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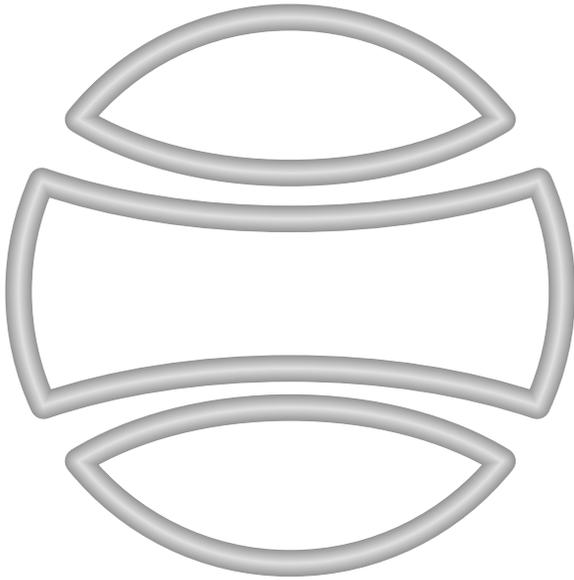
UNIVERSITY OF MARYLAND EASTERN SHORE

Leaflet 239



Educating People To Help Themselves

Parents: Show You Care Have Fun!



Childhood is a time for play and fun. It also is a real part of life. When children play, they learn about life and themselves. They share, show feelings, and learn to get along with others. Children also pretend and play make believe. Their bodies grow stronger.

But best of all, they can have fun with you. Your children want to play with you. This can be fun for you, too. Find time to play. Try out new things. Find out what is fun for you to do together.

Ways To Have Fun

- Try to play with your child each day.
- Say: “Let’s have some fun. What do you want to do today?”
- Do things you and your child like to do.
- Turn chores into games.
- Sing songs and read.
- Find things in your home for your child to use in play.
- Find things to laugh about.
- Help your child find friends.
- Visit fun places with your child.

Other leaflets in the *Parents: Show You Care* series include the following:

- L 238 Show love
- L 240 Build Trust
- L 241 Listen
- L 242 Raise “Can-Do” Children
- L 243 Help Your Children Like Themselves
- L 244 Teach Your Children To Behave