

UNIVERSITY OF MARYLAND EXTENSION

GARRETT COUNTY

OCTOBER 2022



The University of Maryland Extension (UME) Garrett office is open from 8 am to 4:30 pm Monday through Friday. As always, we are here to answer any questions you might have related to agricultural production, nutrient management, home horticulture, food safety, nutrition, financial management, and 4-H youth development.

NEW ASSOCIATE DEAN AND DIRECTOR OF UNIVERSITY OF MARYLAND

The College of Agriculture and Natural Resources has announced the selection of Dr. Jinhee Kim as the new Associate Dean and associate director of University of Maryland Extension (UME). Her appointment will begin on October 10, 2022, following the retirement of Dr. Jim Hanson.

Dr. Kim's roots with UME run deep. She joined the University of Maryland in 2000 as an assistant professor and family finance Extension specialist within the School of Public Health and has advanced her career over two-plus decades serving as professor and assistant director/program leader for UME's Family and Consumer Sciences (FCS) program. Working in tandem with her talented faculty and staff, Kim has significantly increased FCS visibility across the state, securing multi-million dollar funding



for new initiatives and programming related to rural mental and behavioral health, vaccine hesitancy, and digital literacy, to name a few.

JOIN OUR TEAM



We are hiring! UME is seeking 10 **Tech Extension Educator/Navigator** positions one of which is based in Western Maryland (Garrett, Allegany, or Washington County)

For more information, click [here](#). Look for position #127628.

COUNTY 4-H PARTICIPANTS BODE WELL AT MARYLAND STATE FAIR



Autumn Custer
Lea Custer
Dustin DeBerry
Lane Fitzwater
Jakob Fullerton

Malea Fullerton
Brady Garlitz
Kolton Heinrich
Laura Huelskamp

Bristal Ketterman
Michael Lantz
Preston Miller
Allie Sanders

Jack Thomas
Riley Thomas
Colton Tasker
Lily Ann Zimmerman

Seventeen local youth represented Garrett County well at the Maryland State Fair exhibiting sheep, swine, goat, rabbits, and home art exhibits as well as participating in the 4-H/FFA Tractor Operators Safety and 4-H Robotics Challenge events. A booth from the Country Explorers 4-H club was also on display.

LEARN MORE ABOUT STEM AT THE MARYLAND STATE FAIR ROBOTICS COMPETITION

2022 Maryland State Fair Robotics Competition



Willie Lantz, Superintendent, Maryland State Robotics Challenge narrates this video and explains what the Robotics Challenge is all about, and encourages 4-H members to learn more about STEM.

EXPLORERS OF THE DEEP 4-H STEM CHALLENGE KIT



This year's project is entitled Explorers of the Deep and features three activities about the interconnected nature between the ocean and humans. Youth will learn foundational STEM

skills while they discover the same questions as today's top oceanographers and scientists by working with robots!

The 4-H STEM Challenge is a great way for 4-H to raise awareness of the awesome ways young people are learning STEM and preparing themselves for the future. It also gives the opportunity for 4-H to bring others the joy and creativity of non-formal, hands-on learning. The 4-H STEM Challenge will kick off in October.

The 4-H STEM Challenge kits contain the materials and curriculum to teach 4-6 youth. More details about this year's challenge from 4-H can be found by linking to [4-H STEM Challenge 2022](#).

BRUNCH AND LEARN SERIES CONTINUES



Deep Creek Watershed Foundation is partnering with University of Maryland Extension in Garrett County to bring experts to your computer screen. Join us this Fall and learn more about important issues in our beautiful county! Registration is required.

Register [HERE](#): Submerged Aquatic Vegetation-Wednesday, October 26, 2022

FREE COMPOSTING CLASS TO BE HELD AT LOCAL LIBRARY AND ONLINE



Join Ashley Bodkins at Ruth Enlow Library, Accident Branch, on October 12th at 2 pm to learn more about composting and receive a free composting bin for the first 10 to register. You will also be entered to win a free composting pail. You must call the local branch at 301-746-8792 to register.

The online class is scheduled for October 20, 2022, at 1 pm. You will receive details on how to pick up your bin in Garrett County, MD during the presentation.

For the online class, you can register at: <https://go.umd.edu/2022CompostingBin>

Recordings of the virtual session will be shared with anyone that can not participate in the LIVE session. Those that view the recording can still earn the free composting bin... email abachtel@umd.edu for questions or concerns.

SIMPLE WEEKNIGHT DINNER IDEAS

No matter what you end up preparing, make sure to involve kids. For example, ask them to set the table or rinse canned vegetables or beans. Also, make sure to enjoy dinner together as a family at least a couple of times a week!

Click on the link below for easy, fun, and yummy ideas.



Simple Weeknight Dinners

extension.umd.edu

It's that time of the year again when we say goodbye to summer and fall back into our daily school and work routines. Below you will find some family friendly dinners that are easy, quick and yummy options for a busy weeknight!

EXTENSION OFFERS LOCAL DAIRY ANIMAL CARE WORKSHOP

DAIRY ANIMAL CARE WORKSHOPS

Topics:

- Beef Quality Assurance
- Calf Management
- Non-ambulatory Animals
- Considerations for Euthanasia

Dates & Locations:

- Rising Sun, MD - October 31st
- Oakland, MD - November 8th
- Smithsburg, MD - March 2023

Registration & Details:

The program is FREE, but registration is required. To register, visit:
go.umd.edu/dairy-workshops-2022

Program will run from 10:30 am to 1:45 pm. Lunch will be provided.



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Questions?
Contact Sarah Potts
sbpotts@umd.edu or 301-432-2767

Dairy producers are invited to join us for our Dairy Animal Care workshop series. Each event in this series will feature animal care topics, such as Beef Quality Assurance, calf management, non-ambulatory animal management, and euthanasia. Speakers will include extension educators and local veterinarians. The program will begin at 10:30 am and conclude at 1:45 pm. Lunch will be provided.

This local event will take place on Tuesday, **November 8th** at Swartzentruber's Dairy Farm in Oakland, MD. The program will be held outdoors so participants are encouraged to dress appropriately.

While the event is FREE, pre-registration is required for planning purposes. To register, please contact the Garrett County Extension office at 301-334-6960 or visit go.umd.edu/dairy-workshops-2022 by November 3, 2022.

If you have questions or need assistance, please contact Willie Lantz at wlantz@umd.edu or call 301-334-6960.

SUBMIT YOUR SOIL AND MANURE SAMPLES FOR 2023

As a reminder to our farmers, fall is a great time to take soil samples for your 2023 nutrient management plan after crops are harvested.

We have a box in our office foyer to place soil and manure samples in for our staff to process. When leaving samples in the box, please label the samples with your name, address, phone number, field number and crop to be planted.

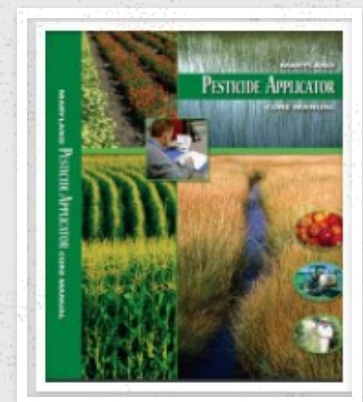
We will invoice the producer for the cost of the sample and shipping. Soil samples are \$12.00 per sample plus \$5.00 shipping. And, manure samples are \$50.00. A manure sample is needed every year for farms that are spreading manure in their fields.



PRIVATE PESTICIDE APPLICATORS LICENSE CLASS TO BE OFFERED

If you are interested in obtaining a private pesticide applicators license, we will be offering training in January at the UME- Garrett County Office. A date will be publicized once available.

The main purpose of the private pesticide applicators license is to allow farmers to use restricted-use pesticides on property they own or manage for agriculture production. To obtain the license, farmers must pass a test administered by Maryland Department of Agriculture.



If you have any questions or would like to obtain more information call the Extension Office at 301-334-6960.

FARM STRESS TRAINING FOR AGRICULTURE SERVICE PROVIDERS



This virtual workshop is targeted training for Agriculture Service Providers to equip them with the skills and knowledge to support farms and farm families in times of distress. The University of Maryland Extension Farm Stress Management Team will train service providers to identify signs of distress,

develop skills to communicate with those experiencing stress and provide resources to share.

Register [HERE](#)

OPEN ENROLLMENT FOR HEALTH INSURANCE BEGINS NOVEMBER 1ST



Selecting an Insurance Plan

breathingroom.umd.edu

Open Enrollment for Marketplace Health Insurance plans is right around the corner. In fact, this year it runs from November 1, 2022 through January 15, 2023. For this blog, I want to discuss items to consider when selecting a health insurance plan.

Jesse Ketterman, Extension Educator, walks you through the process of selecting Marketplace Health Insurance. Click on the link above to read the full blog.

SEEKING COMMITTEE MEMBERS

We are seeking Extension Advisory Committee members. The purpose of this committee is to assist in identifying community needs to guide our program direction. If you are interested in serving, please call 301-334-6960.



KEEPING CONNECTED

We are here to serve you in person, by phone, email, or by video conferencing. If you have questions, contact one of our experts to provide solutions.

The Garrett County UME faculty and staff provide a broad range of outreach through workshops, seminars, classes, clinics, newsletters, consultations, and media efforts.



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