



Paste a Picture

of You Here

**Name:** \_\_\_\_\_

**4-H Club:** \_\_\_\_\_

**4-H Leader:** \_\_\_\_\_

**Year:** \_\_\_\_\_ **Years in 4-H:** \_\_\_\_\_

**Grade in School:** \_\_\_\_\_

*This booklet is designed to help you keep track of all the things you will do as a 4-H Clover.*

# The 4-H Emblem is:

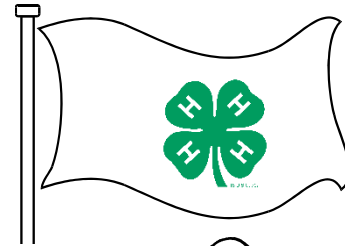
A green four-leaf clover with the letter "H" on each leaf. Each "H" stands for a part of the pledge -

Head,  
Heart,  
Hands,  
Health



## The 4-H Pledge:

I Pledge:



**My Head** to clearer thinking



*(Right hand point to forehead)*

**My Heart** to Greater loyalty



*(Right hand over heart)*

**My Hands** to larger service, and



*(Arms slightly bent with palms up)*

**My Health** to better living for my club, my community, my country, and my world.



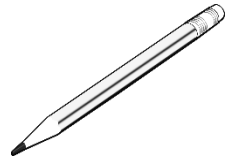
*(Arms at sides)*

# Clover Activity Record

Check the club activities **you** participated in.

## Club Activities:

- Attended required club meetings
- Club community service participation
- Club tour or field trip participation
- Club fundraising event
- Lead club in pledges
- Parade participation with club
- Made a new friend in the club
- Other activities (list) \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



**Draw or attach a picture of you at a club meeting:**

Check the county activities **you** participated in.

## County Activities:

- \_\_\_\_\_ 4-H Achievement Night
- \_\_\_\_\_ 4-H Public Speaking Contest
- \_\_\_\_\_ Attended county 4-H meeting
- \_\_\_\_\_ Exhibited at county fair
- \_\_\_\_\_ Helped at fair (entry day, watch exhibits)
- \_\_\_\_\_ Promoted 4-H in the community
- \_\_\_\_\_ Turned in a clover record book
- \_\_\_\_\_ Other activities (list):

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**Draw or attach a picture of you at a county activity:**

# Clover Record

I went to \_\_\_\_\_ regular 4-H club meetings.

I like 4-H meetings because:

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This year, I entered these items in the fair:

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My favorite 4-H activity was:

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**One thing I learned in 4-H this year was...**

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**Parent's Comments:**

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**Parent's Signature:** \_\_\_\_\_

**Clover Member's Signature:** \_\_\_\_\_

Feel free to add any additional information at the end of your book such as newspaper clippings, pictures, certificates, etc. of different 4-H activities you participated in throughout the year.

# Draw or Attach Pictures about 4-H and You!