29, 2023. The theme will be an Old Time Agricultural Fair featuring 4-H, FFA, animal shows, 4-H and community exhibits as well as many agricultural events. The fair will be open to the public and parking will be permitted on the grounds. The schedule will be announced at a later date.



We are currently in need of volunteers to judge our upcoming Public Speaking Contest! If you are interested in judging, please call our office, 410-638-3255 or email Marylisa, [mschaede@umd.edu](mailto:mschaede@umd.edu).





The Harford County 4-H Public Speaking Contest will be held on Friday, March 31, 2023 at 6 pm. All 4-Hers are invited to participate or cheer on the contestants! Contest Registration forms can be found on our website: <https://extension.umd.edu/locations/harford-county/local-4-h-youth-education/events-opportunities>. **New for this year:** the Maryland State 4-H has added two new categories to the Public Speaking Contest-Demonstration and Presentation. All details regarding the new additions can be found our website. If you have any questions regarding any of the categories, please call our office, 410-638-3255. Contest registration is due by March 27, 2023!



Be on the lookout for a new way to register for 4-H events, classes and workshops! Starting on March 20th, our office will begin using **GOOGLE FORMS** to track RSVP's to upcoming free events! This process will help us accurately count participants as well as prepare supplies for each event. The form is short and can be completed in less than 5 minutes! We appreciate your help with this new process! If you have any issues accessing the form, please contact our office, 410-638-3255.

## Bluebird House Stewards Needed!



*Photo Credit: the Spruce*

The Agricultural Center where our 4-H Office is located is currently looking for 4-H Clubs or 4-Hers to help install and monitor Bluebird houses! We have an abundance of bluebirds and would like to help their population grow by offering houses for their nests. Responsibilities would include assisting with the installation of the bird houses, monitoring the house after the brood has hatched and cleaning out the houses at the end of the season. If you or your club is interested, contact Marylisa at [mschaede@umd.edu](mailto:mschaede@umd.edu).



# OFFICERS TRAINING



Learn how to manage a meeting, understand the roles of each office and polish up your knowledge of Roberts Rules!

If you have been elected to an office for the 2023 year, please make every effort to attend!

Thursday, March 16, 2023 6:30 pm

Harford County Extension Office

Please RSVP to Marylisa [mschaede@umd.edu](mailto:mschaede@umd.edu)



Are you new to the 4-H Program? Would you like to learn more about 4-H? Join us for an interactive discussion about the nuts and bolts of the 4-H Program! We will review the enrollment process, the calendar year, explain what is required of a 4-Her and review all opportunities at the County and State level. Bring your questions! We hope to see you there!



When: Monday, March 13, 2023 7 pm

Where: Harford County Extension Office

(3525 Conowingo Rd Street, MD 21154)

RSVP to Marylisa Schaedel [mschaede@umd.edu](mailto:mschaede@umd.edu) by 3/12/23.

## Attention All Livestock Exhibitors!

This year all livestock exhibitors will be required to attend a mandatory meeting and sign the new Harford County Livestock Exhibitor Rules. You are only required to attend **ONE** meeting.

Livestock Information Sessions (such as Feeding and Nutrition and Livestock 101) will **NOT** cover the rules.

Our next Livestock Exhibitor Meeting will be held on Thursday, March 30, 7 pm at the Extension Office. Please RSVP by email or call the office. **If you attended the last meeting on 3/7 and signed the paperwork, you do not need to attend the meeting scheduled for March 30.**

We realize this is a new requirement and we may need to offer several opportunities for all to attend, stay tuned for more dates! If you have any questions, please call the office or email Marylisa [mschaede@umd.edu](mailto:mschaede@umd.edu).



### Join us for 4-H Gourd Day!



Come out and learn how to paint or wood burn a gourd creating a beautiful piece of art! This activity is open to 4-Hers aged 5-18! Be sure to wear old clothes and bring your creative ideas! If you would like to use the woodburning tools you must be over the age of 13 and accompanied by an adult. Masks are required while using the woodburning equipment for your safety! Participants are welcome to bring a snack, drink or bag lunch!

**There will be a \$5 fee to cover the cost of materials for each participant.**

**When: Saturday, April 22, 2023**

**Where: 2406 Bradenbaugh Road White Hall**

**Time: 9:00 am-2:00 pm**

**To attend, please use the SIGN UP GENIUS to select your time block:**

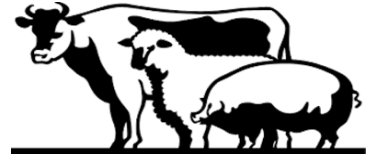
**<https://www.signupgenius.com/go/10C0C4DAAAC29ABFBC61-4hgourd>**

**The Sign Up Genius will close on April 6th!**

**Questions? Contact Marylisa at [mschaede@umd.edu](mailto:mschaede@umd.edu) or call the office 410-638-3255**



## SAVE THE DATE!



Mark your calendars for our upcoming Livestock Information Sessions!

### **Livestock Feeding and Nutrition 3/23/23**

*with Guest Speaker Karen Holloway*

Please RSVP using this link: <https://forms.gle/pKcAo2yXjrYMaqtU6>

*(If you have already RSVP'd to this event, no need to register via google forms)*

### **4-H Livestock 101 for New Exhibitors 4/20/23**

Please RSVP using this link: <https://forms.gle/MhMhr3rzqY7RQq9L9>

*(If you have already RSVP'd to this event, no need to register via google forms)*

**Both Sessions will begin at 7 pm at the Extension Office.**



## Horse Happenings



### 4-H SUNRISE TOURS AT PIMLICO!!!

Save the Date! We are pleased to announce that Wednesday, May 17th is **4-H Day at Pimlico!** Tours will begin at 6:00 a.m.

Stay Tuned! Registration information will be forthcoming!



Are you new to 4-H and need guidance from an older, experienced 4-Her? Are you an intermediate or senior 4-Her willing to mentor a new or younger 4-Her with a project? We will be including a new **Help Wanted** section in our monthly newsletter! This feature will be much like old fashioned want ads, either looking for help with a skill or project, or someone offering their expertise with a skill or project! If you are interested in learning something new or helping a younger 4-H learn, submit your request to Marylisa [mschaede@umd.edu](mailto:mschaede@umd.edu) by 4/5/23!



Mark your Calendars! Camp Spring Cleaning Day will be Saturday, March 18 from 10-2! We hope to see you there!



**Camp Dates for 2023**

**INTERMEDIATE CAMP: June 26-30, 2023**

**COMBINED CLOVER/JUNIOR CAMP\*: July 10-14, 2023**

**\*Clovers will be a day program only, Juniors will have the option to stay overnight or attend the day program only.**



Are you a 4-H Camp Alum aged 18 +? Are you interested in helping with the Camping Program as an adult volunteer to teach a class or stay overnight? Do you have great ideas for activities for our campers? If so, contact Marylisa at [mschaede@umd.edu](mailto:mschaede@umd.edu) for details regarding UME 4-H Volunteer enrollment and upcoming planning meetings!



# Harford County 4-H

## Teen Leadership Council



We are excited to introduce a **NEW** opportunity for our teen 4-Hers. This year, we will begin a new council focusing on **Teen Leadership**. The council members may be self nominated, or nominated by their 4-H Club Leaders. The council will meet quarterly to plan community service and outreach activities as well as promote 4-H at community events. They will also assist with planning of 4-H events and activities as well as make suggestions for new opportunities! We hope to have a teen representative from each club participate in this new venture!

Self and Leader nominations are due to our office no later than 4/3/23. If you would like a submission form, please contact our office!

If you are interested in volunteering with the Teen Leadership please email Marylisa Schaedel [mschaede@umd.edu](mailto:mschaede@umd.edu).

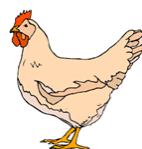


## Poultry 101

Bring your questions and join us on April 12, 2023 7 pm at the Extension Office.

Discussion will include poultry categories, Fair information, rules for testing in order to exhibit birds, documentation and biosecurity rules for exhibitors!

To attend, please register using the following link: <https://forms.gle/bLkwnfMi6nEtWpic6>



# Clover/Junior Growing Grass Heads Workshop

Learn how to make this fun craft that will continue to grow and change!



When: Monday, March 27, 2023

7 pm at the Extension Office

To attend, please register using the link below by  
3/21!

<https://forms.gle/K8T7L36tVEwLFD5q9>



# Meal Appeal 2023



The Cloverettes and Friends 4-H Club made Homemade Fried Rice for the Meal Appeal Contest. They were our Mixed Age Group Champions!

## Homemade Fried Rice

2 T. unsalted butter, divided	3/4 C fresh or frozen peas
3 large eggs, lightly beaten	3/4 C shredded carrots
1 large bell pepper, diced	2 cloves of garlic, minced
2 1/2 cups of COLD cooked brown rice	1/2 C green onions, chopped
1 T low sodium soy sauce	Sprigs of parsley
5 T canola oil	Crushed red pepper flakes

Place the 1/2 T butter in a frying pan over medium heat. Add the eggs, stir with a spatula until they start to set, scramble and break into bite size pieces. Cook eggs thoroughly. Transfer into a small bowl and set aside. Add 1 T of canola oil to the pan and add peppers. Cook until crisp but tender. Whisk together the soy sauce and remaining canola oil, set aside. Add 1 1/2 T butter to the skillet. Stir in peas and carrots, stirring constantly to cook evenly. Add the minced garlic. Next, add the rice and soy sauce mixture. Continue cooking, stirring constantly, breaking up any clumps of rice until heated through, about 3 minutes. Add eggs and onions. Cool and stir until thoroughly heated, about 1 minute. Sprinkle with parsley and red pepper flakes. Serves 6

# Meal Appeal 2023



The Churchville Champions made Orange Lovers Cake for the Meal Appeal Contest.  
Their team was our Mixed Age Group Reserve Champions!

## Orange Lover's Cake

1 large orange	1 1/3 C sugar (divided)
1 C raisins	1/2 C cooking oil
1/3 C walnuts	1 C milk
2 C sifted flour	2 eggs
1 t baking soda	1 t cinnamon
1 t salt	

Directions: Squeeze the juice from the orange, reserving juice. Grind orange pulp, rind, raisins and walnuts together. Sift flour, baking soda, salt and 1 C of sugar together. Add milk and oil, mix well. Beat eggs and stir into batter. Fold in ground mixture. Pour batter into a greased and lightly floured 12X8X2 pan. Bake at 350 degrees for 40 minutes. Pour reserved juice over warm cake. Combine remaining sugar and cinnamon, sprinkle over cake. \*\*\*We liked it best when it sat overnight!\*\*\*

# Meal Appeal 2023



The Black Horse 4-H Club prepared Waffles for the Meal Appeal Contest. Their Mixed Age Team placed second!

## Waffles with Whipped Cream

2 1/2 C flour  
1/2 t salt  
4 t baking powder  
1 T sugar  
2 eggs  
1 3/4 C milk  
1 t vanilla

1 T vanilla yogurt

1 t honey

1/3 C oil

Whipped Cream:

1/2 carton of heavy cream

1 T powdered sugar

1 t vanilla

Preheat your waffle iron. Combine all of the dry ingredients in a bowl. Whisk together the eggs, milk, yogurt, honey, vanilla and oil in a separate bowl. Carefully combine your wet ingredients to your dry ingredients. Stir until blended, a few lumps in the batter is okay. Spray your waffle iron with non stick cooking spray. Add batter and cook according to manufacturer's directions. In another bowl, beat together all of the whipped cream ingredients until stiff peaks form. Top your waffles with whipped cream and enjoy!

# Meal Appeal 2023



The Clover Community 4-H Club prepared Chicken Fried Rice for the Meal Appeal Contest. Their Mixed Age Team placed third!

## Chicken Fried Rice

- |                                 |  |
|---------------------------------|--|
| 2 T sesame oil                  | 2-3 garlic cloves                        |
| 2 T canola oil                  | 3 large eggs                             |
| 1 pound chicken breast          | 4 C cooked rice                          |
| 1 1/2 C frozen peas and carrots | 3-4 T soy sauce                          |
| 3 green onions                  | 3 mandarin oranges, peeled and segmented |

Add 1 T canola oil to a skillet and cook chicken thoroughly. Set chicken aside on a plate. Next, whisk eggs and add to the skillet. Cook thoroughly and break into bite size pieces. Set aside. Add remaining canola oil, and frozen peas and carrots. Next add garlic and rice, stirring constantly. Add the chicken, eggs, and sesame oil. Heat thoroughly. Last, add chopped green onions and orange segments. Drizzle with soy sauce before serving.

# Meal Appeal 2023



The Paws and Claws 4-H Club prepared Sesame Chicken and potatoes for the Meal Appeal Contest. Their Junior Team placed Champion!

## Honey Sesame Chicken with Potatoes

2 T butter	3/4 t garlic powder
1 T avocado oil	3 T honey
3 oz chicken breast, cut into small pieces	8-10 drops of sesame oil
4 small potatoes	1/4 C shaved carrots
Salt and Pepper	1/2 t sesame seeds

Add butter and oil to a skillet over medium heat. Add chicken breast and cook until no longer pink and thoroughly cooked. Cut potatoes into bite size pieces. Add to skillet. Season with salt and pepper. Stir constantly. Add garlic powder, honey and sesame oil. Peel carrots and shave using vegetable peeler. Add to pan. Continue to cook until vegetables are tender and chicken reaches 165 degrees. Garnish with sesame seeds before serving.

# Meal Appeal 2023

## Sugar Cookie Bars with Frosting

1 1/4 C sugar

3/4 C salted butter, softened

8 oz cream cheese, softened

1 egg

1 T vanilla extract

1 t almond extract

1 3/4 C flour

1 t baking soda

1 t baking powder

Preheat oven to 350 degrees. Combine sugar, butter, cream cheese and egg. Beat one minute on medium speed. Add extracts, beat one minute. In a separate bowl, combine flour, baking soda and baking powder. Add to wet ingredients. Beat 2-3 minutes on medium speed. Place batter in a 9X13 baking dish lined with parchment. (Tip: oil hands to prevent dough from sticking to them and press batter into dish) Bake for 20-25 minutes or until golden brown. Allow to cool and frost.

Frosting recipe: Combine 3 1/2 cups of powdered sugar and 1/2 salted softened butter. Next, beat in milk, a tablespoon at time and extracts. You may add food coloring to tint the icing. Beat until smooth and spreadable. Frost cookie bars and add sprinkles, if desired.



Lia Gervasi, a member of the 4-H Dog Club, prepared Frosted Sugar Cookie Bars for her Individual Demonstration and won Champion!

Erin Lyons, a member of the Churchville Champions 4-H Club won Champion for her St. Patrick's Day themed place setting!



# MD 4-H Livestock Skillathon Contest

Congratulations to our Harford County 4-Hers who participated in the Livestock Skillathon! 3 of our seniors, Rosalie McGuirk, Emily Troyer and Leah Anderson placed in the top 12! Bristol Ehrhardt placed 1st in the Junior Division! Great job to all!!



## Contest Results:

### Junior:

1st Bristol Ehrhardt

3rd Tripp Rutledge

6th Virginia Brooks

### Intermediate:

3rd Jaime-lyn Widman

4th Harper Rutledge

10th Miranda Forrester

15th Isabelle Smithson

20th Hailey Forrester

### Senior:

4th Rosalie McGuirk

7th Leah Anderson

11th Emily Troyer

14th Megan Kingsley

16th Madison Kingsley





# Club Notes



Black Horse 4-H competed in the 2023 Meal Appeal Contest. Members showed the crowd how to make a yummy Valentines Breakfast. They placed second. The Smithson Family hosted the Black Horse 4-H Club Achievement Night on Sunday, February 26th. Many of our members were recognized for their work over the past year. The 2023 officers were also instated. The new officers will be; President Charlotte Smithson, Vice President Madison Thomas, Secretary Reese McNutt, Treasurer Chase Fowler, Reporters Sam Wilson, Ellie Sommerfeld and Virginia Brooks and Historians Travis Sadowski and Cyla Copenhaver. Dinner was great and fun was had by all. ~Submitted by Virginia Brooks, Reporter



# *Club Notes*

The 4-H Dog Club visited with the residents of Forest Hill Heights Assisted Living last Sunday. The residents, kids and dogs all enjoyed the visit! ~Submitted by Debbie Flock, Club Leader





# Club Notes



The Blue Ribbon 4-H Club met at Bethel Church on February 12th. Club members had fun making Valentine Cards that were sent to College Manor Assisted Living. They also stamped bookmarks and made snack mix that they could eat while watching the Super Bowl. Our next meeting is Sunday, March 12th at 6 pm at Bethel Church. New members are always welcome. ~Submitted by Jane Burgess, Club Leader





# Club Notes



*This past month, the Churchville Champions 4-H Club practiced and competed in the Meal Appeal competition. Our "Orange Lover's Cake" earned us reserve champion, and we have included the recipe for our "Orange Lover's Cake" on page 11. Congratulations! - submitted by Erin Lyons, club secretary*



# Club Notes

At the Super Clover Club meeting we discussed upcoming events through April. We also covered old business from the month of January and talked about presentations that our club will be doing in the next couple of months. A member from our club, Sadie Moldenhauer did a demonstration about how to make homemade horse treats. We also had fun ice skating in February at the White Marsh outdoor rink. Submitted by Tessa Eagan, Club Secretary





## Winter Workshop 2023





## Winter Workshop 2023



# March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b>  Yearly Plan and Officer List DUE!	<b>2</b>	<b>3</b>	<b>4</b>  Winter Workshop EO *Registration Required
<b>5</b>  Submissions to the Cloverleaf Chronicle due TODAY!	<b>6</b>  Leaders Association Meeting	<b>7</b> Meet your Superintendents 7pm EO 	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>  4-H 101 7 pm EO	<b>14</b>	<b>15</b>  Camp Board Meeting 7 pm DCO	<b>16</b>  Officers Training 6:30 pm EO	<b>17</b> 	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>  Livestock Feeding and Nutrition Session 7 pm EO	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>  Clover/Jr. Craft Session 7 pm EO	<b>28</b>	<b>29</b>	<b>30</b>  Mandatory Livestock Rules Meeting 7 pm EO	<b>31</b>  Public Speaking Contest EO 6 pm	

# April 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3  Teen Leadership Council Applications DUE	4	5  Submissions to the Cloverleaf Chronicle DUE!	6	7	8
9 	10	11	12  Poultry 101 7pm E0	13	14	15
16	17	18	19	20	21	22  4-H Gourd Day Registration Required
23	24	25	26	27	28	29  Maryland Day
30						



University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

**If you require special assistance to participate, please call the Extension Office  
(410-638-3255) two weeks prior to the event**

*Lynne DiBastiani*

*4-H Administrative Assistant*

[ldibasti@umd.edu](mailto:ldibasti@umd.edu)

*Marylisa Schaedel*

*4-H Educator*

[mschaede@umd.edu](mailto:mschaede@umd.edu)

*Dr. Paul Rickert*

*Interim AED*

[prickert@umd.edu](mailto:prickert@umd.edu)

*Vacant*

*4-H Program Assistant*

*University of Maryland- Harford County Extension Office*

*3525 Conowingo Road Suite 600*

*Street, Maryland 21154*

*To Make the Best*  
**BETTER**