



**Knowing how to choose and use your health insurance will make you a smart health care consumer. Participate in these webinars to learn more.**

### **SMART USE HEALTH INSURANCE**

#### *Your Health Insurance Benefits*

June 13, 2017 (English)

1:00-2:30pm

*Provides strategies for understanding, getting and using your health insurance benefits.*

### **SMART USE HEALTH INSURANCE**

#### *Understanding and Estimating Health Care Costs*

September 7 or 18, 2017 (English)

1:00-2:30pm

*Helps you better understand and estimate your health care expenses so you can plan for future health care costs.*

### **SMART CHOICE HEALTH INSURANCE**

#### *Basics*

October 29 or November 1, 2017 (English)

1:00-2:30pm

*Increases your understanding of health insurance and provides strategies for selecting a health care plan that will meet your health care needs and fit your spending plan.*

Webinars are FREE

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***For more information, please visit <https://extension.umd.edu/insure>.***