Market Steer Weigh-In

We have scheduled steer weigh in for **Saturday, January 11th** at the Westminster Livestock Auction beginning at 8am till 12noon. Because of the location, all steers/heifers must be on a halter and reasonably broken! Market Animal registration forms and AnSc Code of Ethics can be found at the Extension Office or from your club leader. **Remember, the registration form is now a 2-part form.** You must turn in the form intact. Your copy will be given to you at weigh in. If you have any questions, call 410-386-2760. Ear tag registration forms are due to the CC Extension Office by **Friday, January 3, 2014**. Tag cost is $1 per steer. Make checks payable to CCEAC. 

_Castration Policy of the Maryland 4-H AnSc Program:_ All male steers, lambs, pigs and goats must be neutered and healed prior to 4-H weigh-in and tagging. The only exception would be animals that have obvious signs they have been banded, however, their scrotal sac is still intact.

Due Dates

**ALL Senior Portfolios** – are due to the Extension Office by COB January 3, 2014

*New Senior Portfolio Question, please make the change:* 
“Write an essay to explain to an elected official your experiences in 4-H and why they should continue to fund the 4-H program”

**Junior Record/Clover Memory Books** – are due to the Extension Office by COB February 3, 2014

**Diamond Clover Levels 1-5** – are due to the Extension Office by COB February 3, 2014

Beat the Mid-Winter Blahs!!!

Beat the Mid-Winter Blahs will be held on **Saturday, January 25, 2014**, at the Carroll County Ag Center and Extension Office. Please mark the date on your calendar now and plan on joining us for this informative and fun-filled day. We have classes specifically designed for youth of all ages. Check it out -- you might want to learn how to compose a blue ribbon worthy demonstration or prepared speech, build a toolbox, make candy, play “minute to win it” with an agricultural twist, make a craft for every season of the year, learn about poultry judging, make a tutu, tie dye a shirt, create string art, make a birdhouse from a gourd, or learn about the 4-H Wildlife Habitat Education Program……just to name a few! The Rules & Regulations for the Blahs, as well as the registration form, are in this newsletter. The class listing will only be sent to club leaders and posted online…so keep an eye out! If you have any questions, feel free to contact Becky at 410/386-2760 or via email at bridgewa@umd.edu

The University of Maryland Extension programs are open to any person and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, national origin, marital status, genetic information, political affiliation, and gender identity or expression.
Oh Look… It’s Snowing!

It may be snowing, but that means things at the Extension Office may be closing! If there is no school or there is early dismissal in Carroll County due to inclement weather, all 4-H events are to be cancelled. In addition, if the snow emergency plan is in effect by 6:00pm, all 4-H events are to be cancelled for that evening. If you have any questions, call the Extension Office at 410-386-2760.

UME Volunteer Leader Training

Would you like to be a University of Maryland Extension Volunteer? Are you helping out at club meetings with projects or activities? Do you have parents in your club who have expressed an interest in being a 4-H volunteer?
The next UME trainings are scheduled for Thursday, January 2nd at 6:00 PM and Saturday, January 25, 2014 at 12:30pm (this will be held during the Mid-Winter Blahs).
Please call the Extension Office at 410-386-2760 to register for either of these trainings.

NEW FOOD PRESERVATION RULES

Starting at the 2014 CC 4-H/FFA Fair, we will be following the state Food Preservation Rules. No jars will be opened; the source of your recipe must be on the jar (Example – So Easy to Preserve, Blue Ball Book). Recipes should be a USDA tested recipe. A copy of So Easy to Preserve can be found at the Extension Office. If you have questions, contact the superintendent or Becky at the Extension Office.

Fashion Revue Meeting

The Fashion Revue Committee will be holding a meeting on Wednesday, December 18th at 7pm at the Extension Office. All youth interested in planning next year’s events are welcome to attend.

Demonstration Day!

It’s time to start thinking about Demonstration Day 2014! This event will be held on Saturday, February 22, 2014. NEW THIS YEAR - No times will be scheduled, arrive between 9-11am to give your demonstrations (this is the same procedure as Public Speaking Day). Start thinking about that demo you’ve been waiting to do. This is a great opportunity to compete at the county level while also fulfilling a requirement for project records! All Demonstration Day registrations will be done online again this year on the Carroll County Fair website at www.carrollcountyfair.com

The registration form will be online; there will be a link to direct you to it. Deadline for registration will be January 28th. Rules and regulations are attached to the end of this Tribune. If you have any other questions, call the Extension Office or Mary Rasche, 410/756-4280.

Public Speaking Day!

It may seem to be a bit early, but because we are using the Fair Online Registration system, it needs to close early for maintenance by the managing company. Public Speaking Day is scheduled for March 15, 2014 beginning at 9am. Rules and Regulations will be in this Tribune and can be found on the Fair website along with the Registration Form!! Deadline to register will be Feb 27th. The procedure will be the same as last year, no pre-scheduled times, but you must be present by 11am to deliver your speech. Any questions, contact the Extension Office or Superintendent, Rita Becker at 443-375-1114.
National Trip Senior Portfolios and ALL Sr. Portfolios are due January 3rd

If you are a senior member and would like to apply to be awarded a National Trip, then it's time to start thinking about that Senior Portfolio! Trips for Senior Portfolios include National 4-H Congress, Camp Miniwanca, West Virginia Older Members' Conference and Virginia 4-H Congress. If you are applying for a National Trip, don't forget to fill out the application found at: http://extension.umd.edu/sites/default/files/docs/programs/4H/awards/NatOutOfStateTripsApp2011.pdf and turn it in with your portfolio. ALL other senior portfolios not applying for a National Trip will also be due January 3, 2014.

If you would like help or advice on putting together a senior portfolio, please call Becky at the Extension office and she would be glad to help.

This year's essay question is:
"Write an essay to explain to an elected official your experiences in 4-H and why they should continue to fund the 4-H program."

Diamond Clover Awards

Are you working toward achieving levels 1 thru 5 of the Diamond Clover Awards? They are due to the 4-H Office by February 3, 2014 (or earlier!). All of the Diamond Clover forms can be found on the Carroll County Extension website. If you have questions, please contact Becky at the Extension Office.

Sheep and Goat Weigh-In

Sheep and Goat weigh-in and tagging will be held on Friday, May 9, 2014. Mark this date on your calendar!

Animal Science Webinars

The state 4-H office will be offering animal science webinars once again this year. Everyone is welcome to participate in these webinars and more information will be provided when available. Mark these dates if you're interested.

January 28, February 25, March 25, April 29, May 27

LIVESTOCK SKILLATHON!!!

Do you have an interest in learning more about livestock? Dates have been set for Skillathon Practices! All practices will start at 7pm at the Extension Office. Please check the schedule below. Call/text Kathy Gordon at 301-667-0559 or email kgordon80@aol.com.

Thursday Jan. 9
Thursday Jan 16
Thursday Jan 23
Thursday Jan 30
Thursday Feb 6
Thursday Feb 13
Thursday Feb 20
Thursday Feb 27
Thursday March 6
State Contest – Saturday March 8

Horse Bowl Practices

The Horse Bowl Contest will be held on March 15th at the University of Maryland College Park Campus. Practices will be held every Wednesday beginning on Jan. 8th at 7:00PM in Burns Hall for Juniors and Intermediates and in the Extension Office Room D for Seniors.

I pledge my HEAD to clearer thinking, My HEART to greater loyalty, My HANDS to larger service, and My HEALTH to better living, for my club, my community, my country and my world.
Dairy Bowl Practices
It will soon be time to start those Dairy Bowl practices again!!! All start at 7:30pm at the Extension Office. Here are the dates:
Feb. 7, 13, 20, 27
March 6, 13, 20, 27
April 3, 10
Contact Gary Brauning at 443-375-6963 for more information.

2013 Carroll County 4-H Tractor Safety Program
- All 4-Her’s are invited to take part in the 4-H Tractor Safety Program
- Participation in the Tractor Safety Program is required if you wish to enter the tractor contest at the County Fair!
- The program will run from Jan 27th thru March 17th, with weekly meetings on Monday evenings.
- If you plan to attend the Tractor Safety & Certification Program, you will need to attend the first meeting which will be held on Jan. 27th, here at the Extension Office from 7-9PM! More dates to follow. All sessions begin at 7pm; Extension Snow Policy will be in effect.
Please RSVP to Bryan Harris at 410-984-0626 or oliver2255@comcast.net if interested.

Calling All Journalists!!!
Anyone that is interested in sharing their 4-H story can submit articles to be shared on the Carroll County Extension website. Just make sure to tell us the what, when, where, and who and your story could be shared with anyone that visits the extension website. This is a great opportunity to share what your club is doing! And send along a picture that goes along with your article. If you have questions or want to submit an article/story, contact Becky at 410-386-2760 or email your stories with a picture to bridgewa@umd.edu.

OFFICE MAILBOX
Just a reminder that we have a drop box located by the entrance to the office. If you are here after hours or are trying to meet a deadline but the office is closed, please use the drop box. We cannot be responsible for items left under the door. Thank you for your cooperation!!

Sewing Supplies
Have you thought about trying out a new sewing technique, but don’t want to use your new fabric. Stop by the Extension Office. We have a large selection of fabrics that anyone is welcome to come and take for projects. There are also some patterns, zippers, and buttons that are available.
If you have questions, contact Becky at bridgewa@umd.edu or 410-386-2760.

International 4-H Experience in Tanzania!
Maryland 4-H will once again be sending a delegation to Tanzania, Africa from July 13th-28th, 2014! Applications will be due on Dec. 6th, orientations will begin in March! Please contact the Extension office or visit www.maryland4H.org for more information.

Club Leaders
Don’t forget to have all of your paperwork turned into the office by January 15, 2014. You received this information at the organization meeting held in October. Remember this is VERY IMPORTANT!!!!!
Youth and Volunteer nominations for awards presented at the Achievement Program are due to the Extension office by Friday, December 13th. Anyone can make a nomination!!!
North Carroll Community Showcase!

Your club is invited to participate in the North Carroll Regional Community Showcase on January 8, 2013. The Showcase will be held at North Carroll High School from 5:30 to 8:30 PM. All 4-H Clubs are welcome to come and share what their club is doing in the community. Small animal displays are encouraged! Please contact any 4-H educator at the Extension Office if your club is interested in this outreach event!

Archery Contest at the Fair!

There will be an archery contest at the Carroll County 4-H/FFA Fair in 2014! All 4-H and FFA members (as of Jan. 1st, 2014) are eligible to participate. However, any youth that are not currently participating in the Carroll County 4-H Hotshots archery program will be required to attend a training day on February 15th from 9AM-3PM and gain at least 8 hours of additional training from sessions on these Monday evenings from 6PM-8PM: March 17th, April 21st, May 19th, June 16th Or a full-day session on April 14th: 9-3PM AND the Qualifier on Saturday, May 24th All trainings and the qualifier will be held at the CC Ag Center. Applications are available here: [http://extension.umd.edu/news/events/sun-2014-07-27-0000-carroll-county-fair-archery-competition](http://extension.umd.edu/news/events/sun-2014-07-27-0000-carroll-county-fair-archery-competition)

Help Fill the Basket For the MD 4-H Gala!!

The Maryland 4-H Gala is seeking donations of filled baskets for the annual Gala held on January 19, 2014. Many Carroll County 4-H members have been recognized at the Gala over the last several years and this is a small way to give back to the Maryland 4-H Foundation, which helps all youth who participate in national contests. We are looking at putting together a Maryland Themed Basket and are seeking donations from clubs to help fill this basket donated by Carroll County 4-H. Items could include Maryland made items (Old Bay, Dominos Sugar, Wye River Soup, etc.), Ravens, Orioles, UMD items; anything you can think of that showcases Maryland. Donations will be accepted through Wednesday, January 15, 2014 at the Extension Office. If you have questions, contact Becky at 410-386-2760.

Fair Photos

PHOTO orders from the 2013 Carroll County 4-H/FFA Fair are available in the Extension Office. If you missed ordering the first time, you can still place an order for an additional fee.
Kim Dixon       Jim Serfass       Becky Ridgeway
Extension Educator      Extension Educator      Extension Educator
4-H Youth Development     4-H Youth Development        4-H Youth Development
kdixon12@umd.edu      jserfass@umd.edu      bridgewa@umd.edu

http://extension.umd.edu/carroll-county   The Carroll County 4-H Website. Find The Tribune online, plus other forms and information for youth and leaders.
http://extension.umd.edu/4-h   The Maryland State 4-H Youth Development Website. News & information from all over the state, plus forms and information for youth and leaders.

Carroll County 4-H Youth Development       Phone:  410-386-2760
University of Maryland Extension      Toll-Free:  888-326-9645
700 Agriculture Center       Fax:  410-876-0132
Westminster, MD  21157-5700

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If you have a disability that requires special assistance for your participation in a program, please contact the Carroll County Extension Office at 410-386-2760, fax: 410-876-0132, two (2) weeks prior to the program.
The information given herein is supplied with the understanding that no discrimination is intended and no endorsement by University of Maryland Extension is implied.

Upcoming Dates to Remember:

2014 Dates
Jan 2  UME Volunteer Leader Training, CC Extension Office, 6:00 pm
Jan 3  Senior Portfolios are due to Ext Office
Jan 11  Steer Weigh-In
Jan 25  Beat the Mid-Winter Blahs, CC Ext Office and Ag Center
Feb 3  Diamond Clover Awards due to Ext Office (Levels 1-5)
Feb 22  Junior Record/Memory Books due to Ext Office
March 15  Demonstration Day, CC Ext Office and Ag Center
March 15  MD 4-H Horse Bowl, U of MD, College Park
April 4  Achievement Program, TBD
April 5  Beef Field Day
April 26  Maryland Day, U of MD, College Park
May 2  Swine Weigh-in, TRP Building
May 3  MD State WHEP Contest
May 9  Sheep and Goat Weigh-in, TRP Building
June 14  MD 4-H Hippology and Horse Judging Contests, U of MD, College Park
June 23-26  Residential Camp, Younger Week
July 7-10  Clover Camp
July 14-18  Residential Camp, Older Week
Congratulations!!!

Congratulations to the MD State Fair Fashion Revue participants. Maddison Cotterino received Champion RTW separates and Brittany Lippy received champion RTW formal wear.

Carroll County was well represented at the National Engineering Contest held in Indiana. The Robotics Team consisting of Reese Boynton, Hannah Kiesel and Arden Qiu placed 3rd in both remote control and asynchronous competitions. Ben Wolf was 2nd in Lawn Tractor Safety, Thomas Wolf placed 2nd in Bicycle Safety, Steven Talbert was 10th in Agricultural Tractor Operator Safety and Ryan Weishaar was 5th in Arc Welding. Congratulations to each one of you!

Congratulations to all of the Carroll County 4-Hers who competed at the State Fair Dairy Judging contest! The teams competing were as follows: Junior Team consisted of Mattie Arbaugh, Atley Miller, Jillian Sutton, and Bryce Zepp. Our alternates were Jaycey Miller & Morgan Osborn-Wotthlie. Intermediate Team was Brandon Arbaugh, Jordyn Griffin, Alicia Hoff, and Trinity Miller. Alternates were Marissa Roberts and Tessie Weant. And our Senior team was Bradley Arbaugh, Brook Hoff, Courtney Hoff, Katie Grace Weant and the alternate was Ben Arbaugh.

Juniors
Ayrshires: Team 2nd, Bryce 5th, Mattie 7th, Jaycey 9th
Brown Swiss: Team 1st, Mattie 1st, Morgan 3rd, Jillian 4th, Atley 6th, Jaycey 7th
Guernseys: Team 2nd, Morgan 4th, Mattie 6th, Jillian 7th, Bryce 8th, Atley 9th
Holsteins: Team 2nd, Atley 2nd, Morgan 6th, Bryce 10th
Jerseys: Team 2nd, Jaycey 2nd, Atley 4th, Mattie 8th, Morgan 9th
Reasons: Team 2nd, Atley 3rd, Morgan 6th, Jaycey 8th
Overall Team 2nd, Atley 3rd, Morgan 7th, Mattie 10th, Bryce 11th, Jillian 12th, Jaycey 13th

Intermediates
Ayrshires: Team 1st, Brandon 2nd, Trinity 4th
Brown Swiss: Team 3rd, Marissa 9th
Guernseys: Team 1st, Brandon 2nd, Trinity 4th, Jordyn 7th
Holsteins: Team 2nd, Brandon 1st, Trinity 6th
Jerseys: Team 2nd, Alicia 6th, Brandon 9th, Trinity 10th
Reasons: Team 2nd, Brandon 4th, Alicia 5th, Trinity 9th
Overall: Team 2nd, Brandon 1st, Trinity 8th, Jordyn 10th, Alicia 12th, Marissa 19th, Tessie 20th

Seniors
Ayrshires: Team 2nd, Courtney 4th, Brook 5th, Ben 9th
Brown Swiss: Team 3rd, Courtney 1st, Ben 6th
Guernseys: Team 4th
Holsteins: Team 2nd, Brook 4th, Courtney 8th
Jerseys: Team 1st, Courtney 3rd, Brook 6th, Katie Grace 8th
Reasons: Team 2nd, Courtney 2nd, Brook 5th, Ben 7th
Overall: Team 2nd, Courtney 2nd, Brook 6th, Ben 11th, Bradley 19th, Katie Grace 20th

Special congratulations to Courtney Hoff who made the State Dairy Judging Team where they competed and won in Harrisburg, PA and Madison, WI!!! Courtney and her team will have the opportunity to travel and compete in Europe this summer!
"Beat The Mid-Winter Blah's" Registration Form
January 25, 2014-- Carroll County Ag Center

[Registration Form may be copied.]

Registration deadline: 4:30 p.m., Jan. 6, 2014

Registration fee of $2.00 and this completed form due to: Blah's, Carroll County 4-H Office

Please make checks payable to “CCEAC”

Blah's, Carroll County 4-H Office
700 Agriculture Center, Westminster, MD 21157

Name:________________________________________ Home phone:_______________ Cell phone: _______________

Email ___________________________________________ Age:____ Gender____

Complete Mailing Address:______________________________________________________________________________________

- 4-H Member:  ____ Yes ____ No
- 4-H Parent/Volunteer:  ____ Yes ____ No
- 4-H Club:_______________________________________

Registration Fee of $2.00 due with this completed form

- Class Choices: (Indicate 1st, 2nd, 3rd choices)

  - Lunch (Pizza, Chips, & Fruit) will be available for $3.00 per person. On event day, extra slices of pizza will be available for purchase. Drinks are provided for all registrants at no charge whether or not you purchase lunch.

  - Class confirmations, with fees owed, will be mailed following registration deadline.

  - Registration (Burns Hall) – All participants must register to pick up their packet which will include a map of class locations, schedule of classes selected, invoice for fees incurred, evaluation form and lunch ticket if applicable. To save time and to avoid dealing with cash, only checks will be accepted, payable to “CCEAC”.

  - IF YOU HAVE SELECTED A CLASS REQUIRING A SEWING MACHINE, PLEASE INDICATE IF YOU WILL BE BRINGING YOUR SEWING MACHINE.

    - MARK YES, I will bring a sewing machine
    - MARK NO, I will not bring a machine.

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<th>SESSION C (12:30 - 1:30)</th>
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Registration Fee: $2.00

Class Fees/Lunch:
(You will be invoiced for your class fees and lunch, if applicable, after registration deadline.)

TOTAL $2.00

Please make checks payable to CCEAC.

I hereby release the staff and volunteers of University of Maryland Extension and the Carroll County EAC from all liabilities associated with this activity.

(Signature of Parent/Guardian) ______________________ (Date) ______________________

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From: Becky Ridgeway, Extension Educator – 4-H, Carroll County
Re: REGISTRATION INFORMATION – “BEAT THE MID-WINTER BLAH’S” -- Deadline: January 6, 2014
Saturday, January 25, 2014, Carroll County Ag Center, Smith Avenue Extended, Westminster

- CLASSES ARE FOR ANY YOUTH (ages 5 and up). Some classes specify age restrictions and should be adhered to.
- Volunteers and parents may also attend any of the workshops; however, youth get priority. Adults will be put on a waiting list and will be added to class roster if youth do not fill class to capacity. It is recommended that a parent or adult accompany youth under 8 years of age. No registration fee is required if you are accompanying your child.
- Please read over all the class information carefully.
- A LIST OF CLASSES WILL BE AVAILABLE FROM YOUR CLUB LEADER OR ON LINE BY MID-DECEMBER.
- REGISTRATION DEADLINE: January 6, 2014
  ** Register for 1st, 2nd, and 3rd choices for each time period.
  ** Class confirmations and total fees owed will be mailed following registration deadline.
  ** If you have selected a class requiring a sewing machine, don’t forget to indicate if you will or will not be bringing a machine.
- TIMES: 8:45 a.m. until 2:45 p.m. Registration [Burns Hall] – All participants must register to pick up their packet and pay any monies due. Checks only – payable to “CCEAC”.

  9:30 a.m. – 10:30 a.m.  “A” classes
  10:45 a.m.-- 11:45 a.m.  “B” classes
  11:45 a.m. – 12:30 p.m.  LUNCH
  12:30 p.m. – 1:30 p.m.   “C” classes
  1:45 p.m. --  2:45 p.m.   “D” classes
  2:45 p.m.  Turn in event evaluations. Have a safe trip home!

- HELP NEEDED – Parents, adults and older 4-H’ers are needed to help with registrations throughout the day, to assist instructors in some classes with a helping hand and to clean up the facility after the event. Call the Extension Office (410/386-2760) to sign up.
- We offer classes of different time length – check the descriptions carefully and complete the registration form accordingly.
- The Deer Park 4-H Club will provide lunch which includes a slice of cheese pizza, a bag of chips, & fruit for $3.00 or you may bring your own lunch if you desire. If you would like to purchase a pizza lunch, you may do so on the registration form. On event day, extra slices of pizza will be available for purchase. Drinks are provided to all registrants.
- A registration fee of $2 is required for all attendees to cover various fees associated with class registration. This fee is non-refundable.
- A confirmation of classes, along with fees owed, will be mailed in advance to those registered. If you do not receive a schedule in advance of the event, please call the Extension Office at 410-386-2760 or 1-888-326-9645.
- REMEMBER TO KEEP your class descriptions in case you must bring supplies to your classes.

- University of Maryland Extension programs are open to any person and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, or national origin, marital status, genetic information, or political affiliation, or gender identity and expression.

- If you need assistance to participate in this program, please contact Becky Ridgeway (telephone: 410-386-2760; FAX: 410-876-0132; e-mail: bridgewa@umd.edu) at least two weeks prior to the program.

- UME is collecting information in order to enroll you in the UME sponsored Beat the Mid-Winter Blah’s. If you do not provide the requested information, you/your child may not be able to attend nor receive further information. The information you provide may be shared with UME and short-term appointed volunteers or instructors. Information provided to UME may also be shared among offices within the University and within the University System of Maryland and outside entities as necessary or appropriate in the conduct of legitimate University business and consistent with applicable law. Because the University is a State educational institution, such information may also be subject to disclosure under the MD Access to Public Records Act. Individuals may inspect and/or correct their personal information as provided by the “Public Records Act” and/or other applicable law or University policy.
CONTEST: SATURDAY, FEBRUARY 22, 2014 – 9 A.M. – CARROLL CO. EXTENSION OFFICE

- THERE WILL BE NO ASSIGNED TIMES FOR DEMONSTRATIONS THIS YEAR. The contest will start at 9:00 a.m. Report to the registration desk in Burns Hall no later than 11:00 a.m. to participate. You will need to pre-register. Registration forms will be available on the Carroll County Fair website. There will be a link to direct you to the form. You will need to create a different login from the one you used for the fair. Online registration opens January 1, 2014 and closes 11:59 p.m. January 28, 2014. Food will be available for purchase in Burns Hall.
- Room Monitors (those who assist in keeping the day running smoothly) are needed – to sign up, indicate on Registration form. Room monitors will be given the opportunity to do their presentation.
- Classes – ages as of January 1, 2014 – Clovers – ages 5-7; Junior – ages 8-13; Senior – ages 14-18

DIVISIONS A, B AND C – Rules and Regulations
1. Division A – First Time Juniors (ages 8 thru 13) - This category for those who have NEVER demonstrated at the county level.
2. Division B – Juniors (ages 8 thru 13)
3. Division C – Seniors (ages 14 thru 18)
4. Participants may give both an individual and team demonstration or illustrated talk. If two are given, they MUST be in different classes.
5. The Superintendent may divide classes after registration if participation is too high to be accommodated by two judges.
6. The length of a demonstration or illustrated talk should be: 1st Year Junior Division – minimum 4 minutes, maximum 8 minutes; Junior Division – minimum 5 minutes, maximum 8 minutes; Senior Division – minimum 10 minutes, maximum 15 minutes.
7. Previous state champion demonstrators are eligible to compete in the same project area within each age division.
8. An Illustrated Talk is structured with an introduction, body, and summary. Instead of actually showing how to do, you explain how by use of illustrations, charts, or posters. You usually do this kind of talk in an area where you cannot actually show “how to do something” (i.e., How To Prepare A Compost Manure Bed).
9. A formal Demonstration is structured with an introduction, body, and summary. You are showing step-by-step how to do something resulting in a finished product.
10. Live animals are no longer allowed to be brought to the Extension Office as part of the demonstration or illustrated talk for classes 8, 18, and 28. Live animals may be used in classes 9, 19, and 29. Please be sure animals are properly restrained.
11. You may use “Power Point” as part of an Illustrated Talk. It will be your responsibility to provide a laptop computer and have the computer and projector up and running. Projector will be provided by the 4-H office.
12. Premiums- Class Champion - $4.00, Blue Award - $3.50, Red Award - $3.00, White Award - $2.50; rosettes will be given to Champion demonstrations or illustrated talks. Club groups may participate but no premium is offered.

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<td>11</td>
<td>21</td>
<td>Automotive, Tractors, Small Engines, Bicycles</td>
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<td>12</td>
<td>22</td>
<td>Arts &amp; Crafts, Photography</td>
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<td>13</td>
<td>23</td>
<td>Clothing, Personal Appearance</td>
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<tr>
<td>4</td>
<td>14</td>
<td>24</td>
<td>Conservation, Entomology, Forestry, Marksmanship</td>
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<td>5</td>
<td>15</td>
<td>25</td>
<td>Family Life, Child Care, Safety, Health</td>
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<tr>
<td>6</td>
<td>16</td>
<td>26</td>
<td>Gardening, Plan &amp; Plant, Ag Commodities</td>
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<td>7</td>
<td>17</td>
<td>27</td>
<td>Handyman, Electric, Woodworking</td>
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<tr>
<td>8</td>
<td>18</td>
<td>28</td>
<td>Livestock – Beef, Sheep, Swine, Horse/Pony, Dairy goat, Dairy Cattle, Veterinary Science (See rule above)</td>
</tr>
<tr>
<td>9</td>
<td>19</td>
<td>29</td>
<td>Livestock – Rabbits, Poultry, Small Pets, Dogs</td>
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<tr>
<td>10</td>
<td>20</td>
<td>30</td>
<td>General</td>
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<tr>
<td>31</td>
<td>37</td>
<td>43</td>
<td>Food/Nutrition – Meat or Meat Product</td>
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<tr>
<td>32</td>
<td>38</td>
<td>44</td>
<td>Food/Nutrition – Fruits</td>
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<td>33</td>
<td>39</td>
<td>45</td>
<td>Food/Nutrition – Vegetable</td>
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<tr>
<td>34</td>
<td>40</td>
<td>46</td>
<td>Food/Nutrition – Milk or Milk Product</td>
</tr>
</tbody>
</table>
DIVISION D – Egg Demonstration Contest – Purpose of Contest

• To develop leadership abilities, build character, and assume citizenship responsibilities.
• To acquire knowledge of quality standards, size classifications, nutritional value, storage, functional properties, versatility, and economic value of eggs.
• To develop creative skills in recipe formulation, preparation and serving of eggs.
• To enjoy eggs as a food.
• To use sound nutritional knowledge when planning meals.

Rules and Information Specific to the Egg Preparation Contest:

1. The contestants will be scored according to the points listed and described on the score sheet.
2. Each participant must present a demonstration on the preparation of an egg dish.
3. The demonstration must include the following:
   a. Information on nutritional value, versatility, functional properties, ease of preparation, and economics of cooking with eggs.
   b. Steps in preparation of the dish.
   c. A finished dish ready for sampling. This may be prepared prior to the demonstration and reheated in oven during the demonstration or during the actual demonstration if it can be prepared in the 12-minute time limit. Judges will be served and will sample each finished product at the conclusion of each demonstration.
4. The demonstration must be no more than 12 minutes in length. An additional 3 minutes will be provided for the judges to ask questions.
5. Each contestant must submit to the judges three (3) copies of the recipe used in the demonstration.
6. The egg dish must contain a minimum of:
   a. ½ egg per serving if the dish is classified as an appetizer or snack
   b. ½ egg per serving if the dish is classified as a dessert
   c. ½ egg per serving if the dish is classified as a beverage
   d. One egg per serving if the dish is classified as a salad or main dish
7. The egg dish recipe may utilize prepared packages of food ingredients (i.e., grated cheese) or canned items (i.e., tomato paste).
8. Each contestant will furnish their own supplies for the demonstration.
9. Easels will be provided for the demonstration. Only posters and tabletop displays will be allowed. No slides or videos will be permitted.
10. One cloth-covered table and a demonstration table with mirror will be provided to use during the demonstration.
11. Posters displayed must be the work of the contestant. Contestants may use notes or outlines to assist them but reading from notes exclusively will hurt their presentation.
12. In case of ties, the ties will be broken by the following method in the order listed:
   a. The contestant with the highest score in the “Presentation” will win.
   b. The contestant with the highest score in “recipe” will win.
   c. The contestant with the highest score in “finished product quality” will win.
13. Recipe check sheet –
   a. Name of recipe
   b. List of ingredients – listed in order they are used in the instructions.
   c. Measurements given in common fractions
   d. No abbreviations used; no brand names used
   e. Instructions for combining ingredients –
      i. Clear instructions for every step of combining and cooking the ingredients; short, clear, concise sentences; correct food preparation terms to describe combining and cooking process; size of pan stated; temperature and cooking time stated; number of servings and calories per serving
14. Contestants will be judged on –
   a. Appearance – 5 points
   b. Presentation – 40 points (introduction – 5 points; delivery – 5 points; nutrition information and general knowledge – 10 points; knowledge of eggs – 5 points; summary of main points – 5 points; effective use of time allotted – 5 points; response to judge’s questions – 5 points)
   c. Recipe – 30 points (follows format listed in rules – 5 points; originality and creativity – 10 points)
14. You may participate in this contest even though you demonstrated in other classes. You do have to do a different demonstration.

15. Premiums – Class Champion - $4; Blue Award - $3.50; Red Award - $3; White Award - $2.50; rosettes will be presented for champion demonstrations.

CLASSES – Division D – Egg Demonstration

Class 49 Jr. Demonstrator
Class 50 Sr. Demonstrator


1. No individual or team may present the same demonstration in successive years.

2. Contestants may compete even if they did a demonstration in classes 1-48 but the same demonstration must not be given twice.

3. Demonstrators in this contest must be actually showing how to do something.

4. A senior youth enrolled in 4-H, FFA, home economics, vocational agriculture, or horticulture classes is eligible based on the rules of the Junior Horticulture Association.

5. The individual champion from classes 51 thru 55 will go to state competition to select the demonstrator to represent Maryland in the National Junior Horticulture Contest.

6. Contestants are not eligible to compete after receiving national recognition.

7. Premiums: Class Champion - $4; Blue Award - $3.50; Red Award - $3; White Award - $2.50

8. Grand Champion and Reserve Grand Champion individual demonstrations will receive a rosette.

CLASSES – Division E

Class 51 Foods – preparing vegetable or fruits for table use, canning, freezing, or dehydration

Class 52 Production – Any practice that has to do with growing vegetables, fruits, nuts, flowers, ornamental plants and turf as well as those practices concerned with maintaining, replenishing, or increasing the productive capacity of the soil.

Class 53 Marketing – Operations in preparing vegetables, edible tree nuts, fruits, flowers, and ornamental plants for market, offering for sale to a buyer or preparing for storage and exhibiting those horticultural crops.

Class 54 Artistic Arrangement of Flowers and Vegetables – The use of flowers, vegetables and other horticultural crops in arrangements, corsages and plaques. Materials used may be live or dried. Weeds and native materials may be used. Artificial plants and flowers are not to be used.

Class 55 Landscaping – Any practice that has to do with arrangement, establishment and maintenance of flowers, ornamental plants and turf around or within the home, business or public grounds. (Demonstrations on growing landscaping materials should be entered in the production class. Cut flower arrangement should be entered in class 54.)

DIVISION F – Clovers (ages 5, 6 and 7 years of age as of Jan. 1, 2014) – Rules and Regulations

1. Clovers will be evaluated and encouraged but not judged using the Danish system. All youth will receive a participation award. Premium offered for each clover’s presentation is $1.

2. A special clover evaluation sheet will be given to each participant.

3. No large animals are to be used in the demonstration. Kitchen facilities WILL NOT be available to clover demonstrators.

4. Demonstrations can be a team or individual presentation.

CLASS 56 - Division F – Clovers

DIVISION G – Menu Judging – Objectives –

- Participants are encouraged to select and plan menus for one day according to the Dietary Guidelines.

- Participants acquire knowledge about the nutritional value, cultural and ethnic characteristics of a wide variety of foods.
• Participants develop skills in selecting and balancing meals for one day for a variety of life styles to learn how life styles affect meal patterns.
• Participants apply nutrition information to food choices.
• Participants use nutrition labeling in selecting foods for quick meals.

DIVISION G – Menu Judging – Rules and Regulations
1. Menus should include the correct number of servings from each food group in the Pattern for Daily Food Choices.
2. Menus should include contrast of color, texture and flavors.
   Only one menu entry per class will be accepted for each 4-H member. Menu entries will be received no later than January 28, 2014 at the Carroll County Extension Office. Judging will occur prior to Demonstration Day on February 22, 2014.
3. On the reverse side of the menu - print – name – age – complete address – class number
4. On an additional page, describe for whom the menu is planned including self or other family member, age, activity or other information. Tell why the menu is balanced and explain how selections meet the Dietary Guidelines.
5. Menus should include a description of the preparation methods and amounts of foods. (Example of menu planning is available at the 4-H Office.)
7. Prepared menu for a day using the MyPlate Nutritional Plan. Three meals, including no snack, hand printed or typed vertically on one 8 ½” x 11” sheet of paper, mounted on construction paper – no pictures. Updated information available from the 4-H Office.
8. Class Champions will be eligible for further competition during the Maryland State Fair.
9. Premiums – Class champion - $4; Blue Award - $3.50; Red Award - $3; White Award - $2.50

CLASSES – Division G – Menu Judging

<table>
<thead>
<tr>
<th>Jr.</th>
<th>Sr.</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>57</td>
<td>62</td>
<td>Convenience Foods – One or more meal(s) -- may include pre-packaged or prepared convenience food(s); i.e., TV dinner, frozen entrée or side dish, packaged rice or macaroni product, etc. Attach label(s) from the convenience food used.</td>
</tr>
<tr>
<td>58</td>
<td>63</td>
<td>One Meal is from a Fast –Food Restaurant – one meal is purchased from a fast-food restaurant. Attach nutritional information from the fast-food restaurant.</td>
</tr>
<tr>
<td>59</td>
<td>64</td>
<td>One meal is a packed lunch – one meal should be written as a bagged or packed meal.</td>
</tr>
<tr>
<td>60</td>
<td>65</td>
<td>Vegetarian Menu – three meals meeting the nutritional needs of a vegetarian (lacto-ova). You may include dairy products and/or eggs, but not meat, poultry, or fish.</td>
</tr>
<tr>
<td>61</td>
<td>66</td>
<td>Ethnic Menu – describe the culture represented</td>
</tr>
</tbody>
</table>

DIVISION H – Food & Nutrition Poster Contest – Rules and Regulations
1. Only one entry per 4-H’er is accepted.
2. Posters may be eligible for exhibition at the Maryland State Fair.
3. Posters may be either horizontal or vertical. Horizontal posters are encouraged; however, avoid a square-shaped poster.
4. Posters must be designed or affixed to a standard poster board with 14” x 22” dimensions.
5. Posters may be designed using water color, ink, crayon, acrylic, charcoal, oils, collage. It must not be three-dimensional.
6. Well-known cartoon figures – such as Snoopy, Orphan Annie, Charlie Brown, etc., cannot be used because they are protected by copyrights. Brand names of foods cannot be used.
7. The exhibitor’s name, age, address, and a brief interpretative statement should be clearly written on a piece of paper and attached to the back of each poster in the upper left-hand corner.
8. Judging criteria includes: information given and idea expressed – 25%; art, design, and lettering – 25%; construction – 10%; and nutrition information – 40%.
9. Posters will be received no later than January 28, 2014 at the Carroll County Extension Office. Judging will occur prior to Demonstration Day on February 22, 2014.
10. All posters will be judged on the Danish System. Score sheets will be provided for the poster exhibits.
11. Premiums – Class Champion - $4; Blue Award - $3.50; Red Award - $3; White Award - $2.50

CLASSES – Division H – Food and Nutrition Poster Contest
Class 67  Jr. Entry
Class 68  Sr. Entry

DIVISION I – Food Science Display – Objectives
- Participants will develop an appreciation of the scientific process through planning and conducting experiments in food and nutrition.
- Participants gain experiences in reviewing, organizing, and interpreting scientific ideas in food and nutrition.
- Participants increase their knowledge about how science is used to convert raw agricultural produce into processed food products.
- Participants increase awareness of the relationship of biological and physical sciences to food and nutrition.
- Participants understand the importance of food and agricultural science and technology in providing a wide array of foods in today's markets and to recognize the many career opportunities.

DIVISION I – Food Science Display – Rules and Regulations
1. No project may involve any live animals or harmful chemicals, explosives, open flames, or any other potentially dangerous materials.
2. Exhibitors must work on their displays individually. Team projects are NOT allowed.
4. The size of the display must be a minimum of 28” W x 14” D x 22” H or a maximum of 42” H x 36” W x 17” D and sturdy enough to stand alone.
5. The report may be hand-written or typed and attached to the display board. DO NOT attach multiple pages.
7. Class Champions will be eligible for further competition at the Maryland State Fair.
8. Premiums – Class Champion - $4; Blue Award - $3.50; Red Award - $3; White Award - $2.50

Parts of Display –
Title – The title is written as a question or statement. Examples: What are the Effects of Enzymes on Fruits? OR The Effects of Enzymes on Fruits
Purpose – The purpose is a short statement of why the project was done. Example: The purpose of this project is to determine the effects of enzymes on the browning of fruit.
Problem – This tells what you want to investigate. This is usually in the form of a question. Example: Why do apples turn brown when exposed to air?
Procedure – The procedure records the step-by-step manner in which the experiment was performed. Careful thought should be given to the identification of variables and the materials used.
Results – The results present an organized view of the information collected. Charts, graphs, tables, pictures, and/or drawings should be used to explain the results to others.
Conclusion – The conclusion explains the importance of the results. You will tell what you think the data you have gathered means.

The Display –
Your display must be a three-sided display. It will be exhibited standing so it must be able to stand by itself. Please check these suggestions and exact sizes listed previously:

Make your backboard from sturdy light-weight material: Heavy tag board, cardboard, or poster board are good choices for backboard materials. Put the three sections or the backboard together with hinges or strong, wide tape.

The title and other large letters may be cut out of construction paper and attached to the backboard. Stenciled or stick-on letters may also be used. Make sure that your title is easy to see.

Drawings and sketches should always be drawn in pencil first and then re-traced. It is better to
draw them on separate pieces of paper, mount them on construction paper, and then attach them to the backboard. Make sure all drawings and pictures are labeled.

Plan to put the experiment in front of the center part of the backboard. You may use the equipment and the samples as part of the display.

**Food-Science Experiment**
This display offers exhibitors the opportunity to use the “learning by doing” process to discover important scientific facts as well as experience the joy of exploration. It is important that the youth allow ample time to complete the experiment and build the display before the competition. Re-read the descriptions and requirements of the Food Science Display and allow ample time to complete the project.

**Scientific approaches** – Youth should follow the scientific method in conducting their experiments using inductive reasoning. Inductive reasoning bases the conclusions on the examination of data collected: i.e., the fermentation of dough is affected by the temperature. The inductive approach would take identical pieces of dough and ferment for the same period of time at different temperatures and record the differences in size of the fermented dough before coming to a conclusion.

**The scientific method involves four steps:**
- **The Purpose/Problem** that will be answered through investigation (hypothesis, a statement that will be either proven or challenged).
- **Procedure** – a statement of how the investigation is to be carried out. This step requires careful planning and thinking about the investigative plan of attack.
- **Results** – information gathered during the investigation is called data. After the data are collected, they need to be tabulated or diagrammed to aid in the analysis and explanation of results.
- **Conclusion** – challenge the hypothesis or answer the questions asked.

**Setting Up The Display** – the purpose of the display is to show the course of the investigation and outcomes. The three-paneled free-standing display is used to highlight your investigation. Block the information in pencil, and when the display is complete, use a felt pen. Include the following information on the panels:
- **The purpose/problem** (hypothesis) the investigation is about to answer
- **A description of the Procedure** used to carry out the project
- **Results and conclusions** (based on data collected)
- **Body of the data** or a model of the center panel of the display

**CLASSES – Division I – Food Science Display**
- Class 69  Jr. Entry
- Class 70  Sr. Entry

University of Maryland Extension programs are open to any person and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, or national origin, marital status, genetic information, or political affiliation, or gender identity and expression.

If you need assistance to participate in this program, please contact the Carroll County Extension Office (telephone: 410-386-2760; FAX: 410-876-0132) at least two weeks prior to the program.
**RULES AND REGULATIONS**

1. The contest consists of the following categories: Prepared Speech, Extemporaneous Speech, Radio Spot Announcement, 4-H Pledge, Interpretations – Humorous, Poetry & Dramatic.

2. Contestants will participate in appropriate age category: Clovers = ages 5 – 7 years; Juniors = ages 8 – 10 years; Intermediates = ages 11 – 13 years; Seniors = ages 14 – 18 years. Ages are determined as of January 1st of the year in which the contest is held.

3. First-Year Juniors are 4-H members ages 8 – 10 years of age as of January 1 of the current year who have not participated or competed in either a county Demonstration Day or Public Speaking Contest.

4. First-Year Juniors may participate in Division C (Junior) OR Division B (First-Year Junior); BUT NOT BOTH.

5. Time limits: Judges may deduct points for speeches not meeting or exceeding time limits.
   - Prepared Speeches – Clovers = 2 to 4 minutes; Juniors = 3 to 5 minutes; Intermediates and Seniors = 4 to 6 minutes
   - Extemporaneous Speeches – Juniors and Intermediates = 2 to 3 minutes; Seniors = 3 to 5 minutes
   - Radio Spot Announcements - 30 seconds for all age groups

6. Visual aids, including posters, are not permitted. Appropriate gestures are encouraged. Dramatic Interpretation contestants may opt to sit for their presentation.

**Prepared Speech**

7. Prepared Speech contestants may speak on any topic. It may be wise to discuss topics that could be considered as controversial with your 4-H or Extension Educator before the contest. The speech may be written for a specific audience such as a 4-H club, PTA, or a community-service organization. Note cards containing a key word outline are permitted. Only Juniors and Clovers may use a complete script.

8. Memorization is not encouraged; however, speaking from an outline is encouraged.

9. Extemporaneous Speech contestants will draw three topics on the day of the contest. They will choose one topic to speak on. Juniors and Intermediates may have up to 30 minutes and Seniors may have up to 15 minutes to prepare their talk. Contestants may use one side of up to four or both sides of up to two 4” x 6” note cards to write their key word outline. No speech should be fully written on the cards.

**Radio Spots**

10. Radio Spots should be exactly 30 seconds in length and may include a musical or sound effect introduction and/or background, but MAY NOT INCLUDE a spoken introduction or “tag” by anyone other than the contestant. If music or a sound effect is used, the contestant must provide and operate the sound-making device.

   The contestant MUST provide a complete written script (including notations about music/sound effects) to the timekeeper to aid in timing accuracy. Musical/sound-effect introductions and endings are considered a part of the radio spot and must not cause the 30-second time limit to be exceeded. The spot should relate to 4-H, be original and be created by the contestant. With the speaker’s permission, spots may be considered for promotional purposes.

11. Speakers may speak or interpret in a language of their choice. If using a language other than English, the participant must inform the Extension Office before the event so that judges may be acquired.

**Interpretations**

12. Dramatic – the memorized oral interpretation by an individual or a serious selection of narrative or dramatic literature. The speaker shall memorize this oral interpretation. It shall be a serious selection of narrative or dramatic literature. Monologues are acceptable. Mime (use of your body to create an interpretation) is also acceptable. Cuttings may incorporate characters, but monologues are acceptable. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.
13. Poetry – the memorized oral interpretation by the speaker. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.

14. Humorous – the memorized oral interpretation of a humorous selection by the speaker. Cuttings may be taken from published plays or prose. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.

15. Speakers in the Interpretation Classes (Dramatic, Poetry and Humorous) can speak or interpret in language of their choice. If using a language other than English, the participant must inform the Extension Office before the event so that judges may be acquired.

4-H Pledge

16. 4-H Pledge class is a non-competitive recitation of the 4-H Pledge. Participants will be evaluated as described on the score sheet. Judges may ask questions regarding the meaning of the Pledge and its significance to the participant.

Additional General Rules

17. Judges may ask questions of contestants in the Pledge, Prepared Speech, and Extemporaneous Speech, Dramatic Interpretation, Poetry Interpretation, Humorous Interpretations, categories related to the presentation’s topic. Due to time constraints, questioning should be limited to two or three minutes per speaker. Questions will not be asked in the Radio-Spot category.

18. At the State Contests, a contestant may only compete in one category. If a contestant wins more than one category at the County Contest, they must choose which category in which to compete at the State Contest. Only one Champion from the 3 Interpretive Presentations will go on to compete at the State Contest. Clover and Pledge classes will compete in Carroll County only.

19. The names of two ranked champions and two ranked alternates in each age group of each category will be selected to form a pool for possible representation at the State Contest. The highest ranked individual will represent Carroll County at the State Contest.

20. State Champions may not enter the same category and age group a second time. Previous year’s local champion speeches may not be repeated.

21. Coaching during speech by family, friends, or others is not permitted.

22. All participants will be evaluated on the Danish System. Recognition and awards will occur at the conclusion of the contest. Premiums will be included with the premiums from the Carroll County 4-H/FFA Fair. The following premiums are offered for Junior, Intermediate and Senior participants: Champion Award - $4; Blue Award - $3.50; Red Award - $3; White Award - $2.50; Clover and 1st Year Junior participants will receive $1.

23. The Contest will start at 9:00 a.m. There will be no assigned times for speeches. Report to the registration desk in Burns Hall no later than 11:00 a.m. to sign up for your room. You will need to pre-register. Registration forms will be available on the Carroll County Fair website. There will be a link to direct you to the form. You will need to create a different login from the one you used for the fair. Registrations must be received by 11:59 p.m., February 15, 2014. Food will be available for purchase in Burns Hall. Remember to allow preparation time for your extemporaneous speech (15 minutes for seniors, 30 minutes for juniors and intermediates).

CLASSES – DIVISION A – Clover (ages 5 – 7)

1. Prepared Speech
2. 4-H Pledge
3. Dramatic Interpretation
4. Poetry Interpretation
5. Humorous Interpretation

CLASSES – DIVISION B – 1st Year Juniors (ages 8 – 10) [No previous participation in County Demonstration or Public Speaking Contests.]

6. 4-H Pledge
7. Dramatic Interpretation
8. Poetry Interpretation
9. Humorous Interpretation

CLASSES – DIVISION C – Junior (ages 8 – 10)

10. Prepared Speech
11. Extemporaneous Speech
12. Radio Spot
13. Dramatic Interpretation
14. Poetry Interpretation
15. Humorous Interpretation

CLASSES – DIVISION D – Intermediate (ages 11 – 13)

16. Prepared Speech
17. Extemporaneous Speech
18. Radio Spot
19. Dramatic Interpretation
20. Poetry Interpretation
21. Humorous Interpretation

CLASSES – DIVISION E – Senior (ages 14 – 18)

22. Prepared Speech
23. Extemporaneous Speech
24. Radio Spot
25. Dramatic Interpretation
26. Poetry Interpretation
27. Humorous Interpretation

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