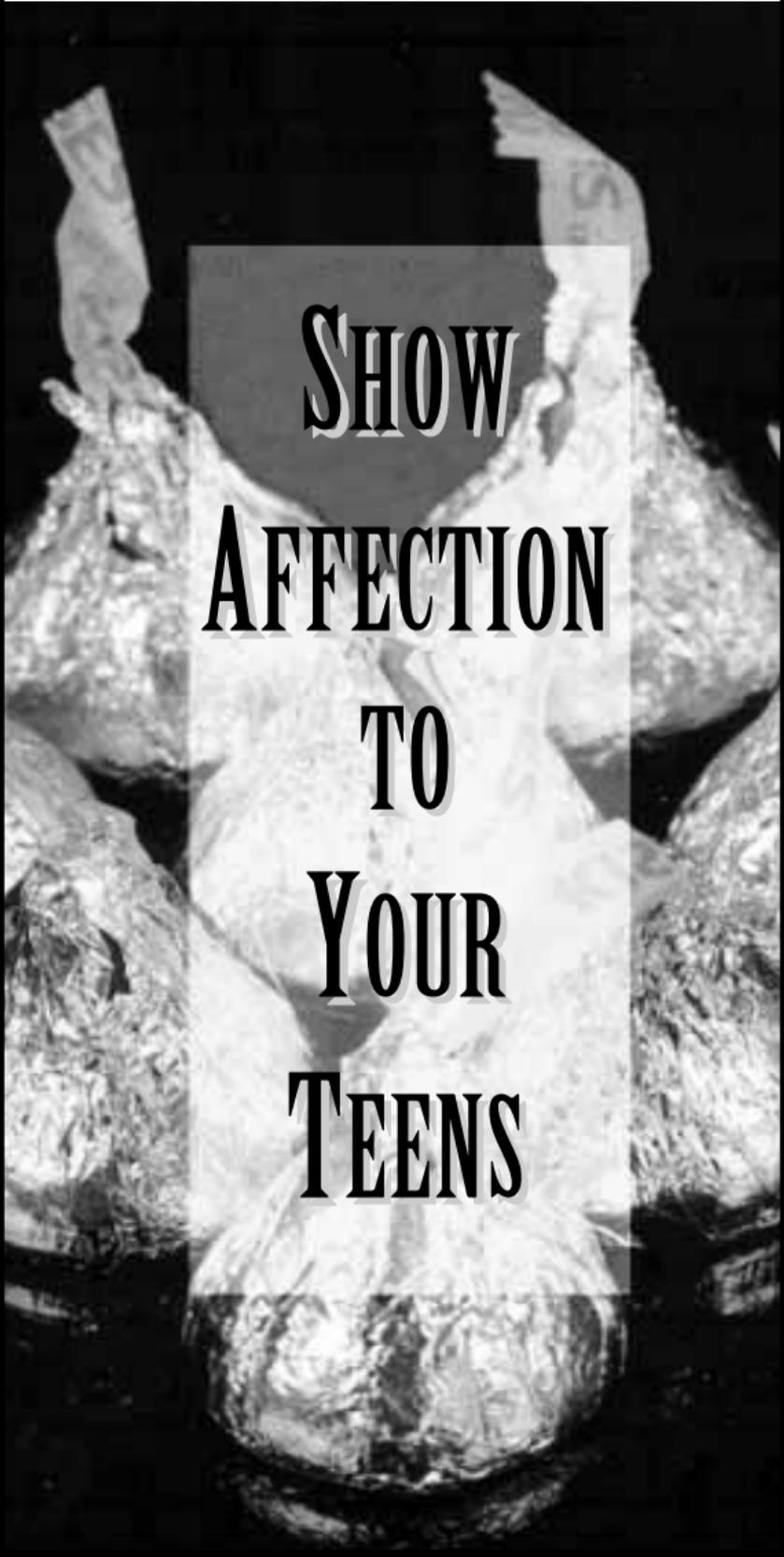




COOPERATIVE EXTENSION SERVICE
UNIVERSITY OF MARYLAND AT COLLEGE PARK
UNIVERSITY OF MARYLAND EASTERN SHORE

Leaflet 272

PARENTS OF TEENS: SHOW YOU CARE



**SHOW
AFFECTION
TO
YOUR
TEENS**

PARENTS OF TEENS: SHOW YOU CARE



Show Affection to Your Teens

The affection you show your teens tells them you love them. It also helps them like themselves. Showing your teens affection will not spoil them.

Do not quit showing affection to your teens just because they are growing up. They will let you know if you are too affectionate. They may pull away from a hug or a kiss, and they may be embarrassed if hugged or kissed in front of other people. However, at the right time and place, affection means a lot to your teens. Even a smile from you can make them feel special.

Ways to Show Affection to Your Teens

- Show affection with a hug, a pat on the back, or a kiss.
- Let your teens know you like them to show affection.
- Use words that show you care, value, and are proud of your teens, such as “You are a neat person.”
- Show affection by looking out for your teens’ best interests.
- Do not compare your teens to other teens.
- Plan a special event, like an outing or a meal, to show your teens that you care.

Other leaflets in the *Parents of Teens: Show You Care* series are

- L 269 Talk With and Listen to Your Teens
- L 270 Spend Time With Your Teens
- L 271 Get to Know Your Teens’ Friends
- L 273 Involve Teens in Family Decisions
- L 274 Show Confidence in Your Teens
- L 275 Help Your Teens Do What Is Right
- L 276 Talk With Your Teens About Sex

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