

## 4-H STORY

The 4-H Story is a story about you! Always write a rough copy. It should be no more than six (6) pages with number 12 standard font, double spaced and printed on the front side only of each page. It should reflect learning experiences and should relate to project work and personal growth as a 4-H member. **Remember** – if the story is hand written, it must be done in ink (all of one color). Juniors may use pencil. If the story is hand-written, it must be neat and is also limited to six pages (front only). **Use white out to correct mistakes.**

Include:

- ✓ Satisfaction you experienced
- ✓ Specific business arrangements
- ✓ How 4-H helped you and your family
- ✓ How you helped others
- ✓ Good or bad experiences
- ✓ Better ways of doing things
- ✓ Tell about your projects
- ✓ How 4-H helped you plan for the future

There are 5 sections to a 4-H story. Follow the guidelines and you will meet all sections required for a full 4-H story.

### Part 1

Introduction: Include your name, age, parents, brother(s), sister(s), where you live, where you go to school, interests, when and why you joined 4-H. Mention in this paragraph if someone is helping you write/type your story.

### Part 2

Tell about your projects which you are submitting as “completed” in your Record Book. Mention how 4-H has helped you learn new things about this subject that you did not know before, how your project grew in size or scope and some things you tried successfully or unsuccessfully. You **must** include one paragraph for each completed project you submit.

### Part 3

Highlight other 4-H projects and activities. Include major learning experiences, special interests and unusual situations. Include your club participation and what you may have learned through county/state participation in activities.

### Part 4

Explain how 4-H helped you become a better leader and citizen, how 4-H has increased your interests and participation in community affairs and what you have learned from being a part of a 4-H team effort.

### Part 5

Describe how 4-H participation has helped you to feel good about yourself, influenced your school and career goals or to make better use of your leisure time. Tell about your future plans and career plans.

**You may have help typing or writing your story, but it must be your words.  
Juniors must mention the help received in Part 1.**

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