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# Fruit Wine Chemistry, Processing and Fermentation

Joseph A. Fiola, Ph.D. Specialist in Viticulture and Small Fruit





### **Marketing Benefits**



### **Market Health Benefits**

Red/Black Raspberry Components



		Ellagic <sup>1</sup> Acid	v			Fiber <sup>2</sup> Total
Cultivar	ORAC <sup>1</sup>	mg/g	A C	Ē	Dietary	
<u>Black</u> Bristol Jewel	303-364 415-451	0.52 0.39	50 70	10 10	14 10	43 38
<u>Red</u> Caroline Heritage	213 53-90	0.30	380 280	152 115	18 15	28 27

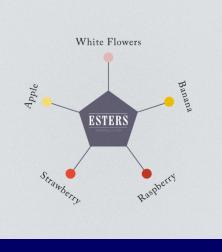
<sup>1</sup>Brunswick Laboratory – 2001 <sup>2</sup> Covance Laboratory – 2001



## **General Benefits**

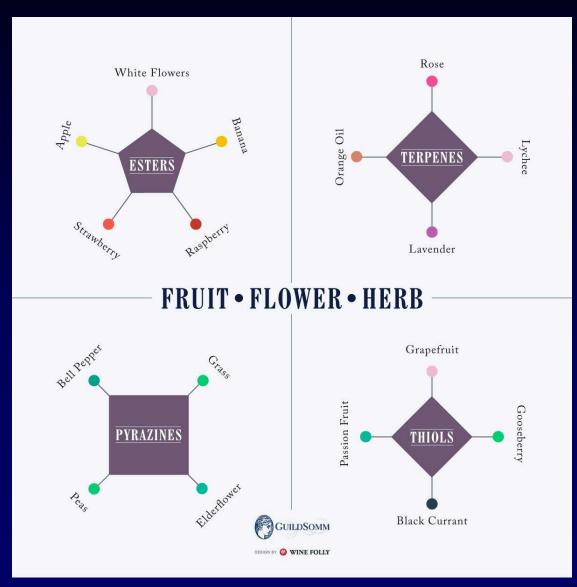
 Varietal Character - true to type Availability - year round • Frozen – Utilize tank space Quick turn around - Fruit to bottle Very Popular - Diversify portfolio Add sweet/dessert







### **Marketing Benefits**



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## **General Comments**

- High Acid
  - -Need to ameliorate
  - -Balance with sugar



- Types of acids malic, citric
  - -Stability considerations
    - Malic, citric
    - MLF; sorbate
    - Ellagic acid



## **General Comments**

- High Acid
  - -Need to ameliorate
  - -Balance with sugar
- Types of acids
  - primarily citric
  - little malic
- Stability considerations
  - sorbate



## **General Comments**

- Types
  - -sweet
    - balance acid with sugar
  - -dry
    - Difficult balance
  - -"ice" and fortified
  - -sparkling



### Fruit Organic Acids: Primary and Secondary Tree Fruit

	Primary	Secondary
Apple	Malic	Quinnic
Pear	Malic	Citric, =Malic
Peach	Malic	Citric, =Malic
Cherry	Malic	Citric, Quinnic, Shikimic
Plum	Malic	Quinnic, Shikimic
Grape	Tartaric	=Malic, Citric

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#### Fruit Organic Acids: Primary and Secondary Berries Secondary Primary Malic Raspberry Citric Blackberry Citric Malic **Strawberry** Citric Malic, Quinnic, Succinic **Red Currant** Citric Malic, Oxalic, Succinic Citric Malic, Citric Black Currant

**Gooseberry** Citric

Malic, Shikimic



#### Fruit Organic Acids: Primary and Secondary Conc. Tree Fruits

	Malic	Secondary
Apple	3-19*	
Pear	1-2	Citric (=Malic)
Peach	4	Citric (=Malic)
Cherry	5-9	
Plum	6-11	Malic, Shikimic
Grape	1.5-2	Tartaric (=Malic)

\*milliequivalents per 100g fresh weight



#### Fruit Organic Acids: Primary and Secondary Conc. Berries

	Citric	Malic
Raspberry	24*	1
Strawberry	10-18	1-3
Red Currant	21-28	2-4
Black Currant	43	6
Gooseberry	11-14	10-13



\*milliequivalents per 100g fresh weight

### **Fruit Organic Acids: Relative Concentrations**

	Apple	Pear	Strawberry	Grape
Malic	++	++	+	++
Tartaric				++
Citric	+	+	+++	+
Caffeic	+			+
Chlorogenic	+	+		+
Quinnic	+	+	÷	+
Succinic	+	+	+	+
Oxalic	+			

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Brix:	9-11%
Acid:	
TA:	0.2-0.3
type:	malic
Comments:	low acid!

Pear

dry, sweet, ice

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Brix:	8-10%	
Acid:		
TA:	0.5 - 0.7	
type:	malic	
	000/	

Peach

Amelioration: 30%

**Comments:** 

Pits; clarity







Brix: 6-11% (10.5%) Acid: TA: 1.0-1.4 (1.05) type: malic

Amelioration: 30%

**Comments:** 

Pits; clarity





#### **Amelioration:**

### **Comments:**

25-30%

### **Montmorency sour**







Brix: Acid: TA: type: 8-13% (13%)

1.5-2.0 Malic (shikimic, quinnic)

### **Amelioration:**

25-30%

**Comments:** 

Many types





7-11%

Brix: Acid: TA: type: Comments:

0.3-1.55 citric Cultivars; Types or "species" Clove spice





Brix: Acid: TA: type: Comments:

1.0-1.2 citric Color hue

**Color stability** 



**Raspberry - Red** 4-11% (10%) **Brix:** Acid: 1.3-2.8 (1.45) TA: citric type: **Amelioration:** 30-35% **Comments:** Varieties; VG fruit character Stable color







#### **Raspberry - Black Brix:** 4-11% (10.7%) Acid: TA: 0.9-2.0(0.9)citric type: **Amelioration:** 35-40% **VG fruit character; Comments:**







Brix:	4-9% (8-8.8%)
Acid:	
TA:	1.0-1.5
type:	citric
Amelioration:	35-40%
<b>Comments:</b>	Varieties; species
	Ellagic acid precip



С	ranberry	
Brix:	3-5%	
Acid:		
TA:	1.2-2.0 (2.7 p	H)
type:	citric	
Comments:	high acid; ve Fermentatior	





 Brix:
 4-6%

 Acid:
 2.3-2.7

 type:
 citric

Comments: uncommon



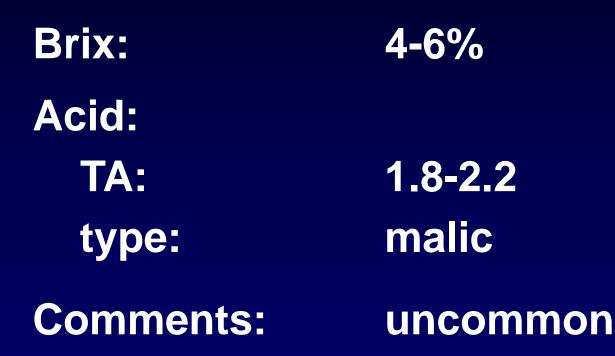


**Brix:** 5-8% Acid: TA: 2.3-3.1 citric type: **Comments: Great color** True to type













## **General Fermentation**

- Varietal Character –true to type
- Defrost

   no destem and crush
- Ferment

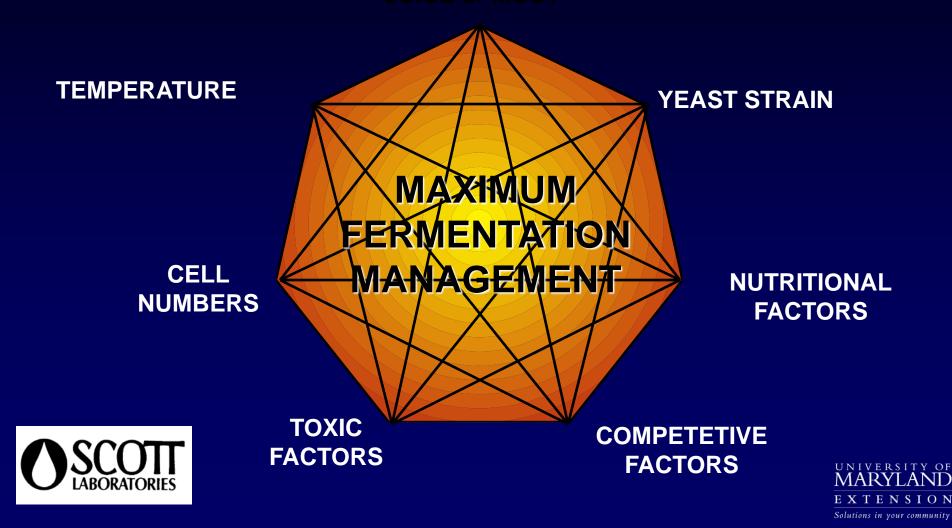
   Cold; maintain fruit

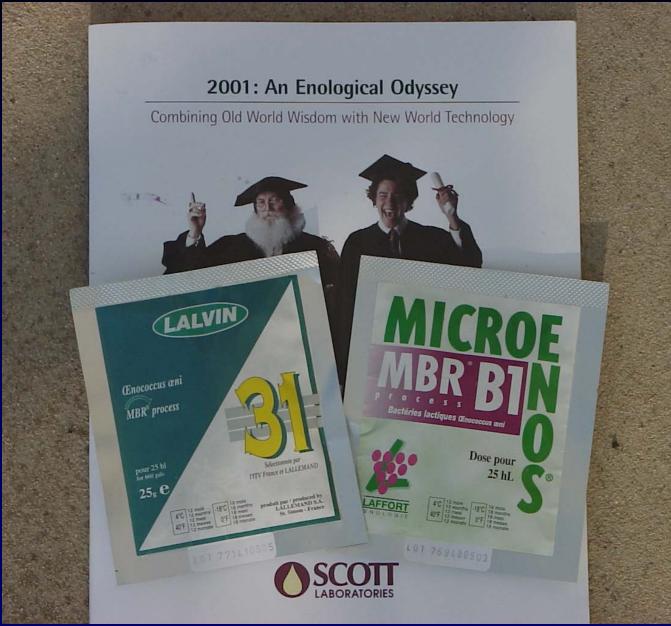
   Press/drain





### Factors affecting Fermentation Management - Key Interrelationships





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### **Yeast Strains**

- EC1118 good general; low pH
- 71B good overall; Malic
- BA11 good fruit character; mouth feel
- KI Tree/White fruits
- R2 high sugars; low temps; lce wines
- VIN13 high alcohol



### Finishing

- Sweeten to balance
- Bentonite fining
  - heat stabilize
  - protein haze
- SO2
- Sorbate
- Cold stabilize?
- Sterile filter



## Ellagic Acid

- High Concentration in Brambles
- Phenol
- Extremely potent anti-carcinogen
- Mostly in seeds; some in pulp
- Problem with precipitation in wine

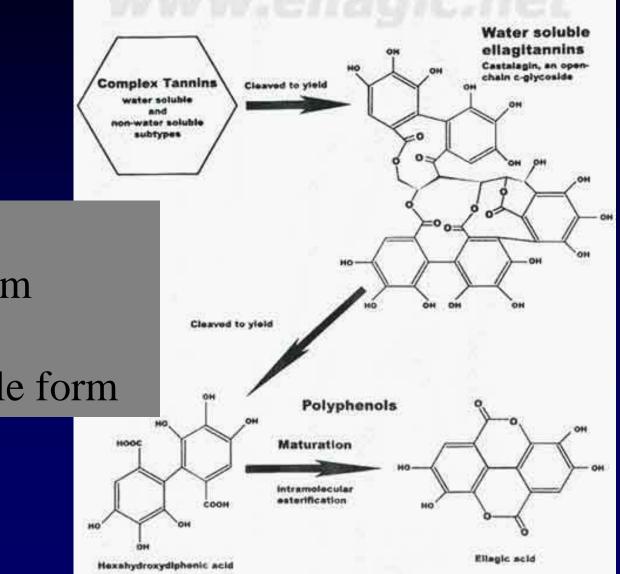


## Ellagic Acid

- High Concentration in Brambles
- Phenol
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Schematic 1: Metabolic Pathways of the Water Soluble Ellagitannins (Note that enzymes in the digestive system cleave complex tannins to yield ellagic acid.)



Goes from bound-soluble form to unbound in-soluble form

## Managing Ellagic Acid

		<u>1997</u> <sup>z</sup>		<u>1998</u> <sup>y</sup>	
<u>Cultivar</u>	_	<u>Pulp</u>	Seed	<u>Pulp</u>	Seed
Caroline		36	173	53 a	799 a
A. Bliss		22	99	42 b	264 c
Heritage		41	106	39 b	467 b
Anne <sup>x</sup>		11	178	8	61
Ruby		40	176	10	86



## Managing Ellagic Acid

	Ripe <sup>1,2</sup>		<u>Unripe</u>		
<u>Cultivar</u>	<u>Pulp</u>	Seed	<u>Pulp</u>	Seed	
Navaho	24	352	37	214	
Hull	17	347	34	309	
Chester	22	325	35	299	



## Managing Ellagic Acid

- Monitor source
  - Variety; season; area; ripeness
    - You test or ask for test (organic acid)
    - Ripe more in seed
    - Under-ripe more in pulp
  - Fresh vs. concentrate
    - more pulp less seed?
    - Hot pressed/extracted?
- Raise temperature effect on quality?
- Wait to precipitate
  - 6-12 months for natural precipitation
  - Add tannin
  - Old oak barrels



### Other "Fruit" Wines

- Elderberry
- Pineapple
- Kiwi





• Banana



Orange



Watermelon



- Rhubarb
- Tomato
- Garlic





Dandelion



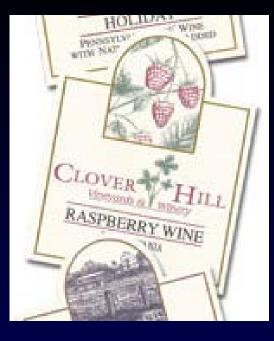


Cherry Valley

Pennsylvania Raspberry Wine

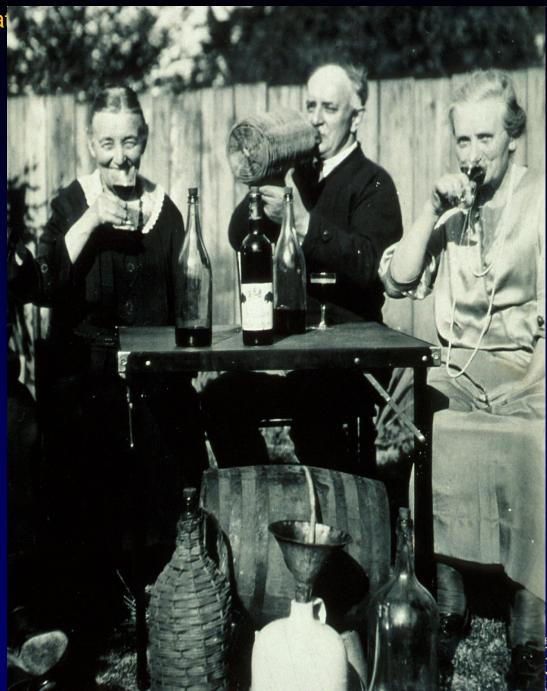








Always consume in moderation!



# Enough Talking... Let's Taste Some Wines!!!! Enjoy!





Always consume responsively and in moderation!!!



"Wine makes daily living easier, less hurried, with fewer tensions, and more tolerance." --Benjamin Franklin



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