

4-H CLOVER PATCH

Dorchester County • 501 Court Lane, Room 208, Cambridge, MD 21613 • (410) 228-8800
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4-H is a community of young people across America who are learning life skills, communication, leadership, and citizenship.



MARCH – APRIL 2016

4-H CLUBS AND EVENTS

PUBLIC SPEAKING CONTEST RESULTS

Congratulations to those who participated in the Caroline & Dorchester County Public Speaking Contest held on February 19th:

- Dorchester Trailblazers
Kaitlyn Bradley - Intermediate Champion, Prepared Speech
- 4-H Leprechauns
Isaiah Brinsfield - Senior Champion, Extemporaneous Speech
Jacob Brown - Senior Champion, Prepared Speech

SPORTING CLAYS TOURNAMENT

The 21st Annual Maryland 4-H Foundation Sporting Clays Tournament will be held on Saturday, April 9th at The Point at Pintail in Queenstown. Registration is at 9 am, and the Shoot starts at 9:30 am. Both youth and adults are welcome to attend and participate. For registration information, please see the attached flyer.

YOUTH CONSERVATIONIST PROGRAM

The Youth Conservationist Program is a way to enable youth to experience the joys and responsibilities of conserving heritage wool sheep breeds. Youth interested in applying for the 2016 Youth Conservationist Program need to be between 9 and 18 years old. If selected, youth must be present to receive the ewe at the Maryland Sheep & Wool Festival on Sunday May 8, 2016.

Interested young people should contact Elaine Ashcraft for an updated list of breeds available, and then submit their letter of application/essay by April 1, 2016 to: Elaine Ashcraft, 46118 CR 58, Coshocton, Ohio 43812 or by email at tankewe_cr58@yahoo.com. Please contact the Extension Office for an application and essay requirements.

FRIENDS OF BLACKWATER NATIONAL WILDLIFE REFUGE SCHOLARSHIP PROGRAM

The Friends of Blackwater is offering scholarships to qualified students majoring in Environmental Studies related programs. Deadline to apply is March 15th. Information and applications can be found at <http://www.friendsofblackwater.org/scholarship.html>.

EASTERN SHORE 4-H SPRING SHOW

The 2016 Eastern Shore 4-H Spring Show will be held Saturday, May 14th at the QA County 4-H Park in Centreville. 4-H members from the eastern shore counties are encouraged to enter their animal projects (beef, dairy, sheep, swine, dairy goat, meat goat, rabbit, and cavy) for the various shows. Entry forms and entry fees are due to the QA County Extension Office by April 15th. They must be signed by Navonne in the

Dorchester Extension Office BEFORE being mailed.

- If you have any questions or need a copy of the Guidelines Book or Entry Forms please contact Navonne at nowen@umd.edu.

4-H RE-ENROLLMENT IS DUE!!!

2016 re-enrollment forms and enrollment fees (\$10) are due to the Extension Office on Friday, March 4th. Please make sure you turn in all your signed and completed re-enrollment forms and payments by the deadline.

4-H RECORD BOOKS - DUE MAY 4TH

- 4-H Record Books are due to the Extension Office by Wednesday, May 4th. Record keeping is an important part of 4-H and helps you to look back on your achievements, see your growth and development over the years and through your 4-H projects and involvement, and allows a place to record and store your 4-H memories via a story, photos, etc.
- You will need the following to complete a record book: official 4-H record book cover, MD 4-H Summary Record, and 4-H Project Record (one for each completed project). Record book covers are available free of charge in the Extension Office. Please email Navonne at nowen@umd.edu to request one. The 4-H Summary Record and 4-H Project Record forms are available at <http://extension.umd.edu/4-h/youth-families/documents>.
- Members who were active in 2015 should turn in record books highlighting their completed 2015 projects. New members should complete a record book that highlights what you have learned and done so far in 2016.
- To help you in completing a record book, please see the attached guidelines and information. If you have any questions or would like Navonne to schedule a record book presentation at your next club meeting, please reach out to her.

- *Every member that submits a record book will receive recognition at the 4-H recognition dinner on May 21st!!!*

4-H SENIOR PORTFOLIOS - DUE MAY 4TH

- Senior 4-H members (ages 14-18) complete a 4-H senior portfolio in place of a record book each year. The senior portfolio is due to the Extension Office on Wednesday, May 4th. A 4-H portfolio consists of a resume highlighting your 4-H work and involvement, and an essay that answers the following: "*Write an essay on your most memorable 4-H experience that will highlight the positive experiences you have had in 4-H and what you would share with someone 10 or 20 years from now.*"
- *4-H resume samples and essay format details are available at <https://extension.umd.edu/4-h/youth-families/awards-recognition>. A 4-H record book cover is not required.*
- *In the future, your senior portfolio can be turned in to the state for judging and consideration if you are interested in attending one of the many national 4-H trip opportunities available for senior 4-H members. Please keep that in mind. Let the office know if you have any questions or need any help.*

WELCOME TO OUR NEWEST 4-H VOLUNTEERS...

- Jacqueline Skinner – new 4-H club in Cambridge
- Clint Meekins – Shooting Sports instructor
- Laurie Meekins – Shooting Sports 4-H Club co-leader
- Lori Tyson – Shooting Sports 4-H Club co-leader

4-H ENGINEERING CAMP

The Maryland 4-H Engineering Camp will take place April 15th – 17th at 4-H Camp at the Rocks in Harford County.

The 4-H Engineering camp has been designed to promote the teamwork and critical thinking skills that employees need in today's job market. To accomplish this participants are randomly broken into teams of 3 – 4 campers to compete in several engineering challenges such as "Junk Drawer Robotics", PVC tower building, and minute to win it contests throughout the weekend. Campers also participate individually in 4 workshops designed to introduce mechanical science projects to the campers while teaching them the basic knowledge that is needed in many engineering fields.

- The cost is \$125 for 4-H members if registration is received by April 1st. For registration application or more information, please visit

<http://extension.umd.edu/news/events/fri-2015-04-17-1830-maryland-4-h-engineering-camp-2015>. Scholarship funds are available to offset the cost. For details, please contact Navonne at nowen@umd.edu.

DORCHESTER COUNTY 4-H RECOGNITION PROGRAM - FOR 4-H MEMBERS, VOLUNTEERS, AND FAMILIES

- A 4-H recognition dinner will be held on Saturday, May 21st at 6 pm at the Thendara 4-H Center. All 4-H members, 4-H volunteers, and 4-H families should attend. All members and volunteers will be recognized (including new/first time members and volunteers!) so please save the date and plan to attend.
- More details will be sent in a formal invitation in early April. There will be opportunities to recognize Friends of 4-H (those who have helped or supported your club or you with a project) and to share a poster, display, demonstration about your 4-H project(s).
- Stay tuned for more information!

TRACTOR SCHOOL FOR TEENS

- A weekend training is set for April 8-10 in QA County to provide certification for youth ages 14-15 wishing to work on a farm. This training is required for youth ages 14 and 15 to operate a tractor over 20

horsepower and other specific farm machinery on a farm not owned/operated by their parents or guardians. Individuals 16 years of age and older can be employed in agriculture without this certification but may register for the course if space allows. 4-H membership is not required to participate.

- The course provides 24 hours of intensive training including classroom lectures, demonstrations, activities, and an ag-themed field trip. Certification is based on successful completion of written exam and tractor driving skills course. Deadline to register is March 24th; please call the office for a registration form. The cost is \$60. Dorchester County 4-H has scholarship funds available to help pay the registration fee for interested 4-H members. If interested in applying for scholarship funds, please contact Navonne at nowen@umd.edu by March 16th.

4-H MARKET & BREEDING ANIMAL OWNERSHIP DEADLINES

All 4-H market goats, sheep, and swine must be owned by May 1st. All Breeding animals must be owned by June 1st. Please contact Navonne in the Extension Office by May 1st for information on tagging and weighing dates.

4-H HORSE & PONY ID CARDS

4-H members who wish to show a horse or pony must complete and submit a Maryland 4-H Horse & Pony Identification Card. Forms are due to the Extension Office by June 1st. Please contact the Extension Office or your club leader for the ID card.

MARYLAND 4-H CONGRESS - A NEW CONFERENCE FOR 4-H TEENS

Save the date for the inaugural Maryland 4-H Congress to be held June 26th - 30th at the University of Maryland, College Park campus. This conference is planned by and for 4-H teens and will explore career opportunities, leadership,

networking, and much more. Registration will be available in March so please look for an email or mailing in the coming weeks with details. Cost will be \$125 (early bird deadline) and will include 4 nights of lodging on campus, all meals and supplies, and an offsite trip to a Washington Nationals game. If any UME/4-H trained volunteers are interested in chaperoning, please let Navonne know. Scholarship money is available through the Extension Office to offset costs for both teens and chaperones.

Do you want to learn more about 4-H?

4-H members, parents, and volunteers can find out about Dorchester County 4-H by going online to:

[https://extension.umd.edu/dorchester-](https://extension.umd.edu/dorchester-county)

[county](https://extension.umd.edu/dorchester-county) or; about State- Level 4-H programs, policies, and forms by going online to:

www.extension.umd.edu/4-h



WHAT IS 4-H?

The 4-H emblem:

The H's on each leaf stand for the words Head, Heart, Hands, and Health.

- 4-H Colors: Green and White
- 4-H Slogan: "learn by doing"
- 4-H Motto: "to Make the Best Better"
- 4-H pledge: "I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service and my Health to better living, for my club, my community, my country, and my world."

Annual Participation Fee: \$10

Membership Age:

- 5 to 7 - Clovers
- 8 to 18 - 4-H

GUIDELINES FOR COMPLETING A DORCHESTER CO. 4-H RECORD BOOK

*** Start now and keep track all year long ***

2016 4-H Record Books and Senior 4-H Portfolios are due to the Extension Office by Wednesday, May 4th

4-H records are a written expression of your achievement. They document the knowledge, attitudes and skills that have been learned; they also relate your experience in leadership, citizenship and community service. Minimum expectations for 4-H Record Books in Maryland include the following components:

- Maryland 4-H Summary Record
- 4-H Story/Essay
- 4-H Project Record
- Senior level 4-Hers should check with the Extension Office for information on the portfolio process.

The following information will provide additional hints and tips for completing the various aspects of your 4-H Record Book.

Maryland 4-H Summary Record (available at: <http://extension.umd.edu/4-h/youth-families/documents>)

This summary form is to be used by all 4-H members (except clovers) with one form completed for the 4-H year. The form includes personal information, project goals, project listing and signatures on the first page. Senior members (ages 14-18) need to complete a Summary Record as well for county requirements.

Page 2

Club Participation – this section is used to show attendance at monthly meetings. You may make notes or simple check each month for attendance. If you belong to more than one club, please note that and make checks for each month's activities.

Committees/Offices – this will help us understand your involvement in committees/offices. If you haven't become involved in this area please note, none at this time. You may also include other youth committees/offices such as FFA, church youth groups, school or community organizations.

Promotional Activities – the results section of this chart should list things such as articles published, new members, inquiries about 4-H and the like.

Page 3

Communication Activities – if you can include both event and location in the form, that is preferred; also include type of recognition received as appropriate.

Awards and Honors – You may list all awards individually and add additional pages. You may also group similar types of awards: for example, fair home arts entries, various placings; fair livestock entries, placings from 1st – 5th, etc.

Page 4

Journal of Activities, Events & Experiences – this is an annual listing of experience throughout the year. It's good to keep this page handy to update on a regular basis.

4-H Story/Essay

Your story is a narrative form of expression which will begin with information about yourself – your age, interests, parents, brothers, and sisters, where you live, where you go to school and when and why you joined 4-H. Tell about your 4-H projects, why you selected these, what you learned, things you've tried and found both successful and not so successful. Tell about your leadership experiences such as offices held, committee membership and some of what you've learned. You may want to share your goals and how 4-H has influenced what you'd like to do in the future. Your story may be hand written or printed in ink or computer generated. If you choose to use the computer, print size should be 12 point with margins of 1 inch. Stories may be up to six pages in length; 1-3 pages is sufficient. Include only one 4-H story in your record book that tells about all of your experiences. Please take time to review your story to insure use of complete sentences and correct spelling. You can be as creative as you like when you write your story.

4-H Project Record (available at: <http://extension.umd.edu/4-h/youth-families/documents>)

Projects are designed so you as 4-Hers can progress at your own pace through various learning experiences. Project records help you list everything you've done in your 4-H project during the current 4-H year. A completed project includes a communication activity and an exhibit. These tips will help you complete the 4-H Project Record.

Remember to complete one for each different project you carry.

Page 1 – This introductory page asks you to identify some personal information about yourself. The signatures on this page verify the records have been reviewed and the information is correct.

Page 2 – The Project Journal/Log gives you a chance to describe exhibits, demonstrations/visual presentations and learning experiences that you’ve been involved with in the last year. Be as specific as possible and share only work activities associated with the project.

Page 3 – The Project Financial Journal will give you a chance to record and look over expenses and income associated with various projects. You may want to work on this page throughout the year. Note the space at the bottom of the page for profit/loss statement.

Page 4 – The Resources Section can help you learn a great deal more about your project. Take time to list resources that have helped you, in the last year, learn more about your project.

Life Skills – You may hear from time to time that “4-H teaches life skills”. These life skills can be grouped under the “4-H’s” in the 4-H Clover. You can use the chart that follows as a guide for listing “life skills” you may have learned through taking 4-H projects.

HEAD	HEART	HANDS	HEALTH
Keeping Records	Nurturing Relationships	Community Service	Self-Esteem
Wise Use of Resources	Sharing	Volunteering	Self-responsibility
Planning/Organizing	Empathy	Leadership	Character
Goal Setting	Concern for Others	Responsible Citizenship	Managing Feelings
Critical Thinking	Accepting Differences	Contributions to Group	Self-discipline
Problem Solving	Conflict Resolution	Effort to do Better	Healthy Lifestyle Choices
Decision Making	Social Skills	Marketable Skills	Stress Management
Learning to Learn	Cooperation	Teamwork	Disease Prevention
Managing Time	Communication	Self Motivation	Personal Safety
	Caring for Others	Service Learning	

Your record book should include the following in this order:

1. Title Page
2. Table of Contents
3. Summary Record Sheet
4. 4-H Story
5. Project Record sheets for each completed project
6. All newspaper/newsletter clippings with your name underlined or highlighted
7. All correspondence to you about your 4-H work
8. All appropriate 4-H related photographs

Title Page:

Complete name, age as of January 1st of the current year, address, state, zip code, club name. You may list more than one club.

Project Requirements:

To be eligible for a project pin and county recognition you must complete the following:

1. Record Book (which included the specific project)
2. Project Exhibit (at the club, county fair, and/or state fair, etc.)
3. Project demonstration, visual presentation, and/or a speech (at the club, county, and/or state level; at least at the club level)

Important: Please make sure that you put your records in the Maryland 4-H Record Book Cover. They are available in the office for free. Clover and senior members do not need a record book cover.

A Few Reminders

- *As 4-Hers, it is important that the work that is reported is all yours!*
- *Write or print in ink all information in your book. If you're using the computer use 12 point font size.*
- *Use plain paper for your 4-H Story; lined paper is acceptable for juniors.*
- *Section dividers give a neater appearance to your completed book.*
- *Keep notes and records all year long – it's a much easier process that way!*

For additional information and help contact the Dorchester Extension Office at 410-228-8800 or email Navonne at nowen@umd.edu.

NOTE TO SENIOR 4-H MEMBERS:

4-Hers ages 14-18, need to complete a 4-H portfolio which includes a 4-H resume and essay. Additionally, seniors need to complete a Maryland 4-H Summary Record and 1 4-H Project Record for each completed project. Visit <https://extension.umd.edu/4-h/youth-families/awards-recognition> for more information.

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21st Annual
Maryland 4-H Foundation

Sporting Clays Tournament

(50 Target Shoot)

BENEFIT: MD 4-H SHOOTING SPORTS PROGRAMS

Saturday, April 9, 2016



The Point at Pintail
511 Pintail Point Farm Lane
Queenstown, MD 21658
(410) 827-7065

Awards Include:

3-4 Lewis Classes (Depending on number of shooters)
Ladies Awards Youth Awards
Team Awards Door Prizes

Registration Begins at: **9:00 a.m./**Shoot Begins at **9:30 a.m./**

Last Shooter starts at: **11:30 A.M.**

Catered Lunch Served: **11:30 a.m. - 1:30 p.m.**

Adults \$70.00

Youth \$50.00

For additional information or to register, contact
MD 4-H Foundation 301-314-7835 /Brittany Hoffman 301-314-7826 /Pintail Point 410-827-7065
Email: bhoffma2@umd.edu