

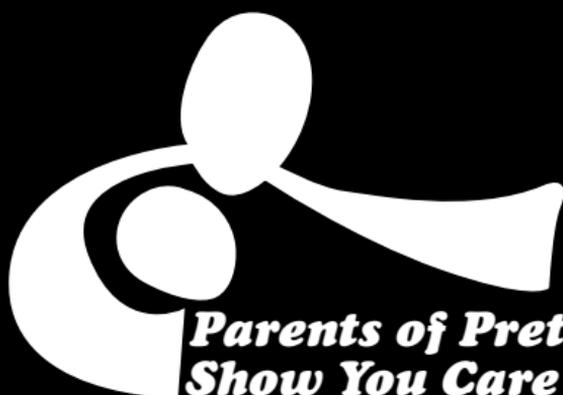


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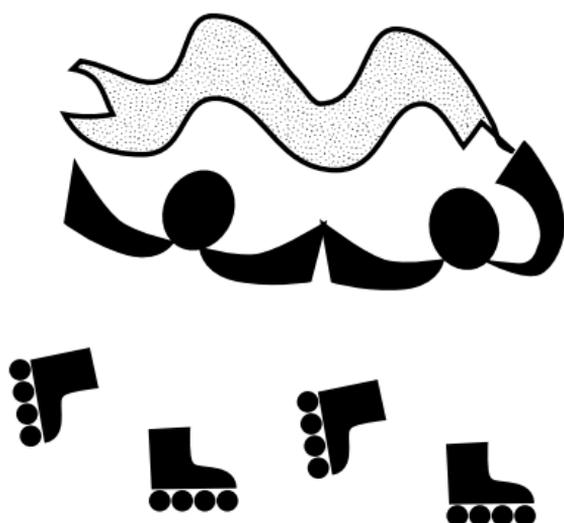
Leaflet 252



***Parents of Preteens:
Show You Care***



Parents of Preteens: Show You Care



Help Your Preteens Make Friends

Every preteen needs at least one good friend. It is more fun for preteens to do things with friends than by themselves. Preteens want to talk about their problems together. They often feel that friends understand them better than you do. Preteens like to have friends to talk with on the phone or to invite over on the weekend. Preteens may feel lonely without someone to share time with them.

Preteens need to learn how to make friends. You can help them make friends by planning things to do with other preteens. Your preteens also will learn by watching you and your friends doing things together.

Your preteens may need your help in ending a friendship. You need to help your preteens understand why you feel some friends are not right for them. You might even have to set some limits.

Ways To Help Your Preteens Make Friends

- Help your preteens make friends with others who have similar interests.
- Let your preteens invite friends home.
- Let your preteens do things away from home with their friends.
- Allow your preteens to invite a special friend to go on family trips.
- Take time to meet the parents of your preteens' friends.
- Get together with your friends who have preteens.
- Talk with your preteens about their friends.
- Accept your preteens' friends who are different.
- Discuss with your preteens what to do about friends you feel are not right for them.

Other leaflets in the *Parents of Preteens: Show You Care* series are

- L 249 Tell Your Preteens What You Expect
- L 250 Prepare Your Preteens for Body Changes
- L 251 Help Your Preteens Do What Is Right
- L 253 Help Your Preteens if You Separate
- L 254 Get Help When You Need It
- L 255 Help Your Preteens Succeed in School
- L 256 Boost Your Preteens' Self-Esteem

Prepared by**Billie H. Frazier**

Extension human development specialist

Department of 4-H and Home Economics

Bonnie B. Tyler

associate professor

Institute for Child Study

University of Maryland at College Park

Reviewed by

Sarah L. Anderson, Ed.D., CHE

associate professor and Extension program leader

Texas Agricultural Extension Service

Texas A&M University

Albert H. Gardner, Ph.D.

associate professor of human development

University of Maryland at College Park

Patricia Tanner Nelson, Ed.D.

family and child development specialist

Cooperative Extension

University of Delaware

Emily S. Wiggins, Ed.D.

Extension family life specialist

Cooperative Extension Service

Clemson University, SC

Special thanks to

Maria deColon

EFNEP coordinator

Department of 4-H and Home Economics

Jane R. Wagner

Extension agent

EFNEP nutrition aides

Allegany County, MD

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