



COOPERATIVE EXTENSION SERVICE

UNIVERSITY OF MARYLAND AT COLLEGE PARK

UNIVERSITY OF MARYLAND EASTERN SHORE

Leaflet 271

PARENTS OF TEENS: SHOW YOU CARE



**GET
TO KNOW
YOUR
TEENS'
FRIENDS**

PARENTS OF TEENS: SHOW YOU CARE



Get to Know Your Teens' Friends

It is important for your teens to have friends. They need people their own age with whom they can talk and do fun things. Help your teens find friends, and help them plan things to do with them.

You may worry that your teens will get involved with people who do harmful things like drinking and taking drugs. However, good friends can help your teens stay out of trouble and do what is right. Get to know your teens' friends. If you know some of

their friends have been in trouble, talk to your teens about them. Your teens may need some help in knowing how to handle these friendships.

It is important for you to be a part of your teens' lives without overdoing it.

Ways to Help Your Teens With Their Friends

- Help your teens learn how to get along with their peers.
- Encourage your teens to bring friends home. Get to know them.
- Try not to be critical of your teens' friends. Look for the positive things in them.
- Help your teens plan things to do with other young people. Include your teens' friends in some family outings.
- Allow your teens to visit their friends' homes.
- Encourage your teens to join school activities and meet new people.
- Show your teens that you enjoy having friends.

Other leaflets in the *Parents of Teens: Show You Care* series are

L 269 Talk With and Listen to Your Teens

L 270 Spend Time With Your Teens

L 272 Show Affection to Your Teens

L 273 Involve Teens in Family Decisions

L 274 Show Confidence in Your Teens

L 275 Help Your Teens Do What Is Right

L 276 Talk With Your Teens About Sex

Prepared by
Billie H. Frazier, Ph.D., CFLE
Extension human development specialist
Department of 4-H and Home Economics

Bonnie B. Tyler, Ph.D.
professor emeritus
Institute for Child Study
University of Maryland at College Park

Reviewed by
Sarah L. Anderson, Ed.D., C.H.E.
associate professor and Extension program leader
Texas Agricultural Extension Service
Texas A&M University

Georgia Lewis, M.S.
parent educator
Division of Adult Education
Montgomery County Public Schools, MD

Albert H. Gardner, Ph.D.
associate professor
Institute for Child Study
University of Maryland at College Park

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