



This record belongs to:	те		Year			
	reet):	-	(Apt. #):			
(City/Tou	n):	(State):	(Zip):			
Please indicate age as of Janu	uary1 st	_				
4-H Age for year completing	g: Please check: Junior (8-10)	Intermediate (11-13)	enior (14-18)			
Years in 4-H:						
County/City: Washington						
4-H Club(s):						
My 4-H projects this year; number of years in project:						
Name of Project	# of Years	Name of Project	# of Years			
I have reviewed this record bo	ok:					
Signed						
Voluntee	r		Date			
Comments:						

Club Participation												
Number of Meetings I Attended (Check or make notes)												
Club Name	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
Y- Attended Meeting N- Absent NM – No Meeting												
		1 11	ttoriaca iv	i i i i i i i i i i i i i i i i i i i	1 1	iosent	1 11/1	1,01,1	comg			

Committees & Offices (4-H, school etc.)				
Name of Committee/Office/Role Description/What I Did				

4-H Promotion Activities

I promoted or publicized 4-H in these ways during the year (news articles, TV, radio, 4-H Ambassador Responsibilities, displays, fair booths, flyers, new member recruitment, and expansion efforts):

Date	Activity Be Specific – Explain Activity & Location	Results

Communication Activities

I took part in the following communication activities (judging, demonstrations, illustrated talks, public speaking, conference judging, reports at club meetings, community groups):

Date	Type of Communication	Title	Event or Location

Awards and Honors

Include 4-H awards and honors such as fair and county recognition (you may add additional pages)

Date	Activity/Event	Award	Location

Journal of Activities, Events, and Experiences

Use this page to record **all** activities, events, and experience as you have them. Include 4-H, volunteer, community, citizenship, leadership, service learning, school, sports, and other activities.

Date	4-H Event	Type of Activity or Event	Location	Description

(Add additional pages as needed)

Developed by: University of Maryland 4-H State Office 2017

