Calvert County 4-H

A Positive Youth Development Program



Helping young people reach their full potential in their community and nationwide





Calvert County 4-H Programming Staff



Extension Educator

Kirsten Cowan kcowan@umd.edu

Program Assistant

Janet Sefton jsefton@umd.edu



https://bit.ly/Calvert4H



CalvertCounty4H



CalvertCounty4H

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

If you need a reasonable accommodation to participate in any event or activity, please contact us at least 2 weeks prior to the event at (410)-535-3662.

What IS 4-H?

4-H is the largest youth development organization in the United States with about 6 million participants and over 25 million alumni!

The Maryland 4-H Youth Development Program provides a supportive setting for youth to reach their fullest potential. Children learn beneficial cognitive and life skills through communityfocused, research-based, experiential educational programs.

What do 4-Her's do?

4-H programs offer youth hands-on fun educational activities through four mission mandate areas:

- Agriculture
- Civic Engagement
- Healthy Living

• Science, Technology, Engineering, & Mathematics

What clubs are available?



· year-round community clubs

Leadership

Communication

Citizenship Problem Solving

Life Skills

Goal Settina

Reflection

- year-round project clubs
- short-term activity clubs
- in-school units
- after-school units
- summer camp
- community workshops



4-H'ers are...



more likely to give back to their communities



more likely to make healthier choices



more likely to participate in

Ages

Ages: 5-7* ~ Clovers Ages: 8-18* ~ 4-Hers

* As of January 1st of this Calendar year

Cost

Registration Fee: \$10/youth/Calendar Year

Club Dues:

TBD Based on Club Goals



Volunteer Opportunties

4-H Programming would not be possible without amazing volunteers. A major cornerstone of 4-H is youth learning in partnership with caring adults. Whether you have 4hrs a week or 4hrs a year, volunteers are always appreciated. Share your hobby, passion, or lend a helping hand to a club - there is always an opportunity to help change a youth's life.



Battle Creek 4-H Club

Community service, animals, agriculture, and more! Ages 5-18 battlecreek4H@gmail.com



Calvert 4-H Chesapeake **Outdoor Discovery Camp**

A one-week summer day camp with an environmental science focus.

> **Ages 8-13** Calvert4H@umd.edu

Stable Mates 4-H Club

All things horses and equestrian Ages 5-18 calvert4hstablemates@gmail.com



*Looking for additional volunteers



Northern High School 4-H Gardening Club

Everything gardening! For all NHS students jsefton@umd.edu

Last Robot Rolling 4-H Club

Lego Mindstorms NXT, EV3, and Spike Prime robots with NXT. Scratch, and puthon programming.

Ages 10-18 astrahl@umd.edu



Short-Term Cooking Clubs

Short-Term Activity Clubs that run periodically throughout the year. Focused on cooking!

> Ages 9-18 isefton@umd.edu

Calvert Crazy Crafters

All things arts, crafts, & sewing

Ages 5-18

Calvert4H@umd.edu

Looking for additional volunteers

Chesapeake Clovers 4-H Club

Outdoor activities, cooking and baking, community service, and the arts.

Ages 5-18 chesapeakeclovers4h@gmail.com





Calvert Heritage 4-H Club

Exploring crafts and skills from historic Calvert County.

Ages 5-18

Calvertcountyheritage4h@gmail.com

Calvert County Shooting Sports 4-H Club

Archery, air rifle, and outdoor activities.

Ages 10-18 calvertcounty4Hshootingsports@gmail.com





Boys and Girls Club of Southern Maryland Collaboration

Enrichment program for after-school and summer camp programs.

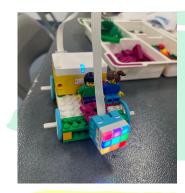
Ages 5-18 isefton@umd.edu

Calvert Adolescent Clubhouse Collaboration

4-H Afterschool in collaboration with the Calvert Adolescent Clubhouse in Lusby working on life skills and leadership education.

Ages 12-18 kcowan@umd.edu





Southern Calvert 4-H STEM Workshop Series

Workshop Series focused on all things STEM. Meeting in Lusby

Ages 5-18 kcowan@umd.edu

School Break & Community Workshops

School Break weeks are for fun, but why not make them educational too? Try something new in the world of STEM! Also keep an eye out on our website and social media pages for Community Workshops throughout the year!



Ages 5-18 Calvert4H@umd.edu

How to Sign Up?

Enrollment is done through 4Honline: https://v2.4honline.com/

Please reach out with any questions regarding enrollment, volunteering, or our program in general!

Phone

(410) 535-3662

Email

kcowan@umd.edu

Office Location

University of Maryland Extension 30 Duke Street, Room 103 Prince Frederick, MD 20678

