

Newsletter

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4-H CLOVER PATCH

*4-H is a community of young people across America
who are learning life skills, communication,
leadership, and citizenship*



March/April 2014

4-H CLUBS AND EVENTS

4-H Horses



Trailblazers' 4-H Club meets every 2nd and 4th Friday evening, 6:30-8:00 p.m. at the Thendara 4-H Center. Trailblazers had a busy 2013 with 4-H meetings, riding lessons, trail rides, and various field trips.

- ★ 2014 is definitely looking good! The next 4-H meeting is Friday March 14th. Planned activities for upcoming spring include visiting Pops Old Place, an environmentally friendly farm growing fruits, veggies and a variety of farm animals. A veterinarian guest speaker will visit the club to discuss pet care and animals in general. Spring is the time for gardens - planting herbs for a 'Kitchen Garden' is planned for the near future.
- ★ In May the Trailblazers will be having an internal horse bowl to review everything we have learned so far. Officer elections will be held in March so put on your thinking caps, Trailblazers, and decide which position you are interested in and why.
- ★ If you have any questions or comments; or more information about the Trailblazers, contact Kerry Turner, 4-H Program

Assistant, at 410-228-8800 or e-mail kerryt@umd.edu.

LUCKY CLOVERS 4-H CLUB:

- ★ The Lucky Clovers 4-H club has changed their meetings to the 2nd Monday of the month at 6:30 p.m. We will be meeting at Pleasant Day Adult Day Care in Cambridge as they have a large meeting room we can use. Members are hoping to plan one or more Saturday activities each month. 4-H member, Erica Willing, is continuing her goat project. In March we will be visiting her grandparents' farm where her goats are housed.
- ★ If you are interested in joining the Lucky Clovers 4-H Club or would like more information, please contact Christine English, Volunteer Leader, at 410-330-0542 or e-mail redneckgirl@goeaston.net. We would be happy to add new members to our 4-H family - come enjoy the 4-H meetings, activities, field trips and learn about raising animals as a 4-H project. 4-H has over 100 exciting projects from which to choose, i.e. small pets, photography, woodworking, sport fishing, etc. Hope to see you soon.





Seeds of Change 4-H Club

An environmental 4-H club that meets the 2nd and 4th Saturday each month, 10:00-11:30 a.m.

Seeds of Change is a fairly new club but 4-H members have jumped right in and scheduled many exciting activities and events.

- ▶ Projects concentrate on identifying clues about the health of the environment and how human actions can affect environmental conditions. 4-H Club members determine sources of pollution and learn about efforts to preserve and restore health to the Chesapeake Bay watershed.
- ▶ 4-H members examine plants and animals that live in our watershed and explore how each one is important to the Chesapeake Bay.
- ▶ Youth experience exciting activities, plan outside excursions, hands-on learning projects, hear guest speakers, plan and participate in field trips, and practice life skills such as group cooperation, responsibility and good citizenship. Many informative club outings have been planned for 2014 including visits to Pop's Farm, Horn Point, Choptank Veterinary Hospital, and more activities are in the works.

SHOOTING SPORTS 4-H CLUBS

- ★ Rifle
- ★ Shotgun
- ★ Archery

Nine youth recently completed 4-H Rifle Classes held at the Thendara 4-H Center. Youth received instruction in firearm safety, sighting, rifle parts, fundamentals of basic marksmanship and shooting targets for scores. These youth will continue developing their skills as members of the 4-H Rifle Club that meets weekly at 6:30 p.m. on Tuesday evenings.

Eleven youth completed beginner 4-H Archery classes in November and are continuing as 4-H Archery Club members meeting weekly at 6:30 p.m. on Thursday evenings



WHAT IS 4-H?

The 4-H emblem:

The H's on each leaf stand for the words Head, Heart, Hands, and Health.

- ✦ **4-H Colors:** Green and White
- ✦ **4-H Slogan:** "learn by doing"
- ✦ **4-H Motto:** "to Make the Best Better"
- ✦ **4-H pledge:** "I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service and my Health to better living, for my club, my community, my country, and my world."

Annual Participation Fee: \$10

Membership Age: 5-18

COMPARED TO THEIR PEERS, 4-H YOUTH ARE:

- ✦ 2X as likely to go to college
- ✦ 2X as likely to pursue careers in science
- ✦ More likely to make healthier choices, be physically active and avoid risky behaviors
- ✦ 3X as likely to give back to their communities

Do you want to learn more about 4-H?

4-H members, parents, and volunteers can find out about Dorchester County 4-H by going online to:

<https://extension.umd.edu/dorchester-county>

or; about State- Level 4-H programs, policies, and forms by going online to:

www.extension.umd.edu/4-h