

Tribune

A Carroll County 4-H Newsletter

December 2021/January 2022

UNIVERSITY OF MARYLAND EXTENSION

Carroll County Extension 700 Agriculture Center Westminster, MD 21157

(410) 386-2760 M—F 8:00 A.M.—4:30 P.M.

extension.umd.edu/locations/carroll-county

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Happy Holidays!



HAPPY HOLIDAYS!! We want to wish everyone a wonderful holiday season! Thank you to all of our volunteers, 4-H members and their families for making the Carroll County 4-H Program what it is today! We look forward to seeing everyone in 2022 for a fun-filled year with LOTS of new programs! Enjoy the holidays with your family and friends!!

Welcome Torrey!

Help us welcome Torrey Silliman to the 4-H Team! Torrey will be working with our environmental science, camp and shooting sports programs. Torrey is new to Maryland and has lived in Alabama, Hawaii, Utah, Georgia, Kentucky and Tennessee. Torrey's last job had her working with the Space Dynamics Lab with Utah State University but she holds a degree in Wildlife and Conservation Biology. Feel free to stop by and introduce yourself to Torrey! Her email is tsillima@umd.edu.

2022 4-H Enrollment

ALL 4-H Members, Clovers and UME Volunteers will need to enroll for the 2022 4-H year. You will be able to log into 4-H (v2.4honline.com) to complete your 2022 enrollment. Please note that EVERYONE (4-H MEMBERS, CLOVERS AND UME VOLUNTEERS) will need to log into their family accounts that you have already created and re-enroll each person listed on your account. DO NOT CREATE A NEW ACCOUNT – LOG IN USING YOUR EMAIL AND PASSWORD. If you have forgotten your password there is an option to restore your password.

ALL 4-H MEMBERS AND CLOVERS MUST PAY THEIR \$10 PARTICIPATION FEE THROUGH 4-H ONLINE. UME Volunteers do not pay a participation fee!!The insurance fee that 4-H Members, Clovers and UME Volunteers will still be paid through your 4-H Club.

Remember you must be enrolled into the Carroll County 4-H Program by May 1, 2022 to be eligible to show at the 2022 Carroll County 4-H/FFA Fair or to be recognized as a UME Volunteer. If you have any questions, please call the Extension Office at 410-386-2760.

Beat the Midwinter Blahs

Registration is now open for Beat the Midwinter Blahs on **Saturday, January 29th** at the Carroll County Extension Office and Ag Center. Lots of fun classes are planned from crafts, foods, livestock and much more!! Remember, classes are filled on a first come first served basis. Also, only registration fee of \$2 is due at the time you submit registration. We will invoice for any classes that may have a fee, plus lunch (if you purchase tickets). We can't wait to see all of the great items everyone makes during the Blahs!! Registration can be found at the end of the *Tribune*.

4-H National Trips

If you are a senior 4-H member and would like to possibly be awarded a National Trip, then it's time to start thinking about your Senior Portfolio! Senior Portfolios, consisting of your 4-H resume and essay, are due to the Extension Office by **January 3, 2022** (due by January 15th through 4-H Online) if you want to apply for National 4-H Congress, Camp Miniwanca, Virginia Congress or WV Older Camp. If you have questions, please contact Becky at 410-386-2760 or bridgewa@umd.edu.

Essay Question—Explain how 4-H has helped you develop leadership skills and become a leader in your local 4-H program, your community, and for the future.

Club Officer Training and Pizza Party!

Are you a new club officer for 2022? Want to learn about your office and how to best fulfill your role and new responsibilities? On Friday, **January 14 at 6pm**, join other youth officers for an evening of training, team building and fun! Pizza and drinks will be provided for all participants. Clubs are encouraged to send all of their club officers to this new training opportunity.



Please email any questions to Jennie at <u>ichameli@umd.edu</u>. Registration for this training night is required—<u>https://forms.gle/umAJwac7zsjGzQrY7</u>

Quilting Workshop

Are you curious about sewing? There is no better way to learn, than by creating a basic quilting project. Sign up for our Log Cabin quilted wall-hanging workshop on **January 17th**. You will learn how to cut fabric using a rotary cutter and ruler, sew straight lines and turn strips of fabric into your own masterpiece. **The class will run from 9am – 4:30pm**. Participants need to provide their own lunches. There is no class fee, however, participants

will need to bring their own fabric and batting. An email will be sent to all participants listing supplies needed for the day. Please email Jennie at ichameli@umd.edu with any questions. Class will be limited to the first 10 participants that register. If the registration link is closed, please contact the Extension Office to be put on a waiting list.

Registration Link https://forms.gle/PLfuAY2gJ6r8MJ9v7

Youth and Volunteer Award Nominations

Recognition night!! One of our favorite nights as lots of our 4-H families gather for the annual achievement program, which will be held on Tuesday, April 12, 2022. During the night we recognize hard working 4-H members and UME Volunteers for their dedication to the Carroll County 4-H Program. If you'd like to nominate someone, please fill out the link below or send us back the nomination form, which is attached. Remember, ANYONE can nominate for these awards. Nomination link: https://forms.gle/cweNm1zsfJh1VEGT9

Record Books/Clover Memory Books

All Junior Record Books and Clover Memory Books are due to the Extension Office by February 7, 2022 (or earlier!). You can find more information on what a record book entails at: https://extension.umd.edu/locations/carroll-county/local-4-h-youth-education/project-records-and-record-books You will need a copy of the Summary Report Form which can be found at the link above. A record book cover would also be needed and can picked up at the Extension Office.

Clover Memory Books—Memory books are a scrapbook full of memories for the past year showing all of the fun activities our clover members participated in. Remember to include short captions with your pictures too! Any questions? Call the Extension Office at 410-386-2760.

Diamond Clovers

Are you working toward achieving levels 1 thru 5 of the Diamond Clover Award? They are due to the Extension Office by **February 7, 2022** (or earlier!). Remember, with the new Diamond Clover program you MUST BE 9 YEARS OLD as of January 1st to start the Diamond Clover program. All of the Diamond Clover forms can be found at: https://extension.umd.edu/programs/4-h-youth-development/program-areas/youth-and-adult-leadership/diamond-clover-awards-and-scholarships If you have questions, please contact the Extension Office.

Rocketry Workshop

Ready, Set, Launch! Have you been curious about the Rocketry program here in Carroll County? Join us for a morning of rocket building and launching (weather permitting) on Monday, February 21st from 9am – Noon. Participants will learn from county 4-H youth rocketry leaders how to properly assemble a rocket. Each participant will go home with a rocket that is ready to be painted and is launch ready, which can be entered at the Carroll County 4-H & FFA Fair. This workshop will be limited to 12 participants and there is a \$5 class fee. If the class registration link is closed, please contact the Extension Office to be added to the wait list. Feel free to reach out with any questions to Jennie at ichameli@umd.edu Registration link— https://forms.gle/AwfC95t3YZj9AnLBA

Ambassador Applications

Are you a Senior 4-H member and interested in being more involved in the 4-H program? Do you enjoy becoming involved with community projects, helping at the fair, and setting examples in leadership and citizenship in the community? If so, you are perfect to apply for the 2022-2023 Senior Ambassador Team! Applications can be found at the Carroll County Ambassador webpage: https://extension.umd.edu/locations/carroll-county/local-4-h-youth-education/leadership-opportunities

Applications are due to the Extension Office by Friday, March 25th and interviews will be held on Saturday, April 2nd. If you have questions, please contact Becky at the Extension Office.

Camp

Already dreaming of camp? Hold these dates as we hope to be back to our normal camp schedule in 2022.

June 20-23, 2022—Younger Week (8-11 year old) July 11-15, 2022—Older Week (10-16 year old)

Youth Leader Applications are now available for those interested in serving in youth staff positions at camp. Youth ages 12 and older (by June 2022) are eligible to apply. Complete the attached application and interviews (virtually) will be scheduled at a later date.

Market Beef, Dairy Steer and Commercial Heifer

We have scheduled steer weigh-in for Saturday, January 8, 2022 at the Ag Center TRP Building beginning at 8 AM until 11 AM. Because of the location, all steers/heifers must be on a halter and reasonably broken! Market Animal Registration forms and AnSc Code of Ethics can be picked up at the Extension Office, from your club leader or email Becky (bridgewa@umd.edu) to have forms mailed to you. Remember, the registration form is a 2-part form. You must turn in the form intact. Remember to sign the front and back of both pages of the form. Your copy will be given to you on the day of weigh -in. If you have questions, please call 410-386-2760. Registration forms are due to the CC Extension Office by Monday, January 3rd. Tag cost is \$2 per steer/heifer. Please make checks payable to CCEAC.

NEW DAIRY/BEEF STEER CLASS

A new division will be added into the Dairy Steer Show for the 2022 Carroll County 4-H/FFA Fair. This class will be a dairy/beef crossbred class. Those exhibitors that have been showing dairy/beef crosses will now be eligible for this new division in the Dairy Steer Department. Rules and guidelines are currently being worked on, but if you have specific questions at this time, contact Dairy Steer Superintendent, Cindy Speak at 443-375-9786.

**If you plan to show a dairy/beef cross steer at the Maryland State Fair, it would still be shown in the beef department under crossbreds.

Beef Clipping Clinic

Join the Beef Committee on **Sunday, February 13, 2022, 9am in Shipley Arena (Carroll County Ag Center).** The committee is planning a hands-on clipping clinic and all animals will be provided for the day. Learn everything you need to know about clipping your steer/heifer projects for the upcoming year. If you have any questions contact Melissa Schulze at 301-639-6495 or Bill Stem at 443-398-5329. Make sure to register by February 4th at https://forms.gle/uiAYgH3bzfdduoX28 Remember, ALL JUNIORS AND NOVICE exhibitors must attend at least 1 livestock workshop (which this clinic will count for credit).

Meat Goat Workshop

The Meat Goat Workshop will be held on **Sunday, May 1st at 1 PM**. This year, the workshop will be held at Whitetail Acres (3106 ADAMS DR HAMPSTEAD, MD 21074). Remember, ALL JUNIORS and NOVICE exhibitors must attend at least 1 livestock workshop. To ensure there is enough material, please register at: https://forms.gle/nGwLwvTdEz3d9zXM8

Livestock Skillathon

Everything you've ever wanted to know about livestock and didn't know to ask!! Come learn about Breeds of Livestock, Equipment, Cuts of Meat, Animal Part Identification, Livestock Feeds, Hay, Wool and play some games, too!! Come to learn for the contest in March or just come to the sessions you want to learn about! Remember that you do not have to exhibit or own livestock to participate in livestock judging, just have an interest or curiosity!!

Practices will start on January 4th and run every Tuesday night through March 8th.

Please register at: https://forms.gle/yknUMoJDjNhGfADx8

For more information call Kathy Gordon at 301-667-0559.

Poultry Orientation

For ANYONE who plans to or is thinking about showing poultry at the 2022 Carroll County 4-H/FFA Fair, there are several exhibitor meetings scheduled and you are **REQUIRED** to attend "one" of them. **Meeting dates are as follows: Wednesday, March 2nd, Thursday, March 24th and Tuesday, May 3rd. All meetings start at 7pm at the Extension Office.** Again, you are **REQUIRED to attend only one** meeting. Remember for those 4-Hers who exhibited in 2021, you are required to have turned in a "complete" Poultry project record sheet in order to exhibit for 2022. If you have any questions, call Nancy Carlisle at 410-775-2839.

YOU MUST ATTEND 1 POULTRY ORIENTATION IN PERSON!! THERE WILL BE NO ONLINE ORIENTATION OFFERED THIS YEAR!! There will not be any "make up" dates UNLESS there are 2 sessions cancelled due to weather.*

Horse Bowl

Do you have an interest in learning about horses, but don't own one? No worries, you can still participate in all the fun horse related events! Take a chance and come out to Horse Bowl practices to learn everything you ever wanted to learn about horses and more than you ever dreamed! **Practices will be held at the Extension Office (some may be virtual) starting on January 5th at 7pm. Practices will run every Wednesday night until the state contest in March.** Make sure to register to attend at https://forms.gle/y4cUDQ26CcubjN539

Dairy Bowl

It will soon be time to start Dairy Bowl practices again!! Remember, anyone who has an interest in learning more about the dairy industry can attend these practices. **Practices will start on February 9th, 7pm and run every Wednesday until the state contest in April**. All practices will be at the Extension Office. For more information contact Gary Brauning at 443-375-6963.



MD 4-H Animal Science State Update

The state will be offering a 4-H Animal Science Project Updates Webinar for Volunteers on **Tuesday, December 14th, 7:00-8:30 p.m. via Zoom.** This session will provide an overview of Animal Science Program policy and event changes/updates for 2022. This session will be of interest to Maryland 4-H Volunteers and Fair Volunteers working with 4-H members in the Animal Science program areas. Interested individuals should register at: https://forms.gle/MhQqtBNE2xaXcfQY6. Connecting information will be shared with registered individuals near the event date.

Tractor Safety/Certification Classes

Tractor Safety and Certification classes are returning in 2022!! Learn all about tractors and much more!! Remember, participation in the Tractor Safety Program is required if you wish to enter the tractor contest at the county fair!! The first 2 classes are scheduled at the Extension Office starting at 7pm on Monday, January 31st and Monday, February 7th. Classes then will move around the county to local businesses! If you have specific questions, please contact Bryan Harris at 410-984-0626.

Career AGsperience

Starting to think about your future? Want a better understanding of writing resumes, interviewing, how to find jobs or what to consider to further your education? Career AGsperience is for you then! Join us either virtually (January 12– February 16, every Wednesday night at 6:30pm) or for a 1-day in-person program on Saturday, February 26th at the Howard County Fairgrounds to explore your future. Remember, you do not have to be interested in an agriculture related career to participate in this program. The information shared works for any future career your thinking about! Register at: https://forms.gle/
FJXPFoggoaBUeg6m8

Demonstration Day

It's time to start thinking about Demonstration Day 2022! This event will be held on Saturday, February 19th at the Extension Office. Arrive between 9 and 11am, demonstrations will be given on a first come first serve basis. Start thinking about that demo you've been wanting to do. This is a great opportunity to compete at the county level while fulfilling a requirement for project records! All Demonstration Day registrations will be done on the Carroll County Fair website at www.carrollcountyfair.com. **Registration will open on January 1st and MUST be completed by January 31st.** Rules and regulations are attached to the end of this *Tribune*. If you have any other questions, call the Extension Office, or Superintendents, Jenn Hiscock (443)244 -1633 or Erica McAndrew (410)967-9399.

Public Speaking Contest

Prepare your speaking voices for the annual day of Public Speaking scheduled for Saturday, March 12th beginning at 9am. Rules and Regulations will be in this *Tribune* and can be found on the fair website.

Registration will open on January 1st and MUST be completed by January 31st. The procedure will be the same as past years, no pre-scheduled times, but you must be present between 9 and 11am to deliver your speech. Any questions, please contact the Extension Office or Superintendents, Della Leister at (443) 375-0123 or Rita Becker at (443)375-1114.

UME Volunteer Training

If you aren't already a UME Volunteer, make plans to complete the training in 2022. Just email Becky (bridgewa@umd.edu) and you can complete all of the required paperwork and training directly from your home. Trainings can be completed at anytime!

Volunteer Refresher Course

The state 4-H program is requiring all **UME Volunteers who have been a UME Volunteer for 5 or more years to complete the Maryland 4-H Volunteer Refresher Training ASAP**. It never hurts to get updated on information for volunteering with the Maryland 4-H Program. You can complete the Refresher Course from the comfort of your own home by visiting: https://vimeo.com/user68922404/review/413098455/71eb2bc785 review/413098455/71eb2bc785

4-H Leadership Council

All UME Volunteers, parents and senior 4-H members are welcome to attend the Carroll County 4-H Leadership Council meeting on **February 10th at 6:30pm.** This is a great opportunity to learn about the county program updates and a chance for you to give feedback on the program. Also don't forget that if you are an All Star their meeting will immediately start following this meeting.

Carroll County 4-H All Stars

Make plans to join the Carroll County 4-H All Stars meeting on **Thursday, February 10th**. The meeting will start following the Leadership Council meeting. We'd love to see more All Stars attending meetings and you can get 2 meetings in 1 night! Learn more about how the All Stars support the county 4-H program throughout the year! If you have questions, contact Jennifer Hiscock at hiscockjenn@gmail.com

4-H Project Book SALE!!

We have LOTS of 4-H Project Books at the office that offer great ideas to enhance 4-H project ideas, activities and more! Project books range from animal science, healthy living (foods), natural resources and so many more! We are putting books on sale for \$1/book. Make sure you stop in to see what we have in stock before they sell out!!

Bad Weather

If there is bad weather that means programs at the Extension Office may be cancelled! If there is no school, or there is early dismissal in Carroll County due to inclement weather, ALL 4-H events will be cancelled. In addition, if the snow emergency plan is in effect by 6pm, ALL 4-H events will be cancelled for that evening. If you have questions, call the Extension Office at 410-386-2760.

Carroll County 4-H COVID Updates

At this time, face masks must be worn by everyone attending ANY 4-H youth activities when indoors. Face masks are not required when meeting outside with social distancing. This is in accordance with CCPS face mask guidelines. If you have specific questions, feel free to reach out to the Extension Office.

Fair Pictures

Pictures from the 2021 Carroll County 4-H/FFA Fair are now available at: https://carrollcountyfair2021.smugmug.com/ Pictures will be available through the end of the year.

Fair Reminders

Everyone is welcome to participate in Fair Board meetings held at the Extension Office/Ag Center. The next meeting date is January 26, 2022. Meetings start at 7:30 P.M.

2022 Fair Dates—July 30 - August 5, 2022

Too many ribbons? Don't throw them away. If they are in good shape, drop them off at the Extension Office and we will recycle them for next year! Don't throw them out, let's recycle!

Dates to Remember

December 4	Project Record Judging, CC Extension Office, 9am
December 11	Project Record Judging, CC Extension Office, 9am
December 24	Extension Office Closed, Christmas
December 31	Extension Office Closed, New Year's
January 3	Senior Portfolios Due to Extension Office
	Market Beef/Dairy Steer, Commercial Heifer Registrations DUE,
January 8	Market Beef/Dairy Steer, Heifer Weigh-In/Tagging, CC Ag Center(TRP), 8-11am
January 12 thru	Virtual Career AGsperience Program, 6:30pm
February 16	(Wednesday nights)
January 14	Club Officers' Training, CC Extension Office, 6pm
January 17	Quilting Workshop, CC Extension Office, 9am-4:30pm
	Extension Office Closed, Martin Luther King Day
January 26	Fair Board Meeting, CC Ag. Center, 7:30pm
January 29	Beat the Mid-Winter Blahs, CC Extension Office/Ag Center
January 31	Tractor Safety Class, CC Extension Office, 7pm
February 7	Junior Record/Clover Memory Books due, CC Extension Office
	Diamond Clovers paperwork due to the CC Extension Office
	Tractor Safety Class, CC Extension Office, 7pm
February 10	Leadership Council/County All Star Meetings, 6:30pm
February 13	Beef Clipping Clinic, Shipley Arena, 9am
February 19	Demonstration Contest, CC Extension Office, 9-11am
February 21	Rocketry Workshop, CC Extension Office, 9am-noon
	Extension Office Closed, President's Day
February 23	Fair Board Meeting, CC Ag. Center, 7:30pm
February 26	Career AGsperience, Howard County Fairgrounds, 9am
March 12	Public Speaking Contest, CC Extension Office, 9-11am

Carroll County 4-H Team



Becky Ridgeway Torrey Silliman Jennie Chamelin

Extension Educator 4-H Agent Associate 4-H Program Assistant bridgewa@umd.edu tsillima@umd.edu jchameli@umd.edu

The Carroll County 4-H Website. Find the Tribune online, plus other forms and information for youth and leaders.

http://extension.umd.edu/locations/carroll-county

The MD 4-H Youth Development Website, news & information from all over the state, plus forms and information for youth & volunteers.

http://extension.umd.edu/programs/4-h-youth-development

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

The information given herein is supplied with the understanding that no discrimination is intended and no endorsement by University of Maryland Extension is implied.

If you need a reasonable accommodation to participate in any event or activity, please contact the Carroll County Extension Office at 410-386-2760, fax: 410-876-0132, at least two (2) weeks prior to the program.

"Beat The Mid-Winter Blah's" Registration Form January 29, 2022 -- Carroll County Ag Center



Registration deadline: 4:30 p.m., Jan. 7, 2022

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				SESSION 1: 9):30 - 10:00 A.M.										
Class #	Title	Instructor	Class	Ages	Items to Bring	Description									1
1A	Library 2 Part Class Intro to Beekeeping	Mike and Wanda Rawlings	No Charge	Ages 8 - 11	All materials provided	Beekeeping is a fun and exciting hobby! Join us in this class to learn all about workers, drones, and the queen; life cycle of bees; eggs, larvae, pupea and capped cells; bringing in pollen and nectar; and making bee bread! This is a 2-Part Class. You MUST sign up for Session 1A & Session 2A in order to take this class.									
18	Room A & Kitchen 2 Part Class Tasty Quick Breads	Jennie Chamelin	No Charge	Ages 8+	All materials provided	Don't know what to do with those mushy bananas? What about making the perfect corn bread to go with your Super Bowl Chill? Participants in this class will learn how to make homemade banana bread and corn bread from scratch. Each youth will go home with a mini loaf of each as well as recipes that will allow them to make these breads for County Fair. This is a 2-Part Class. You MUST sign up for Session 1B & Session 2B in order to take this class.									
10	Room B 2 Part Class Fondant Flowers	Elena Castonguay	No Charge	Ages 10+	All materials provided	In this class, I will provide all the material and I will lead you through the process on how to make gorgeous fondant flowers! You don't need any background experience to take this class. I will walk you through the basics of fondant before we begin the flowers. This is a 2-Part Class. You MUST sign up for Session 1C & Session 2C in order to take this class.									
1D	Room C 2 Part Class Slime Science	Anya Gumert	\$2.00	Ages 5 - 10	All materials provided	In Slime Science, not only will participants make 2 kinds of slime to take home, but you will also learn how different ingredients affect slime. You won't need to bring any of your own supplies. Everything will be provided. This is a 2-Part Class. You MUST sign up for Session 1D & Session 2D in order to take this class.									
1E	Room E 2 Part Class DIY Stamped T-shirt	Morgan and Hayley Yuenger	\$2.00	All ages	Please bring a new or old tee shirt.	It's so fun and easy to make your own eraser stamped t- shirt. Choose from a variety of stencils: 4-H Clover design, animals and more. Create your image with paint and your pencil eraser stamp. Bring a t-shirt (new or old) or bag to stamp on. This is a 2-Part Class. You MUST sign up for Session 1E & Session 2E in order to take this class.									
1F	Alesia 1 Meat Goats 101	Shannon Haines and Kim Boone		All ages	All materials provided	We will discuss what is needed to show meat goats at the Carroll County 4-H/FFA Fair.									
1G	Alesia 2 2 Part Class Beaded Bracelets	Natalie and Kristel Castonguay	No Charge	Ages 8+	All materials provided	We will be making beaded bracelets. Please note that the beads are very small and younger Juniors may need adult assistance. This is a 2-Part Class. You MUST sign up for Session 1G & Session 2G in order to take this class.									
1H	Medioid i	Caleb Chamelin, Andrew Knatz and Eli Barber	No charge	Ages 8+	All materials provided	Join Carroll County 4-H Livestock Judgers Caleb, Andrew and Eli to learn how to properly judge livestock. Livestock Judging is a wonderful program that not only gives you the opportunity to compete in County and State competitions, but gives you the skills to select your own market and breeding livestock animals. Plus, it is a ton of full In this workshop, you will have the opportunity to judge several classes as well as learn how to give a proper set of judging reasons. If you are curious at all about the Livestock Judging program, you won't want t miss this class. This is a 2-Part Class. You MUST sign up for Session 1H & Session 2H in order to take this class.									
		MOST OF THE	CRAFTS MA	DE DURING THE R	LAH'S MAY BE USED AS	ENTRIES AT THE FAIR!									-
			F THESE A	CTIVITIES ARE ME	SSY - PLEASE DRESS AF										
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Class#	Title See 1A	Instructor	Class	Ages	Items to Bring	Description									
	See 1B								 						
_	See 1B														1
	See 1D								 						
	See 1E														
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						Collecting cards is a great hobby for people of all ages!									
						Whether it's baseball cards, football cards or even Pokemon, cards are valuable and a hot commodity									
	Alesia 1					right now. Learn the proper way to display them, the									
2F	Card Collecting	Sam Chamelin	No Charge	All Ages	All materials provided	history of card collecing and how to enter them at the Carroll County 4-H/FFA Fair.									
2G	See 1G		, , , , ,	Ĭ	'										
	See 1H														
2H	See III			ļ											
						Build a model rocket! Learn all about building a model									
	Blizzard					rocket and learn all about the fair rocketry contest! You									
	3 Part Class			All Ages - Clover	For this class, white glue,	will build a rocket in this class! Advanced builders are welcome to bring your own project for assistance.									
	Building Model			aged participants may need	paper towels and any building material you may	This is a 3-part class. You MUST sign up									
21	Rockets	Viney Family	\$5.00	assistance	have will be needed.	for Session 2I, 3I and 4I.									
-					BLAH'S MAY BE USED AS ESSY - PLEASE DRESS AI										
				SESSION 3: 1	10:50 - 11:20 A.M.										
Class	# Title	Instructor	Class	Ages	Items to Bring	Description									
						Beekeeping is becoming very popular here in Carroll									
						County. Did you know that Westminster is Bee City, USA? Join us in the class to learn all about beekeeping									
						and then how to exhibit your bee products like honey									
						and candles at the Fair. In this class, we will cover short course; ordering a package or nuc; building or buying									
						your equipment; finding the right spot for your Apiary;									
						surviving the first winter; how to prepare honey for show; harvesting different times of the year; preparing									
	Library					and rendering wax; and other products for show. This									
	2 Part Class					is a 2-Part Class. You MUST sign up for									
	Getting Started with	Mike and				Session 3A & Session 4A in order to take									
3A	Bees & Exhibiting Bee Products	Wanda Rawlings	No Charge	Ages 11 - 18	All materials provided	this class.									
			, , , , ,												
						We will create food with felt - everything from bacon to									
	Room A				Please bring 10 pieces of	avacados. You can enter it in Felt Craft or in Family Life as a toy. Get ready to be creative! This is a 2-Part									
	& Kitchen				felt, hot glue gun with glue	Class. You MUST sign up for Session 3B									
	2 Part Class Felt				sticks or tacky glue, scissors that will cut felt	& Session 4B in order to take this class.									
3B	Food Fun	Steele	No charge	Ages 8+	and a permanent marker.										
						In this class, you will work alone or with a partner to									
						take materials meant to make a certain craft and try to									
						figure out how to make that craft without any lead or picture on how to do so. This is a fun class just to test									
						your creative side! These crafts will be simple crafts									
						and you will have a time limit to try to complete the craft by. If you dare to test your creative side, come take this									
	Room B					class! This is a 2-Part Class. You MUST									
	2 Part Class					sign up for Session 3C & Session 4C in									
3C	Crafty Challenge Boxes	Elena Castonguay	No Charge	Ages 8+	All materials provided	order to take this class.									
- 50	Boxoo	Cuotonguay	INO Onargo	/ tgoo o	7 til Matorialo providod										
3D	Room C														
- 55	<u> </u>		<u> </u>			1	 	+				 			
I						Want to learn how to sew? Take this introductory									
I						sewing class and go home with a completed pillow. Participants will learn how to use a sewing machine,									
						properly measure and cut fabric, stuff a pillow and hand									
I						sew a closure. This is a great fair project as well as a wonderful gift. Participants will need to bring a 1/2 yard									
						of pillow appropriate fabric as well as a 32 oz. bag of									
	_					fiber fil. One fiber fill bag will stuff 2 pillows, so siblings or friends are encouraged to share a bag between 2									
	Room E				Please bring 1/2 yard of	people. This is a 2-Part Class. You MUST									
	2 Part Class Sew and Stuff Pillow	Jennie Chamalin	No. of	Agon 91	fabric and a 32 oz. bag of	sign up for Session 3E & Session 4E in									
3E	Sew and Stuff Pillow	Cnamelin	No charge	Ages 8+	fiber fil.	order to take this class.		+							
1						Stage Fright? Not sure how to get started in Public									
1						Speaking? This is your opportunity to learn from a									
1	Alesia 1					professional! Learn the tricks of the trade and how to give a proper talk that is entertaining as well as									
	2 Part Class					informative. This is a 2-Part Class. You									
1	Public Speaking?					MUST sign up for Session 3F & Session									
3F	Piece of Cake!	Sam Chamelin	No charge	All Ages	All materials provided	4F in order to take this class.			<u> </u>						

3G	Medford 1 2 Part Class No-Sew T-shirt Tote Bags	Kate Fisher	No Charge	Parents of Clover age participants should stay to assist	Please bring 1 - 2 tee-shirts without holes in them (holes on the sleeves or armpits is fine though) and fabric scissor if you have any	Participants will repurpose tee-shirts into no-sew cloth tote bags using cutting and tying techniques. This is a great way to get more use out of your favorite tees or shirts you have outgrown. This class is open to all ages, but participants under the age of 10 may require adult assistance. Adult or helpful older siblings are required to be present for participants under the age of 8. This is a 2-Part Class. You MUST sign up for Session 3G & Session 4G in order to take this class.									
ЗН	Medford 2 2 part Class The Ambassador Team - Who We Are and What We Do	Jenn Hiscock and 4-H Ambassadors	No Charge		All materials provided	This class will teach you about an amazing leadership opportunity that is available to all intermediate and senior 4-H youth; the Carroll County Ambassador Team. You will learn about who we are, what we do, ask questions and see what a typical Ambassador meeting would be like. We can't wait to see you all at the class! (This class would be good to pair with/accompany the service project class.) This is a 2-Part Class. You MUST sign up for Session 3H & Session 4H in order to take this class.									
31	See 2I														
-		MOST OF THE (RAFTS MAI	DE DURING THE P	LAH'S MAY BE USED AS E	INTRIES AT THE FAIR!									
		MANY	OF THESE A	CTIVITIES ARE ME	SSY - PLEASE DRESS AP	PROPRIATELY!									
L			s	ESSION 4: 1	1:30 - 12:00 P.M.										<u>. </u>
Class #	Title	Instructor	Class	Ages	Items to Bring	Description									\equiv
4A	See 3A				1										
4B	See 3B														
			-		+			+					-	 	
4C	See 3C														
4D	Room C	Carrie Cross	No charge	All ages	Bring a small, clean rock about the size of your palm or hand.	Let your imagination run wild as we have some fun decorating ROCKS with markers! All supplies except the rock will be provided. You will be required to bring a clean rock to the class. It should be about the size of your palm, or hand, if you have small hands. We suggest a light-colored rock so that the colors show better.									
4E	See 3E														i
4F	See 3F														1
4G	See 3G														1
4H	See 3H														
41	See 2I														
		MOST OF THE C	RAFTS MAD	DE DURING THE B	LAH'S MAY BE USED AS E	NTRIES AT THE FAIR!									
		MANY	OF THESE A	CTIVITIES ARE MI	ESSY - PLEASE DRESS AF	PROPRIATELY!									
			:	SESSION 5:	12:30 - 1:00 P.M.										1
Class #	Title	Instructor	Class	Ages	Items to Bring	Description									
5A	Library 2 Part Class Origami Time	Brenna Chamelin	No charge	All ages	All materials provided	Origami is the Japanese art of paper folding and is a fun and inexpensive hobby. Leam how to make serveral basic origami items that you get to take home with you that day. This is a great craft for youth of all ages! This is a 2-Part Class. You MUST sign up for Session 5A & Session 6A in order to take this class.									
5B	Room A & Kitchen 2 Part Class Beat the BLAHS with Flowers	Cathy Caster	\$5.00	Ages 10+	All materials provided	Want to learn how to arrange live flowers? Join us in this fun class and make a beautiful flower arrangement to brighten your home or give to someone special and put a smile on their face! This is a 2-Part Class. You MUST sign up for Session 5B & Session 6B in order to take this class.									
5C		Kyle and Alyson Schulze	No charge	All ages	All materials provided	Everything you've ever wanted to know about livestock and didn't know to askl Learn what skillathon is as you experience a mini skillathon practice through animal breeds, equipment, animal part identification and more! This is a 2-Part Class. You MUST sign up for Session 5C & Session 6C in order to take this class.									
5D	Medford 2 2 Part Class Pledging Our Hands to Larger Service	Jenn Hiscock and 4-H Ambassadors	No Charge	All ages	All materials provided	Have fun while doing good for your community! Join the Carroll County 4-H Ambassador Team in completing a service project to serve our community. Participants will each create their own fleece blankets to donate to a local organization to provide comfort during the cold, winter months. For participants in middle and high school, you will be able to earn 1 student service learning hour for your participation in this class. (This class would be good to pair with/accompany the Ambassador overview class.) This is a 2-Part Class. You MUST sign up for Session 5D & Session 6D in order to take this class.									

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5E	Room E 2 Part Class Machine Sewing Mini Drawstring Bags	Melaina Grothe	\$2.00	Ages 10+	Please bring fabric scissors if you have them and 1/4 yard of fabric	Learn to sew a mini drawstring bag that would be perfect for Valentine's Day treats. We will be using sewing machines to create these bags. Please bring fabric scissors if you have them and 1/4 yard of fabric if you want to use your own fabric.This is a 2-Part Class. You MUST sign up for Session 5E & Session 6E in order to take this class.									
5F	Alesia 1 2 Part Class All the Slime!	Charlotte Chamelin	\$5.00	All ages	All materials provided	You know all kids love a good slime! Now they can make their own! Did you know that there are several different types? Take this class to learn how to make different types of slime as well as to get to take home your own ooey gooey slime. This is a 2-Part Class. You MUST sign up for Session 5F & Session 6F in order to take this class.									
5G	Alesia 2 2 Part Class Wacky Face Stress Balls	Elena Castonguay	No charge	All ages	All materials provided	In this class, we will make stress balls out of balloons and other materials with fun faces and colors! This is a 2-Part Class. You MUST sign up for Session 5G & Session 6G in order to take this class.									
5H	Medford 1 2 Part Class Building a Rabbit Nesting Box	Kathy Servin	\$5.00	All ages	Please bring a screwdriver if possible.	We will build a rabbit nesting box. There will be one adult helper for every five kids. Parents of Clover age participants are encouraged to stay to assist their child(ren). This is a 2-Part Class. You MUST sign up for Session 5H & Session 6H in order to take this class.									
51	Blizzard Winter Wildlife: Homemade Bird Feeder and Citizen Science	Torrey Silliman	No Charge	Parents of Clover age participants should stay to assist	All materials provided	We don't think about winter being a good time for wildlife viewing, but birds provide the perfect way to easily enjoy the outdoors while staying warm at home! In this class, students will learn about common Maryland winter backyard birds, discover how they can become real citizen scientists, and craft their own homemade bird feeders.									
		MOOT OF THE	DAFTO MA	DE DUDING THE F	BLAH'S MAY BE USED AS	ENTRICO AT THE FAIRI									
		MANY C	F THESE A	CTIVITIES ARE ME	SSY - PLEASE DRESS AP	PROPRIATELY!									
					1:10 - 1:40 P.M.										
Class #		Instructor	Class	Ages	Items to Bring	Description									
6A	ISEE 5A														
	See 5A														
6B	See 5B														
6B	See 5B See 5C														
6B 6C 6D	See 5B See 5C See 5D														
6B 6C 6D 6E	See 5B See 5C See 5D See 5E														
6B 6C 6D 6E 6F	See 5B See 5C See 5D See 5E See 5F														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														
6B 6C 6D 6E 6F 6G	See 5B See 5C See 5D See 5E See 5F See 5G														





CARROLL COUNTY 4-H AMBASSADOR PROGRAM

Application Due: No later than **Friday, March 25, 2022**Deliver or Mail to: Carroll Co. Extension Office (4-H)

700 Agriculture Center Westminster MD 21157

Interviews: Saturday, April 2, 2022

Dear 4-H Members,

If you are between the ages of 14 and 18 and would like to apply to be a Carroll County 4-H Ambassador, please submit the following items to the Extension Office **no later than Friday, March 25, 2022**.

Application Process Requirements:

- Completed Application Page (with photo), Responses to Application Questions, and Resume.
- Two (2) letters of reference attached to application. Letters should support your consideration as an Ambassador. Please make one letter from a 4-H adult, and one letter from a non-4-H adult. Letters may be from leaders, club officers, teachers, coaches, etc. No references from relatives will be accepted (even if they are your club leader).
- Reference Letters must come with your application packet.
- SUBMIT YOUR APPLICATION PACKET BY 3/25/22. No faxed items will be accepted.
- Application packets not completed and received by March 25, 2022 will not be considered.

Interview will take place Saturday, April 2, 2022:

- Be prepared with a five-minute presentation about "What ways can the Ambassador Team increase community service and leadership opportunities for Carroll County 4-H members?". You may use visuals. If you choose to use PowerPoint, your presentation must be sent to the Extension office prior to the interview day.
- Be prepared to answer questions related to: Your 4-H experience, leadership perspective and aspirations for 4-H and the Ambassador Team.

If you have any questions about the Ambassador Program, or about anything pertaining to the application and/or interview process, please do not hesitate to contact me at 410-386-2760 or via email at bridgewa@umd.edu.

Becky Ridgeway Extension Educator – 4-H Youth Development UME – Carroll County





DUE TO:

Carroll County 4-H 700 Agriculture Center Westminster, MD 21157

Application Due:

March 25, 2022

ATTACH
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HERE

Interviews will be Saturday, April 2, 2022 at the Carroll County Extension Office.

Full name:	Age:	Birth Date	e:
Address:			
Phone:	Email A	.ddress:	
Parent/Guardian Name: 4-H Club(s)			
Years of Club Work Complet	ed: Proje	ects Carried:	
Shirt size:			
	School Le		
Name of high school:		Year of Grad	duation:
Freshman Soph	nomore _	Junior	Senior
Name of college:		Year of Gradu	ation:
Freshman Sopt	nomore _	Junior	Senior
Name of Technical or Trade Scho Field of Study:			







Demonstrations & Illustrated Talks

Superintendents – Jenn Hiscock (443) 244-1633 hiscockjenn@gmail.com

Erica McAndrew (410) 967-9399 erica.mcandrew@gmail.com

Assistants – Sandra Stonesifer (410-857-0416)

CONTEST: SATURDAY, FEBRUARY 19, 2022 – 9:00 A.M. CARROLL CO. EXTENSION OFFICE

- THERE WILL BE NO ASSIGNED TIMES FOR DEMONSTRATIONS THIS YEAR WITH THE EXCEPTION OF TOP CHEF CHALLENGE. The contest will start at 9:00 a.m. Report to the registration desk in Burns Hall no later than 11:00 a.m. to participate.
- You will need to pre-register. Registration forms will be available on the Carroll County Fair website. There will be a link to direct you to the form. You will need to create a different login from the one you used for the fair. Online registration opens January 10, 2022 and closes 11:59 p.m. February 4, 2022.
- Room Monitors (those who assist in keeping the day running smoothly) are needed. Call Sandy Stonesifer at 410-857-0416 or the 4-H office to sign up. Room monitors will be given the opportunity to do their presentation.
- Classes ages as of January 1 of the current year Clovers ages 5-7; Junior ages 8-10; Intermediate ages 11-13; Senior ages 14-18.

DIVISIONS - Rules and Regulations

- 1. Division A –Juniors (ages 8 thru 10)
- 2. Division B Intermediates (ages 11 thru 13)
- 3. Division C Seniors (ages 14 thru 18)
- 4. Division D Clovers (ages 5 thru 7)
- 5. Participants may give both an individual and team demonstration or illustrated talk. If two are given, they must be in different classes. One team member MUST contact superintendent to indicate who is giving the demonstration. BOTH team members must register online.
- 6. ATTENTION TOP CHEF Challenge Participants: You will be notified of your presentation time prior to the event.
- 7. There is a limit of 3 demonstrations given per person.
- 8. The length of a demonstration or illustrated talk should be: Junior Division minimum 5 minutes, maximum 8 minutes; Intermediate Division minimum 8 minutes, maximum 10 minutes; Senior Division minimum 10 minutes, maximum 15 minutes
- 9. Previous state champion demonstrators are eligible to compete in the same project area within each age division.
- 10. Types of demonstrations participant can give:
 - a. **Illustrated Talk** Structured with an introduction, body, and summary. Instead of actually showing how to do, you explain how by use of illustrations, charts, or posters. You usually do this kind of talk in an area where you cannot actually show "how to do something" (i.e., How To Prepare A Compost Manure Bed).
 - b. **Formal Demonstration** Structured with an introduction, body, and summary. You are showing step-by-step how to do something resulting in a finished product.
- 11. Live animals are no longer allowed to be brought to the Extension Office as part of the demonstration or illustrated talk for classes 1008, 2008, 3008. Live animals may be used in classes 1009, 2009, 3009. Please be sure animals are properly restrained.
- 12. Shooting Sports demonstrations using firearms, must be left in a vehicle until time of presentation and immediately returned to vehicle at the conclusion of demonstration. Also firearm, must be inspected by a UME Volunteer trained within the shooting sports program prior to start of demonstration.
- 13. You may use "PowerPoint" as part of an Illustrated Talk. It will be your responsibility to provide a laptop computer for the presentation. A representative from the 4-H office will assist in setting up and connecting to the projector. You MUST contact the superintendent in advance so arrangements can be made for the presentation to be done in a room with a projector.

- 14. Premiums-\$10.00 per demonstration given; rosettes will be given to everyone who participates. Champion demonstrations will be awarded a medal. Club groups may participate and will be awarded a \$25 premium per demonstration.
- 15. Club demonstrations must be registered for a demonstration under the club and not the name of an individual. Please contact the superintendent if you have any questions.

CLASSES – Section 001

Jr. Int. Sr.	
1001 2001 3001	Automotive, Tractors, Small Engines, Bicycles
1002 2002 3002	Arts & Crafts, Photography
1003 2003 3003	Clothing, Personal Appearance
1004 2004 3004	Conservation, Entomology, Forestry, Marksmanship (See rule above)
1005 2005 3005	Family Life, Child Care, Safety, Health, Home Environment
1006 2006 3006	Gardening, Plan & Plant, Ag Commodities
1007 2007 3007	Handyman, Electric, Woodworking
1008 2008 3008	Livestock – Beef, Sheep, Swine, Horse/Pony, Dairy goat, Dairy Cattle, Veterinary
	Science (See rule above)
1009 2009 3009	Livestock – Rabbits, Poultry, Small Pets, Dogs
1010 2010 3010	General
1011 2011 3011	Food/Nutrition

$\underline{Section~002}$ – Clovers (ages 5, 6 and 7 years of age as of January 1 of the current year) – Rules and Regulations

- 1. Clovers will be evaluated and encouraged but not judged using the Danish system. All youth will receive a participation award. Premium offered for each clover's presentation is \$5.
- 2. A special clover evaluation sheet will be given to each participant.
- 3. No large animals are to be used in the demonstration. Kitchen facilities WILL NOT be available to clover demonstrators.
- 4. Demonstrations can be a team or individual presentation.
- 5. Class 120

Section 003 – Horticulture– Individual – Rules and Regulations

- 1. No individual or team will be allowed to present the same demonstration in successive years.
- There is no minimum time limit. The maximum time limit is 15 minutes. Demonstrations over this time limit will be penalized. Set-up and take-down time is not included in the 15 minutes allotted for the demonstration.
- 3. At the end of the presentation the judges will have the right to ask questions. Questions will not be allowed from any individual other than the judge(s).
- 4. Presentations must be a demonstration.
- 5. Participants are responsible for bringing everything they need for their presentation. This includes extension cords, bowls, tablecloths, utensils, etc. Although every effort will be made to have a refrigerator and stove accessible, there is no guarantee.
- 6. Open flames are **prohibited** in any portion of the demonstration.

CLASSES – Section 003

Class 4025	Production – Any practice that has to do with growing vegetables, fruits, nuts, flowers,
	ornamental plants and turf as well as those practices concerned with maintaining,
	replenishing, or increasing the productive capacity of the soil.
Class 4026	Marketing – Operations in preparing vegetables, edible tree nuts, fruits, flowers, and
	ornamental plants for market, offering for sale to a buyer or preparing for storage and
	exhibiting those horticultural crops.
Class 4027	Artistic Arrangement of Flowers and Vegetables – The use of flowers, vegetables and other
	horticultural crops in arrangements, corsages and plaques. Materials used may be live or
	dried. Weeds and native materials may be used. Artificial plants and flowers are not to be
	used.

Class 4028 **Landscaping** – Any practice that has to do with arrangement, establishment and maintenance of flowers, ornamental plants and turf around or within the home, business or public grounds. (Demonstrations on growing landscaping materials should be entered in the production class. Cut flower arrangement should be entered in class 4027.)

Section 004 - Top Chef Challenge - Rules and Regulations

- 1. ALL TOP CHEF Challenge participants will participate in their age group categories. Seniors will go from 9:00-10:00 a.m.; Intermediates will go from 10:00-11:00 a.m.; Juniors will go from 11:00 a.m.-12:00 p.m.
- 2. Participants for the event will compete simultaneously in their own designated workspace.
- 3. Participants will create their own healthy dish based on their age division. Prepared dish will be presented on a table setting using your own dishware, utensils, napkins, glassware, etc. appropriate to the theme of the dish.
- 4. Table settings require a tablecloth for the serving table, plastic or glassware dishes to serve the food item, appropriate utensils, napkins, and anything else that would help display your food item.
- 5. All ingredients should be measured during the presentation.
- 6. Participants will have access to a microwave, electric range, and oven. Those who use one or more of these, remember the time constraints for preparation time and demonstration time.
- 7. Participants will be given 20 minutes or less to prepare the kitchen set-up, ingredients, equipment, and anything else needed and then will have a maximum of 30 minutes to demonstrate how they prepare the dish
- 8. Participants will be judged on their preparation skills before the demonstration begins.
- 9. **OPTIONAL** Add-ons for your presentation: nutrition fun facts, ingredient card, poster
- 10. Participants should practice safe food handling skills including washing hands, food sanitation, monitoring temperature of perishable items, keeping a clean work environment, and wearing proper attire (Ex. Aprons, tying hair back for events, wear cover-toed shoes, wear oven mitts, etc)

CLASSES – Section 004

Class 1030	Jr. Entry: "Looking Back and Celebrating the Past" Dessert
Class 2030	Int. Entry: "Looking Back and Celebrating the Past" Appetizer
Class 3030	Sr. Entry: "Looking Back and Celebrating the Past" Main Dish

The Top Chef theme for this year is "Looking Back and Celebrating the Past" as this is the 125th anniversary of the Carroll County 4-H/FFA Fair. Participants should take this opportunity to reflect on their past life experiences, family heritage, a beloved recipe that has been passed down through generations, etc. Upon recreating their identified food item (dessert, appetizer, or main dish), each participant should be ready to share how their food is connected to the year's theme of "Looking Back and Celebrating the Past."

Section 005 – **Menu Judging** – **Objectives**

- 1. Participants are encouraged to select and plan menus for one day according to the Dietary Guidelines.
- 2. Participants acquire knowledge about the nutritional value, cultural and ethnic characteristics of a wide variety of foods.
- 3. Participants develop skills in selecting and balancing meals for one day for a variety of lifestyles to learn how lifestyles affect meal patterns.
- 4. Participants apply nutrition information to food choices.
- 5. Participants use nutrition labeling in selecting foods for quick meals.

Section 005 – Menu Judging - Rules and Regulations

- 1. Participants will only be allowed to exhibit 2 menu entries.
- 2. Menus should include the correct number of servings from each food group in the Pattern for Daily Food Choices.
- 3. Menus should include contrast of color, texture and flavors. Only one menu entry per class will be accepted for each 4-H member. Menu entries will be received no later than February 4, 2022, at the Carroll County Extension Office. Judging will occur prior to Demonstration Day.
- 4. On the reverse side of the menu print name age complete address class number

- 5. On an additional page, describe for whom the menu is planned to include self or other family member, age, activity or other information. Tell why the menu is balanced and explain how selections meet the Dietary Guidelines.
- 6. Menus should include a description of the preparation methods and amounts of foods.
- 7. Judging criteria includes (score sheets available at the 4-H Office): Nutrition 30%, Variety 30%; Meal Appeal 10%; Moderation of sodium, fat, sugar 10%; Food Needs of Family Member 10%; Creativity 10%
- 8. Prepared menu for a day using the MyPlate Nutritional Plan. Three meals, including no snack, hand printed or typed vertically on one 8 ½" x 11" sheet of paper, mounted on construction paper no pictures. Updated information available from the 4-H Office.
- 9. Class Champions will be eligible for further competition during the Maryland State Fair.
- 10. Premiums \$10.00 premium awarded for each demonstration given.

Classes – 005 - Menu Judging

Jr. Int. Sr.

1035 2035 3035	Convenience Foods – One or more meal(s) may include pre-packaged or prepared
	convenience food(s); i.e., TV dinner, frozen entrée or side dish, packaged rice or
	macaroni product, etc. Attach label(s) from the convenience food used.
1036 2036 3036	One Meal is from a Fast –Food Restaurant – one meal is purchased from a fast-food
	restaurant. Attach nutritional information from the fast-food restaurant.
1037 2037 3037	One meal is a packed lunch – one meal should be written as a bagged or packed meal.
1038 2038 3038	Vegetarian Menu – three meals meeting the nutritional needs of a vegetarian (lacto-ova).
	You may include dairy products and/or eggs, but not meat, poultry, or fish.
1039 2039 3039	Ethnic Menu – describe the culture represented
1038 2038 3038	Vegetarian Menu – three meals meeting the nutritional needs of a vegetarian (lacto-ova). You may include dairy products and/or eggs, but not meat, poultry, or fish.

Section 006 – Food & Nutrition Poster Contest – Rules and Regulations

- 1. Only one entry per 4-Her is accepted.
- 2. Posters may be eligible for exhibition at the Maryland State Fair.
- 3. Posters may be either horizontal or vertical. Horizontal posters are encouraged; however, avoid a square-shaped poster.
- 4. Posters must be designed or affixed to a standard poster board with 14" x 22" dimensions.
- 5. Posters may be designed using watercolor, ink, crayon, acrylic, charcoal, oils, or collage. It must not be three-dimensional.
- 6. Well-known cartoon figures such as Sponge Bob, The Simpsons, Scooby Doo, etc., cannot be used because they are protected by copyrights. Brand names of foods cannot be used.
- 7. The exhibitor's name, age, address, and a brief interpretative statement should be clearly written on a piece of paper and attached to the back of each poster in the upper left-hand corner.
- 8. Judging criteria includes information given and idea expressed 25%; art, design, and lettering 25%; construction 10%; and nutrition information 40%.
- 9. Posters will be received no later than February 4, 2022, at the Carroll County Extension Office. Judging will occur prior to Demonstration Day.
- 10. All posters will be judged on the Danish System. Score sheets will be provided for the poster exhibits.
- 11. Premiums \$10.00 premium awarded for each demonstration given.

CLASSES – Section 006 – Food and Nutrition Poster Contest

Class 1045	Jr. Entry
Class 2045	Int. Entry
Class 3045	Sr. Entry

Section 007 – Food Science Display – Objectives

- Participants will develop an appreciation of the scientific process through planning and conducting experiments in food and nutrition.
- Participants gain experiences in reviewing, organizing, and interpreting scientific ideas in food and nutrition.
- Participants increase their knowledge about how science is used to convert raw agricultural produce into processed food products.

- Participants increase awareness of the relationship of biological and physical sciences to food and nutrition.
- Participants understand the importance of food and agricultural science and technology in providing a wide array of foods in today's markets and to recognize the many career opportunities.

Section 007 – Food Science Display - Rules and Regulations

- 1. No project may involve any live animals or harmful chemicals, explosives, open flames, or any other potentially dangerous materials.
- 2. Exhibitors must work on their displays individually. Team projects are NOT allowed.
- 3. Youth presenting a Food-Science Display will participate in conference judging on Demonstration Day.
- 4. The size of the display must be a minimum of 28" W x 14" D x 22" H or a maximum of 42" H x 36" W x 17" D and sturdy enough to stand alone.
- 5. The report may be hand-written or typed and attached to the display board. DO NOT attach multiple pages.
- 6. Food-Science Display scoring Scientific thought 35%; Originality 25%; Thoroughness 20%; Technical Skill 10%; Clarity 10%
- 7. Class Champions will be eligible for further competition at the Maryland State Fair.
- 8. Premiums \$10.00 premium awarded for each demonstration given.

Parts of Display -

Title – The title is written as a question or statement. Examples: What are the Effects of Enzymes on Fruits? OR The Effects of Enzymes on Fruits

Purpose – The purpose is a short statement of why the project was done. Example: The purpose of this project is to determine the effects of enzymes on the browning of fruit.

Problem – This tells what you want to investigate. This is usually in the form of a question.

Example: Why do apples turn brown when exposed to air?

Procedure – The procedure records the step-by-step manner in which the experiment was performed. Careful thought should be given to the identification of variables and the materials used.

Results – The results present an organized view of the information collected. Charts, graphs, tables, pictures, and/or drawings should be used to explain the results to others.

Conclusion – The conclusion explains the importance of the results. You will tell what you think the data you have gathered means.

The Display -

- Your display must be a three-sided display. It will be exhibited standing so it must be able to stand by itself. Please check these suggestions and exact sizes listed previously:
- Make your backboard from sturdy light-weight material: Heavy tag board, cardboard, or poster board are good choices for backboard materials. Put the three sections or the backboard together with hinges or strong, wide tape.
- The title and other large letters may be cut out of construction paper and attached to the backboard. Stenciled or stick-on letters may also be used. Make sure that your title is easy to see.
- Drawings and sketches should always be drawn in pencil first and then re-traced. It is better to draw them on separate pieces of paper, mount them on construction paper, and then attach them to the backboard. Make sure all drawings and pictures are labeled.
- Plan to put the experiment in front of the center part of the backboard. You may use the equipment and the samples as part of the display.

Food-Science Experiment

This display offers exhibitors the opportunity to use the "learning by doing" process to discover important scientific facts as well as experience the joy of exploration. It is important that the youth allow ample time to complete the experiment and build the display before the competition. Re-read the descriptions and requirements of the Food Science Display and allow ample time to complete the project.

<u>Scientific approaches</u> – Youth should follow the scientific method in conducting their experiments using inductive reasoning. Inductive reasoning bases the conclusions on the examination of data collected:

i.e., the fermentation of dough is affected by the temperature. The inductive approach would take identical pieces of dough and ferment for the same period of time at different temperatures and record the differences in size of the fermented dough before coming to a conclusion.

The scientific method involves four steps:

The Purpose/Problem that will be answered through investigation (hypothesis, a statement that will be either proven or challenged).

Procedure – a statement of how the investigation is to be carried out. This step requires careful planning and thinking about the investigative plan of attack.

Results – information gathered during the investigation is called data. After the data are collected, they need to be tabulated or diagrammed to aid in the analysis and explanation of results.

Conclusion – challenge the hypothesis or answer the questions asked.

<u>Setting Up The Display</u> – the purpose of the display is to show the course of the investigation and outcomes. The three-paneled free-standing display is used to highlight your investigation. Block the information in pencil, and when the display is complete, use a felt pen. Include the following information on the panels:

The purpose/problem (hypothesis) the investigation is about to answer

A description of the Procedure used to carry out the project

Results and conclusions (based on data collected)

Body of the data or a model of the center panel of the display

CLASSES – Section 007 – Food Science Display

Class 1050	Jr. Entry
Class 2050	Int. Entry
Class 3050	Sr. Entry

DIVISION J – Club Demonstrations – Rules and Regulations

Must be registered for the presentation as a club and not an individual.

A division has been created for club groups to do a demonstration or illustrated talk. Clubs will choose their own topic including AT LEAST 5 or more club members participating. Demonstrations should range from 10-15 min in length. Class champions will not be chosen in this division. **A premium of \$25.00** will be given to each club.

University of Maryland Extension programs are open to all and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, or national origin, marital status, genetic information, or political affiliation, or gender identity and expression.

If you need assistance to participate in this program, please contact the Carroll County Extension Office (telephone: 410-386-2760; FAX: 410-876-0132) at least two weeks prior to the program

CARROLL CO. 4-H PUBLIC SPEAKING CONTEST - 2022



SUPERINTENDENTS: Della Leister (443) 375-0123 Rita Becker (443) 375-1114

CONTEST: SATURDAY, MARCH 12, 2022 - 9-11 A.M. - CARROLL CO. EXTENSION OFFICE

• Participants will need to report to the registration desk in Burns Hall immediately upon arrival to check-in and wait until your assigned room is available. You will need to pre-register. Registration will occur through the Carroll County Fair website/registration system and will be announced when the system opens.

RULES AND REGULATIONS -

- The contest consists of the following categories: Prepared Speech, Extemporaneous Speech, Radio Spot Announcement, 4-H Pledge, Interpretations – Humorous, Poetry & Dramatic.
- Contestants will participate in appropriate age category: Clovers = ages 5 7 years; Juniors = ages 8 10 years; Intermediates = ages 11 13 years; Seniors = ages 14 18 years. Ages are determined as of January 1st of the year in which the contest is held.
- First-Year Juniors are 4-H members ages 8 10
 years of age as of January 1 of the current year
 who have not participated or competed in either
 a county Demonstration Day or Public Speaking
 Contest.
- First-Year Juniors may participate in Division C (Junior) OR Division B (First-Year Junior); BUT NOT BOTH.
- Time limits: Judges may deduct points for speeches not meeting or exceeding time limits.

Prepared Speeches – Clovers = 2 to 4 minutes; Juniors = 3 to 5 minutes; Intermediates and Seniors = 4 to 6 minutes

Extemporaneous Speeches –Juniors and Intermediates = 2 to 3 minutes; Seniors – 3 to 5 minutes

Radio Spot Announcements - 30 seconds for all age groups

Dramatic Interpretation, Poetry
Interpretation, Humorous Interpretation –
Clovers, Juniors, and Intermediates = 2 to 3
minutes; Seniors = 3 to 5 minutes

 Visual aids, including posters, are not permitted. Appropriate gestures are encouraged. Dramatic Interpretation contestants may opt to sit for their presentation.

Prepared Speech

- 7. Prepared Speech contestants may speak on any topic. It may be wise to discuss topics that could be considered as controversial with your 4-H or Extension Educator before the contest. The speech may be written for a specific audience such as a 4-H club, PTA, or a community-service organization. Note cards containing a key word outline are permitted. Only Juniors and Clovers may use a complete script.
- Memorization is not encouraged; however, speaking from an outline is encouraged.

Extemporaneous Speech

9. Extemporaneous Speech contestants will draw three topics on the day of the contest. They will choose one topic to speak on. Juniors and Intermediates may have up to 30 minutes and Seniors may have up to 15 minutes to prepare their talk. Contestants may use one side of up to four or both sides of up to two 4" x 6" note cards to write their key word outline. No speech should be fully written on the cards.

Radio Spots

10. Radio Spots should be exactly 30 seconds in length and may include a musical or sound effect introduction and/or background, but MAY NOT INCLUDE a spoken introduction or "tag" by anyone other than the contestant. If music or a sound effect is used, the contestant must provide and operate the sound-making device.

The contestant MUST provide a complete written script (including notations about music/sound effects) to the timekeeper to aid in timing accuracy. Musical/sound-effect introductions and endings are considered a part of the radio spot and must not cause the 30-second time limit to be exceeded. The spot should relate to 4-H, be original and be created by the contestant. With the speaker's permission, spots may be considered for promotional purposes.

11. Speakers may speak or interpret in a language of their choice. If using a language other than English, the participant must inform the Extension Office before the event so that judges may be acquired.

<u>Interpretations</u>

12. Dramatic – the memorized oral interpretation by an individual or a serious selection of narrative or dramatic literature. The speaker shall memorize this oral interpretation. It shall be a serious selection of narrative or dramatic literature. Monologues are acceptable. Mime (use of your body to create an interpretation) is also acceptable. Cuttings may incorporate characters, but monologues are acceptable. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.

- 13. Poetry the memorized oral interpretation by the speaker. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.
- 14. Humorous the memorized oral interpretation of a humorous selection by the speaker. Cuttings may be taken from published plays or prose. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.
- 15. Speakers in the Interpretation Classes (Dramatic, Poetry and Humorous) can speak or interpret in language of their choice. If using a language other than English, the participant must inform the Extension Office before the event so that judges may be acquired.

4-H Pledge

16. 4-H Pledge class is a non-competitive recitation of the 4-H Pledge. Participants will be evaluated as described on the score sheet. Judges may ask questions regarding the meaning of the Pledge and its significance to the participant.

Additional General Rules

- 17. Judges may ask questions of contestants in the Pledge, Prepared Speech, and Extemporaneous Speech, Dramatic Interpretation, Poetry Interpretation, Humorous Interpretation categories related to the presentation's topic. Due to time constraints, questioning should be limited to two or three minutes per speaker. Questions will not be asked in the Radio-Spot category.
- 18. At the State Contests, a contestant may only compete in one category. If a contestant wins more than one category at the County Contest, they must choose which category in which to compete at the State Contest. Only one Champion from the 3 Interpretive Presentations will go on to compete at the State Contest. Clover and Pledge classes will compete in Carroll County only.
- 19. The names of two ranked champions and two ranked alternates in each age group of each category will be selected to form a pool for possible representation at the State Contest. The highest ranked individual will represent Carroll County at the State Contest.
- 20. State Champions may not enter the same category and age group a second time. Previous year's local champion speeches may not be repeated.
- 21. Coaching during speech by family, friends, or others is not permitted.
- 22. All participants will be evaluated on the Danish System. Recognition and awards will occur at the

- conclusion of the contest. Premiums will be included with the premiums from the Carroll County 4-H/FFA Fair. The following premiums are offered for Junior, Intermediate and Senior participants: Champion Award \$4; Blue Award \$3.50; Red Award \$3; White Award \$2.50; Clover and 1st Year Junior participants will receive \$1.
- 23. The Contest will start at 9:00 a.m. There will be no assigned times for speeches. Report to the registration desk in Burns Hall no later than 10:30 a.m. to sign up for your room. You will need to pre-register. Registration forms will be available on the Carroll County Fair website. There will be a link to direct you to the form. You will need to create a different login from the one you used for the fair.

Remember to allow preparation time for your extemporaneous speech (15 minutes for seniors, 30 minutes for juniors and intermediates).

CLASSES – Clover (ages 5-7)

101 Prepared Speech

102 4-H Pledge

105 Dramatic Interpretation

106 Poetry Interpretation

107 Humorous Interpretation

CLASSES – 1st Year Juniors (ages 8 – 10) [No previous participation in County Demonstration or Public Speaking Contests.]

202 4-H Pledge

205 Dramatic Interpretation

206 Poetry Interpretation

207 Humorous Interpretation

CLASSES – Junior (ages 8 – 10)

1001 Prepared Speech

1003 Extemporaneous Speech

1004 Radio Spot

1005 Dramatic Interpretation

1006 Poetry Interpretation

1007 Humorous Interpretation

CLASSES - Intermediate (ages 11 - 13)

2001 Prepared Speech

2003 Extemporaneous Speech

2004 Radio Spot

2005 Dramatic Interpretation

2006 Poetry Interpretation

2007 Humorous Interpretation

CLASSES - Senior (ages 14 - 18)

3001 Prepared Speech

3003 Extemporaneous Speech

3004 Radio Spot

3005 Dramatic Interpretation

3006 Poetry Interpretation

3007 Humorous Interpretation

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

If you need assistance to participate in this program, please contact the Carroll County Extension Office (telephone: 410-386-2760; FAX: 410-876-0132) at least two weeks prior to the program.



It's that time again to recognize the achievements of our members and volunteers! Each year at our Achievement Night Program, special Carroll County awards are presented to outstanding 4-H'ers and Volunteers. It is important to have leader input for the award nominations as you know your members and fellow volunteers best. Often times, a well-deserving 4-H'er is overlooked simply because they weren't nominated.

In order to nominate someone for an award, you should complete a Special Awards Nomination Form. Please return the form by January 7, 2022 to the Carroll County Extension Office or email to bridgewa@umd.edu.



ROOKIE OF THE YEAR

This is a 4-H volunteer who has served for 1 to 12 months as of January 1, 2021, benefiting the entire program and not just the local club. This leader implements a worthwhile scope of programs in club projects, community service, county/state activities, record books and workshops. This leader makes time to attend meetings and other 4-H activities (local and county). The leader encourages youth to participate in the overall 4-H program, is cooperative, congenial and considerate in working with 4-H'ers, leaders, parents and Extension staff. [Volunteers should be considered for their accomplishments between January 2021 and December 2021.]

VOLUNTEER OF THE YEAR

This is a 4-H volunteer who has served a minimum of three years as of January 1, 2021, benefiting the entire 4-H program (local, county, state). Same criteria as "Rookie of the Year". [Volunteers should be considered for their accomplishments between January 2021 and December 2021.]

UNSUNG VOLUNTEER

This volunteer is dependable and responsible, yet is not often in the spotlight. Participates in local, county, and state competitive and non-competitive educational activities.

HEALTH AWARD

This volunteer works efficiently with a conscious, energetic effort; practices safety, good nutrition and participates in fitness activities; is involved in the community, making life better for others such as helping with therapeutic riding, visiting nursing homes, and other community service areas.

I DARE YOU VOLUNTEER

This volunteer dares 4-H'ers to head somewhere with an inner urge for leadership. Shares talents, knowledge, and encourages the use of safety practices. The volunteer supports active participation of members and parents in the local, county, and state 4-H program. This volunteer has done a lot for 4-H, but is being dared by 4-H'ers to go a step further "to make the best better".

HEAD AWARD

This volunteer is creative, plans local and county workshops, activities, and events, thinks clearly, uses good judgement, and brings new interests into 4-H programs.

HANDS AWARD

This volunteer is most helpful and supportive to the overall 4-H program, is skillful and trained to do the practical things well, supports the motto "Learning To Do By Doing" by their own actions.

HEART AWARD

This volunteer gives time willingly and is devoted to the 4-H program, is understanding, patient, responsible, loyal, and hospitable to 4-H'ers, parents, and the community.

CARROLL COUNTY 4-H FAMILY

This family (at least 2 people) is involved in 4-H, not only on the local club level, but also finds the opportunity to become involved with 4-H activities on the county, state, regional or national level. This family will gain for themselves, but also share so that others may grow through their leadership. (Please include specific examples of involvement for your nominated family.)

Carroll County 4-H Volunteer Award Nominations

For each nominee, please attach a 50-100 word summary on a separate piece of paper describing the volunteer's accomplishments and contributions to the 4-H program. The nominations should be returned to the Carroll County Extension Office at 700 Agriculture Center, Westminster, MD 21157 or emailed to Becky Ridgeway at bridgewa@umd.edu. Please return all nominations by January 7, 2022. Thank you for your participation.

Rookie of the Year		
Nominee:	Club:	
Volunteer of the Year		
Nominee:	Club:	
Unsung Volunteer		
Nominee:	Club:	
Health Award		
Nominee:	Club:	
I Dare You Volunteer		
Nominee:	Club:	
Head Award		
Nominee:	Club:	
Hands Award		
Nominee:	Club:	
Heart Award		
Nominee:	Club:	
Carroll County 4-H Family		
Nominee:	Club:	



University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.









Recognizing Youth for their Achievements for the 2021 4-H Enrollment Year

For each nomination, please attach a 50-100 word summary on a separate piece of paper describing the member's accomplishments and why he/she should be considered for that award. The nominations should be returned to the Carroll County Extension Office at 700 Agriculture Center, Westminster, MD 21157 or emailed to Becky Ridgeway at bridgewa@umd.edu. Please return all nominations by February 28, 2022. Thank you for your participation.

Nominee:	Club:
<u>Junior</u>	- Awards
Juniors Up and Coming (Ages 8, 9 and 10)	
Nominee:	Club:
Juniors Growing and Going (Ages 11, 12 and 13)	
Nominee:	Club:
Outstanding Juniors	
Nominee:	Club:
Nominee:	Club:
Senior Awards (outh Ages 14 – 18)
All Star Leadership	
Nominees take opportunities to work with youth, peers ar planning, development, and implementation; strives "to m	, , , , , , , ,
Nominee:	Club:
Nominee:	Club:
Service	
Nominees give a full measure of talent, skills, time and end	ergy back to the 4-H program.
Nominee:	Club:
Nominee:	Club

Citizenship Nominees exhibits respect for and responsiveness to needs, rights and responsibilities of others in club, community and country. Nominee:______ Club:______ Nominee:______ Club:_____ Nominee:______ Club:______ Nominee:_____ Club:_____ I'll Be Glad To Nominees are always willing to accept a job, can be counted on to see the job to the finish and does the job well. Nominee:______ Club:______ Nominee:_____ Club:_____ **Unsung 4-H'er** Nominees are dependable and responsible, yet not always in the limelight; nominee has not previously received deserved recognition. Nominee:______ Club:_____ Nominee: Club: **Service Scholarship Nominees** Ten 4-H'ers who give time and energy to benefit overall good of county to participate in 4-H activities and events. Nominee: Club: Nominee:______ Club:_____ Nominee:______ Club:____ Nominee:_____ Club: Nominee: Club:



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Nominee:_____ Club:_____

Nominee:_____ Club:_____

Nominee:_____ Club:_____

Nominee:______ Club:_____

Nominee: Club:

