## Session One Outline: Seeing Emotions

### Introduction

The activity encourages individuals to interpret and analyze art in order to comprehend the hidden emotions and artist's intention.

# Get Started in CO C CO

### Goals

Be able to identify artwork that expresses immense emotions and communicates to the world



### **Learning outcomes**

- Understanding that art is an emotion
- Being able to comprehend abstract art
- Art can acquire any form or shape, can be made of any material but it remains an expression
- Through art, an artist communicates his ideas and feelings to the world
- Being able to use the knowledge of artwork and its structures to understand the world through different perspectives

# **Activity:**

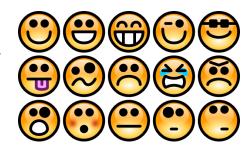
Encourage participants to be vigilant and find art in their surroundings. Have a selection of artwork posted around the room for youth to select from and follow through with the discussion

### **Discussion:**

Ask participants to:

Share: What does the artwork express? Does it express a feeling, or does it represent a significant era or incident?

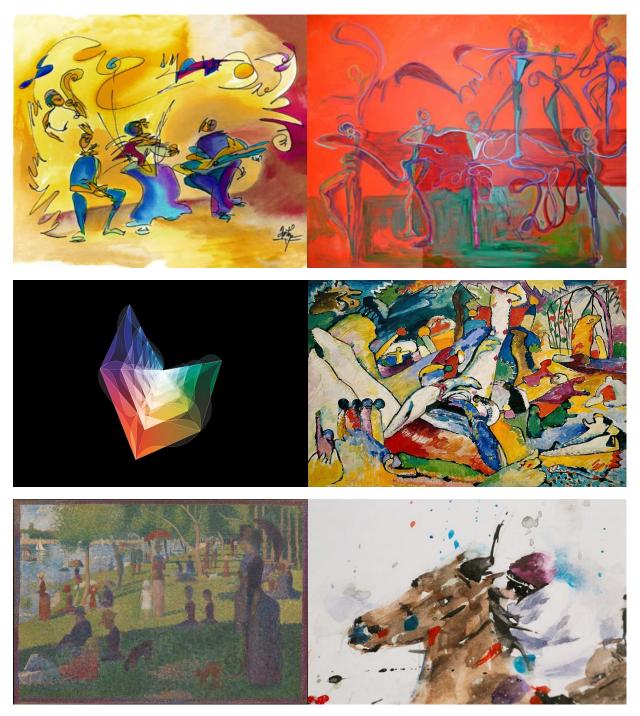
Reflect: How does the artwork communicate to you? Does the picture relate to the saying "A picture is worth a thousand words?"



Generalize: Are all artists trying to express emotions, ideas or point of views through their art? Is every artwork an expression?

Apply: Is analyzing the artwork in any form and being able to understand its true meaning helpful? Or do you prefer reaching the conclusion through your own understanding and knowledge of the art.

# ARTWORK OPTIONS



**NOTE:** The pictures are taken from google images